

May 2013

www.gbflycasters.org

# President's Message

#### by Mike Howes, GBF President

In May, we nominate members to be on the Board of Directors. Being on the Board gives you the opportunity to participate in the decision making on what the club will do in the year. There are thirteen Board members. All positions are open for nominations. We need some fresh faces on the board. Step up and support the club by being involved. Contact Frank Stolten, <a href="fstolten@comcast.net">fstolten@comcast.net</a> if you are interested. Nominations will be closed at the May general meeting.

Annual Picnic will be June 13-16<sup>th</sup>. GBF reserves the PG&E Bear Valley campground for those members choosing to camp; either Thursday, Friday and/or Saturday nights. The GBF BBQ and games will be on Saturday, June 15<sup>th</sup>. Bring your spouses and kids/grandkids to the BBQ and join in on the games. It is always a fun way to meet other members and their families. Check out the write up in this *Leader*.



Ron Ellis, our Merchandise Chair, is in the process of arranging to have a GBF Logo Merchandise Catalog on the web site. This will allow members at their convenience to peruse the variety of shirts, caps, jackets and T-shirts that are offered with our logo. The members will have the ability to order the item on line. In order to avoid a shipping charge, Ron has arranged for the catalog company to let him know when an order is ready to be picked up, and he will go get it. Ron will bring the items to the next general meeting, but members will have the option to pay a shipping fee if they want their order shipped directly to them

Fair weather is here, and Conservation has another hands-on event. On May 18<sup>th</sup> there is a clean-up at Sailor Bar on the American River. We did this a couple of years ago, and we had a pick-up bed full of trash bags. For more information contact Henry Sandigo at <a href="https://hsandigo1981@gmail.com">hsandigo1981@gmail.com</a>.

Now is the time to be fishing. The Delta is turned on, lots of stripers and soon black bass will be hitting. It is prime time to be still water fishing. Doug Kytonen is leading several fish-outs at various local lakes. Check out the fish-out schedule on our web-site.

Life is reel!

#### **IN THIS ISSUE**

Bridgeport Fishout	7 - 8
Calendar of Events	2
Classifieds	4
Fishmaster's Corner	9
Fly Tyer's Corner (May 2008)	5 - 6
GBF Annual Election	1 - 2
GBF Annual Picnic & One Fly Tourn.	3 - 4
Interm/Adv Fly Tying Class Report	5
Monthly Program - Members' Night	2 - 3
Officers	10
President's Message	1
Virginia Lakes Fishout	8

### **GBF Annual Election**

The annual election of officers and directors takes place at the June general meeting. Below is a list of the positions to be voted on and the members who have been nominated so far:

<u>Position</u>	<u>Nominated</u>
President	Mike Howes
Vice President, Membership	Taylor Yates
Vice President, Conservation	Open
Secretary	Don Lounsbury
Treasurer	John Hogg
Director, 3 year term	Ed Lloyd
Director, 3 year term	Ron Ellis
Director-at-Large, 1 year term	Wendell Edwards

Nominations will be accepted and made final at the May general meeting except for any position that does not have

Continued on Page 2

				M A Y 2013	3		
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1.	Hot Creek Fish	3. out — May 1 - 5	4.
					Bridgeport	Fishout — May 2 -	5
	Hot Creek Fishout May 1 - 5 Bridgeport Fishout May 2 - 5	6.	7.	8.	9. Monthly Meeting 7:00 PM	10.	Greenstone Fishout
	12.	13.	14.	15.	Board Meeting 7:00 PM	17.	Stumpy Meadows Fishout
	19.	20.	21.  Fly Tying  Jam	22.	23.	24.	25.
2	26.	27.	28.	29.	30.	31.	

GBF Annual Election - Continued from Page 1

at least one candidate, in which case a member may be nominated at the June general meeting and shall run as a write-in candidate. Like other club activities, being on the Board is actually fun while being very educational. Just ask anyone who has ever served on it. It takes very little time (usually less than 2 hours a month) and is a great opportunity to become involved in the club and help chart its future direction. For GBF to remain a great organization, we totally depend upon the support of members willing to donate their time and talents. Please consider how you can help and become more involved.

If you are interested in volunteering your time and assistance for any of these positions, or would like more information, please contact Frank Stolten 725-6894 or Mike Brune 723-4524 prior to the May meeting.

# Monthly Program - Members' Night

Each year GBF dedicates a monthly meeting as an opportunity to learn about the many activities and programs available to our members.

Our May meeting will provide a chance to meet and talk to many of our very active members and to learn from their vast experience. Besides information on annual club events, several members will discuss their favorite areas to fish for bass, trout, stripers, and shad as well as saltwater varieties.

Some of the activities being featured are:

- Rod Building
- Net Building
- Rod & Fly Tying Kit Loaner Program
- Entomology
- Conservation & Education
- Classroom Egg Program
- Fly Tying
- Knot Tying

- Golden Trout Program
- Bass and Striper Fishing
- Places to fish locally
- Casting
- Library
- Welding of fly lines
- Club Merchandise

Monthly Program - Members' Night - Continued from Page 2

Come prepared to learn and explore. The talents and expertise of our members comprise decades of experience. Many of our members have fished internationally and want to share their stories. If you are a new member, this is an excellent way to learn and become involved in GBF. If you know someone who may be interested in fly fishing bring them to the meeting so they can see what GBF offers them to learn about the sport. It's also a great social time for all of our members, new and "old" alike.

## GBF Annual Picnic and One-Fly Tournament

#### June 13 - 16, Fuller Lake

Chair: Don Van Sant - donvansant@pacbell.net

This year our annual picnic will be better than ever. Every year we learn and improve. If you have any ideas to better the games please let us know.

**Thursday, June 13**<sup>th</sup> - Arrive any time after 2 pm, set-up camp, open a soda, and kick back. Or go fish! **Friday, June 14**<sup>th</sup> - Go Fish!

Saturday, June 15th - The Picnic

9:00 AM - Start the One-Fly Tournament on Fuller Lake.

12:00 - noon the tournament ends.

This is a chance to put your skills in a friendly competition for bragging rights and some great prizes. In categories of most fish, largest fish, smallest fish, first to loose their fly.

After the tournament ends, the barbeques will be fired up to feed the hungry fishermen & women, and any

Continued on Page 4



# **Granite Bay Flycasters Classifieds**

To place a classified ad, you must be a member in good standing of the Granite Bay Flycasters. Classified ads will run for only one issue of The Leader, unless the seller requests it to run longer. Submit your listing to: fstolten@comcast.net with subject line: 'GBF: Classified'. Or mail your info to: Frank Stolten, 8290 Country Lake Dr., Orangevale, CA 95662. All ads must arrive by the 15th of the month to be included in the following month's Leader.

#### For Sale:

**NEW, NEVER USED** pontoon boat and fins



The **Super Cat 50** is \$559 at the fly shops. Buy mine for \$350.00 with no tax and save a bundle.

More info at <a href="http://www.supercat.us/">http://www.supercat.us/</a>

The **Force Fins** are adjustable in size and can be worn either with waders or over many wading boots which is the most







#### For Sale:

Pontoon boat rack for you vehicle, EZ packer double, sells for \$600 new, will sell for \$200. Follow link to the website for description and photo's and a video. Rick Radoff, cell: 916-870-9637

Link:---http://www.easypacker.com/index.html

GBF Annual Picnic and One-Fly Tournament - Continued from Page 3

one else, a lunch of hamburgers & hot dogs. We'll hold the 8th annual "Not-So-Special Olympics". This is open to all. It's like picnic games combined with fly fishing skills, drinking or not.

After BBQ the Awards ceremony for the One-Fly tournament and the games will be held. At dark we will start the bon-fire and roast marshmallows.

Sunday, June16th: pack up and Go Fish!

WHERE: Bear Valley PG&E Group Campground

**DIRECTIONS:** From Roseville take I-80 east to the Highway 20 "Grass Valley exit". Go about 5 miles north to Bowman lake Road. This is the road to Fuller Lake. Go approximately 1/3rd of a mile on Bowman Lake Road to the campground. The Campground is on the left before you cross the Bear River.

#### THE DETAILS:

- 1. Bring your family
- 2. Have a great time
- 3. GBF will provide hamburgers, hot dogs and sodas. In the spirit of a potluck event we are requesting members to bring a dish to share per the chart below:

A-H Salad

I-R Appetizer

S-Z Dessert

Campsites are first-come/first-served. There is limited space at the main campground for RVs, but plenty of space within walking distance just outside the campground. I will have a signup sheet at the May meeting or you can email me with your name & headcount. All

All are welcome; but I need to know how much food to buy and who is participating in the 1-Fly Tournament.

## Intermediate / Advanced Fly Tying Class Report

#### March 13 through April 3

by Jim Holmes



The GBF Int/Advanced fly tying sessions were held on four successive Wednesday evenings during March and April this year. The theme was that each of the regional fly shops would "sponsor" a presenter with the idea that they would also talk about their respective shops.

Our first tier was Tim Fox, manager at *Keine's Fly Shop*. He showed his Fox Poopah, a standard for caddis nymphs, as well as two very neat dry flies. Phil White was the tier from *American Fly Fishing* and got to talk about their new location (just two doors down) from the current shop. He tied a really neat and easy fly called the Pesquito and the Hefty PT. Check those flies out at the shop! Morgan Thalken came from *Fly Fishing Specialties*. He is hard to miss; all you have to do is look up! He demonstrated something that he calls the "Thalken's Double Dutch

Bug," another really neat bug that, with minor color changes, can be a lot of things. A very challenging tie!!! And finally, our own Ray Ito showed some great steelhead flies and flies that you could mount in your fly box. Each session had between 10 and 14 members...what a great way to make new friends and see some new tiers. We will do this again next year, so be sure to sign up early!!!!

Bill Carnazzo Fly Tyer's Corner (Taken from the Article Written in May 2008)

## Fly Patterns - Pink Shad Fly Source: http://kiene.com/reports/loweramericanarticle.shtm



#### **Materials:**

Hook: Eagle Claw #L1197N size 10-6
Thread: UTC ultra Thread Fl. Pink size 210

**Eyes:** Med. Silver bead chain

**Tail:** White Marabou **Body:** Tying thread

**Body over wrap:** UTC Med. Flat pearl tinsel

Pink Shad Fly

# **Description**

Shad fishing on the American River can be exciting fun and rewarding. Most of all it is in our hometown, even in some of our back yards. The best months for shad fishing in the American are usually May and June. Shad readily hit a fly, and range from 1-5 pounds. They can be caught wading, and you don't need to cast very far. You can use a 6-8 wt. rod with sinking line or a sink tip line, depending on the flows of the river and depth that the fish might be holding at. Shad are caught mostly in lower light conditions (morning and evening) but they can be caught all day long. If you get into the fish, it is not uncommon to catch several in just an hour's time. This fly is tied with the bead chain eyes on top of the hook shank so the hook turns over. This allows the angler to hook the shad in the upper part of the mouth. This is important because the bottom part of a shad's mouth is paper thin and if hooked in that area, most will be lost. Pink/white color combinations like the one in this article are most common for shad flies. However shad can be caught on a number of bright colors. Changing the color of this fly is as simple as using a different thread color. Doing this after every few flies will give you a wide assortment to chose from.

Thanks to Kiene's Fly Shop in Sacramento for these instructions:

Source: http://kiene.com/reports/loweramericanarticle.shtm

Fly Tyers Corner - Continued from Page 5

## **Tying Instructions**

1. Smash the barb and place in the vise, File the front half of the hook shank so it is rough.

- 2. Tie thread in at the eye of the hook with a jam knot and wrap towards the bend 10 wraps then back over the thread towards the eye 5 wraps. Attach the bead chain eyes at this point, on top of the hook shank. (see Pic. #1)
- 3. Wrap the thread diagonally across the eyes and around the hook shank in one direction about 6-8 times then wrap diagonally in the other direction 6-8 times forming an "X" over the eyes. Next wrap the thread about 5 times horizontally around the "x" thread under the eyes and on top of the hook shank. Glue all thread wraps.
- 4. Wrap thread back to the bend of the hook. Tie in a small clump of white marabou for a tail.
- 5. Cut a piece of Tinsel about 8" long. Double it over the thread and tie it in. You will have two strands of approx. 4" each.
- 6. Wrap the thread to behind the bead chain eyes filing any low spots in the body.
- 7. Wrap both of the strands of tinsel at the same time forward to the eyes and tie it off.
- 8. Form a large head around the eyes, whip finish and glue.





# **Tying Tips**

Tie up a bunch and get out to the American River for some red hot shad action.

# Enjoy, and see ya on the creek...!!!





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# Bridgeport Fishout - May 2 - 5

Fishout Leaders: Mike Kaul, and Bev and Bill Hagopian

Bridgeport is situated in the Eastern High Sierras. Historic Bridgeport Valley has changed little since cattlemen, and miners discovered its grassy pastures in the 1850's. Surrounded by vast National Forest lands, the region is an unspoiled recreational playground with pristine lakes, rivers, and streams. There is good fishing in both Robinson Creek and Twin Lakes, which provides excellent fishing for large rainbow and brown trout and Northeast of Bridgeport is the East Walker River, a premier fly-fishing stream. There is excellent hiking (gentle for the first 2 miles or so, then steeper). The scenery is Eastern Sierra startlingly beautiful. There will be a Tri-Tip dinner on Saturday evening provided by the hosts

Mike and Bill will be going up to either Lower Twin Lakes, PaHa, or Crags Campground on Wednesday May 1st. to secure campsites. This time of year it is open camping and no reservations are available. We will have a sign at our campsite "GBF." The campgrounds are located approximately 10 miles southwest of Bridgeport, off of Twin Lakes Rd. Camping can be very cool this time of year and the nights will be cold, since the campground is at 6500 feet. For those who would like to fish and not camp, there are many creek side cabins, bed and breakfast inns, and motels in the area.

**Directions:** From Sacramento area, go to Highway 395 and go south. US Highway 395 runs through Bridgeport. At the first street in Bridgeport, (at the Gas Station) turn right on to Twin Lakes Road. Travel on the Twin Lakes Road for about 9.5 miles. PaHa is on the left or make a left turn on to South Twin Lakes Road, and go approximately 0.6 miles across the bridge. Lower Twin is on the right and Crags is left.

A word to the wise: Bridgeport is famous for its HIGH gas prices. It is best to fill up in Minden or Walker.

**Equipment:** Float tubes, or pontoon, are the general method with a sinking line (intermediate to faster) on a 5 wt. Patterns seem to change year to year, but nymphs, buggers and matukas have been fairly consistent.

For more information about lodging or RV sites contact: Twin Lakes Resort at (760) 932-7751.

Continued on Page 8



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Bridgeport Fishout - Continued from Page 7

For more information about lodging or RV sites contact:

Twin Lakes Resort at (760) 932-7751.

Bridgeport Ranger District (760) 932-7070.

Camping Reservations (800) 280-CAMP.

Mono Village (760) 932-7071.

Doc and Al's Resort (760) 932-7051.

Also see GBF's website with links.

Ken's Sporting Goods has a good selection of fishing tackle, flies and is generous with fishing tips. Fishing Guide Services are also available (760) 932-7707.

If you are interested in coming up, contact us at Billh07@comcast.net - 916-771-5837

Or Mike Kaul michaelk@cal.net - 530-677-8022.

See you in Bridgeport — Mike and Bev (Bill too!)

## Virginia Lakes Fishout

#### **July 10 - 14**

Flycasters, it is time for the annual Virginia Lakes trip. We are looking at the 10th-14th of July. We will be going up on July 9th or 10th and coming home on July 14th. We will have a taco dinner on Saturday the 13th for all who attend.

For those of you unfamiliar with Virginia Lakes, they are on the eastern slope of the Sierra just past Bridgeport and before you drop down to Mono Lake. The scenery is "eastern side incredible". We will be staying at Trumble Lake campground at 9,700 feet. This is a nice campground with water and incredibly pristine pit toilets. Reservations can be made on line, but we usually are able to secure sites without. The two Virginia Lakes are walking distance from the campground and Trumble Lake is connected with excellent fishing at all three lakes. There is also stream fishing in Virginia Creek and Green Creek and dry fly fishing for Brook trout in a couple of lakes a short walk up the trail. There is a store at Little Virginia with high priced goods, a little restaurant, and hot showers. They also rent cabins but usually want to rent them for a week but will do a weekend at the last minute if they aren't rented: <a href="http://www.virginialakesresort.com">http://www.virginialakesresort.com</a>. Bridgeport is a 30 to 45 minute drive and there are motels if camping is not your thing.

The fishing is generally float tube with sinking line (intermediate -fast). Catching twenty fish in a day is not

extraordinary and I will be available to help anyone who desires it. Flies will be plentiful as I will bring my tying stuff as will others. There will be extra equipment available for anyone to use. Rods from 3-6 wt. are the norm.

This is a great family outing, as there are a variety of things to do besides fishing. The hiking is excellent with relatively short distances between lakes. Just down the road there is horseback riding, and the old gold ghost-town of Bodie is within 45 minutes. The city of Mammoth is less than an hour away as is the entrance to Yosemite.

Please call me if you have any questions and let me know if you are planning to come so I can get enough camp sites and bring enough taco fixin's.

Michael Kaul <u>michaelk@cal.net</u> (530) 677-8022 or cell (916)337-5468



#### Fishmaster's Corner

#### by Eric Palmer

One thing that all fly fishers have in common is that mental checklist each of us walk down during preparation, and after departure for a fishing adventure; do I have the right reel and rod? Check - Fly boxes; check - waders, socks and boots; check - hat, sun glasses, sun screen, etc.; check. And, we've all experienced that "oh - \*&^%!" moment when too far from home to turn back, it hits us that we left something critical behind. But, this is where good fishing partners enter the picture to step up and say "here, take my spare rod and reel", or "I've got some flies you can use." This is one of the fringe benefits of belonging to a great fly club like GBF and nurturing fishing partners who will step up and help you out of a jam; for which you in turn will eagerly reciprocate.

But... how many of us walk down *this* checklist as we prepare for a trip? Don't pull a hamstring, don't shred an Achilles, don't throw the back out...again, watch that weak elbow or shoulder, and on and on - it's a long list and getting longer the older we get. At the last Upper Sac Fishout, one member tore a hamstring limiting his activities for the rest of the weekend; paradoxically, it forced him to fish shallow and mild water in the area of his mishap, which proved to hold tons of fish, so he was richly rewarded for the indignity of his hammy pull and subsequent fanny plant.

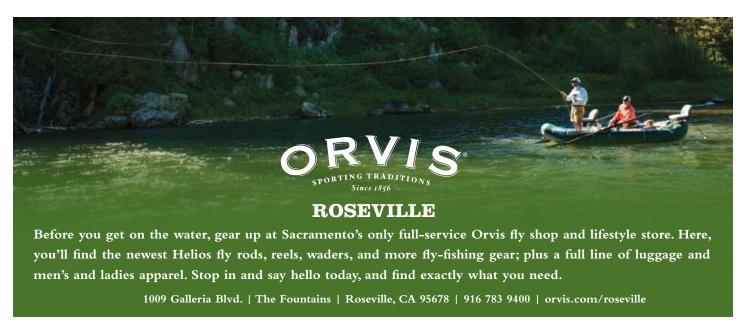
Year before last at the same event, my back went out from nothing more strenuous than milling about for several hours during Bill Carnazzo's Nymphing clinic. I spent the rest of the weekend and 4 days on the Klamath in agony with a red-hot ice pick jammed and twisting in my sciatic nerve. My fishing partner Harry will attest to my more than once freezing motionless knee deep in the river after shouting an expletive while attempting to turn to wade back to shore. Then there's that dull nagging backache between the shoulder blades after an hour or two of standing in the river casting. To my glee, I recently discovered that 10 to 15 daily push-ups appear to dispatch that aggravation which had dogged me since beginning fly fishing.

I'm not providing an exercise or daily stretch regime here, you already know what to do; "get on that bike and ride" to build stamina for the steep trails from the river back to your vehicle; stretch those hammies and keep them stretched. Work those calf muscles and every so gently stretch the Achilles. Tear one of those and you'll miss an entire fishing season or worse. There's an abundance of information on-line on how to get and stay in shape and minimize if not totally avoid these mishaps.

We're on the brink of high season for waving our sticks on our favorite streams and lakes, and the opportunity out there for misadventure is high even if we do fortify ourselves with a sensible exercise regimen, but we should be at least as attentive to our bodies as we are to our gear. When our memory or our gear fails us, our fishing buddies may step in and bail us out, but when the body fails us, we're up that famous creek without a paddle. Now get in shape, join a Fishout and get out there and go fishing!

Thanks for your time and see you on the water...

Eric





Granite Bay Flycasters 4120 Douglas Blvd. #306-356 Granite Bay, CA 95746-5936

#### **Granite Bay Flycasters**

**Mission:** The organization is dedicated to conservation of fish habitat, advancement of the art of Fly Fishing, and good sportsmanship.

**Meetings:** General club meetings are held on the second Thursday of each month at the Granite Bay Activities Center on the shores of Folsom Lake. For directions, check **www.gbflycasters.org**, or call Dennis Baker at 916-580-7639.

Doors open between 6:00 P.M. and 6:30 P.M for socializing and fly tying demonstrations. The business portion of the meeting begins at 7:00 P.M. The main program gets underway after a short refreshment break and usually involves a guest speaker and slide show, or other presentation. All meetings are open to the public and visitors are encouraged to attend.

**Membership:** Applications are available on-line at www.gbflycasters.org and at general meetings. Single membership: \$30; Family memberships: \$35; and youth (under 18): \$10. There is also an \$8 name badge charge for all new members. Membership is prorated throughout the year. For membership information, call John Hogg at 916-663-2051, or visit the website at **www.gbflycasters.org**.

**The Leader:** To send articles, photos, ads and other materials, please e-mail to: Frank Stolten at **fstolten@comcast.net**. Please put **GBF Leader** in the subject line. Deadline for materials is the 15th of each month.

Please notify if address change

# Officers, Directors and Committee Chairs

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