

The Leader

THE NEWSLETTER OF THE GRANITE BAY FLYCASTERS

April 2025

<https://gbflycasters.org>

Leader's Line

by Mike McKinley, GBF President

April is the time of renewal. We have several fishouts in warmwater locales that are great opportunities for newbies. Rancho Seco and Cameron Park are great. Other locations that work are Greenstone, Rancho Murietta, and the pond near Folsom High School. Check out Google maps for other nearby bodies of water. The club has held great fishouts at Greenstone and Murietta in the past; if you can offer access, that would be a great service.

The Board of Directors will have several open positions that we hope to have candidates for. Nominations for President, Treasurer, and other members are needed. Please let us know if you want to help our club continue its fine work. Nominations are due in May so that voting can be held in June.



Monthly Program



Our speaker this month is **Steve Costa**, who specializes in guided trips on the Lower Sac and Feather rivers. With 30 years of experience, his mission is to provide trips tailored to fit every need, and do everything possible to create an amazing overall experience on the river. His passions in life are God, family and fly fishing, with the belief life is short, so every day on the river is a blessing. His presentation will focus on steelhead fishing on the Feather River. [Acosta Fly Fishing](#)

Tenkara Gathering & Collaborative Workshop #1 Saturday, April 5, 2025

Bud and Artie Davies Park, Folsom

We will hold three Tenkara Workshops at Davies Park in Folsom at 9:00 AM. They will be on the first Saturday in April, June, and August. At each workshop, a variety of things will be available to members:

- If you want to find out about tenkara, you can get a quick introduction to it, so you can decide if you'd like to pursue learning more about it. We will have the club's three loaner rods to use.

Continued on Page 2

IN THIS ISSUE

2025 Spring Upper Sac Fishout	6
A Fisherman's Dream	6
Cameron Park Lake Fishout	5
Classified Ads	6
Fly Tyer's Corner	7 - 8
Leader's Line	1
Monthly Program	1
Monthly Schedule	2
Officers	9
Pyramid Lake Fishout	3 - 4
Tankara Gathering & Collaborative Workshop #1	1 - 2

A P R I L 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1.	2.	3.	4.	5. Tenkara Workshop
6.	7.	8. Board of Directors Meeting	9.	10. General Meeting	11.	12.
April 7 - 9 - Joint Rancho Seco w/San Jose Flycasters			April 9 - 12 - Pyramid Lake Fishout			
13.	14.	15. Fly Tying Jam	16.	17.	18.	19.
20.	21.	22.	23.	24.	25.	26. Fly Fishing Specialties BBQ
				April 24 - 27 - Upper Sac Fishout		
27. April 24 - 27 Upper Sac Fishout	28.	29.	30.			

Tenkara Gathering - Continued from Page 1

- A casting clinic, if you want to improve, or extend your suite of casts.
- Advanced tenkara techniques, including additional casts; manipulations for various situations; and strategies for covering the water, integrating surface and subsurface presentations.
- Socializing with other tenkara flyfishers; sharing fishing experiences and places.



I will be joined by some of the 4 excellent coaches for the various activities: **Stevy Lee, Gary Tateishi, Jim Hopkins, and Chris Kight**. You can come to as many workshops as you like, just sign up on the GBF calendar.

If you have a new rod, or have one on order, the place to learn about tenkara in more detail will be at the Tenkara Fundamentals course, which will be offered on two occasions, on May 17th and July 26th. You can sign up on the GBF calendar.

For more information about the workshops, contact me at John.Pellegrin@comcast.net.

Pyramid Lake Fishout April 9 - 12, 2025

by Paul Estridge



Our tenth annual GBF Pyramid Lake fishout fast approaches. First off, I'd like to acknowledge **Eric Palmer** for all that he has done to make our annual Pyramid Lake fishouts so successful. Through his leadership and expertise, Eric has brought GBF members together, year after year for 9 years, in a truly unique world-class fishery. Eric has developed a great model with fantastic materials, and starting this year **Tony Jelinek** and I will do our best to follow Eric's lead. When you see Eric, make sure to thank him for his effort. And you can blame him for getting stuck with us!

Please mark your calendars for April 9-12 (Wed-Fri, 3 nights), and be sure to sign up on the club calendar, where you will find a wealth of information on licenses, times, the potluck dinner, tackle and rigging

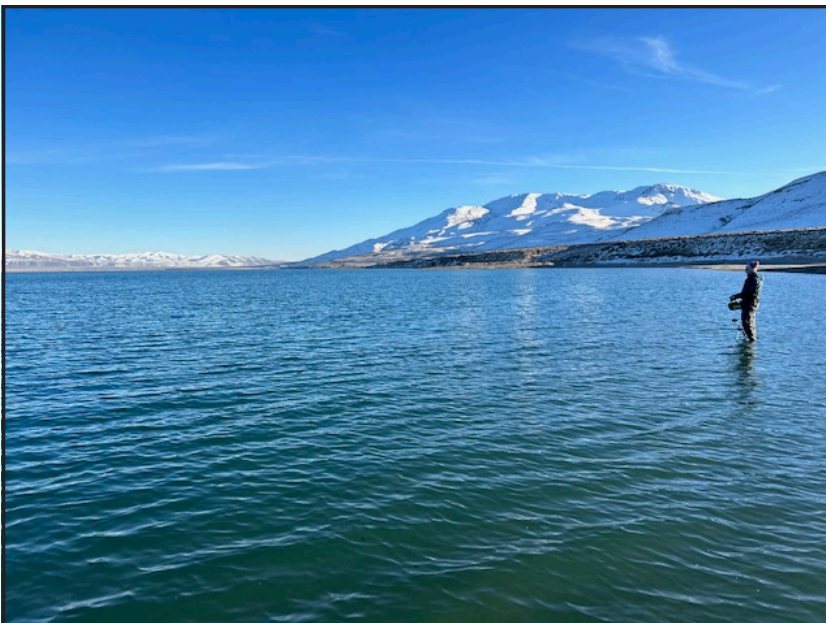
suggestions, and fishing methods. On the calendar fishout description, you'll also find useful links to licenses and camping permits, as well as links to possible accommodations in the Reno/Sparks area.

Those of you who have fished Pyramid Lake already have the fever that has only one cure, and you know it's not just more cowbell—it's a shot of LCT, i.e. the tug of a big Lahontan Cutthroat Trout. You might check out *California Fly Fisher* magazine, which devotes much of its Winter 2025 edition to the unique strain of this species and its place in the history of Pyramid lake. And when you feel your line come tight on a Pilot Hill LCT, you know that surge of energy coming up your line goes all the way back through the ice ages, fish-to-fish, gene-to-gene, to some big predator cruising the last ancient vestiges of a vast inland sea. It boggles the mind.



Those of you new to the lake should be prepared for changeable weather, probably highs in 50s, lows in the 30s. Sunny days can be quite warm. But, then again it could rain. The wind could waft gently—or it could blow you off your ladder. Sometimes the lake fishes best under the worst conditions. But then again, it fishes best on blue bird days. The only certainty is that the lake always fishes best when your fly is in the water, so perseverance delivers.

And on a related note, good casting at Pyramid Lake, especially on windy days—ok, that means every day—just might put a smile on the face and a fish in the net. If you need a little more of that casting



Continued on Page 4

Pyramid Lake Fishout - Continued from Page 3



mojo, consider taking the club's upcoming casting clinic. **John Hogg** will be demonstrating the double-haul from an 8-foot ladder (well, he might). Anyway, I've seen many of you out there who will agree that the clinics are well-organized, productive, and a lot of fun.

If you're new to Pyramid, you can find lodging on the lake in rental cabins or trailers by contacting the Paiute tribe's Pyramid Lake Lodge, formerly Crosby's Lodge. A good number of members park their RV's and trailers at the Pelican Point campground, where we will have our pot-luck dinner. On some of the more accessible beaches, I see RV campers overnighing. Mind the soft sand, and remember that the tribe requires camping permits. And as far as purchased

sustenance goes, you might enjoy the cafe/bar at the lodge, which displays some impressive LCT mounts, as well as offering Pyramid flies and gear that you might use at the lake.


To learn or review the fishing techniques of Pyramid, be sure to read the materials that Eric Palmer has provided on the GBF calendar fishout description. Some anglers prefer indicators, maybe with a nymph and a balanced leech; some might prefer stripping a sinking line with a popcorn beetle and a wooly bugger. I usually take two 7- or 8-weight rods down to the beach, rigged with each setup. Then, I'll climb up on my ladder, fish the wrong setup until I see Eric or Tony catch a fish, and then switch over to whatever they're using. And so it goes.

Whenever I meet another angler from another part of the country, or another part of the world, and we get to talking about places we fish, I'm amazed at how many know about this lake practically in our backyard. The place where crazy people fish from ladders. I can't wait to get up on mine next month!



At this point, the potluck dinner will be on Friday the 11th, barring any extreme weather. We'll plan to send along more information regarding the potluck, flies, lines, rods, logistics, etc., to those who sign up for the fishout, so please remember to read the GBF calendar description and follow the fishout registration process to REGISTER NOW! Buy your Pyramid Lake tribal fishing license for the appropriate number of days by using the calendar fishout link.

Thanks!



L³ Rods
Custom Fishing Rods
Supplies and Classes

Larry L. Lee
5645 St. Claire Way
Citrus Heights, CA 95621

web: www.L3rods.com
email: LLLEE@L3rods.com
(916) 962-0616 O
(916) 601-7853 C

Cameron Park Lake Fishout, April 26th

by Chris Kight, Fishout Leader

Cameron Park Lake (2989 Cambridge Road, Cameron Park) is in the middle of the Cameron Park Community, and is easily fished from a float tube for about 2 months every year. Fish aren't active until the weather warms up a bit and, after a couple of warm months, the weeds grow right up to the surface and make it more difficult to propel your tube with fins on this lake. I have done well fishing the edges and also the middle—when you can see the weeds growing about 4 feet below the surface.

This fishout is open to 15 anglers. We'll meet at 8:00AM, and you can fish as long as you want. There is no organized lunch or other activities. There are bathrooms at the park. You'll carry your tube and equipment 50 to 80 yards to get launched. A 4-weight or 5-weight rod works well here—6 weight would be okay too. Although I have heard of bass being caught on poppers and floating flies, most of the action on this lake is sub-surface. I use a 5 ips sink line. This lake is only about 18 feet deep at the middle, and most of the fishing area is about 9-to-13 feet deep. Fishing the edges near the cattails can be effective too.

I usually fish a size 8 or 10 bugger in olive or black—anything that'll sink and looks like a small fish or leech, cast it, let it sink and strip it back in quickly with small strips. Cast and repeat. I have extra flies if anyone wants to try one or two of mine; or use whatever works for you in a bass pond. There are some good size bass in this lake, so 4x or even 3x tippet is suggested. These bass don't tend to be leader-shy, and they are hungry after a cold winter.

There will be residents walking on the trail around the lake, wondering what the heck we are doing and having picnics in the gazebo area—it's a popular lake for the community. There **MIGHT** be a \$3-to-\$5 parking fee—they only collect fees when they can find someone to man the little booth at the entry. If there is no one there, then don't worry about it.

WE ARE SERIOUS ABOUT FLY TYING...



OUR FLY TYING STAFF

BRETT DRURY
Fly Tying Instructor
Renowned Fly Tyer, Sacramento Area

RICK ANDERSON
Contract Fly Tyer
Montana Fly Company

RON SPERONI
Contract Fly Tyer
Pacific Fly Group

MORGAN THALKEN
Contract Fly Tyer
Umpqua Feather Merchants

CONNECT WITH US ON:






WWW.FLYFISHINGSPECIALTIES.COM

...COME IN AND SEE FOR YOURSELF - IF YOU NEED IT, WE HAVE IT!

3660 TUPELO DRIVE, CITRUS HEIGHTS, CA 95621 (916) 722-1055 HOURS: MON-FRI 10-6, SAT 9-5, SUN 10-4

"They have the largest selection of fly tying materials in California!" - Andy Burk

Upper Sacramento River Spring Fishout April 24 - 27, 2025

by Fishout Leader: Tony Jelinek

The 13th Annual Upper Sacramento Spring Fishout will be taking place, Thursday, April 24th to Sunday, April 27th. These dates are much earlier than previous years—flows will most likely be higher and fishing the soft water will be important. This time of year can be prime time for dry-dropper fishing. Spring is the time for midges, Blue-Winged Olives, and Golden Stoneflies.

The gathering place for the fish-out will be Dunsmuir Lodge. Many camping and motel options exist in the Dunsmuir area. Many in the group stay at the Dunsmuir Lodge. The Cave Springs Motel is under new ownership, and the motel rooms have been renovated.

Several lunch, breakfast, and dinner spots are available in the area for your meals. Due to the longer days, and the possibility of an evening hatch (sunsets around 8:00 PM at this time of year), we usually don't have group dinners. We will have one group tri-tip dinner on Friday night.

This is a great fish-out for anglers of all capabilities. If you are new to the river and/or new to fly fishing, you will be paired with a fellow angler familiar with the Upper Sacramento River. Come up for all four days or just overnight to enjoy the great fishing for rainbow and brown trout on the 35 miles of fishable water from just north of Lake Shasta to Lake Siskiyou!

For more information, please go to the posting on the Granite Bay Flycasters' website, and/or get in touch with me at jelinea@me.com. As we get closer to the event, registrants will receive additional information on flies, fishing spots, and the agenda.

A Fisherman's Dream (Or was it a Nightmare?)

by Jon Bertolino

I had this crazy dream the other night. After finishing up a few days of fishing on the McCloud and Upper Sac rivers, I decided to stop at the Ted Fay Fly Shop in Dunsmuir.

It was late afternoon. I wasn't sure they would still be open, but I thought I'd give it a try anyway. I parked on the street nearby and ambled over. I tried the door, but it was locked. According to the sign, they weren't scheduled to close for another 10 minutes, so I knocked on the door just in case someone was still around.

After a minute or so I knocked a second time. Suddenly, the blind on the door window opened and it was Ted Fay himself peering out. It took a moment for him to focus on who was at the door, but when he did, he recognized me immediately. His eyes first widened in shock, then his eyebrows narrowed and he began to scowl.

In a low, terse voice he simply said, "Stick to golf!", and slammed the blind closed.

I did not knock again. Lowering my head, I turned away toward the car thinking he's probably right. But then, he's never seen my golf swing.

Granite Bay Flycasters Classifieds

To place a classified ad, you must be a member in good standing of the Granite Bay Flycasters. Classified ads will run for only one issue of The Leader, unless the seller requests it to run longer. Submit your listing to: editor@gbflycasters.org. All ads must be submitted by the 15th of the month to be included in the following month's Leader.

Quick Glimpse of the Annual Dinner — More Next Month



Attendees - almost 200



Dessert Auction



Silent Auction Area

Bill Carnazzo Fly Tyer's Corner
(Taken from the Article Written in April 2010)

Fly Patterns - Furled Green Rockworm



Furled Green Rockworm

Materials:

Hook: Targus or Tiemco 2457 (scud hook), #16-18

Thread: Dark brown 8/0 or 70-denier thread

Abdomen: Furled dark green antron yarn

Head: Sparsely applied dark brown dubbing

Continued on Page 8

Fly Tyer's Corner - Continued from Page 7

Description

Anyone who has turned over rocks in freestone streams has seen the abundant, small green, dark-headed worms that make such places home. Here is a good image of a specimen:



Arlen Thompson photograph

of rocks and sand (called "periwinkles" by some).

The technical name for genus of this bug is *Rhyacophila*. Note several characteristics of this larva: its pronounced segmentation; its green color, and the fact that it has no case ("free-living"). They inhabit riffled water, similar to the water preferred by stoneflies. They are often found in the drift through either accidental event (washed away from a rock) or behavioral drift, where a large number of larvae will detach themselves from the rocks and drift to another part of the river. This behavior occurs at times in mid-morning and afternoon. Hatches occur in late morning or early afternoon, in my experience, from May through August.

Trout will graze on the drifting insects during these times. The hatching pupae are eaten in large numbers by trout during the hatch. Adults live for a couple of weeks, returning to the water where the females swim to the bottom of the stream and deposit their eggs. The adults are vulnerable to trout when they land on the water; when they swim to the bottom to deposit eggs; and when they again swim to the surface. Like all caddis, *Rhyacophila* go through a pupation period before hatching. They seal themselves inside a small chrysalis made

This month's fly represents one way to create a nice imitation of this insect's larva stage. There are other ways—just do a Google search on "green rockworm" and you'll find a wealth of information on the bug and on suitable imitations. I like the furred version since it is simple to tie, and it moves in the water in an enticing manner. See the GBF Fly Pattern Archive for another pattern from the GBF Fly Archive.

Tying Instructions

For best viewing: (1) Maximize your Computer Screen Window. (2) Type "Ctrl + or -" to enlarge or contract the photograph display. (3) Use the Horizontal and Vertical Scroll Bars to scroll right and up/down to display larger photos on your screen.

1. De-barb the hook.
2. Tie the thread onto the hook just behind the eye, and move it rearward about one sixteenth of an inch.
3. Using a very small amount of dark green antron yarn, furl a body that is about one-half inch in length. The body should be very slender. For a tutorial on the furling process, see my "At the Vise" column in the March-April issue of **California Fly Fisher** magazine.
4. Tie the furred body to the shank where the thread was previously left and trim the excess yarn.
5. Dub a small head with relatively fine dark brown dubbing. Whip finish and trim the thread.

Tying & Fishing Tips

Fish this critter near the bottom during behavioral drift time, or during the first part of the hatch...

Enjoy, and see ya on the creek...!!!

Granite Bay Flycasters

Mission: The organization is dedicated to conservation of fish habitat, advancement of the art of Fly Fishing, and good sportsmanship.

Meetings: General club meetings are held on the second Thursday of each month at the Granite Bay Activities Center on the shores of Folsom Lake. For directions, check <https://gbflycasters.org>.

Doors open between 6:00 P.M. and 6:30 P.M for socializing and fly tying demonstrations. The business portion of the meeting begins at 7:00 P.M. The main program gets underway after a short refreshment break and usually involves a guest speaker and slide show, or other presentation. All meetings are open to the public and visitors are encouraged to attend.

Membership: Applications are available on-line at <https://gbflycasters.org>. Single membership: \$45; Family memberships: \$50; There is also a \$15 name badge charge for each new member. For membership information, contact VP Membership at gbf-membership@gbflycasters.org, or visit the website at <https://gbflycasters.org/join-us/>.

The Leader: To send articles, photos, ads and other materials, please e-mail to: Frank Stolten at editor@gbflycasters.org. Please put **GBF Leader** in the subject line. Deadline for materials is the 15th of each month.

Please notify if address change

Officers, Directors and Committee Chairs

President - Mike McKinley 408-807-4340 gbf-president@gbflycasters.org	Classroom Egg Prog. Frank Stolten 916-725-6894
VP Membership - Scott Myers gbf-membership@gbflycasters.org	Education Eric Palmer 916-969-6683
VP Conservation - Robert Farley 916-316-6832 gbf-conservation@gbflycasters.org	Facility Henry Sandigo 415-716-0666
Secretary - Jeannie Spaulding-Gray gbf-secretary@gbflycasters.org	Fishmasters Tony Jelinek - streams 916-751-9249 Scott Vaughn - Stillwater 916-813-1308
Treasurer - Marvin Pescador 530-575-8114 gbf-treasurer@gbflycasters.org	Fly Tying Jim Holmes 916-616-6709
Directors:	Golden Trout Program Victor Maiello 916-276-0912
Through June, 2025 - Mike Churchill 916-833-7071	Knots Jim Degnan 408-887-7742
Through June, 2025 - David Jones 916-474-4986	Leader Editor Frank Stolten 916-725-6894
Through June, 2026 - Diana Lilienthal	Leader Layout Vivian Mevorah 916-531-5865
Through June, 2026 - Scott Vaughn 916-813-1308	Librarian Gary Gale 916-223-0682
Through June, 2027 - David Harvey 209-981-3399	Merchandising Victor Maiello 916-276-0912
Through June, 2027 - Marie Spaulding-Gray	Monthly Programs Robert Farley 916-316-6832
Director at Large, 1 year term - Dave Stolecki 425-269-2038	Rods and Reels John Hogg 916-709-7340
Committees:	Tenkara Project Leader John Pellegrin 630-862-0675
Annual Dinner Dave Stolecki 425-269-2038	Webmaster Eric Palmer 916-969-6683 Don Whitecar 916-804-5384
Annual Picnic Mike Churchill 916-833-7071	
Casting Instruction John Hogg 916-709-7340	
Rick Radoff 916-870-9637	
Trevor Segelke 916-879-2277	

<https://gbflycasters.org>