

The Leader

THE NEWSLETTER OF THE GRANITE BAY FLYCASTERS

August 2024

<http://gbflycasters.org>

Leader's Line

by Mike McKinley, GBF President

Hot, Hot, Hot. Use a thermometer.

As I write this, we will be under 100 degrees for the second time in 11 days. If you fish for trout, do them a favor. DON'T. Use the thermometer. If the water is over 68 degrees, trout are terribly stressed trying to recover. The usual answer is twofold. Go to higher elevations where the water is cooler. But, even the Truckee has been warm.

Consider lakes—lakes have deeper water, cooler water. The fish may be at inconvenient depths, trying to stay cool. Other options are warm water fish, i.e. bass, bluegill, or crappies. Fish in the valley and foothill places, excluding the trout, bite well up to the 80 degree mark, even higher.

The second option is to tie flies, take casting lessons, practice, or watch a video. Work on self-improvement, learning, or mapping out future trips. My computer is in the basement where it stays 72 degrees. Beats the he!! out of walking in waders in 90 degree temps along the Truckee.



We are a conservation group. Give them a chance.

Monthly Program



Andy Guibord

state's Heritage Trout



Roger Bloom

This month's presentation will be made by Fly Fishing Specialties (FFS), the last independently owned fly-fishing shop in the area. Several store associates will participate. For example, **Andy Guibord** will talk about the products and services that FFS offers, as well as discussing local waters and the guides that can help put club members on fish.

Dennis Lee will discuss the history of the store and CA steelhead fishing. Dennis has written several books on steelhead, and has made presentations to the club, the last being in November of 2021.

Roger Bloom will discuss the state's Heritage Trout Challenge. Who is Roger you ask? Well, Roger was the state's project manager responsible for creating the publication titled "[An Angler's Guide to the California Heritage Trout Challenge.](#)" Hence, Roger may know something about this subject. These guys know their stuff...don't miss an insightful evening.



Dennis Lee

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AUGUST 2024						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1.	2.	3.
4.	5.	6. Board of Directors Meeting	7.	8. Monthly Meeting	9.	10. Truckee River Fishout
11.	12.	13.	14.	15. Blue Lagoon Fishout August 14 - 18	16.	17.
18. Blue Lagoon Fishout August 14 - 18	19.	20. Fly Tying Jam Knot Clinic	21.	22.	23.	24. Little Truckee Fishout
25.	26.	27. Knot Clinic	28.	29.	30.	31.

Knot Workshops and New Workshop Location!

by Jim Degnan, Knotmaster

Save these dates:

Fundamental Knot Workshop: **Tuesday August 20, 6:30 – 8:30 PM**
 Follow-up/Tune-up Workshop: **Tuesday, August 27, 6:30 – 8:30 PM**

Tying good knots in a line/leader/tippet/fly setup is a critical part of the sport of flyfishing. Good tying skills means you are confident and quick to change a fly or a total setup on short notice to take advantage of a change in conditions, a hatch, wind, depth of fish or the latest hot fly.

The nice thing about knot skills is that once you find two or three knots that you can tie with confidence and speed, that’s about it. All you have to do is practice before you hit the water. Now, you can concentrate on those things that take continuous improvement: what rig to use and when, casting and above all, presentation. Of course, you can always be up for the next new knot or technique. That’s part of any sport.

Granite Bay Flycasters will be offering two August workshops to meet members’ knot tying needs: develop and improve skills.

Change in Workshop Location!!! We have moved from the Granite Bay location to the new Raleys in west Roseville. The meeting is now at the **Raley’s O-N-E Market**, 1970 Blue Oaks Blvd., Roseville, CA 95747. (Corner of Blue Oaks and Fiddyment Rd.) Side note—they have a bar next to the meeting room.

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Knot Workshops - Continued from Page 2

Fundamental Knots: Tuesday August 20, 6:30 – 8:30 PM

Clinch, improved clinch, surgeon’s knot and loop knots. Hands on, plenty of time for guided practice to get you on the water as quickly as possible.

Follow-up/Tune-up: Tuesday, August 27, 6:30 – 8:30 PM

A review for those who participated in Fundamental Knots and for those more advanced flycasters who want to fix a problem knot or improve skills, or even learn new knots and rigging setups. Again, hands on, guided practice. Members demonstrating the knots required for the Golden Trout Program can be certified in this session.



Above all: practice your knots at home, before you go fishing, rather than practice them on the water and not fishing. Fishing time is valuable!

Manzanita Lake Fishout Report

by Michael Kaul, Chilimaster



Another fabulous fishout at Manzanita Lake. We had 37 club members and spouses (10 ladies) attend, and had 31 for chili dinner. Everyone brought extras for the dinner from salads, chips and guacamole, to brownies and cookies, and cornbread. An amazing spread! Best yet was the dish crew of **Michael Gervais, Mike Bone, Drake, and Sandy**. So appreciated. The weather was as perfect as it could get (a little chilly

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Manzanita Lake Fishout - Continued from Page 3

the first couple of nights) with nice sun and only light winds. The fishing was not red hot, but they were available for any who stuck with it. Wild browns and rainbows were both caught, with some to 19", but seemed like there were more small (still 13-14") fish caught.

Beautiful hiking was had by numerous folks, including **Lynn, Pam, Debi and Sandy**. Debi and Sandy enjoyed a nice bike ride on the uncrowded roads (due to the park road being closed 10 miles up).

A special shout out to **Rick Weisner** for saving the trip for **Michael and Debi**. They arrived, set up, ate and went to bed, but woke up to zero battery power. Several of us tried to figure it out, but Rick really stuck with it. He thought he had it when he disconnected the electric roof lift, but no go. Somehow, he thought of the breakaway brakes and, sure enough, in disconnecting the trailer the pin had been pulled out drawing down the battery. A good man to have along for many reasons.



Upper Sacramento River "Spring" Fishout - June 20th - 23rd

by Tony Jelinek

The 12th annual Upper Sac "Spring" fish-out took place from June 20th - 23rd. The timing turned out to be great, as temperatures in the valley heated up, the temperatures in the Dunsmuir area were still warm—88 to 90 degrees Fahrenheit, but wading in the cool 54 degree water, either with waders or wet wading, was a natural air conditioner, and made for comfortable fishing. The flow had, also, decreased on the river to the low 400 cfs range, which is great for short-line nymphing, creating a lot of pocket water for fishing. Four of us searched the gorgeous waters of the Upper Sacramento for Rainbow and Brown Trout.

Kim Lloyd and David Harvey made it up on Wednesday, so they could test the water Thursday morning. Kim was able to break the ice on the ol' reliable Red Copper John, while David broke in his new Euro nymphing rig. We met up at the Dunsmuir Brewing Company for an early meal and brew—4:00 PM—to leave time to get back on the river for the hopeful evening hatch which, this evening, did not occur.

Friday, would be a different story. We fished different areas of the river and all were rewarded with rainbows while short-line nymphing, using an indicator, or a hopper-dropper. That evening we had an early barbecued tri-tip dinner at a house on the river, with just enough time to catch up on the day before looking for the evening hatch. Friday was a different story. The hatch was on. Was it the full moon, the rising barometer? **Steve Pitts** got into a caddis hatch, catching fish on double-dry fly rigs and dry-dropper rigs. Kim was effective being able to get fish to take the Stimulator he was fishing. I was lucky enough



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Granite Bay Flycasters Classifieds

To place a classified ad, you must be a member in good standing of the Granite Bay Flycasters. Classified ads will run for only one issue of The Leader, unless the seller requests it to run longer. Submit your listing to: editor@gbflycasters.org. All ads must be submitted by the 15th of the month to be included in the following month's Leader.

Upper Sacramento River Fishout - Continued from Page 4

to really be in the right place at the right time. For me, it was a Mayfly hatch—Purple Craze and Parachute Adams were working. The fish rose for two-and-a-half hours, and were taking my fly the entire time.

Saturday, we got up and did it again. Kim had success swinging a wet fly in the morning, as did David with his Euro rig. Saturday evening, we thought we would all try it again at our respective hot spots from the night before. I wasn't expecting as much, as historically a great hatch is followed by not much action. Although, the action was much slower, I still had a very enjoyable evening of catching fish, but needed to switch flies, as the fish's interest kept changing from May flies to Caddis flies, and different sizes of those flies. Steve had one of his best evenings of dry fly fishing, fishing a Caddis hatch. David and Kim hit the late night Caddis hatch from 8:40 PM to 9:00 PM, which can be very typical this time of year. All heck breaks loose for 20 minutes, as one struggles to see their fly in the diminishing light. In this short span, David got 4 fish to net fishing a Stimulator. This was only his 3rd time on the Upper Sac, and his best evening of dry fly fishing.

Dunsmuir still moseys along. The Dunsmuir Brewery delivered, per usual. The Bee Kind Bakery and Wheelhouse are still going strong, as are the Burger Barn and Yak's. The site of the Mexican restaurant, which moved to Mount Shasta City, is still vacant and, who knows what's going on with the Cornerstone Cafe. It was once the most popular spot in town, and now is rarely open. The Dunsmuir Lodge



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WE ARE SERIOUS ABOUT FLY TYING...

OUR FLY TYING STAFF

BRETT DRURY
Fly Tying Instructor
Renowned Fly Tyer, Sacramento Area

RICK ANDERSON
Contract Fly Tyer
Montana Fly Company

RON SPERONI
Contract Fly Tyer
Pacific Fly Group

MORGAN THALKEN
Contract Fly Tyer
Umpqua Feather Merchants

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6360 TUPELO DRIVE, CITRUS HEIGHTS, CA 95621 (916) 722-1055 HOURS: MON-FRI 10-6, SAT 9-5, SUN 10-4

"They have the largest selection of fly tying materials in California!" - Andy Burk

Upper Sacramento River Fishout - Continued from Page 5

looks the same. The Cave Springs Resort is under new ownership. The rooms have been remodeled, the cabins are being worked on, and new Airstream mobile trailers have been moved in to use as rooms for overnight stays. The one hotel just north of the brewery (5400 Dunsmuir Ave) is also under new ownership, has been remodeled, and has been renamed The Angler Lodge. Ted Fay's fly shop was bustling. Thank goodness Bob Grace, the owner, still keeps the place going and stocked with everything one needs to fish the Upper Sac. He even rents wading boots for \$5 per day.

Sunday, we all headed home. Overall, we had a great fish-out, augmented by great camaraderie and finding the thrill of the hatch and rising fish.

Don't Fish Green Water, a Cautionary Tale

by Jim Degnan, edited by Bill Quinn

*Billy said to Jimmy while fishing one day,
"It will be 'a 20-fish-to-our-nets kind of day.'"
Jimmy said, "Me thinks that's really a jinx."
And the pea green waters shortened their stay.*

This is a cautionary tale for you to consider if you are new to the sport, and because you may encounter this phenomenon on a mountain lake after a long hike or drive-in. The old pros will recognize this phenomenon and remark on our naivete. They may still resist common sense and fish green waters anyway. After all, they came all that way, and why not?

Sorry for the doggerel limerick, but there's a story behind it. **Bill Quinn** and I fished Jenkinson Lake on a lovely day in May, and looked forward to repeating the success he had the week before. We had a great morning—fished the cove where Sly Creek comes in. The water in the channel was funny, light green with streaks and pale algae like strands. We caught all trout, no bass—double digits. We were on our way to a twenty-fish-to-the-net that day. It slowed down, stopped, so we went for bass at the end of the arm at the Hazel Creek outlet. Skunked. We threw everything we had at them—stripping, indicators, jigging—nothing—one little swim-by and a single dead bait fish. We blamed an algae bloom, but it was too cold for a real bloom like that.

We did a little research on lakes. I knew that lakes turn over when the surface reaches about the 39° mark. That happens in the fall. Never have seen one, but I heard about it. Basically, being lake ignorant, I never knew about the "spring turnover;" I only knew about the "fall turnover." My theory is that we experienced a "spring turnover." It is late spring up at the 3,400-foot elevation. We had big winds the whole week before the day we went up (May 14, 2024). The lake turned

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The Salmon of Auburn Ravine heard about your work and want to express their appreciation for everything that GBF does for the people, fish, and wildlife of California.



Photo by Phil Robertson

Thanks for jumping at the chance to help the people, fish and wildlife of California!



**Friends of
Auburn Ravine**
AuburnRavine.org

Don't Fish Green Water - Continued from Page 6

over, and the prevailing westerly winds pushed all the detritus into the eastern arm of the lake. The spring turnover is different from the fall turnover. Wisconsin people know all about this...

"Due to seasonal changes in sunlight intensity, surface water temperature begins to transition in the spring and fall. In the spring, the water surface warms. This causes the temperature of the top and bottom layers of the lake to equalize. With the help of strong winds, this new equilibrium breaks the thermal stratification, and the lake is able to mix. Oxygen from the surface mixes with the bottom, while nutrients trapped near the bottom are free to mix throughout the lake. This is why, sometimes, in the spring and fall the lake can smell unpleasant. Decomposing organic materials are churned up from the bottom of the lake, bringing a signature sign of lake turnover." *Clean Lake Alliance, Yarahara Lakes Wisconsin*

For an even more excellent explanation on the "spring turnover" also see Brian Chen's presentation on YouTube: <https://www.youtube.com/watch?v=fLTMuQo4h-4>. He is the premier lake fisherman. If you fish lakes, you need to watch his presentations, as he has developed many of the techniques we use today.

The area we fished at the Hazel Creek end was bright green with brown streaks. What we saw was detritus, mostly dead weeds, leaves, pine needles and dust that sank in the bottom of the lake in the summer and fall. Brown stuff mixed with algae stirred up by the mixing due to wind. Visibility was about 2 feet. As we moved out of the area, the clarity improved, but not much. The photo to the right shows Bill, and the water is still green as we approach the Stonebreaker ramp.



Here is part of my theory...always open to being revised on further facts. The volume of the main body of Jenkinson Lake is very large in comparison with what I call the Eastern Arm (Stonebreaker/Chimney Area). If the lake turns over, there may not be a noticeable change in water clarity, maybe slight turbidity. But, the prevailing westerly winds push all that large volume of detritus east, and concentrates it in the smaller volume area of the Eastern Arm, especially at the very end. Hazel Creek can't push the plume out, as the water from Hazel Creek fans out over its delta and is inhibited by the dense growth of willows on that delta. Hazel Creek doesn't generate the the same force as Sly Creek does because it is small and short. Sly Creek has the advantage of flowing into that narrow cove where it enters the lake and has a higher flow than Hazel because it is longer and conveys water from the tunnel that runs over from a dam on Camp Creek. (Two thousand, twenty-eight-foot-long tunnel, seven foot round bore right through the mountain. They were men in those days.)

We were lucky when we caught trout in the Sly Creek arm, in that the Sly Creek was flowing fast enough to dilute the mess, oxygenate the surrounding water and the trout hid there. That cove is also somewhat wind protected. Trout were comfortable there.

There is a strong chance that the bass migrated out of the Hazel Creek area where we normally fish and moved more into open water, or at least more towards the main body of the lake to get oxygen. We should have fished closer to the ramp. The water definitely had better clarity up there, but it was still pretty green with low visibility.

This is a corollary to "don't eat yellow snow." When you pull up to the lake and it's all green with junk around the edges, don't try to fish it. Go somewhere else. The lake has "turned."

By extension, this may also help explain the Fuller Lake phenomenon we all have seen: "low water equals poor fishing." This is where Brian Chan's presentation is very applicable.

When the water from Bowman Lake flows through Fuller Lake to feed the #3 powerhouse at Spaulding, the lake acts more like a spring creek—lots of circulation and oxygen all around the lake. Food is kicked up and the fish are active.

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Don't Fish Green Water - Continued from Page 7

When PG&E shuts the water down, the Fuller becomes a true lake, a pond, really. It has small volume, water temperatures quickly stratify, and then in a short amount of time, especially in the summer, temperatures of the strata equalize and the lake "turns over." The fish stop feeding, go into a static state, and wait for a change. It seems like a good theory, bolstered by the junk you see, especially over by the stump area on the east side.

There is a fancy term for this turnover phenomenon: "Polymictic." Ah, science. (Jenkinson Lake, being larger and deeper, only turns twice a year and gets to be called "dimetic.") I like the word "polymictic" much better; it sounds more important and sort of rolls off the tongue. The Voiceless Velar of the double "c" is very satisfying, and why certain favorite swear words have them. "Fuller Lake is a polymictic regulating pool for Spaulding Powerhouse #3 consumption." Sounds like the opening of a technical paper—very classy, not very romantic.

This is not a scientific paper, but an observation and a hypothesis leading to a theory. Scientific papers have things like "sigma" and "rho," three tables and a multi-coordinate graph or two, in color. But still, there is something valuable about experience leading to common wisdom

These are all theories of an amateur, open to discussion, rebuttal or reinforcement. Further data is needed, i.e. more information from experts. At least it's a start, and somewhat satisfying.

And, regardless of the conditions of our lakes, we all still love them and want to understand more and more about them. The more we know, the better we can predict the possibilities of catching rather than fishing. Call Fuller whatever name you want. I admit to using a certain swear word composed by an opening voiceless fricative followed by a voiceless velar, on occasion, when I've been skunked on that beauty. You get the idea.

The Bad Days Are Just as Important

by Jon Bertolino

If you've fished for any length of time during your life, then you've experienced a bad day. You know, whether it's cold and rainy and you somehow left your waterproof gear at home, you spend an inordinate amount of time untangling rats nests or re-rigging broken off snags, or you left your lunch in the car. But the real bad days are the ones where the fish aren't biting in spite of your best efforts. Or worse, your buddy is slaying them while you're still searching for that first take.

If you've never had a bad day, you either haven't fished very much, never fished the Truckee, or were hand-picked by Neptune himself as the chosen one. But the bad days are important. Let me explain.

I was on a float trip with a friend of mine this spring. The water was a little high, but the weather was favorable and the water looked fishy. The morning was not promising. Despite the guide starting us with identical setups, while my buddy was sticking fish with what seemed like every second or third cast, I was getting skunked. The only grab I got was a couple quick tugs, then nothing. It was probably the bottom, but I swear it was a fish. My first and only catch before lunch was a 10-inch dink that must have fallen out of the hatchery truck the day before.

After lunch, we switched ends of the boat. Things did not improve. My guide, bless his heart, began trying everything—different depths, stripping streamers, dry droppers, egg patterns, the fly he said was magical in 2008. We even went back to the original rig a couple of times. I think at one point he whispered a prayer. Nothing. My mood soured further. Except for my buddy's whoops and hollers when he hooked and then netted another 18-20 incher, things got pretty quiet in the boat.

At the end of the day, I thanked the guide and tipped him generously for his efforts. You could see the sadness on his face. He really felt bad, but we both knew it wasn't his fault; and probably not mine either. Just one of those days.

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The Bad Days Are Just as Important - Continued from Page 8

When we got back in the car, I was foul and prickly. After a few miles in silence, my buddy turned to me and said, "You don't get it. The bad days are just as important as the good ones. Why, if every day was a 30-fish day, you'd get bored and probably give up fishing altogether in search of something more challenging—and what a foolish thing that would be. Where else are you going to find the peace and beauty of the river? The anticipation of the morning, the search for the right spot, selecting the right fly and casting it just so. The flash, the grab, and the battle. Netting, paying your respects, and then returning the fish to his home. What, you gonna play more golf? Now that's just stupid."

And I knew he was right. I knew it before he said it. I had simply forgotten. The bad days are just as important.

Try Tubing Clinic

by Michael Kaul, Tubemaster



On June 29th, we held the Try Float Tubing Clinic at Gerle Creek Reservoir. The event was originally planned for Fuller Lake, but water supply interruptions at Fuller necessitated the change of venue. The idea of the clinic is to allow members who have not done tubing, a chance to try it out without having to purchase the equipment, and to have a better idea of what they might want to buy. A variety of float tubes, fins, and other gear were shown and discussed by the 5 members

who showed up to coach the students. We had only 3 students come (one last minute cancel due to cold), which is significantly less than previous years. The day and the lake were beautiful (the numerous paddle boarders and kayakers thought so too), and all enjoyed the experience, though few fish were caught. If you are interested in trying tubing, keep an eye out for next year's event.

Nature vs. Cars at Sailor Bar

Guest article submitted by Jodi Sato-King, Chairperson of The Friends of Sailor Bar

https://www.sarariverwatch.org/protect_sailor_bar

The winter is my favorite time of year to walk along the river at Sailor Bar. All of nature seems in harmony in this peaceful place. The salmon are making their long journey back to their birthplace to lay their eggs, and then exhausted, surrender to the cycle of life. All is quiet at Sailor Bar. The distant sound of traffic feels a world away. The anglers seem to be in their own sacred space, content to be grounded in the flowing river.

I marvel at the artistry of the fly caster's fishing line gliding through the air. The tenured fly caster's rhythm of movement is seamless with the flight of the cord, and in the geometry of creation. Time stands still and yet passes too fast. Fond memories of my grandfather, uncles and father fishing here come to mind. Uncle Don made it his duty to clean up the trash from the river in his kayak. I have enjoyed the blessings of this river all my life, and have taken to heart the importance of being a good steward of the American River.

It saddens me that this quiet, secluded place is to be opened to motor vehicle traffic. Together, we need to make our voices heard to prevent the opening of the gravel roads along the river, and into the interior where wildlife is thriving.

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Nature vs. Cars at Sailor Bar - Continued from Page 9

Granite Bay Flycasters, please help keep Sailor Bar protected from the intrusion of public motor vehicle traffic. For more information, and to add your voice to protect Sailor Bar, sign the petition.

<https://www.change.org/p/save-sailor-bar-from-motor-vehicle-traffic>.

Email: SupervisorKennedy@saccounty.gov
SupervisorSerna@saccounty.gov
Richdesmond@saccounty.gov
SupervisorFrost@saccounty.gov
PatHume@saccounty.gov
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Bill Carnazzo Fly Tyer's Corner
 (Taken from the Article Written in August 2009)

Fly Patterns - Peatridge Hotwire Soft Hackle



Peatridge Hotwire Soft Hackle

Materials:

Hook: Tiemco 2457, #14-18
Bead: Small copper bead to match hook size (e.g. 2mm for #16 and smaller)
Tail: Partridge, sparsely applied
Thread: 70 denier flat nylon, olive
Abdomen: Chartreuse wire, extra small
Hackle: Partridge, tied in soft hackle style
Head: Fine, small peacock herl

Description

No, the fly's name, the Peatridge Hotwire Soft Hackle, is not a typo. I named it "Peatridge" because two of the main ingredients are partridge and peacock. The "hotwire" part comes from the type of wire used for the abdomen. I am partial to the soft hackle configuration because it can also serve as a nymph—in effect, a two-for-one fly. The soft, wavy hackle appears to be enticing to fish, especially on the swing when the fly rises up in the water column, making it resemble a swimming nymph on the way to emergence.

Of course, all of this is guesswork (albeit somewhat educated), since I've never had the pleasure of interviewing a trout. Let's face it—a good deal of the art of fly tying is more for the pleasure of the angler than anything else. That said, once in awhile we do land on a pattern that really does work. It's at that point that we tyers begin to invent reasons why the fly is effective—there's plenty of pontification out there, for sure. But we really don't know what it is that triggers a trout's instinct—and we'll likely never know.

In any event, this month's pattern is one that does indeed entice trout. Why? Quien sabe, but my guess is that it just looks buggy, and has some motion to it. Not very cerebral, but it's the best I can do. The fly can be tied on any standard nymph hook, but I prefer the "scud" type of hook which allows for a more natural shape to the bug.

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Fly Tyers Corner - Continued from Page 10

Tying Instructions

For best viewing: (1) Maximize your Computer Screen Window. (2) Type "Ctrl + or -" to enlarge or contract the photograph display. (3) Use the Horizontal and Vertical Scroll Bars to scroll right and up/down to display larger photos on your screen.

1. Crimp the hook barb and place the bead on the hook. Cover the hook shank with a single, flat layer of thread; extend the thread halfway down the bend of the hook. Move the thread back to behind the eye.



Step 1



Step 2

2. Cut a small section of partridge feather barbules; use the feathers that are well-marked. Measure the tail fibers so that they protrude from the rear of the hook approximately 1/8". Tie the bunch in just behind the bead. Hold the bunch up above the hook as you work rearward, ending mid-bend. This technique will keep the bunch right on top of the hook. Leave the thread at the rear, and clip the excess feather behind the bead.

3. At the same point, tie in a 4" section of wire and wrap the thread forward to the back of the bead. Make sure that each layer of thread lies flat in order to avoid build-up of thread which results in a bulky body. Wrap the wire forward in tight turns and tie it off about two hook eye's width behind the bead, thus leaving room for the hackle and the head.



Step 3



Step 4

4. Cut another bunch of partridge—larger than the tail bunch. Measure it with tips pointing rearward, so that the tips extend to the point of the hook. Place it on the hook just ahead of where the wire was tied off, and tie it in using two loose wraps. Pull the thread tight; that should distribute the hackle evenly around the hook. If it looks too sparse, add another bunch, but don't over-do it. Sparse is good.

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Fly Tyers Corner - Continued from Page 11



Step 5

5. Cut two pieces of peacock herl from the eye area of the feather; this part of the feather contains colorful, very small barbules. Tie these two pieces in by their tips and take 3 or 4 wraps. Tie it off and whip finish. Place a tiny drop of superglue on the end of your bodkin, and cement the thread.

Tying & Fishing Tips

1. Keep the fly sparse, and avoid a thick body. Mayfly nymphs are very slender.
2. I like to flatten the part of the wire that will be tied in so as to eliminate excessive bulk when building the body. Use flat-nosed pliers for this purpose.
3. Use your bodkin to apply superglue rather than squeezing a drop from the bottle directly onto the fly. Your placement will be much better.
4. I keep a cloth next to my vise for wiping the bodkin clean after each application of superglue to prevent glue buildup on the needle. If you do get buildup, use a lighter to burn the buildup off.

Now, go crank one of these bugs, go fish it, and...as Ryan Miller says, when in doubt....go fish! I live by that simple philosophy.

Enjoy, and see ya on the creek...!!!

Coastal Cutthroat Trout Fishout, Humboldt Lagoons August 14 - 18

by Mike Churchill, Fishout Leader



Beginning in 2023, an informal group of GBF members began pursuing the California Heritage Trout Challenge and leading fishouts to new waters in search of some of the less common subspecies of native trout. Previous outings have taken us to Eagle Lake, the Golden Trout country in the drainage of the South Fork Kern River, and Lower Echo Lake off Highway 50. In mid-August, our next outing will take us to the beautiful Humboldt Lagoons on Northern California's Redwood Coast. We will primarily fish Big Lagoon and Stone Lagoon from float tubes and/or small boats, but if that is not productive, some of us may take a day trip to one or more tributaries of the South Smith River 60 miles to the North.

While we will specifically be targeting native sea run Coastal Cuthroats, coastal Rainbows/Steelhead actually outnumber the Cuthroats in the lagoons, so we are likely to catch both. Our base of operations will be the campground at Big Lagoon County Park, approximately 30 miles north of Eureka and only yards from both the Lagoon and the Pacific Ocean. Additional information is available [HERE](#) in the Fishout section of the GBF web page.



Welcome to PHW Sacramento!

Founded in 2005, [Project Healing Waters](#) (PHW) helps active military service personnel and veterans in need through a dedicated, developed curriculum of fly fishing, fly casting, fly tying, and fly rod building. In 2023 alone, we helped over 6,000 veteran participants comprised of all service eras through the generous work of over 6,400 active volunteers across 48 states.

One of over 180 programs across the country, PHW Sacramento is affiliated with the Mather VA Outpatient Clinic and sponsored by the Granite Bay Flycasters (GBF) club in Granite Bay. PHW Sacramento is a satellite program of the PHW Martinez program. We are currently open to engage veteran and active military participants of all ages, eras, and campaigns. We have experienced GBF fly fishing volunteers who will lead and support many aspects of our program.

Fundamental to the PHW Sacramento program will be a series of skill-building workshops which include Fly Fishing Basics, Bug Basics, Fly Tying, Water Safety, Fly Rod Building, and Fly Casting. Indoor workshops will be held on Saturday mornings at the Folsom Lake/Granite Bay Activity Center. Fly Casting Workshops will also be held on Saturday mornings at locally designated locations and parks.

Future Fly-Fishing Outings will be scheduled at a number of waters across Northern California, Nevada, and Oregon. These may include the Trinity River, Baum Lake, Pyramid Lake, Manzanita Lake, Lassen Meadows, Wolf Creek, Lower & Upper Sacramento Rivers, Fall River, and Klamath River. Project Healing Waters HQ also sponsors a number of National Outings at Freedom Ranch for Heroes in Montana and Oak Heart Lodge in Michigan.

None of this would be possible without the generous outpouring of financial support from our community of donors. We depend heavily on major grants, auctions, and cash donations to cover all costs for our deserving PHW veterans and volunteers.

For more information or to sign-up, please contact Dave Stolecki, PHW Sacramento Program Lead, at dave.stolecki@projecthealingwaters.org or **425.269.2038**.



"My second trip with Project Healing Waters. Both trips have come at critical times when most needed. The fellowship with likeminded folks is lifesaving. I do not know how else to say this, just a from the heart thank you to all those up in this magic venue. Tight lines and success in such a worthy cause."



"It was great to get back out on the water. This was the first outing I have been on since things in my life have calmed down and gotten better. These trips help clear my head but become even more rewarding when my head is in the right place to begin with. Thank you PHW. You have been a tremendous help getting me through life."

Granite Bay Flycasters

Mission: The organization is dedicated to conservation of fish habitat, advancement of the art of Fly Fishing, and good sportsmanship.

Meetings: General club meetings are held on the second Thursday of each month at the Granite Bay Activities Center on the shores of Folsom Lake. For directions, check <https://gbflycasters.org>.

Doors open between 6:00 P.M. and 6:30 P.M for socializing and fly tying demonstrations. The business portion of the meeting begins at 7:00 P.M. The main program gets underway after a short refreshment break and usually involves a guest speaker and slide show, or other presentation. All meetings are open to the public and visitors are encouraged to attend.

Membership: Applications are available on-line at <https://gbflycasters.org>. Single membership: \$35; Family memberships: \$40; There is also a \$15 name badge charge for each new member. For membership information, contact VP Membership at gbf-membership@gbflycasters.org, or visit the website at <https://gbflycasters.org/join-us/>.

The Leader: To send articles, photos, ads and other materials, please e-mail to: Frank Stolten at editor@gbflycasters.org. Please put **GBF Leader** in the subject line. Deadline for materials is the 15th of each month.

Please notify if address change

Officers, Directors and Committee Chairs

President - Mike McKinley 408-807-4340 gbf-president@gbflycasters.org	Classroom Egg Prog. Frank Stolten 916-725-6894
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Through June, 2027 - Marie Spaulding-Gray	Monthly Programs David Jones 916-474-4986
Director at Large, 1 year term - Dave Stolecki 425-269-2038	Rods and Reels John Hogg 916-709-7340
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Annual Picnic Mike Churchill 916-833-7071	
Casting Instruction John Hogg 916-709-7340	
Rick Radoff 916-870-9637	
Trevor Segelke 916-879-2277	

<https://gbflycasters.org>