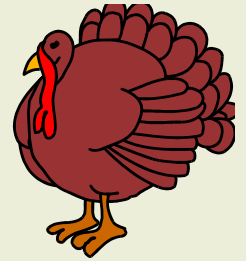


The Leader

THE NEWSLETTER OF THE GRANITE BAY FLYCASTERS



November 2022

<http://gbflycasters.org>

Leader's Line

by Kim Lloyd, GBF President

The [YubaFest](#) was held on October 15 & 16. It was a fund-raising event hosted by the Northern CA Council of Fly Fishers International, the local chapter of Fly Fishers International. Representatives from a wide range of conservation groups were in attendance: Caltrout, Trout Unlimited, South Yuba River Citizen's League, CA Sportfishing Protective Alliance and Golden State Salmon Association (to only mention a few), as well as retailers such as Orvis.

A special shout-out to GBF members **Terry Eggleston** and **Michael Gervais** who were involved with entomology and fly-tying presentations at YubaFest, respectively. Michael also donated some flies to the event's silent auction. Thanks, guys!



It was interesting to learn that FFI is the only group that is focused on fly fishers. Their efforts can be summarized into two major areas: water conservation and fly-fishing education. Members are encouraged to visit the [FFI website](#) to learn about these conservation efforts and to take advantage of their courses and videos. Topics include fly tying and fly casting, knots, rigging and etiquette. Members are also encouraged to join FFI (\$25/year, 2 years for \$35).

One last thing—it was appropriate to fish the Lower Yuba in appreciation of YubaFest. I got on the water about 30 minutes before sundown on October 15. First cast, a hook-up with a smolt who gave a single jump and then managed a long-distance release. Reckless with unfounded excitement (it was a smolt, after all), the water was flogged well into darkness without so much as a bump. But, to add insult to injury, it wasn't too dark to watch big fish slurp down bugs as my fly floated harmlessly by them. Perhaps I should have attended Clay Hash's "Yuba River" presentation.

Monthly Program

Our speaker this month, **Greg Vinci**, will be presenting a program on fishing the eastern Sierra, focused mainly on the Carson River drainage down to the Owens gorge.




He has been involved in the fly tackle industry for thirty years as a product developer, author and photographer. As a signature fly tier for Umpqua Feather Merchants, the fly tackle industry's most prominent fly manufacturer, he has developed fly patterns that can be found in most fly shops around the country. In December of 2015, Greg's book "[Fly Fisher's Guide to California](#)" was published by Wilderness Adventures Press, and is available in most fly shops and Amazon. Greg's day job is as the social media director for Kiene's Fly Shop in Sacramento.

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NOVEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1.	2.	3.	4.	5.
6.	7.	8. Board of Directors Meeting	9.	10. Monthly Meeting	11. Veteran's Day Delta fishout	12.
13.	14.	15. Fly Tying Jam	16.	17.	18.	19.
20.	21.	22.	23.	24. 	25.	26.
27.	28.	29.	30.			

Conservation Corner

by Bruce Emard, VP Conservation

On Saturday, September 24, 2022, Granite Bay Flycasters participated in a Trout Unlimited old fashioned bucket brigade event to enhance the trout habitat on Prosser Creek. Approximately twelve yards of gravel were spread into the stream to improve the redds for spawning. As most of you know, Prosser Creek flows into the Truckee River.

Among other GBF members, **Lester Grigsby** and his daughter, **Heather**, spent a few hours on the water slinging gravel. This fun event not only helped the stream habitat but also strengthened the Club's relationships with Trout Unlimited, the US Department of Agriculture, and fishermen in our community.



Bucket brigade spreading gravel at Prosser Creek

Discovery Bay Fishout Friday, November 11, 2022

by Doug Kytonen, Fishout Leader

It is that time again for some Striper Action. Stripers have moved in for the winter. We will again travel to Discovery Bay for a day of fishing for Stripers, Largemouth Bass, Crappie, and Red Ear/Blue Gills. Discovery Bay is located on the south side of Stockton off Highway 4, and is a protected residential development on the water with huge houses with private docks.

There is a long rock jetty that goes out to the delta entrance of the community, all great for bass fishing. This is all a 5 MPH zone, so it is great for float tube and pontoon boats to fish from. There is a tide, but little-to-no current, unless you go out to the entrance and right side of the little light house, and then you will fight the current.

Fishing can be great because you have a variety of species to target, with all being great little fighters. There is also a chance of hooking a large striper or LMB over 5 pounds where we target more on the stripers in the bay. I plan to check it out prior to our fishout in case we need an alternate. Look forward to seeing all of you on this annual and successful fishout. Open to all members with boats w/motors, pontoons, and float tubers. More details can be found [HERE](#) on the website. If you have any questions or would like to sign up, contact me at travelmaster@surewest.net.



Don't Forget!
Annual Swap Meet and Chili Cook-off — Saturday, December 10, 2022
Starts at 8:30 AM at the Clubhouse

It's get ready time for the Annual Swap Meet and Chili Cook-Off. Put it on your calendar so you don't miss it. Sort out your extra gear that is taking up valuable garage or closet, and get it sorted out for the swap meet. Lastly, dust off that old special chili recipe and tune it up to enter it in the cook-off.

Remember, to get the best deals—be there no later than 8:30 AM (by 10:00 AM everything is pretty much bought, sold or eaten). Sellers, please contact **Drake Johnson (916-532-3073, or 1drakej@comcast.net)**, and let him know you want table space. Also, let Drake know if you're planning to enter the Chili Contest.

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Annual Swap Meet and Chili Cook-Off - Continued from Page 3

There will be a sign-up sheet at the November meeting. Sellers should plan on being set up and ready to go by 8:30 AM. Additionally, it helps you sell items if you put price tags on the items you are selling. Large items such as pontoon boats, prams, etc., should be displayed outdoors on the deck or the parking lot.

Chili Cook-off Contest – Chili chefs—it's your chance to win braggin' rights as the best chili maker in GBF. Winner will be selected by who gets the most votes.

To participate:

1. Bring your chili in a crock-pot with a serving spoon, and pre-warmed.
2. Name your chili (This is important, because the name is what is used for voting).
3. Bring a short extension cord for your chili. Label it.
4. Winner will receive a fly box with four dozen flies.

Continental Breakfast!

We'll have a continental style breakfast available for \$3.00, and complimentary coffee and water.

The Annual Dinner is Back!

That's right... after missing the past few years due to COVID constraints, the club's famous Annual Dinner extravaganza is back...in the works' for Spring, 2023!

It's never too early to mark your calendar for this important club function, so here it is...**Saturday, March 25, 2023** has been officially reserved for our 34th Annual Dinner! As our biggest bash of the year, this could be considered a "must-attend" event... since it generates the majority of funds we need to operate the club for the year ahead. It's also the year's ONLY opportunity for ALL clubmembers (and their guests) to get together under one roof to share food, fellowship, and mostly-true fishing stories!

As always, this evening will have a HUGE RAFFLE with an incredible range of prizes...typically including rods, reels, flies, gear, non-fishing items, and lots more! And our famous silent auction is always your best chance for amazing deals on things like high-end fly-fishing gear, guided fishing trips, wines, artwork, and more!

The festivities will again be at the Rocklin Event Center from 4:00 PM - 8:00 PM...and all the details on food and other evening elements will be announced as available.

Lastly, we need a few more folks on the dinner planning team! If you can help us with this great event, please contact Brett McKague at Brett@mckaguerosasco.com.



What Makes a Good Angler?

by Trevor Segelke

After I had been fly fishing for awhile, I finally thought I was a "Good Angler." Things have changed since then.

When I started, I had an idea of what would make a good angler. If you are a proficient caster, can determine

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What Makes a Good Angler? - Continued from Page 4

what the trout were eating, can consistently catch fish, successfully land and release large fish and, most importantly, catch fish with a dry fly, you were a good angler.

Then one day while I was fishing with a new fishing buddy, my ego got crushed. I was asked a few simple questions.

- 1) Where do you fish? I replied, "Mountain streams and headwaters."
- 2) How often do you fish? I replied, "Trout Season (last Saturday in April to end of Season in October)."
- 3) Why do you limit yourself to such a short season?

So, I asked, "How often and where do you fish?" The answer I got was, "As often as life allows me. I love mountain streams, but I've fished Crowley, Surf, Delta, Estuaries, Lagoons, wherever." Then I asked, "Do you always catch fish?" He answered, "Often, not always. But I always have an adventure."

My buddy then gave me their idea of the type of angler they were striving to be. They wanted to be able to have the confidence in their abilities to potentially catch fish wherever they went.

I realized my narrow vision of a "Good Angler" was restricting me and, how short-sighted my definition of a "good angler" was. I had closed myself off to a great number of opportunities.

I changed my goal from being a "good angler" to challenging myself to try and get the most out of my angling experiences. Since then, I have gathered experiences with Tenkara Rods, Spey Rods and continue with my Single-Handed Fly rods. I have also been able to travel to and experience spectacular rivers, lakes, beaches, tide pools and places in Central Valley Delta. My destinations are as close as in town, to anywhere I may find myself. I now have a year-round fishing season. I also am now willing to target Trout, Bass, Perch, Sunfish/Bluegill, Striper, Shad, Steelhead, Carp and just about whatever else can be found.

Most importantly, I have stopped trying to determine if I am any good at fishing, and focus on enjoying the activity of fishing, the adventures I get to go, and the people I get to fish with.

In short, I have learned not to measure my actions or number of fish caught and, focus on enjoying the adventure of fishing.

A Good Angler is the one who is enjoying the Adventure.

Tenkara 2023

by John Pellegrin, Tenkara Project Leader

Tenkara continues to grow in popularity in GBF; currently there are over 60 members who own tenkara rods. I've continued to do tenkara clinics and fishouts since 2013. In that time, the overall knowledge about tenkara, as well as my own skill set, has changed considerably, as has the number of sources for tenkara rods. For next year, I'm making some changes in the clinics I offer, and will increase the number of fishouts.

The clinics that I have planned are:

- **Introduction to Tenkara:** This is what we did before the May meeting this year—a chance for people to come early to the monthly meeting and try out a tenkara rod, just to see what it's like. You would get a quick lesson in casting and tenkara fishing approach. If you have a rod already, it would a chance to try other ones, something that is not possible to do anywhere else in NorCal. There are several members who own multiple tenkara rods, and they will be there to make them available to try.
- **Tenkara Fundamentals:** This has been called Intro to Tenkara in the past. It will last the morning and part of the afternoon. It will cover rods, lines, flies, and knots. It will teach the basic casts, tenkara fishing approach, and strategy. There is also a good section on the practicalities faced on the stream—problems that naturally occur. We will have two great casting coaches, **Jim Hopkins** and **Chris Kight**.

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Tenkara 2023 - Continued from Page 5

- **Advanced Tenkara:** This clinic will look at a broader range of tenkara casts and where to use them, including angular casts. It will look in more detail at various stream flow intricacies and strategies to deal with them. This clinic will also last all morning and part of the afternoon. There will be two experienced coaches to provide feedback on your casting: **Gary Tateishi** and **Stevy Lee**. The clinic will be followed up soon thereafter with a fishout on a stream where the techniques discussed and tried in the park can be done on the stream, again with feedback from the coaches.

The second two clinics are intended for people to take multiple times if they wish. Just as with rod/reel casting, tenkara casts benefit tremendously from practice and occasional feedback from a casting coach. It's also helpful to revisit the other topics in these clinics.

I have 4 fishouts planned for 2023:

- **Silver Fork (of the S. Fork of the American):** There was not a fishout this year there because of the Caldor fire and the unknown impacts when the fishouts were planned. As it happened, the fishout location (Hell's Delight bridge off of Silver Fork Rd.) was minimally impacted, and the fishing is good there. It will be in the late spring when the spring runoff is over.
- **There will be two fishouts on the Upper West Carson:** The location is at the south end of Hope Valley—officially Upper Faith Valley. It has become a very popular fishout, and to avoid too large a crowd, I will have two fishouts. They will be in early summer before the water gets too low or warm.
- **In September I'll have the East Carson fishout:** By that time the flow is down considerably, and is great for fishing tenkara.

If you have wanted to try tenkara on a fishout, the club owns three tenkara loaner rods. As long as you get some orientation on the rods, you can attend any of the fishouts.



Tenkara fishout on the Upper West Carson

Granite Bay Flycasters Classifieds

To place a classified ad, you must be a member in good standing of the Granite Bay Flycasters. Classified ads will run for only one issue of The Leader, unless the seller requests it to run longer. Submit your listing to: editor@gbflycasters.org. All ads must be submitted by the 15th of the month to be included in the following month's Leader.

Bill Carnazzo Fly Tyer's Corner
(Taken from the Article Written in November 2007)

Fly Patterns - The Triple Double



The Triple Double

Materials:

Hook:	Any standard dry fly hook, sizes 18-14
Thread:	Black 8/0
Abdomen/ Thorax:	Fine black dubbing shaped in two segments as in an ant pattern
Rear Hackle:	Grizzly, one size smaller than hook size
Middle Hackle:	Ginger, same size as hook
Front Hackle:	Cree, one size larger than hook
Head:	Small thread head

Description

The Triple Double. The Triple Double stole the show for me recently on the Green River in Utah. The first day found me wade fishing from the trail along the upper section (called the "A" section) just below Flaming Gorge dam. Since this was my first trip to this beautiful desert canyon stream, I didn't know what to expect beyond what I'd been told by friends who'd been there in the past. I'd been told that the water is clear and that the fish count is huge. I quickly learned that both of those comments were understated. Standing on a high spot on the trail, I saw so many fish—all large—working both on and beneath the surface that I had to pinch myself to be sure I hadn't died and gone to heaven. I'd tied hundreds of the flies suggested by well-meaning friends, and was anxious to begin fooling some of those shadowy beasts. Well, the fish aren't so easily fooled—they've seen thousands of flies flung at them from both shore and boats, and they are wary. Suffice it to say that I fished hard all day and ended up with around ten fish—a mix of rainbows, browns, and cutthroats all on tiny nymphs save one caught on a small dry fly.

The next day I fished with guide James Boehm. As we left the put-in, I asked for his thoughts on how we'd be fishing that day. His response: we'll stick to dry flies until it's absolutely clear that we have to go to nymphs. I was delighted—albeit a bit skeptical, given my experience from the previous day. I watched as he rigged my rod with two dries—the topmost being a white-posted black ant with a #16 Triple Double at the point. The T-D was small and goofy-looking but I figured James knew what he was doing. We fished it all day and spanked 'em. We talked—and laughed—over lunch about the odd little fella and kept coming back to the same point—it just works, Lord knows why. It looks a lot like the old fore-'n-aft Renegade pattern, but features a third hackle in the middle. On the third day I again fished from the trail, this time from the bottom up three miles. The T-D worked again, although not as well as it had from the boat.

So I thought it would be fun to share the T-D and feature it in this column. I suggest that you tie this bug in small sizes for those rare days during winter when dries have a chance, and perhaps in larger sizes (up to #14) for the spring on both streams and lakes.

I'll be tying this fly at the November meeting, so if you have any questions you can resolve them there.

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Tying Instructions

For best viewing: (1) Maximize your Computer Screen Window. (2) Type "Ctrl + or -" to enlarge or contract the photograph display. (3) Use the Horizontal and Vertical Scroll Bars to scroll right and up/down to display larger photos on your screen.

We'll tie a #14:

1. Smash the hook barb unless you are using a barbless hook. Cover the hook shank with thread.
2. Just above the back of the barb tie on a #16 grizzly hackle. Wrap the grizzly hackle at that point. Two or three wraps will suffice.



Steps 1 & 2



Step 3

3. Dub the rear third of the shank in the shape of an ant abdomen, just in front of the rear hackle.

4. Tie on the middle hackle (size 14) just ahead of the abdomen, and wrap it at that point. Again two or three wraps will be sufficient.



Step 4



Step 5

5. Just ahead of the middle hackle, dub the thorax. It should be a tiny bit smaller than the abdomen, as in the case of an ant pattern.

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Fly Tyer's Cornert - Continued from Page 8

6. Tie in the front hackle (size 12) in front of the thorax and wrap it there, using two or three wraps.
7. Form a small thread head and whip finish.



Steps 6 & 7

Tying Tips

1. Use only high-quality dry fly hackle. I prefer the long, uniform saddle hackles because you can get a lot of flies from a single one. Don't attempt this fly with inferior hackle—it will be a frustrating experience.
2. Keep it sparse. I think the success of this fly is tied to its exceptionally sparse appearance, which allows the inner body to show through.
3. Clip the bottom of the hackle even with the hook point for better floatation.

Green River Guides jokingly call this critter a "no see-um" because its neutral colors and appearance make it hard to see on the water even with polarized lenses. That's why my guide James placed an "indicator" dry fly above the T-D. Leave about 24" between the flies and keep them separated on the water by lifting your rod when necessary to pull them apart. I discovered that using a large indicator dry fly such as a hopper did not produce as well. The reason? The bigger fly tended to dominate and pull the T-D around and make it drag. A small indicator fly won't do that.

Enjoy, and see ya on the creek...!!!

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Granite Bay Flycasters

Mission: The organization is dedicated to conservation of fish habitat, advancement of the art of Fly Fishing, and good sportsmanship.

Meetings: General club meetings are held on the second Thursday of each month at the Granite Bay Activities Center on the shores of Folsom Lake. For directions, check <http://gbflycasters.org>.

Doors open between 6:00 P.M. and 6:30 P.M. for socializing and fly tying demonstrations. The business portion of the meeting begins at 7:00 P.M. The main program gets underway after a short refreshment break and usually involves a guest speaker and slide show, or other presentation. All meetings are open to the public and visitors are encouraged to attend.

Membership: Applications are available on-line at <http://gbflycasters.org> and at general meetings. Single membership: \$30; Family memberships: \$35; and youth (under 18): \$10. There is also a \$12 name badge charge for all new members. Membership is prorated throughout the year. For membership information, contact Mike Bean at 208-244-1153, or visit the website at <http://gbflycasters.org>.

The Leader: To send articles, photos, ads and other materials, please e-mail to: Frank Stolten at editor@gbflycasters.org. Please put **GBF Leader** in the subject line. Deadline for materials is the 15th of each month.

Please notify if address change

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