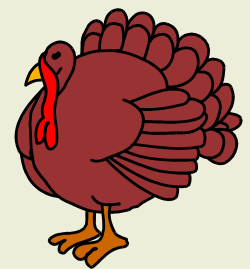


The Leader

THE NEWSLETTER OF THE GRANITE BAY FLYCASTERS



November 2024

<https://gbflycasters.org>

Leader's Line

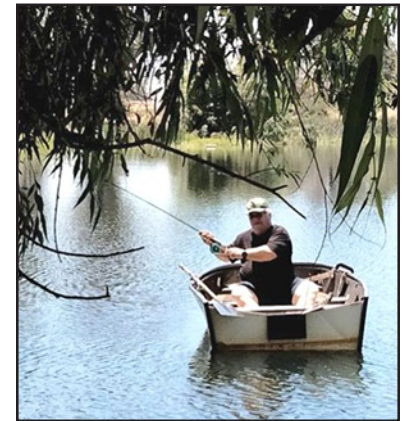
by Mike McKinley, GBF President

Help the Club, Get Rewarded



The club treasury? Not quite, but close enough to be of concern. The Annual club dinner is our biggest money-maker by far. It takes some funding ahead of time to make it work. Buying raffle items, hall rental, food; all happens between September and the dinner.

To aid our cash flow, we are asking this. Most of you will renew your dues for next year, or attend the dinner, or both. So, you will be spending the money. We ask that you do that early, like ASAP. As an incentive, the club will give you an entry ticket for a drawing. The winner gets 50 raffle tickets to use at the dinner. A raffle ticket is \$2, so 50 free tickets is a \$100 prize.



We will offer the same deal on your dinner ticket purchase. But, we can't set the dinner ticket price quite yet.

Dave Stolecki (425-269-2038) is the dinner chairman. Like always, the success of the dinner depends on getting sufficient volunteers. Prize donations are also needed. Non-fishing prizes are also required. What's a non-fishing prize? Do you have a friend, family member or client who has a business? Maybe a restaurant, rental BnB, is a good cook? I have seen a mechanic who asked his boss to donate a free oil lube; the boss said great as long as you do the labor. My wife used to own a gift store; we still are donating Blue Sky statuary.

This club has a wealth of talent. Please donate some of your time and energy to make the Annual Dinner a success.

Monthly Program

"Deepwater Indicating"



Our speaker this month is **Lance Grey**, certainly no stranger to GBF. His presentation will be about catching fish deep in the water column using an indicator rig down to 40 feet. The presentation will teach the strategies for using this method, how to rig the leader, fly choices, and, of course, how to fish it. This productive method can be used in any stillwater for any species.

Lance started fly fishing with his father and brother Lincoln at age 7. In his teens, he began tying flies commercially for shops around Northern

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NOVEMBER 2024						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1.	2.
3.	4.	5.	6.	7.	8.	9.
10.	11. Discovery Bay/ Delta Fishout	12. Board of Directors Meeting	13.	14. Monthly Meeting	15.	16.
17.	18.	19. Fly Tying Jam	20.	21.	22.	23.
24.	25.	26.	27.	28.	29.	30.

Monthly Program - Continued from Page 1

California. At 17, he went to work at Powell’s Fly Shop in Chico, where he worked in the fly shop and built rods. He guided Powell’s, conducted fly-tying and fly-fishing schools, and traveled.

In 2003, he and his wife Kristen launched Lance Gray & Company, a full-service outfitter offering guided trips, fly-fishing tours, workshops, and a travel agency.

**Discovery Bay Fishout
Monday, November 11, 2024**

by Scott Vaughn, Fishout Leader

It is that time again for some Striper Action. Stripers have moved in for the winter. We will again travel to Discovery Bay for a day of fishing for Stripers, Largemouth Bass, Crappie, and Red Ear/Blue Gills. Discovery Bay is located on the south side of Stockton off Highway 4, and is a protected residential development on the water with huge houses with private docks.

There is a long rock jetty that goes out to the delta entrance of the community, all great for bass fishing. This is all a 5 MPH zone, so it is great for float tube and pontoon boats to fish from. There is a tide but little to no current unless you go out to the entrance and right side of the little light house, and then you will fight the current.

Fishing can be great because you have a variety of species to target, with all being great little fighters. There is also a chance of hooking a large striper or LMB over 5 pounds where we target more on the stripers

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Discovery Bay Fishout - Continued from Page 2

in the bay. I plan to check it out prior to our fishout in case we need an alternate. Look forward to seeing all of you on this annual and successful fishout. Open to all member with boats w/motors, pontoons, and float tubers. More details can be found [HERE](#) on the website. If you have any questions contact me at scott.vaughn68@gmail.com.



Annual Swap Meet and Chili Cook-Off
Saturday, December 7, 2024

Starts at 8:30 AM at the clubhouse

It's time to get ready for the Annual Swap Meet and Chili Cook-Off. First, put it on your calendar so you won't miss it. Second, if you're planning on selling some of that extra gear that is taking up valuable garage or closet space, get it sorted out and ready for the swap meet. Third, is dust off that old special chili recipe and tune it up to enter it in the cook-off.

Seasoned club members know this is the event where you'll find the best deals around on fly rods, fly reels, fly lines, waders, boots, hackle, thread, split shot, fly tying vices, wading vests, thermals, and anything else you can possibly think of that relates to fly fishing. There will be flies hand tied by members selling for less than \$1.00 each. There will be too many items available to mention here, just know you won't go home empty-handed. Additionally, you might win the raffle fly box with four dozen flies for just showing up.

To get the best deals—be there no later than 8:30 AM (by 10 AM everything is pretty much bought, sold or eaten). Sellers should reserve table space by contacting **Drake Johnson (916-532-3073, or 1drakej@comcast.net)**. **There will be a signup sheet at the November meeting.** You should plan on being set up and ready to go by 8:30 AM. Additionally, it helps you sell items if you put price tags on the items you are selling. Large items such as pontoon boats, prams, etc. should be displayed outdoors on the deck or the parking lot.

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Annual Swap Meet and Chili Cook-Off - Continued from Page 3

We will continue with the "free table" again this year. So, bring that stuff you would like to see go to an interested fisherman, but you don't want to try to sell.

New this year will be the "Club Table." The purpose of this table is to help with the financial support of the club. The proceeds from these donated items will go straight to the club treasury. To donate items for this table, they should be of a higher quality, not any tattered nickel-and-dime items. Say something, if you were selling it, you'd ask \$20 or more.

Chili Cook-off Contest – Here's your chance to win bragging rights as the best chili maker in GBF. Winner will be selected by who gets the most votes.

To participate:

1. Bring your chili in a crock-pot with a serving spoon, and pre-warmed.
2. Name your chili (This is important, because the name is what is used for voting).
3. Bring a short extension cord for your chili. Label it.
4. Winner will receive a fly box with four dozen flies.

Continental Breakfast!

We'll have a continental style breakfast available for \$3.00, and complimentary coffee and water.

Remember:

1. Get here at 8:30 AM for the best selection. Sales will start as soon as sellers are ready.
2. Stay late for the best price.
3. Bring cash.
4. Feel free to bring your boats, float tubes, prams, pontoons, etc., but set them up outside (with price and seller name). Those things usually sell better if they are inflated (with air).
5. Bring a friend. Bring cash and/or your checkbook.

SAVE THE DATE!*Annual GBF Dinner and Auction*

When: Saturday March 29th

Where: The Rocklin Event Center

We are looking for volunteers! If you would like to help out, please contact the Dinner Chair, **Dave Stolecki** at dstolecki@mark-three.com, or (415) 269-2038.

We are also looking for auction items, both fishing and non-fishing related!

Granite Bay Flycasters Classifieds

To place a classified ad, you must be a member in good standing of the Granite Bay Flycasters. Classified ads will run for only one issue of The Leader, unless the seller requests it to run longer. Submit your listing to: editor@gbflycasters.org. All ads must be submitted by the 15th of the month to be included in the following month's Leader.

Tour of the Heenan Lake Hatchery

by Rick Wiesner

Five of us persevered through gusty winds and two rainstorms at the Heenan Lake fishout on October 16th to attend a tour of the Heenan hatchery with Ben Ewing of the CDFW. Lahontan Cutthroat Trout are listed as an endangered species at the National and State level. Spawning takes place here in late spring with the primary activities being egg collection and fertilization.

Heenan Creek is rerouted with an upstream weir to flow through three channels in the facility, and then down a fish ladder connected to the lake. The spawning trout swim up the ladder into the channels and are sorted into males, and ripe or green (almost ripe) females.



Egg collection and fertilization occurs one day a week over three weeks in May. The ripe female is anesthetized, and eggs are removed using a probe with compressed air. Buckets of eggs are then fertilized with the males. The goal is to produce about one million fertilized eggs a year.

Ben's role includes inspecting the brooding fish to ensure no rainbows or hybrids slip through the process. The adipose fins of hatchery Lahontan trout are clipped to help identification. Broodstock are kept alive and planted into nearby fishing sites to offer trophy opportunities.

Hatchery staff from American River, Hot Creek, and others come to the Heenan site and transport their

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WE ARE SERIOUS ABOUT FLY TYING...

OUR FLY TYING STAFF

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Fly Tying Instructor
Renowned Fly Tyer, Sacramento Area

RICK ANDERSON
Contract Fly Tyer
Montana Fly Company

RON SPERONI
Contract Fly Tyer
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"They have the largest selection of fly tying materials in California!" - Andy Burk



Tour of the Heenan Lake Hatchery - Continued from Page 5

allotment back to be incubated, hatched and raised. Lahontans are stocked in high Sierra Lakes and rivers at the fingerling and sub catchable stage. Apparently, their health declines if they stay longer in the hatchery.

Tiny freshwater shrimp are an important food source for the trout in Heenan Lake. A few thousand juveniles are released back into Heenan Lake each year, which is estimated to support a population of about 12,000 Lahontan trout.

Ben suggested that fishing may be better starting at the two land points and towards the back of the lake.



++ "Exploring the South Fork American - Figuring it Out, a Quarter Mile at a Time"

by Chris Kight

Once **John Pellegrin** showed me his favorite 300-yard section of the South Fork American (One specific section that he enjoys), I made it a quest to further explore additional 1/4 mile sections, one at a time.

It takes me about 2 hours to fish each 1/4 mile of river. Each of the last 7 trips up there has been to explore another 1/4 mile of this stream, and each time I do this, the river continues to be a 7-to-8, fish-per-hour fishery. This river is just perfect for Tenkara—wade-able (sometimes just barely wadeable), and it's just the right size that I can reach most of the "good" water with one of my 5 Tenkara rods. (Some of these rods have a longer reach than others.) With Tenkara there is no reel, so the length of a cast is limited to length of rod plus length of line.



One downside to this method of exploring is that the further upstream I get, the higher the road gets (up away from the river)—making ingress and egress a LOT more challenging. It's worth it, however, as the more difficult it is to get in and out of the river, the less it gets fished by others!

Tenkara is very effective on this water, but yesterday started out differently...

I was fishing it at 1:00 PM rather than my usual late afternoon trip. Sun was very bright, and I just couldn't hook up for the first 45 minutes. I only managed one 4" rainbow.

KNOWING the fish are in there, I stopped and sat down to drink some water and think about it—figure out what's different

about this trip...

I had tried four different size and color flies—nothing worked.

It's true that the standard Tenkara fly ("Kebari" they are called) does not go very deep. It gets tossed around in the current, looks like a real bug, and makes a very natural looking drift that trout love. I can get it down a bit deeper with a longer leader (yesterday, none of this was working)...

So, "what is different?", says I. Well...I usually fish this river in the late afternoon, as I prefer it when the sun is off the water—being in a canyon, the sun goes behind the mountain by about 4 or 5 PM...

Early afternoon is so bright!

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Exploring the South Fork American - Continued from Page 6

So, I figured I needed to go deep and get down to the fish.

Fortunately, I carry some bead-head nymphs in size 14 just for such a day.

I switched to a size 14 beadhead nymph with a hot spot and florescent orange tail, and lengthened the leader to about 3 feet instead of the usual 2 feet, to get it down deeper... ("euro-nymph" style)

And BAM! Fish-after-fish—problem solved: I hooked 18 and netted 16 of those in the next hour-and-a-half in this new section of river.

I was proud of myself that I "figured out" what the fish were doing and how to respond to the change in conditions from when I "usually" fished it—which tells me that I'm learning things as I continue to get out and fish.



I even caught one that was 12"—which is huge for this water! (8 to 10 inches is usual there)

As usual—these are very pretty fish and they are wild trout—not stocked. They reproduce very well in this section of this river.

It's fun picking apart the river into 1/4 mile sections and exploring each one...

So far I visited S Fork American 8 times this year for a total of 2 miles of river. It's only an hour drive from Roseville, and I have yet to see another fisherman on the river in my 20-or-so trips.

October will be the end of it—once it gets below freezing up there, it's over for the year.

Next year: I figure there are at least 10 more 1/4-mile sections I can access and fish next Spring once the flows get down to wade able—around June/July.

Bill Carnazzo Fly Tyer's Corner
(Taken from the Article Written in November 2009)

Fly Patterns - Baetis Cripple



Baetis Cripple

Materials:

- Hook:** 1x fine wire, standard shank (e.g., Tiemco or Targus 100) sizes 16-22
- Thread:** Brown 8/0
- Tail:** Pheasant tail fibers
- Abdomen:** Wrapped pheasant tail fibers
- Thorax:** Olive or brown very fine dubbing
- Wing:** Tan deer hair
- Hackle:** Olive grizzly

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Fly Tyer's Corner - Continued from Page 7

Description

Why feature a mayfly pattern during the winter months, you ask? That's certainly a legitimate question. But the answer is simple: Baetis mayflies hatch regularly during most of the year, including winter. We non-scientific anglers call this diminutive insect a "blue winged olive." Graceful in their appearance, and muted in their subtle coloration, these lovely little fellows wane in their size as the season progresses: From about ¼" in the spring to 1/8" or smaller in late fall and early winter.

Set forth below is an excerpt taken from the following TroutNut.com web page:
<http://www.troutnut.com/hatch/180/Mayfly-Baetis-Blue-Winged-Olives>

"Baetis nymphs are normally outstanding swimmers, but they are reported to lose this ability when they emerge. They get to the surface buoyed by gas bubbles, or by crawling to the surface on some object and letting go to drift along in the film (rather than crawling out). They have trouble breaking through the surface film, escaping their shucks and drying their wings to take flight, which means that almost any type of surface fly has its uses. The Baetis angler may need to use deep nymphs, floating nymphs, emerger patterns, or dun patterns during this emergence. Common wisdom says floating nymph and emerger patterns are the most useful. Dismal weather invites the best hatches of Baetis mayflies; look for them on overcast, rainy days, as long as the water temperature is above 40°F."

The www.Troutnut.com website is a powerhouse of information on aquatic insects; articles are often accompanied by excellent images such as these two of a Baetis dun and nymph:



This month's pattern is called a "cripple." I am often asked the following question: What is a "cripple" and how does it differ from an "emerger?" Again from the Troutnut.com web site: "In fly fishing, a cripple is any insect which has been injured or deformed so that it cannot escape the water. This may include stillborn emergers or fully emerged adults which have been damaged, often by wind or waves, so that they can no longer fly. Trout often favor eating crippled insects."

Personally I take a practical approach: For fishing purposes, the difference between the two terms is of little significance. Patterns we call "emergers" can be used to imitate "cripples." The pattern I have selected for this month is generic enough in appearance to bridge the gap and accomplish our aim: To fool our beloved prey. The Baetis Cripple pattern belongs to Bob Quigley, the guru of spring creek fly angling (especially his home water, the Fall River). It floats well, uses readily available materials, and is visible despite its tiny size.

Tying Instructions

For best viewing: (1) Maximize your Computer Screen Window. (2) Type "Ctrl + or -" to enlarge or contract the photograph display. (3) Use the Horizontal and Vertical Scroll Bars to scroll right and up/down to display larger photos on your screen.

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Fly Tyer's Corner - Continued from Page 8



Steps 1 & 2

1. Smash the barb and cover the hook with a layer of thread, leaving the bobbin to hang just below the back of the barb.
2. Cut a small bunch of relatively long pheasant tail fibers and tie them in a just above the back of the barb. Don't trim the butts as they are used in the next step.

3. Wind the butts of the pheasant tail fibers 2/3 of the way up the hook shank and tie them off there.



Step 3



Step 4

4. Dub a small thorax in front of the abdomen, leaving enough room to mount the wing and hackle in front of it.

5. Cut a small bunch of tan deer hair, stack it, and tie it ahead of the thorax with the tips extending out over the eye of the hook. This will be the cripple's wing. The length of the wing should be approximately equal to the hook shank. Trim the hair butts, leaving a small visible butt; this is done to resemble the remains of the nymph's wing case. Place a tiny drop of super glue on the wraps.



Step 5



Steps 6 & 7

6. Prepare a properly sized hackle and tie it in on the wraps taken for the wing. Wrap the hackle 3 or 4 times around the shank and tie it off.
7. Whip finish in front of the wing, behind the eye, and trim the thread. Add a tiny drop of super glue to the threads.

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Fly Tyers Corner - Continued from Page 9

Tying & Fishing Tips

1. Tie these bugs in different sizes, from #16 to #22.
2. When fishing the Baetis Cripple, put floatant only on the deer hair and hackle; the rest of the fly should be submerged and therefore needs to be free of floatant. Consequently, you should not use desiccant/silicone powders with this pattern.
3. If you want the bug to fish slightly subsurface, then add some copper wire ribbing to the abdomen.
4. Don't forget to also have some Baetis dun patterns (e.g., Parachute Adams) and nymphs (e.g., Pheasant Tail Nymphs).

Go crank some of these bugs, fool some trout with them, and...

Enjoy, and see ya on the creek...!!!

GBF Custom Landing Net Clinics

by Art Hawkins

For the past 23 years, **Michael Kaul** and I have conducted annual laminated net building clinics in my Orangevale shop. GBF members have built 502 nets to date. We are planning to run six clinics again in 2025. Clinics have three sessions lasting two to three hours each, with four participants. Sessions, which start in February, will occur on weekday evenings and occasionally on a Saturday.

If you want to build a net, sign-ups are on the GBF website. Click on "Net Clinic" on the first of the month in the GBF calendar. This is a signup link only, not a clinic date. Indicate in the "Comments Section" if you are a first-time net builder or a Golden Trout participant, as signup preference is given to these members.

In January, Michael and I compare calendars and come up with the 18 dates and times (3 sessions x 6 clinics) we are both available to run the sessions. Michael will call each applicant in January and advise them of the clinic dates. Members **MUST** attend all three dates of the clinic they sign up to attend, there are no make-up sessions.

About the Clinics

At the **first session**, participants select the net style they want to build and their choice of hard woods for the handle and the varieties for the laminated strips. Next they bend the pre-soaked wood strips and clamp them to dry. This session takes about 2 hours.

The **second session** is for gluing the strips and handle and takes about 2 hours.

The **third session** takes about 3 hours. Participants scrape off any excess glue before I machine the nets to the proper thickness and cut the grove for the net string. Then, participants drill the holes to sew the net bag to the net frame. I operate all the power equipment, so no woodworking experience is required.

At the conclusion of the third session, participants leave with a wooden net frame, a net bag and the finishing oil. The frame needs to be finish sanded, sealed with Tru-oil or Spar Varnish, and the net bag sewn to the frame.

The total cost of materials is between \$30 and \$50, depending on the options selected. If purchased at a fly shop, similar nets cost \$100 to \$200 or more.

Granite Bay Flycasters

Mission: The organization is dedicated to conservation of fish habitat, advancement of the art of Fly Fishing, and good sportsmanship.

Meetings: General club meetings are held on the second Thursday of each month at the Granite Bay Activities Center on the shores of Folsom Lake. For directions, check <https://gbflycasters.org>.

Doors open between 6:00 P.M. and 6:30 P.M for socializing and fly tying demonstrations. The business portion of the meeting begins at 7:00 P.M. The main program gets underway after a short refreshment break and usually involves a guest speaker and slide show, or other presentation. All meetings are open to the public and visitors are encouraged to attend.

Membership: Applications are available on-line at <https://gbflycasters.org>. Single membership: \$35; Family memberships: \$40; There is also a \$15 name badge charge for each new member. For membership information, contact VP Membership at gbf-membership@gbflycasters.org, or visit the website at <https://gbflycasters.org/join-us/>.

The Leader: To send articles, photos, ads and other materials, please e-mail to: Frank Stolten at editor@gbflycasters.org. Please put **GBF Leader** in the subject line. Deadline for materials is the 15th of each month.

Please notify if address change

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VP Membership - Scott Myers gbf-membership@gbflycasters.org	Education Eric Palmer 916-969-6683
VP Conservation - Jeff Goodwin 916-715-2245 gbf-conservation@gbflycasters.org	Facility Henry Sandigo 415-716-0666
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