The Leader

October 2012

President's Message

by Mike Howes, GBF President

Our 2013 Membership renewal is in full swing as of October 1st. We thought we would entice the membership for early renewal by having an Early Bird Raffle. Those members that renew their membership by January 1, 2013 will have their name entered into a drawing. At the January general meeting, we will draw a name. And the prize is—you ask? $100 packet of Annual Dinner Raffle Tickets will be given to the winner. The Annual Dinner is going to be on March 16, 2013. If for some reason the winner will not be able to attend the dinner, I will enter the tickets into the general raffle for the member. On October 1st members will receive a GBF Email Blast giving them the opportunity to pay their membership via PAYPAL. Membership renewal (credit card, check or cash) will also be available at the general meeting, or members can mail in their payment. The dues are still $30 single membership, and $35 for a family membership.

On Jan. 22, 29, and Feb. 5, 12, 2013 we will be having a 4-session Introduction to Fly Tying. We have put some structure around the workshops. We have put together a booklet and have ordered a handbook titled Concise Handbook of Fly Tying, by Skip Morris. We are charging $20 for the course to cover the cost of the handbook and the booklet; they will be yours to keep. GBF will also supply the materials needed during the workshops, with a little extra to tie some flies back at home between workshops. The first workshop will cover fly tying tools and materials, so don’t go out and buy a whole bunch of fly tying stuff until you attend the first workshop. If you already have fly tying equipment, bring them to the workshop. Jim Holmes jwholmesjr@aol.com will be leading the workshops. Venue for the workshops will be announced in the near future. A signup sheet will be at the October general meeting. The workshops are limited to 10 members.

If you would like to volunteer or have suggestions on how to better the club, send me an email at lifeisreel@aol.com. We are continually trying to make the club what the members want.

Truckee River Fishout Report

by Eric Palmer

We had two Truckee Fishouts this year, on August 18th, a Saturday, and August 29th, a Wednesday. In 2011 we had a massive crowd of 35 members in the parking lot of the Truckee ACE Mountain Hardware, frightening dogs, small children and intimidating the local guides. So this year we decided to rein it in a bit in order to reduce our footprint, and break it into two events. Both Fishouts were identical in format and agenda, except on the 29th we had 20, versus 15 members for the earlier event, and we met up initially at The Loop off of I-80 in order to get us on the water sooner. We had a few members new to fly fishing, or just new to the river, for each event, and thanks to the typical friendly and helpful nature of our members, we were able to match beginners up with more experienced fly fishers in order to foster a learning experience, and allow people to make new friends at the same time.

Continued on Page 3
**Monthly Program**

Chris Wharton will be our speaker in October and will be presenting a program on the nuts & bolts of successfully fishing stillwaters; techniques that will help you catch more & larger fish on stillwater lakes. Chris started fly fishing in high school, and has been fly fishing for 38 years, with the last 27 years devoted to pounding the lakes of the Reno/Tahoe area. He started Stillwater Guide Service in 1997, and has been guiding and teaching beginning classes in that time. In his spare time he also hosts trips to Alaska & Mexico.

**Granite Bay Flycasters Classifieds**

To place a classified ad, you must be a member in good standing of the Granite Bay Flycasters. Classified ads will run for only one issue of The Leader, unless the seller requests it to run longer. Submit your listing to: fstolten@comcast.net with subject line: ‘GBF: Classified’. Or mail your info to: Frank Stolten, 8290 Country Lake Dr., Orangevale, CA 95662. All ads must arrive by the 15th of the month to be included in the following month’s Leader.

**Wanted:**
Tioga reels and spools - sizes 6, 8, 10 and 12. Contact: johnhogg@sbcglobal.net
The Truckee has a reputation of not being a beginner’s river, and it remained true to form for us. On one hand, the Truckee, a quintessential Northern California free-stone stream with a high wild trout population per mile, provided an opportunity to learn and practice every skill necessary to catch wary trout. On the other hand, catching is often a challenge, even for professional guides and others who frequently ply these waters. However, our participants persisted, and least 10 experienced and novice alike, did get fish to the net, proving that a combination of training, skill, persistence and bit of luck will pay dividends.

The largest fish was claimed by David Jones at 16”. David netted a total of three fish with one lost. Most other “catchers” landed one or two, and lost an equal number, and most had grabs. Bill Carnazzo will tell us that if you’re getting grabs, you’re doing nearly everything right. I had one big fellow slam and instantly snap a #16 black AP nymph dropper off the bend of a #6 wooly bugger as if the fresh 4x tippet was half rotten 8/0 cotton thread, proving that the Truckee is home to some very large fish.

At noon, we gathered around the picnic table at the Glenshire Bridge access for a leisurely lunch with spirited discussion of the morning’s activity, taking stock of our successes, almost successes, bumps, grabs, snags and lost rigs. These protracted “lunch hours” are often half the fun of a fishout, where we get to know one another better and make friends.

Even if the catching can come up short for some, these events are considered a huge success in terms of new access points discovered, techniques learned and practiced, and importantly, the camaraderie and meeting of new friends and future fishing partners.
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Rod Building Class

by Larry Lee

There is still room in the Rod Building Class scheduled for Tuesday, October 16, and Thursday, October 18, at the Folsom Lake Activity Center accessible via the Douglas Blvd. park entrance. After building your rod, you can qualify for the sign off on the rod building portion of the Golden Trout program.

The rod building class will be sharing the center with the fly tying night on Tuesday, and with the GBF Board meeting on Thursday night. The class will begin at 6:30 PM sharp, and last for two plus hours. Equipment, glue, hand rod wrappers, and supplies will be provided. Club members and community rod builders will help with the instruction. For a rod building kit or more information, contact Larry Lee by phone, or text, at 916-601-7853, or email L3rods@gmail.com. If there is a scheduling conflict and you are still interested, accommodations can be made.

This is a really fun and informative class. Many GBF members have already participated and caught many fish on their quality rods!

Casting Clinic for Sinking Lines, Bass Bugs, and other Heavy Stuff

by Larry Lee

With the right technique and a properly rigged rod, you can easily send a bass bug 70 to 90 feet, and the same for a sink tip line. But oh, lordy, lordy, do it wrong, and you may wind up with a painful momento. Nothing stings like a sinking line hitting the back of your head, or a big fly sticking in your shoulder.

Sturmer White will take us through these casts, as well as what kind of rod and line to use, and its proper rigging.

This clinic will be just in time for the November fishout on the Delta, where you can put all of these techniques to use.

Mark your calendar for Saturday, October 27, at 10 AM. Sturmer White will conduct this clinic at Gibson Ranch Regional Park. Participants will need to pay the park access fee of $5.00 per car.

For further information, contact Sturmer at sturmerwhite@gmail.com or johnhogg@sbcglobal.net.
Classes and Clinics

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<tr>
<th>Classes and Clinics</th>
<th>Date</th>
<th>Comment</th>
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<tbody>
<tr>
<td>Fly Tying Jam</td>
<td>3rd Tuesday each month (Ongoing)</td>
<td>Jim Holmes; Pete Peterson (<a href="mailto:jwholmesjr@aol.com">jwholmesjr@aol.com</a>)</td>
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<tr>
<td>Introduction to Rod Building</td>
<td>Tues, Sept 18, 2012</td>
<td>Larry Lee (<a href="mailto:%5B3rods@gmail.com%5D">3rods@gmail.com</a>) See September Leader for details</td>
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<td>Introduction to Spey Casting</td>
<td>Sat, October 6, 2012</td>
<td>Jim Hunter (<a href="mailto:%5Bjimfishonwavecable.com%5D">jimfishonwavecable.com</a>) See September Leader for details</td>
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<td>Sagehen Entomology Clinic</td>
<td>October 6, 7, 2012</td>
<td>John Carroz (<a href="mailto:%5Bjwcarroz@surewest.net%5D">jwcarroz@surewest.net</a>)</td>
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<tr>
<td>How to Fish the Lower Yuba</td>
<td>Tentative – Fall 2012</td>
<td>Clay Hash/Eric Palmer (<a href="mailto:%5Bejpalmer@pacbell.net%5D">ejpalmer@pacbell.net</a>)</td>
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<td>Fundamentals of Fly Tying</td>
<td>Tues, Jan 22, 29, Feb 5, 12, 2013</td>
<td>Jim Holmes (<a href="mailto:%5Bjwholmesjr@aol.com%5D">jwholmesjr@aol.com</a>)</td>
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<td>Fundamentals of Fly Casting</td>
<td>Sat, Mar 9, 16, 23, 2013</td>
<td>John Hogg, Rick Radoff (<a href="mailto:%5Bjohnhogg@sbcglobal.net%5D">johnhogg@sbcglobal.net</a>)</td>
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<td>Upper Sac Fishout &amp; Nymphing Clinic</td>
<td>Oct 11-14, 2012; Clinic on Oct 13, 2012</td>
<td>Eric Palmer – Fishout (<a href="mailto:%5Bejpalmer@pacbell.net%5D">ejpalmer@pacbell.net</a>) Bill Carnazzo – Clinic (<a href="mailto:%5Bbcarnazzo@sebastiancorp.net%5D">bcarnazzo@sebastiancorp.net</a>)</td>
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<td>Art Hawkins (<a href="mailto:%5Bahawk@surewest.net%5D">ahawk@surewest.net</a>)</td>
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<td>Jason Cotta (<a href="mailto:%5Bretail-rosevillestr075@orvis.com%5D">retail-rosevillestr075@orvis.com</a>)</td>
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<tr>
<td>Striper Fishing on the American River</td>
<td>Tentative – July 2013</td>
<td>Jason Cotta (<a href="mailto:%5Bretail-rosevillestr075@orvis.com%5D">retail-rosevillestr075@orvis.com</a>)</td>
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Conservation Corner

by Alan Ehrgott

California Rivers - Past and Future

Note: The following article was originally published in The Current, a publication of the ARC-American River Conservancy, and is reprinted with permission.

The dramatic scope of California history over the past 164 years is unmatched by any place on Earth. Prior to the Gold Rush of 1848 the great Central Valley produced no cultivated food. The North Coast and Sierra Nevada were virtually untouched with vast forests of firs and redwoods, the largest trees on Earth. Southern California was a collection of dusty ranchos producing cowhides and tallow and San Francisco contained fewer than 2,000 residents.

And then from Coloma and the South Fork American River, sluice gates opened and gold poured forth. Not just

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a little gold, but vast amounts that gave California immediate wealth. Within two years, California had mined $80 million in gold and gave itself such enormous political power that it leapfrogged half a continent and became a state in 1850.

The Gold Rush created a wealthy merchant class, which spawned a railroad, which allowed Leland Stanford to endow a great university, which built a new Silicon Valley industry, which changed the world again and brought more wealth to California. The velocity and scale of California development produced intense collisions between industry and nature. Transformations of nature on a grand scale built modern California, from its timber industry to a vast system of dams and aqueducts, from corporate farms to massive residential subdivisions, from the extraction of oil and gas to railroads, freeways, and aerospace, all in 164 years.

Protecting the future quality of California’s rivers is not a given. It will require better education, more environmental reporting, and greater scientific understanding of river ecologies. It will require a stronger commitment to work together, to reduce water consumption, water diversions, and eliminate the introduction of pollutants. California is by far the most urbanized and culturally diverse State in the nation, yet our California conservation constituency remains mostly white and mostly middle-class. This is simply out of synch with the new California. To improve the health of our future we must instill a different attitude about our rivers. We must collectively incorporate the quality of water, the quality of rivers, into our souls. Our rivers must become a reflection of California and everything we want California to become.

There is no organization more committed to doing this than the American River Conservancy. It is apparent in the great lengths we take to involve children in outdoor natural science, and river education. It is apparent in the volunteer stewardship programs we coordinate to improve habitat, maintain trails, and clean our rivers. It is apparent in the 78 completed conservation projects that protect over 12,400 acres of river and upland habitat. Thank you for supporting the American River Conservancy and our drive to improve the health of our rivers.

NOTE: Granite Bay Flycasters is a supporter of ARC

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The Indescribable Double Haul

by John Hogg

Trying to provide a written instruction for the double haul in fly casting is kind of like writing about how to ride a bicycle. Pictures and practice are worth thousands of words. But I can still give you some explanation of hauling and then an exercise that will help reveal the feel of the haul to you.

First – what is a haul? It’s when you use your “other hand”, not the one holding the rod, (we’ll call it the line hand from now on) to pull sharply on the line in midcast, so that the speed of the line is increased. That extra speed allows you to carry more line in the air, which in turn increases load on the rod, thus storing more power in the rod for the next upcoming cast.

A double haul is when you apply this pull (haul) on both the forward cast and the back cast.

Surprisingly many casters use a single haul, usually on the backcast, and are not even aware that they are doing it. Case in point, casting from a float tube: The caster has a heavy load on the rod from trying to pick up a partially sunk line with a heavy fly. As he lifts the rod to make the backcast, his line hand provides unconscious assistance with a hearty tug on the line.

Which leads us to the main challenge of the double haul, learning to make that second haul on the forward cast.

Let’s take a step back. To haul or pull something you must have a load, some resistance. If you have a rope attached to a sled, and there is slack in the rope, can you...
The Indescribable Double Haul - Continued from Page 6

pull the sled? Obviously nothing happens until all the slack is removed. With a backcast from the float tube, there is no slack in the line; the submerged line provides sufficient resistance such that the rod bends (loads) upon pickup, and the haul is easily applied.

But on the forward cast, when the line is behind you and out of sight, timing is critical to make sure that there is no slack in the line, and the rod has loaded sufficiently so that the haul can be applied.

Here is an exercise to help get the feel of a haul on the forward cast: Lay out 40 feet of line (measured from the reel) on a lawn or open area. Take a stance so that your toes are parallel to the line. Now you will make some horizontal casts. However, don’t false cast. Just make the cast, and let the line fall on the ground. Start each cast slowly, until you see the rod tip start to bend. That bend tells you that all slack has been removed from the line. At that point accelerate sharply, and then bring the rod to a hard abrupt stop. During that period of acceleration is when you will apply the haul. With 40 feet of line, it is only going to be a short tug of three or four inches, but you should be able to feel the resistance of line, and you should feel a significant speed up of the line.

Once you recognize that feeling of resistance, and can make the hauls, both backcast and forward, you are ready to start false casting, first at the horizontal, and then bringing the rod to the vertical.

Welcome to Our Newest Members!

by John Hogg, VP Membership

Over the summer months, GBF has added 21 individual and family memberships. Please join me in welcoming them. Make sure you keep an eye out for them at our meetings and events so that we can all make them feel they are an active part of our great club!

Arlene Taylor
Bill Mayer
Del Duncan
Gil and Arlene Siqueiros
Gordon Ireland
Greg Diodati
Jack Truschel
Jason Cotta
John Segale
Josh Miller
Lonnie Hood
Matthew, Adam, & Eli Manjarrez
Mike Ferguson & Cindy Watkin
Mike Gade
Mike McDonough
Mitch & Jamie Tarr
Rich Flanagan
Ron Gadreault
Scott Roland
Susan Stewart
Thomas Brooks

THE LARGEST SELECTION OF FLY TYING PRODUCTS CAN BE FOUND AT FLY FISHING SPECIALTIES!

Fly Fishing Specialties is proud to stock the largest inventory of fly tying products in Northern California. Only the best fly tying products from the best brands are sold. We have everything to tie up a #32 midge to a 10/0 billfish fly.

Fly Fishing Specialties also offers fly tying classes for beginners and seasoned fly tiers. Please contact us for details.
Fishmaster’s Corner

by Eric Palmer

Baseball and hot dogs, fireworks on 4th of July, October on the Upper Sac—yeah, a little corny, but you get the picture. In California we are blessed with some of the best fly fishing water in the world and people come from all over the globe, spending serious money to get here to wave a stick at our trout, take pictures then return home. The Upper Sac at Dunsmuir is one such world renowned destination and at only a short hop up I5, it’s almost in our back yard.

For the uninitiated, the Upper Sac is a world renowned blue ribbon trout stream originating out of Lake Shasta, then spring fed shortly downstream by pristine Mt. Shasta snow melt. Wild trout range from 8-10 inches to over 20 inches, and in recent years the city of Dunsmuir has been planting trophy rainbows to 14 lbs. within city limits. This is on top of routine DFG plantings from north of town down to Sweetbriar. Of course purist fly fishers may eschew pursuing planters, and with well over 30 miles of access, there is more than ample opportunity to chase the wild trout.

If this is not enough to entice members join us on the October 11-14 Fishout, Saturday morning, professional guide Bill Carnazzo will provide his famous Short-Line nymphing clinic in the city park…and it’s free! Bill has specialized on the Upper Sac for decades, along with other Nor Cal streams. For those unfamiliar with the deadly short-line nymphing technique—a cousin of Czech Nymphing - it involves focusing on pocket water where the bubbly froth provides the fish protective cover with exposure to ample food, highly oxygenated and colder water, all while hiding the angler from view. The short line, typically no more than a rod’s length of leader extending past the rod tip, allows more precise line control so it’s easier to achieve a drag free drift of the flies through the feeding zone when compared with a swung fly or an indicator drift with 20-30 feet or more of line on the water. Once mastered, this technique can be very effective, but it does require a stream with suitable pocket water and the Upper Sac abounds with outstanding pocket water.

The Short-Line technique as we know it was perfected by Ted Fay, the guru of the Upper Sac during the 1960’s to early 80’s, and Ted is reported to have learned the technique from fly fishing legend Joe Humphries. Ted in turn passed the method on to constant fishing companion Joe Kimsey who ran the fly shop after Ted passed on in the early ‘80s. Joe in turn moved on last year to the ultimate trout stream. Bill, who fished with Joe Kimsey, has kept the Ted Fay nymphing spirit going strong with his Dunsmuir clinics every October as well as on the N. Yuba, another regular haunt of Bill’s. For the full story on Ted Fay and Joe Kimsey, along with a comprehensive article by Bill on this nymphing technique, locate a copy of the June 2011 California Fly Fisher. Check the club library at the next meeting. As for the Ted Fay Fly Shop, it’s going strong and now in the hands of Bob Grace who you will find helpful and eager to dispense the latest information on river conditions and fly selection by phone or face to face in the shop.

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So, plan on joining us in October for 3 or 4 days of fun, fish catching, camaraderie and most importantly, advancement of your fly fishing skills, all while learning the many access points to this magnificent river. If you are a club member, send me an email (ejpalmer@pacbell.net) to register, and if you are reading this as a non-member, you can join the fun by completing an application form here and mailing it to the address indicated.

Thanks for your time and see you on the water...

Eric

Fly Tyers Corner

Bill’s Orange Treat

October Caddis hatch time is upon us, fly anglers. Years ago I created a five-fly series for the life stages of the October Caddis (“Dicosmoecus”), which is the largest of the many species of caddis. Unlike the Rhyacophila which is the insect that was the inspiration for last month’s pattern, the “Greenie,” the October Caddis is a “cased” caddis as opposed to a free-living caddis. For more information about the life stages of this insect and its habits, I highly recommend reading the article named simply, “October Caddis” written by Phil Rowley, which you will find at http://www.flycraftangling.com/index.asp?p=129.

The Orange Treat is an October Caddis emerger pattern, tied in a soft-hackle style. I decided to add it to my quintuplet of October Caddis flies, and make it a sextuplet. The fly is tied in much the same style as last month’s fly, the Greenie. For the Orange Treat, the abdomen is made with burnt orange colored dubbing that is over-wrapped with a transparent layer of dark touch-dubbed material. It is important that the abdomen color show through the dark dubbing that is applied over it—but not so much that it predominates. Here’s an apropos

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quote from last month’s article: "The method I use to accomplish this result is to change the tying thread to black at the right step in the tying process and employ the "touch dubbing" technique that Gary LaFontaine (rest his soul) advocated in his books on tying caddis patterns. This technique creates translucency and an impression of life, unlike what would result if the fly's abdomen was just an ordinary opaque dubbed body. The "shine through" technique, incidentally, is not new; it has been used for wet fly patterns (traditional winged wets, wingless wets, frymphs, soft hackles, and nymphs) for a very long time."

I tie this fly on a Daiichi 1260 hook because I like its curved shank and large gape. I also add a "tail" of a few strands (and I do mean few) strands of UV pearl dubbing—not the flashabou type of strands. The tail is barely visible to the eye but does catch light in the water.

Typing Instructions:

1. Crimp the hook barb and mount the bead. Wrap 5 turns of weight wire behind the bead. Cover the hook shank and weight with a flat layer of the black thread; stop immediately above the hook point and leave the bobbin there.

2. From the package remove 3 or 4 wisps of UV pearl dubbing; roll them between your fingers and tie them in at that same point. For now, just let the black thread bobbin hang there. Start the burnt orange thread behind the bead, and wrap it rearward in tight turns. Stop at the hook point, apply orange dubbing to the thread, and then wrap the dubbing noodle forward to the back of the bead, laying down a nice smooth layer as you work forward. Whip finish the burnt orange thread there.

3. Cut a short piece of fine gold wire and tie it in at that same point. For now, just let the black thread bobbin hang there. Start the burnt orange thread behind the bead, and wrap it rearward in tight turns. Stop at the hook point, apply orange dubbing to the thread, and then wrap the dubbing noodle forward to the back of the bead, laying down a nice smooth layer as you work forward. Whip finish the burnt orange thread there.

4. Using tacky dubbing wax, wax a 2 inch piece of the black thread; be sure to get the wax right up to the hook shank. Take a pinch of dark olive or black dubbing between your thumb and forefinger, and brush it along the length of the waxed thread, back and forth several times. This will result in some of the dubbing fibers sticking to the wax. Move the thread forward using relatively tightly spaced turns, ending just behind the bead. Although the burnt orange color doesn't show through much at this point, when it gets in the water there will be a significant difference.

MATERIALS NEEDED

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<th>Hook:</th>
<th>Daiichi 1260 size 8</th>
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<td>Thread:</td>
<td>70 denier flat nylon, burnt orange, and Black “Sheer” 14/0</td>
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<tr>
<td>Bead:</td>
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<td>Tail:</td>
<td>2 or 3 wisps of UV pearl dubbing</td>
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<td>Body base:</td>
<td>Burnt orange dubbing</td>
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<td>Over-body:</td>
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<td>Weight:</td>
<td>5 wraps of lead free weight, behind bead</td>
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5. Rib the fly with the gold wire, making 5 turns, and tie the wire off at the front of the body.

6. Tie in three barbules of fine black ostrich herl by their tips. It is good to snip off a bit of the tips before tying the barbules in, in order to obtain a stronger stem section. Wrap rearward over the herl tips to a point about 3 hook eye lengths behind the bead. The butts should now be pointing rearward.

7. Prepare a pair of ginger hen hackles by stripping all of the hackle from the bottom of the feather, leaving just enough to make a wing pad that extends from the back of the bead to the bend of the hook. Tie one of these on each side of the hook so that they rest alongside the body. Trim the excess.

8. Prepare a hen furnace hackle feather from the neck portion of the skin, as if you were preparing a soft hackle. See the July column for the method for accomplishing this. Tie the prepared feather in by its tip, concave side up, with the stem butt pointing forward. The feather should be tied in directly behind the bead.

9. Grab the 3 herls with your hackle plier and twist them counter-clockwise until they form a thin, uniform “rope.” Wrap the rope forward to the back of the bead, using about 4 turns, and tie it off there.

10. Grab the stem of the furnace hackle feather with your hackle pliers and take two full wraps behind the bead, making sure that the convex side of the feather is up. Tie the feather off with a couple of tight turns behind the bead and clip the excess. Sweep the barbules rearward and whip finish behind the bead. Don’t be tempted to wrap over the barbules because that will make them lie flat against the abdomen, which is not a desirable result because it inhibits their movement while drifting.

Now go crank one of these bugs and fish it. I live by that simple philosophy.

Enjoy, and see ya on the creek...!!!
Granite Bay Flycasters

Mission: The organization is dedicated to conservation of fish habitat, advancement of the art of Fly Fishing, and good sportsmanship.

Meetings: General club meetings are held on the second Thursday of each month at the Granite Bay Activities Center on the shores of Folsom Lake. For directions, check www.gbflycasters.org, or call Dennis Baker at 916-580-7639. Doors open between 6:00 p.m. and 6:30 p.m. for socializing and fly tying demonstrations. The business portion of the meeting begins at 7:00 p.m. The main program gets underway after a short refreshment break and usually involves a guest speaker and slide show, or other presentation. All meetings are open to the public and visitors are encouraged to attend.

Membership: Applications are available on-line at www.gbflycasters.org and at general meetings. Single membership: $30; Family memberships: $35; and youth (under 18): $10. There is also an $8 name badge charge for all new members. Membership is prorated throughout the year. For membership information, call John Hogg at 916-663-2051, or visit the website at www.gbflycasters.org.

The Leader: To send articles, photos, ads and other materials, please e-mail to: Frank Stolten at fstolten@comcast.net. Please put GBF Leader in the subject line. Deadline for materials is the 15th of each month.

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