

The Leader

THE NEWSLETTER OF THE GRANITE BAY FLYCASTERS

April 2013

www.gbflycasters.org

President's Message

by Mike Howes, GBF President

Wow, what a relief the Annual Dinner is over. The planning and staging of this event is like a big machine with many little moving parts, and they all have to work together. Well, the Annual Dinner Committee did an outstanding job, and the dinner was a great success. I will publish financial results next month as the dust settles and all the bills are paid. Several members were recognized at the dinner. The **President's Award** went to **Corley Phillips** for his great work in being Treasurer for the last two years. The **Education Award** went to three members. **Jim Holmes**—for his teaching other members fly tying through the avenues of the Fly Tying Jams and Workshops. Jim developed GBF's new "Basic Fly Tying Workshop." Also, receiving the award were **Art Hawkins** and **Michael Kaul**—for their steadfast efforts in putting on the Net Building Clinics. Twenty-five members went through the last series of workshops and are now in the hunt to net their first fish with their newly constructed net. **Frank Stolten** received the **Communications Award** for his efforts with the Egg-in-the-Classroom Program and, of course, his editorial skills with *The Leader*. **John Carroz** received the **Jim Coleman Conservation Award** for his organizing skills in putting on the Sagehen Creek Entomology Program. Last, but not least, **Sturmer White** was given the **Participation Award**. Sturmer is the go-to guy for helping out at casting clinics, knot tying and fly fishing fundamentals. Thanks to all of these recipients, for they are the epitome of what makes this club so great.



Bill and **Marilyn Kiene** were presented with a **Honorary Lifetime Membership** in GBF. Bill and Marilyn have supported this club since its inception 28 years ago, and have recently retired. We wish them the best, and hope to see them on the water.

I would be remised if I didn't let you know about the Wet Fly Award. The Chinese lunar year is "The Snake;" for GBF it was the "Wet Fly." We had five nominations and the four runner ups were: 1. **Denny Welch** for demonstrating "how to take a picture with a catfish," or not; 2. **Larry Lee's** boat sliding off the trailer before reaching the water; 3. **David Jones** how to wear your float tube around your waist while still in the water; 4. **Ron Ellis** for how do to a swan dive in the Gallatin River in Montana. The winner of the **Wet Fly Award** went to **Don Van Sant**. Don was on the Delta fishout with Frank Stolten in his (Don's) boat. The day was beautiful and the delta was like a lake. Frank was tying on a fly when he heard a splash. Don fell out of the boat. He said he bent over to untangle his fly line and he just kept going. Don is no stranger to the wet fly award, this is his second time. I wonder what next year will bring....

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Thank you **Annual Dinner Committee: Chair - Dennis Baker; Silent Auction - Frank Stolten and Ed Lloyd; Data Base and Collections - Bill and Bev Hagopian; Promotional material - Mike Brune; Organizing Helpers for the Event - Tom Pettey and Tony Fabian; Raffle**

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A P R I L 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1.	2.	3. Conservation Meeting	4.	5.	6. Fundamentals of Flycasting
7.	8.	9.	10.	11. Monthly Meeting 7:00 PM	12.	13.
14.	15.	16. Fly Tying Jam	17.	18. Board Meeting 7:00 PM	19.	20.
21.	22.	23.	24. Rancho Murietta Fishout	25.	26.	27. Cameron Park Lake Fishout
28.	29.	30.				

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Tickets and 100 Squares - Dick Davis and Jim Hunter; Speaker and CFR liaison - Rick Radoff; Raffle/Bar - Mike Howes; Ticket Sales - Henry Sandigo. And all the support from **Ron Ellis, Shari Hunter, Pete Peterson, Renee Fabian, Jerry Messier, Susanne Goss, Carol Davis** and the bar tenders and raffle runners. Again, the dinner was a success and a lot of fun, thanks to all those that helped. If you didn't make it to the dinner this year, be sure to make it next year.

Monthly Program

Robert Tamson - Fly Fishing South Texas



Robert's program at the April meeting will be on saltwater fly fishing opportunities on the flats of the Laguna Madre, as well as the beaches of the Gulf of Mexico in South Texas. He has extensive experience fly fishing these waters by spending the last several summers living in South Padre Island, Texas. He will share with us hints on how to fish for Redfish, Sea Trout, Tarpon, Snook and other fish species found in South Texas without the need of hiring a guide.

A fellow GBF Member since 1992 and a native Californian, Robert has been flinging flies at fish since age 11. For the last 12 years, Robert has held the position as Director of both the Wilderness Unlimited Fly Fishing School and the Becoming an Outdoors Woman of California fly fishing programs. Now semi-retired from his real job as a Real Estate Broker, he puts in over 150 days on the water annually in both fresh and salt water. Robert is also seriously involved in completing both a fly fishing film, "Redfish Summer," and working on his first book, "Fly Fishing Naked," coming soon! Don't worry, he's not a fly fishing nudist! ...the book will be a discussion based on the Zen philosophy of "less is more" in relation to our sport!

Welcome to Our Newest Members!

by John Hogg, VP Membership

Please join me in welcoming new members who have joined us over the last few months. Make sure you keep an eye out for them at our meetings and events so that we can make them feel that they are an active part of our club.

Tom Breckon
Michelle Breckon
Tom Bielawski
Tim Billingsley
Jim Chamberlain
Ron D'Andrea
Ron Debler

Patrick Dwyer
Susan Freitas
Janet Gilstrap
John Gilstrap
Dean Harris
Eric Kapucinski
Brandon Kapucinski

Terry Neff
Esmeralda Navarro-Neff
Lou Pope
Paul Ricks
Frank Vendetti

The Jimmy Green Spey Casting Championship

Hey all you spey casters, it's time for Spey-O-Rama. The Golden Gate Angling and Casting Club will present the Jimmy Green Spey-O-Rama, The World Championship of Spey Casting April 19th, 20th, and 21st, 2013 at the world-renowned casting ponds located in Golden Gate Park in San Francisco. The event is open to the public and admittance is free. For more detailed information on events and times check out <http://www.spey-o-rama.com>.

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*See our website for more information

Granite Bay Flycasters Classifieds

To place a classified ad, you must be a member in good standing of the Granite Bay Flycasters. Classified ads will run for only one issue of The Leader, unless the seller requests it to run longer. Submit your listing to: fstolten@comcast.net with subject line: 'GBF: Classified'. Or mail your info to: Frank Stolten, 8290 Country Lake Dr., Orangevale, CA 95662. All ads must arrive by the 15th of the month to be included in the following month's Leader.

For Sale:

SPEY RODS & REEL

I'm cleaning out the closet, reluctantly these rods have to go, as I have too many.

!3'6" Albright EXS Spey rod 6 wt 4 pc with sock and tube. In great shape just a little cosmetic issue, great starter rod, casts beautifully. I'm asking \$100.00

!2' Anglers Roost 5/6 4pc spey rod, sock and tube, new never been fished just lawn cast. Can also be used as a Switch rod, great casting little rod. I'm asking \$100.00

10'8" L3 Switch rod, 6wt 4pc with sock and tube. This rod is in new condition, can't tell its ever been used. I'm asking \$200.00

I also have a Okuma Integrity 4" 10/11 reel I'm selling, comes with sock and in a box. Great shape, no marks or scratches of any kind \$ 45.00

If you're new to spey casting and need some instruction, I'll provide a casting lesson on the river to help you get started.

Contact Jim Hunter, 408-8966 or jimfishon@wavecable.com, and thanks for looking.



SPRING BBQ!
Saturday
April 6th, 2013

Free delicious BBQ!
Free Drinks
Free Raffle Tickets

All day Fly tying demos by talented local tiers!
Major manufacturer reps will be present for Simms Outcast, Tibor, Rio, Sage, Smith, Hardy, Adams Built, TFO, Galvan, Beulah, Tenkara, & others!
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The Casters' Corner

Investing in Your First Fly Rod

by John Hogg

For local freshwater fishing, I suggest a 9 foot, 5 weight or 6 weight rod. Most are now 4 piece so that they breakdown more conveniently for travel – but 2 piece rods are just fine, and some casters feel that because they have fewer ferrule connections, the casting action of a 2 piece is superior. 5 and 6 weight rods are light and can be cast all day without fatigue. At the same time, they provide enough power to punch through the wind, and they also have the capability to cast a line over 100 feet if the need and skill is there. The action (stiffness) should be described as “moderate fast” to “fast”. Not “medium action” – that is a term that usually signals slow action, and not extra fast, (usually called tip action).

9 foot fly rods all look alike – they are black with cork handles and have line guides. You can pay from \$19.95 to \$800 for a rod. For starters, you don't need the \$800 rod, but also know that the \$19.95 rod won't work. Good rods can be had in the \$150 to \$200 range from many manufacturers. And if budget is not a factor, go for that high end rod – you will always enjoy it.

We are fortunate to have four excellent fly shops in the area: Kiene's Fly Shop, American River Flyfishing, Fly Fishing Specialties, and Orvis. All of these stores will let you try out their rods, and help match your rod to reel and line so that you have a balanced workable outfit. My experience is that at our local shops, you can get good rods and great rods – but they won't sell you a bad rod.

For a fly line, a “weight forward” tapered line of matched weight to your fly rod is recommended. The line you choose is really important as its length, taper and finish is critical to how the rod disseminates its energy to the fly. Expect to pay at least \$50 to \$75 for a quality line. (Cheap lines really don't work properly.)

Fly shops often suggest that you over-line your rod, meaning that if you buy a 5 weight rod, they recommend putting a 6 weight line on it. The primary reason for this is that many casters, especially novices have difficulty loading a fast action rod, and the extra weight of a heavier line makes the rod a little easier to cast. If you get this suggestion, have them mount both line weights on the rod, and then you cast and choose which feels best for you.

What kind of reel do you need? For smaller fish the reel serves primarily as a storage device for line. Bringing in the fish can usually be done by retrieving line by hand. But for large fish, the smooth action of a reel, and its braking system become critical for slowing and controlling the quarry. Be forewarned that reels with smooth, efficient drag systems, can get really pricey, and if usage in saltwater is a factor, that also adds to the cost. But to get started, you should be able to find a reliable reel for \$60 to \$150.

You will also need backing which mounts as a filler between your line and the reel arbor. The store should mount all of this for you, and also attach a butt section of monofilament to the end of your fly line. This will be your connection to the various leaders you will need.

And what about building or buying a custom rod?

Thanks to club member Larry Lee who builds upward of 125 rods per year, GBF members have the unique opportunity of helping to build their own custom rod under Larry's watchful eye. And, over the years, between 50 and 100 club members have done just that.

Decisions have to be made as to the rod blank, type and style of handle, line guides, reel seat, and overall styling of the rod. Larry teaches you how to glue up and install the handle, space out the line guides, and mount them. He takes care of all of the epoxying. (Thank goodness.) And I love the fact that Larry won't let you leave with a badly built rod, even if he has to do it all. (Whew!)



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Conservation Corner

by Henry Sandigo
V.P. Conservation

Threats to the West

The invasion of Western Waters by non-native species. Prevention is the best bet to keep new invaders out of the West, but if they do arrive, early detection improves our chances to halt their spread. Removing established invasions is difficult and expensive. Here are a few "least wanted" that have yet to get a significant grasp in the West. If you suspect you found a new introduced species, please report it to U.S. Fish and Wildlife Toll Free - 877 786 7267.

Killer Algae (*Caulerpa taxifolia*) - Although a native form of this green marine seaweed occurs in Hawaii, the invasive strain has caused extensive damage in the Mediterranean Sea

Black Carp (*Mylopharyngodon piceus*) - This Asian carp species occurs in the lower Mississippi, can grow to more than 3 feet, and preys upon mussels and snails

Water Chestnut (*Trapa natans*) - Like many freshwater weeds, this triangular-leafed plant forms thick floating mats that impede fishing, boating, swimming and blocks sunlight

Round Goby (*Neogobius melanostomus*) - Presumably introduced to the Great Lakes via ballast water, these small bottom-dwelling freshwater fish with a unique set of suction-cup fins resemble native sculpin and are aggressive feeders

Spiny Waterflea (*Bythotrephes cederstroemi*) - These planktonic crustaceans are barely half inch in length, but their longed barbed tail spine deters predators. Abundant in the Great Lakes, where they compete for food with native species.

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KIENE'S ANNUAL FLY FISHING EXPO

SATURDAY, APRIL 20TH, 2013 • 9:00AM - 5:00PM



Spring time means a new fishing season is upon us. Come to Kiene's Grizzly Hackle Fly Fishing Expo and get inspired. Visit top fly fishing celebrities, guides and fly tiers like Hutch Hutchinson, Jeff Putnam, John Mircetich, Ken Hanley Mike Henle, Jay Murakoshi, Lincoln and Lance Gray, Pete Peterson, David Lee, Charlie Bisharat, Kevin Doran, Gary McConnell, Leo Gutterres, Neal Pultz, Terry Eggleston and Bob Scheidt. For those of you gearheads out there, the fly fishing manufacturer reps will once again be present with



the latest products for 2013. Take the opportunity to cast the latest fly rods on our casting green. Feeling lucky? We will be having casting competitions - there will be mens, womens and kids groups for great prizes. There will also be raffles with lots of top prizes donated by the manufacturers, factory reps, fly tiers and guides. Want to get more involved with the sport? Most of the local fly fishing clubs will be at the expo as well. As usual, we will have free hot dogs, chips, bottled water and sodas for lunch, so bring the entire family. Hope to see you there!

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A thought from the Conservation Committee: A note to us all, they may not be here yet, and we should always be vigilant because you never know if and when they can be introduced in a very unsuspecting way. The introduction isn't done intentionally, but could be done because we didn't take that extra step to clean our fishing stuff after visiting our buddy in Wisconsin. These plants and creatures can multiply quickly squeezing out the native species they we enjoy

*Information courtesy of Western Regional Panel on Aquatic Nuisance Species, Estuary Partnership and US Fish and Wildlife Service

Bill Carnazzo Fly Tyer's Corner (Taken from the Article Written in April 2009)

Fly Patterns - Chopaka Emerger



Chopaka Emerger

Materials:

Hook:	Tiemco 100BL or similar, sizes 14-18
Thread:	8/0 light cahill color
Tail:	Cream antron or sparkle yarn (very sparse)
Abdomen:	Creamy tan dubbing
Wing case:	Dark natural deer hair
Thorax:	Same as abdomen

Description

For those of us who enjoy stillwater fishing, Callibaetis mayflies are extremely important. These little critters hatch throughout the seasons, and are readily available to hungry trout. They have a typical mayfly lifecycle: egg, larva (nymph), and adult. As is the case with all mayflies, the adult stage consists of two phases, with the first being the dun (aka "sub-imago"), with its opaque speckled wings and brownish body. The second and final phase is the spinner (aka "imago"), a transparent wraith-like form whose sole purpose is to mate, deposit eggs on the water (in the case of the female), and then die.

The nymph is a good swimmer, using short, quick bursts of speed to propel itself around. When the nymph is ready to hatch, a gaseous bubble forms beneath the wing case causing the nymph to rise toward the surface. Once this begins to occur, the nymph will tend to resist the inevitable, and will swim back down to the vegetation on the bottom. This foolish act results in the demise of many a nymph, as gluttonous trout gobble them down. This, of course, presents an opportunity to anglers aware of this behavior to vary the retrieve when fishing with nymph imitations. Those nymphs that do reach the surface must then emerge from their nymphal shell. We call this brief phase the "emerger." Opportunistic trout pluck hapless emergers from the surface film—once again giving knowledgeable anglers an opportunity to fool hungry trout by using emerger imitations.



Some of the emergers never quite make it out of the shuck and die trying. These we call "cripples" or "stillborns." The lesson here is simple: even though fully formed duns may adorn the surface, trout will go for the easy take and ignore them in favor of the hapless emergers. Accordingly, I tend to stick with emergers until it becomes clear to me that the fish have switched to the duns. The spinners, upon completion of their mating and egg-laying activity, will fall to the water to die. For a short time their wings will remain upright; as death approaches, their wings drop prostrate to the surface. Trout will sometimes feed on spent spinners, especially when there is a lull between the spinner fall and the next hatch. So, it pays to have imitations that imitate all of the life stages of the Callibaetis: nymph, emerger, and adult (including the dun and the spinner phases). This fly is named after a lake in Washington where, apparently, fly anglers concentrate on Callibaetis hatches.

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Fly Tyer's Corner - Continued from Page 7

Tying Instructions (For best viewing: (1) Maximize your Browser Window. (2) Type "Ctrl + or -" to enlarge or contract the webpage display. (3) Use the Horizontal and Vertical Scroll Bars to scroll right and up/down to display larger photos in your browser)

1. Cover rear half of shank with thread. Tie in a sparse clump of antron or sparkle yarn just above the back of the barb (or where that would otherwise be in the case of a barbless hook). The length should be approximately the length of the shank of the hook.



2. Dub a sparse abdomen of the antron or sparkle yarn. Use just enough dubbing to make the thread "fuzzy."



3. At the halfway point on the hook, tie in a small clump of deer hair with the tips pointing to the rear.

Trim the butts closely, add a drop of superglue to the tie-in point, and cover the butts with thread. This will become the wing case.



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Fly Tyers Corner - Continued from Page 8

4. Dub in front of the deer hair to form a thorax. The thorax should be a bit heftier than the abdomen.



5. Moisten the tips of the hair (it makes them easier to handle) and pull them up and over the thorax, making sure that the hair stays directly on top of the hook. Tie the tips down in front of the thorax, leaving sufficient room behind the eye to form a nice thread head.

6. Whip finish behind the eye and in front of the wing. This will make the tips of the hair stick out over the eye, while remaining in a semi-upright position. Apply a small drop of super glue to the thread wraps, making sure to keep the hook eye clear of hair and glue.



Tying Tips

1. If you do get glue in the hook eye, take a small feather and run it through the eye; this will absorb the errant glue and keep the eye clean.
2. When fishing this pattern, apply floatant to the entire fly—not just the body and wing. The reason for doing this is to keep the fly lying horizontal in the surface film. Other emerger patterns require avoiding use of floatant on the tail, to allow it to hang down beneath the surface (e.g., the Klinkhammer Special)—but not this Callibaetis emerger.
3. When fishing the fly, use a floating or intermediate line with a long leader tapered to a fine tippet. Allow the fly to sink, and then begin a short, jerky retrieve; this represents the swimming nymph. If you suspect that the nymphs are in that “resistance” mode mentioned above, then give the line a few strips and pause for a few seconds to let the fly sink back down.

Enjoy, and see ya on the creek...!!!

Fishmaster's Corner

by Eric Palmer

It's April, winter's chill is mostly behind us at lower elevations, so I begin this month's Fishmaster's Corner with the punch line: **Seriously consider leading your very first GBF fishout this year!** Now I'm going to do a little mind reading; If you should find leading a fishout an unpleasant concept that's outside your comfort zone, here's what you're thinking and tell me if I'm wrong: “It's probably just a big hassle and I don't have a clue where to start,” or maybe “I'm no fly fishing guru, not an expert on fly selection nor an expert on any particular fishing venue”—I had fished the Upper Sac only twice before leading my first

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Fishmaster's Corner - Continued from Page 9

fishout there in 2008 and knew squat about access points, methods and flies! Or, how 'bout: "I'm totally buried with work plus the 5 kids, the house, the yard, and managing my antique marmalade jar collection, and have little to no time for fishouts, nonetheless leading one." OK...you got me; been there-done that (but only two kids and no marmalade jars); can't help you; as you were; press on and God bless!

However...if you are a retired individual, or dare I say a man, or woman of leisure, or maybe your job does allow you just a tiny little bit of slack from time to time, listen up. The fact that you're a GBF member speaks volumes; It says you are perhaps not only interested in fly fishing, but maybe even passionate about fly fishing, and if we're lucky, maybe really, really passionate about mastering this sport. Further, like most of us, you're likely still on the learning curve and have realized to your dismay, "holy crystal olive wooly buggers, this sport has one heck of a learning curve; when will I ever get it all dialed in?". If this is even a close approximation, have I got a deal for you!

Guess what magically and mysteriously happens when you begin leading fishouts: You'll get to know your fellow GBF members better and you'll make more friends in the club. The more members you know, the more you find yourself comparing notes on gear and rigging and fly selection and good places to fish. You might even develop some regular fishing partners which gets you out on the water more often. After all, how do you get good at fly fishing? You go fly fishing! But here's the big one: when you lead a fishout, you naturally will want to research the venue and its access points, the best time to fish it and how to fish it and the best flies. You might even become the "go-to" expert on the venue of choice! It can happen to you! What's the gotcha? Nothing really, you may want just a modicum of organizational skills, a cell phone and a desire to meet people and to become a better fly fisher!

Now, if all that is not enough enticement, here's the kicker: For first timers, I will personally coach you through the fishout leading process every step of the way! I assure you it will be painless and actually fun and I guarantee you will come out the other end the better for the experience. My contact info is below.

Thanks for your time and see you on the water...

Eric

ejpalmer@pacbell.net
916-987-1359

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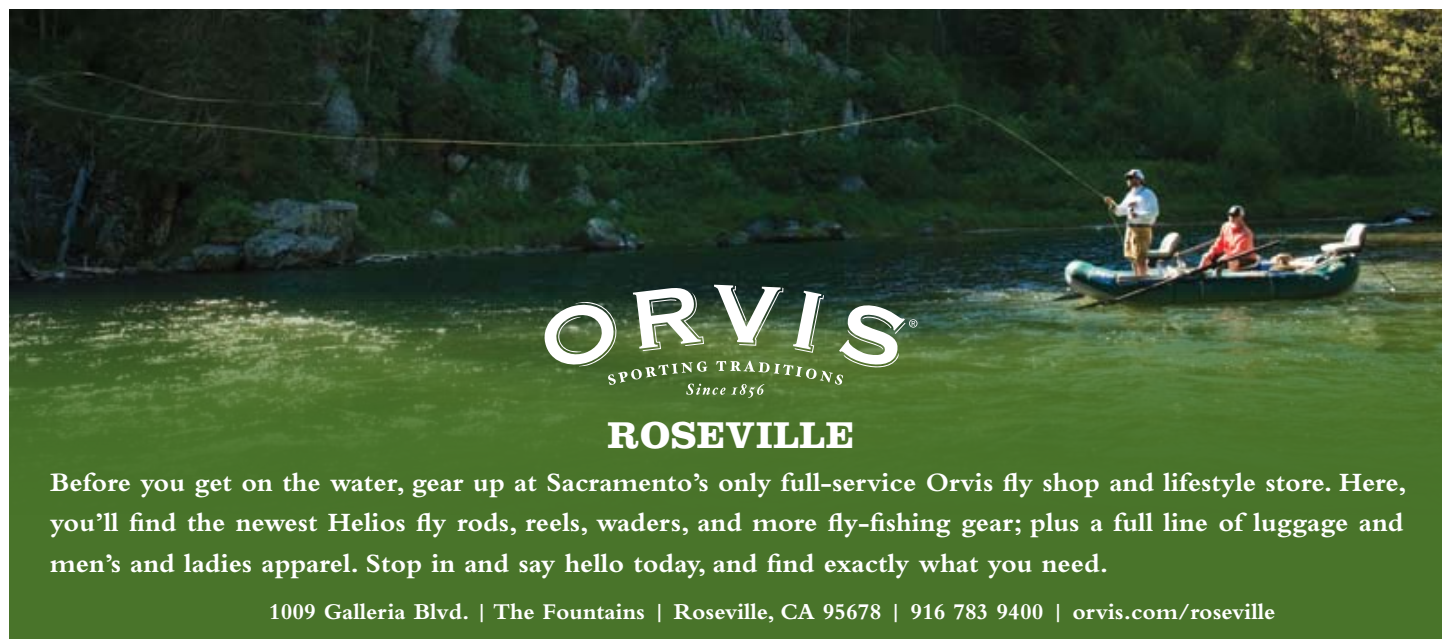
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Granite Bay Flycasters

Mission: The organization is dedicated to conservation of fish habitat, advancement of the art of Fly Fishing, and good sportsmanship.

Meetings: General club meetings are held on the second Thursday of each month at the Granite Bay Activities Center on the shores of Folsom Lake. For directions, check www.gbflycasters.org, or call Dennis Baker at 916-580-7639.

Doors open between 6:00 P.M. and 6:30 P.M. for socializing and fly tying demonstrations. The business portion of the meeting begins at 7:00 P.M. The main program gets underway after a short refreshment break and usually involves a guest speaker and slide show, or other presentation. All meetings are open to the public and visitors are encouraged to attend.

Membership: Applications are available on-line at www.gbflycasters.org and at general meetings. Single membership: \$30; Family memberships: \$35; and youth (under 18): \$10. There is also an \$8 name badge charge for all new members. Membership is prorated throughout the year. For membership information, call John Hogg at 916-663-2051, or visit the website at www.gbflycasters.org.

The Leader: To send articles, photos, ads and other materials, please e-mail to: Frank Stolten at fstolten@comcast.net. Please put **GBF Leader** in the subject line. Deadline for materials is the 15th of each month.

Please notify if address change

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