

The Leader

THE NEWSLETTER OF THE GRANITE BAY FLYCASTERS

April 2024

<http://gbflycasters.org>

Leader's Line

by Kim Lloyd, GBF President

Preserving, protecting and enhancing local waters are several of the club's primary objectives. The pursuit of these objectives is the responsibility of the Conservation Committee. This committee is comprised of club members that attend quarterly Conservation Committee meetings. If you attend a Conservation Committee meeting, then you automatically become a member of this committee.

There are two main ways in which the Conservation Committee pursues these objectives: 1) by using club members to undertake improvement projects; and 2) by making donations to environmental groups that perform similar projects. Let's talk about the steps by which an environmental group could become a candidate to receive a donation.

The first step is for a club member to identify this environmental group, the earlier the better. More specifically, the member sends the VP of Conservation (**Jim Monical**) the name of the proposed candidate and its website. It is important the website be identified so the group can be researched. Here's the email for the VP of Conservation: conservation@gbflycasters.org. These new candidates will be added to a list containing last year's donation recipients.

The second step involves a review of this list by some members of the Conservation Committee (i.e., the ad hoc committee). The purpose of this ad hoc committee is to summarize the attributes of each candidate. These

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Monthly Program



John Pellegrin

Our guest speaker this month is **John Pellegrin**, a club member since 2007, who is the project leader for tenkara flyfishing. John bought his first flyfishing rod in the early 80s. After moving to the area, and then joining GBF in 2008, he was able to pursue more fully his interest in flyfishing. His main pursuit has been fishing mountain streams. In January 2011, Daniel Galhardo, the founder of Tenkara USA, gave a presentation at GBF. Soon after that John purchased his first tenkara rod, and has since been developing his expertise in tenkara and sharing his knowledge with GBF members. John will talk more about his tenkara journey, and cover some basic aspects of tenkara, as well as some interesting, advanced techniques in tenkara. He will also discuss the evolution of tenkara in the US and in GBF.

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A P R I L 2024						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1.	2.	3.	4.	5.	6.
7.	8.	9. Board of Directors Meeting Joint Rancho Seco Fishout w/San Jose Flycasters	10.	11. Monthly Meeting	12.	13. Finnon Reservoir Fishout Roseville Stream Cleanup
14.	15.	16. Fly Tying Jam April 15 - 18 - Pyramid Lake Fishout	17.	18.	19.	20. Casting in the Park
21.	22.	23.	24.	25.	26. Cameron Park Fishout	27. Fly Fishing Specialties BBQ
28.	29.	30.				

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attributes could include the candidate's revenues, their expenditures, the types of projects they undertake and where these projects were or will be performed. The ad hoc committee makes no decision regarding which candidates receive a donation or how much they should receive. Those decisions are reserved for the Conservation Committee.

The third, and final step occurs at the Conservation Committee's June meeting. Every club member that attends this meeting can participate. This step includes a discussion of candidate summaries, a selection of candidates that should receive a donation and the value of that donation. If a club member has suggested a candidate, then that member should be ready to explain why that group should receive a donation (i.e., be an advocate for that candidate).

The Conservation Committee selected 5 groups that shared \$10,000 at last year's June meeting. The exact value of this year's donations will be determined by the Board of Directors. This value will be based upon revenues generated from the Annual Dinner.

That's enough about the business of the club, now it's time to attend to the business of fishing.

Granite Bay Flycasters Classifieds
<p><i>To place a classified ad, you must be a member in good standing of the Granite Bay Flycasters. Classified ads will run for only one issue of The Leader, unless the seller requests it to run longer. Submit your listing to: editor@gbflycasters.org. All ads must be submitted by the 15th of the month to be included in the following month's Leader.</i></p>

Cameron Park Lake Fishout, April 26

by Chris Kight, Fishout Leader

Cameron Park Lake (2989 Cambridge Road, Cameron Park) is in the middle of the Cameron Park Community, and is easily fished from a float tube for about two months every year. Fish aren't active until the weather warms up a bit, and after a couple of warm months, the weeds grow right up to the surface and make it very difficult to propel your tube with fins on this lake.

This fishout is open to 15 anglers, and at this time we have 12 signed up. We'll meet at 8:00 AM, and you can fish as long as you want. There is no organized lunch or other activities. There are bathrooms at the park. You'll carry your tube and equipment 50 to 80 yards to get launched. A 4-weight or 5-weight rod works well here; 6-weight would be okay too, and although I have heard of bass being caught on poppers and floating flies, most of the action on this lake is sub-surface. I use a 5 ips sink line. This lake is only about 18 feet deep at the middle, and most of the fishing area is about 9-to-13 feet deep.

I usually fish a size 8 or 10 bugger in olive or black—anything that'll sink and looks like a small fish or leech, cast it, let it sink, and strip it back in quickly with small strips—cast and repeat. I have extra flies if anyone wants to try one or two of mine. Or, use whatever works for you in a bass pond—I'm still fairly new to this game, but have had a lot of success in the last four years since I began fly fishing. There are some good size bass in this lake, so 4x or even 3x tippet is suggested. These bass don't tend to be leader-shy, and they are hungry after a cold winter.

There will be residents walking on the trail around the lake, wondering what the heck we are doing, and having picnics in the gazebo area—it's a popular lake for the community. There MIGHT be a \$3 to \$5 parking fee—they only collect fees when they can find someone to man the little booth at the entry. If there is no one there, then don't worry about it.

Fuller Lake Friday, May 3rd at 8:00 AM

Fishout Leader : Gary Gale g.gale.granitebay@gmail.com

Spring is here, and for many GBF members, that means it's time to fish Fuller.



Many members do well pitching out their favorite flies positioned at their favorite spots. If you are new to Fuller, new to float tubing, or new to fly fishing, you will find a great assortment of advice available in the upper parking lot area while folks gear up. In the past, Fuller has been the destination of the "Try out float tubing" clinic. While that isn't the format of this fishout, please let me know how much mentoring you might need so we can match veterans with those who want some help. More information is available on the GBF [fishouts header](#) on the website. (For those that are new, where it lists the fishouts by date, go to the clickbox for "register," and that is where all the specifics are now listed.)

First Tenkara Workshop for 2024

by John Pellegrin, Project Leader



On Saturday, March 9th, we held our first Tenkara Workshop ("Tenkara Gathering & Collaborative Workshop"), after being postponed from March 2nd due to rain. It was attended by eight people, as well as three tenkara coaches and myself. The people attending had a variety of things about tenkara they wanted to explore, from learning about tenkara using one of the club's loaner rods, to finding out about more places to fish, and learning more about tenkara techniques. This is exactly what the workshops were designed to be: a place to socialize with other tenkara flyfishers, and to find answers to a variety of questions. This is the first of four bi-monthly workshops, the others happening the first Saturday of May, July, and September. It's intended that people could attend multiple workshops, even all of them; just because it's

an opportunity to socialize, refine current skills (always can use casting feedback), and learn new things.

Fishing Northern Nevada Reservoirs Wild Country, Wild Fishing

by Jim Degnan

I've lost count of the times I've flown over Nevada and looked down wanting to explore what looks like a wasteland, but has so many interesting nooks and crannies, roads that seemingly going nowhere, but actually somewhere for somebody; forty million years of basin-range geology at forty thousand feet.

So, I finally went May 17, 2022, Roseville to Reno, Reno to Elko—stayed the night in Elko. It was a long drive, not recommended for an old single driver, though the solitude matched the terrain. Basque food and bourbon are a requirement there. Next morning, off to the camp at Wildhorse Reservoir. More solitude. It was an easy sixty-mile drive to Wild Horse. After that it gets gnarly, as the Basin Range scrapes up against the Columbia Plateau providing a geologist a wonderland and a highway engineer a nightmare—vertical layers of sedimentary rock, volcanic plugs and floes. You get the idea.

Those of you who know me know that I'm a big fan of guides. They know the territory and will bring you up the learning curve at a steep rate. You don't have to be friends or best buds, it's their job to get you into fish, but it's nice to be with someone who is pleasant. So, I booked Rob Anderson, (Bucket List Flyfishing) and Mike Curtis, Pyramid Lake guide. They spend about three weeks there and know the lakes well. They lead two-day outings for small groups, get them educated and then they can go off on their own if they wish. It is just after ice-out and chironomid season, bugs are thick, so indicator fishing is the best method. Rob provides dinner for the first and second nights, lunch for the first and second days and generally the third day depending on the crew. Mike takes people out in their skiff, so you get a chance to learn from a real pro and dedicated fisherman.

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We set up the tent in a twenty-mile-an-hour wind at Wildhorse campground. That was the sheltered spot. The north Nevada desert weather can be harsh, so battened everything down. Rob Anderson, leader for this trip, showed up and we discussed weather and fishing in about equal parts. "Weather has been good, fishing great; front coming in, who knows what the fishing will be tomorrow." Dinner was excellent—ribs and beer bread. It was cold and the meeting short.

Next morning, Wildhorse was wild in the wind, so we headed out to the Duck Valley Reservation, forty miles north, just over the Idaho border. I bought a pass at the general store (\$18.00) and went out to Mountain View Lake. Mountain View Lake is smaller and in different country, different weather, at the Columbia Plateau, so it was far more fishable in the wind.

I had low expectations based on the waves on the Lake. I got out on the water and went where Rob directed me. I unscrambled my line and flipped the leader and indicator mess out of the SuperCat so I could get everything ready for a real cast. Indicator down! Fish on! Lost it. Fish fever: fouled my lines, so I dropped the indicator in front of me between my legs so I could untangle the line. Indicator down! Fish on! Hand lined the fish to the net. Embarrassing. This was ridiculous, I couldn't even cast. Finally, I got it untangled without interference from the fish, and made short casts. More fish. This went on for about an hour or so, and I lost count of fish to net, versus fish missed, versus fish lost at varying distances.

It slowed, Rob said move, so I did, and while it wasn't as good as it was at that first hour, it was still surprising. There was a slow period, then a burst, then slow again. Big lunch. I didn't take my usual nap. More fish. The wind finally ran us off the lake. Dinner with Rob again, this time tri-tip with potatoes and asparagus, a concession to vegetables.

Second day is the same drill but a little slower. I actually had to cast a little bit rather than just throw the indicator away from the tube. Mountain View had been beaten to a froth during the night, and the chironomids were drowsy. We still did well, had to work against the wind though. This time, people were scattered out,

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Fishing Northern Nevada Reservoirs - Continued from Page 5

so Rob and Mike took pulled-pork sandwiches out in their skiff to the various groups on the lake. Full service. Then the rain and the wind started, and that was it. Most people were done for the trip and headed home. I stayed for a while, the squall disappeared, the sun came out and the catching improved. Mike took me out and we caught even more fish. He taught me a couple of things that improved my catch rate—the Crowley Lake pull.

I stayed the night again at Wild Horse, hoping the front would pass and I could get one more day in, having travelled so far. That night the wind was fierce, with temperatures in the 20's. Thank the heavens for seat heaters and a reclining seat in the Subaru—almost like airline business class. The tent was not happy, but made it.



Squalls come up from time to time.

people could easily make it to Mountain View Lake in one day from Sacramento area. Nothing against Elko, but no need to stay in Elko to break up the trip unless you are into Elko for Basque food and a rest before the real drive into northern Nevada. I will not discuss the other enticements.

Duck Valley has a nice motel near Mountain View Lake. The Chambers Motel in Mountain City is plain but good. You will have a clean, warm, dry place to stay out of the infernal wind if it does kick up. If you go on Rob's tours, he will feed you lunches and dinners. The store has breakfast stuff. I think there's a restaurant in Duck Valley, but those things come and go.

If you fish just the lakes on the Reservation, you don't need a Nevada or Idaho license, just like Pyramid. Make sure you bring an anchor in case the wind comes up. Float tubes are fine. My SuperCat pontoon worked well, but now I am lucky enough to have a pontoon with *oars and a trolling motor*. I'm golden! If you luck out with a warm front, it's shirtsleeves.



Then there were beautiful warm days.

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If not, you'll need winter layers like you do at Pyramid. You can camp, but be prepared for cold and strong winds, even snow. There is a really nice campground at Mountain View Reservoir with showers and wi-fi.

It's well worth the drive and the weather. It's wild and wonderful country. I want to do it again, but not alone this time. Well, maybe, "*take it to the limit one more time*" (Eagles). I play it loud.

Bill Carnazzo Fly Tyer's Corner
(Taken from the Article Written in April 2009)

Fly Patterns - Chopaka Emerger



Chopaka Emerger

Materials:

Hook:	Tiemco 100BL or similar, sizes 14-18
Thread:	8/0 light cahill color
Tail:	Cream antron or sparkle yarn (very sparse)
Abdomen:	Creamy tan dubbing
Wing case:	Dark natural deer hair
Thorax:	Same as abdomen

Description

For those of us who enjoy stillwater fishing, Callibaetis mayflies are extremely important. These little critters hatch throughout the seasons, and are readily available to hungry trout. They have a typical mayfly lifecycle: egg, larva (nymph), and adult. As is the case with all mayflies, the adult stage consists of two phases, with the first being the dun (aka "sub-imago"), with its opaque speckled wings and brownish body. The second and final phase is the spinner (aka "imago"), a transparent wraith-like form whose sole purpose is to mate, deposit eggs on the water (in the case of the female), and then die.

The nymph is a good swimmer, using short, quick bursts of speed to propel itself around. When the nymph is ready to hatch, a gaseous bubble forms beneath the wing case causing the nymph to rise toward the surface. Once this begins to occur, the nymph will tend to resist the inevitable, and will swim back down to the vegetation on the bottom. This foolish act results in the demise of many a nymph, as gluttonous trout gobble them down. This, of course, presents an opportunity to anglers aware of this behavior to vary the retrieve when fishing with nymph imitations. Those nymphs that do reach the surface must then emerge from their nymphal shell. We call this brief phase the "emerger." Opportunistic trout pluck hapless emergers from the surface film—once again giving knowledgeable anglers an opportunity to fool hungry trout by using emerger imitations.



Some of the emergers never quite make it out of the shuck and die trying. These we call "cripples" or "stillborns." The lesson here is simple: even though fully formed duns may adorn the surface, trout will go for the easy take and ignore them in favor of the hapless emergers. Accordingly, I tend to stick with emergers until it becomes clear to me that the fish have switched to the duns. The spinners, upon completion of their mating

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and egg-laying activity, will fall to the water to die. For a short time their wings will remain upright; as death approaches, their wings drop prostrate to the surface. Trout will sometimes feed on spent spinners, especially when there is a lull between the spinner fall and the next hatch. So, it pays to have imitations that imitate all of the life stages of the Callibaetis: nymph, emerger, and adult (including the dun and the spinner phases). This fly is named after a lake in Washington where, apparently, fly anglers concentrate on Callibaetis hatches.

Tying Instructions

For best viewing: (1) Maximize your Computer Screen Window. (2) Type "Ctrl + or -" to enlarge or contract the photograph display. (3) Use the Horizontal and Vertical Scroll Bars to scroll right and up/down to display larger photos on your screen.



Step 1

1. Cover rear half of shank with thread. Tie in a sparse clump of antron or sparkle yarn just above the back of the barb (or where that would otherwise be in the case of a barbless hook). The length should be approximately the length of the shank of the hook.

2. Dub a sparse abdomen of the antron or sparkle yarn. Use just enough dubbing to make the thread "fuzzy."



Step 2



Step 3

3. At the halfway point on the hook, tie in a small clump of deer hair with the tips pointing to the rear.

Trim the butts closely, add a drop of superglue to the tie-in point, and cover the butts with thread. This will become the wing case.

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4. Dub in front of the deer hair to form a thorax. The thorax should be a bit heftier than the abdomen.

*Step 4**Steps 5 & 6*

5. Moisten the tips of the hair (it makes them easier to handle) and pull them up and over the thorax, making sure that the hair stays directly on top of the hook. Tie the tips down in front of the thorax, leaving sufficient room behind the eye to form a nice thread head.
6. Whip finish behind the eye and in front of the wing. This will make the tips of the hair stick out over the eye, while remaining in a semi-upright position. Apply a small drop of super glue to the thread wraps, making sure to keep the hook eye clear of hair and glue.

Tying & Fishing Tips

1. If you do get glue in the hook eye, take a small feather and run it through the eye; this will absorb the errant glue and keep the eye clean.
2. When fishing this pattern, apply floatant to the entire fly—not just the body and wing. The reason for doing this is to keep the fly lying horizontal in the surface film. Other emerger patterns require avoiding use of floatant on the tail, to allow it to hang down beneath the surface (e.g., the Klinkhammer Special)—but not this Callibaetis emerger.
3. When fishing the fly, use a floating or intermediate line with a long leader tapered to a fine tippet. Allow the fly to sink, and then begin a short, jerky retrieve; this represents the swimming nymph. If you suspect that the nymphs are in that “resistance” mode mentioned above, then give the line a few strips and pause for a few seconds to let the fly sink back down.

Enjoy, and see ya on the creek...!!!

Granite Bay Flycasters

Mission: The organization is dedicated to conservation of fish habitat, advancement of the art of Fly Fishing, and good sportsmanship.

Meetings: General club meetings are held on the second Thursday of each month at the Granite Bay Activities Center on the shores of Folsom Lake. For directions, check <http://gbflycasters.org>.

Doors open between 6:00 P.M. and 6:30 P.M for socializing and fly tying demonstrations. The business portion of the meeting begins at 7:00 P.M. The main program gets underway after a short refreshment break and usually involves a guest speaker and slide show, or other presentation. All meetings are open to the public and visitors are encouraged to attend.

Membership: Applications are available on-line at <http://gbflycasters.org>. Single membership: \$35; Family memberships: \$40; There is also a \$15 name badge charge for each new member. For membership information, contact VP Membership at gbf-membership@gbflycasters.org, or visit the website at <https://gbflycasters.org/join-us/>.

The Leader: To send articles, photos, ads and other materials, please e-mail to: Frank Stolten at editor@gbflycasters.org. Please put **GBF Leader** in the subject line. Deadline for materials is the 15th of each month.

Please notify if address change

Officers, Directors and Committee Chairs

President - Kim Lloyd 916-425-7680 gbf-president@gbflycasters.org	Classroom Egg Prog. Frank Stolten 916-725-6894
VP Membership - Don Whitecar 916-804-5384 gbf-membership@gbflycasters.org	Education Eric Palmer 916-969-6683
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