August 2011

www.gbflycasters.org

President's Message

by Dennis Baker, GBF President

As we start our twenty-seventh fiscal year, I want to encourage each and every one of you to get involved in this great organization. This year, I hope we can make even greater contributions to our local lakes and rivers supporting Henry Sandigo with hands-on conservation projects, as well as contributing to other non-profit groups fighting to protect our rivers and, of course, the fish.

To get the most out of your membership in the Granite Bay Flycasters, you need to get involved in one of the many programs, or events sponsored or supported by GBF (Classroom Education Program, the ISE show, the Annual Fund Raising Dinner, Calling Back the Salmon Festival, Members' Night, the Annual Swap Meet and Chili Cook Off) just to mention a few. Take advantage of all the classes and clinics Art Livingston schedules each year, not to mention the instructors are top-notch. If you have skills you can teach



to the rest of us, contact Art Livingston to see if your skills can be of service to GBF.

Mel Odemar, as your new Fishmaster, is working hard to create lots of opportunities for all of you to go fishing. For you new members, fishouts are a great way to learn new places to fish and meet other members with whom you can fish more frequently.

If you have things you would like to see done by GBF, or things we can improve upon, please contact me or any Board Member; our contact information is on the back of *The Leader*.

The Fishmaster's Corner

by Mel Odemar, Fishmaster

IN THIS ISSUE

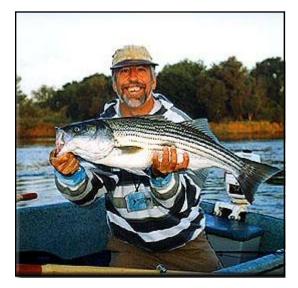
Bridgeport Fishout	4 - 5
Calendar of Events	2
Classes and Clinics	6
Classifieds	9
Conservation Corner	5
Fishmaster's Corner	1
Fly Tyers Corner	7 - 8
Monthly Program	2
North Yuba Nymphing Clinic a Success	3
Officers	10
President's Message	1
Round Lake Overnight Fishout	3
Truckee River Fishout	6
Welcome to Our Newest Members	6

Fishouts are at the heart of a successful fishing club, and successful fishouts require club members to step forward and organize the events. Guidance on leading fishouts is found on the GBF webpage under How to Lead a Fishout, along with a template for providing information on location, gear, flys, and other information needed for the event. These fishouts are very important both as a teaching tool for new and veteran members, and they are a great way of promoting fellowship and the art of flyfishing. Both of these goals are embodied in our mission statement. The GBF has recently modified the fishout format to allow for No-Host fishouts that do not require that the organizer of the event be present. The leader of a No-Host event will provide all the information normally requested of a hosted fishout, but will not be expected to participate. However, participation by the fishout organizer is preferred to greet new members and act as mentor. Fishout leaders, both hosted and non-hosted, need to promote the fishout prior to and post event. Glowing reports with photos and fish stories are urged to fire up interest. Fishouts are now posted on the Message Board, so make sure you're registered.

Continued on Page 3

AUGUST ²⁰¹¹						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1.	2. 7:00 PM Conservation Committee Meeting	3.	4.	5.	6.
7.	8.	9.	10.	11. Monthly Meeting 7:00 PM	12.	13.
14.	15.	16. Fly Tying Jam	17.	18. Board Meeting 7:00 PM	19.	20. Round Lake Fishout
21.	22.	23.	24.	25.	26.	27. Truckee River Fishout
28.	29.	30.	31.			

Monthly Program Andy Guibord - Stripers in the American River



Andy Guibord

Andy's program at the August meeting will be on catching stripers on the American River. He has extensive experience on this water, and gives us all hints on how to fish for these

fun fish. He may also talk a little about the shad. He is a marvelous photographer who has donated generously to the GBF annual dinner...check out his photos at the photo gallery site below!!!!

Originally from the Detroit, MI area, Andy is a resident "fly fishing commando" for **Kiene's Fly Shop** who has fished for everything that swims. He puts in more time on the water than anyone, and is constantly looking for new fly fishing opportunities.

Andy has a degree in art from Sac State, and is also seriously involved in digital photography. He has recently gotten his photos on several magazine covers.

Photo Gallery: <u>http://andyguibord.zenfolio.com/</u> Blog: <u>http://andyguibord.wordpress.com/</u>



The Fishmaster's Corner - Continued from Page 1

As of now, we have six fishouts scheduled from August through October. The goal is to have two a month, so get busy!! The premier event, in my opinion, is the October 13-16 Upper Sac Nymphing Clinic. Although technically a clinic, it is a must-attend fishout as well. New members are especially urged to attend, not only to learn the nymphing technique from the master, Bill Carnazzo, but to be introduced to some of the best wild trout fishing water in California. The après fishing gatherings and dinners are also worth the trip.

To further promote fishing, I am looking into the possibility of creating a website atlas of fly fishing locations fished by GBF members. There already exists an archive of past fishouts that includes date sheets on location and fishing guidance, but I envision an atlas that provides the basic information from these data sheets, along with new data sheets from locations that, so far, have not been the sites of fishouts. We hear about killer-fishing days from members at our monthly meetings, but it would be great if the rest of the membership knew the location of these honey holes, and what to use when they get there. I would appreciate some feed back on this concept, and knowing if any of the members would be willing to participate in preparation of these fishing atlas data sheets.

I can be reached at <u>melodemar@sbcglobal.net</u>.

North Yuba River Nymphing Clinic a Success

by Bill Carnazzo

Ten members attended this popular clinic on the lovely North Yuba River above Downieville. This clinic is a concentrated course on short line nymphing, and includes rigging, reading water, and fishing techniques and strategy.

We met in Downieville at 7:00 AM on Saturday, July 23rd, at the pizza restaurant parking lot. From there we went to a spot I call the "meadow," which is at mile marker 27.9 on Highway 49. We rigged up, talked for awhile, and then headed to the water for a demo and practice session. When everyone had given it a try, the group spread out and began to fish.

The water was over twice its normal late July flow, which made wading difficult, and limited the amount of available water to fish. However, with some instruction on how to fish high water situations, most members were able to catch fish—some ended up with high numbers.

At lunch I briefed the participants on other places to fish along the river. Everyone went their own way for the afternoon's fishing.

The North Yuba River will fish best in about 3 to 4 weeks, when the flows subside. The water temperature was ideal, notwithstanding the high flows—54 degrees farenheit at around 9:00 AM, and a few degrees warmer in the afternoon.

Round Lake Overnight Fishout — August 27 - 28

This fishout will involve a 4-mile hike in, and a 4-mile hike out with backpack. This is a medium difficult hike; it is mostly uphill with 3 summits to cross, and with only one small flat area. You must take a float tube on this trip; I will not allow anyone to go that does not bring a float tube. This fishout is to show you what it is like to hike in with a backpack and a float tube. Bring plenty of water and sunscreen; I cannot stress enough about bringing water.

This trip will be done as a group. We will hike together, no one gets left behind, even if it is to rest. If one

person needs to stop, we all stop. We will also all leave at the same time, which will be agreed upon during the day. I recommend a good pair of hiking boots that you have broken in already.

This will be an overnight trip, so bring what you need to stay overnight. We will not be going back to the cars till the following day. At the August meeting, I will be available for any questions required for what you will need.

Scott Vaughn, 916-933-6844 Scott.vaughn68@gmail.com



Bridgeport Fishout — Sept. 9-11

by Bev and Bill Hagopian



Based on several factors Bev and I decided not to have our Annual Bridgeport Fishout in May but chose to do it September 9th-11th. We have been going to Bridgeport in September for the last couple of years and find the weather to be very comfortable and rivers are wet-wadeable. The rivers and lakes have had their last fish plantings of the year. Last year we wet-waded Robinson

Creek, using a 2 wt. rod with ants and it was great fun fishing.

Bridgeport is situated in the Eastern High Sierras. Historic Bridgeport Valley has changed little since cattle-

men, and miners discovered its grassy pastures in the 1850's. Surrounded by vast National Forest lands, the region is an unspoiled recreational playground with pristine lakes, rivers, and streams. There is good fishing in both Robinson Creek and Twin Lakes, which provides excellent fishing for large rainbow and brown trout and Northeast of Bridgeport is the East Walker





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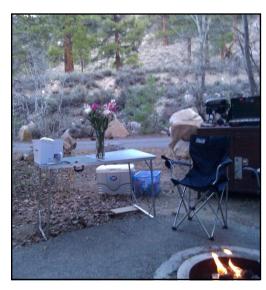
Bev and I will be going up to Lower Twin Lakes Campground on Monday and we have reserved campsite # 2 for the week. The campground is located approximately 10 miles southwest of Bridgeport, off of Twin Lakes Rd. Camping can be comfortable this time of year but the nights can be cool since the campground is at 6500 feet. For those who would like to fish and not camp, there are many creek side cabins, bed and breakfast inns, and motels in the area. I will put up links on the club's message board.

Directions: From Sacramento area, go to Highway 395 and go south. US Highway 395 runs through Bridgeport. At the first street in Bridgeport, (at the Gas Station) turn right on to Twin Lakes Road. Travel on the Twin Lakes Road for about 9.5 miles, then make a left turn on to South Twin Lakes Road, and go approximately 0.6 miles across the bridge. The campground is on the right.

A word to the wise: Bridgeport is famous for its HIGH gas prices. It is best to fill up in Minden or Walker.

Continued on Page 5

Bridgeport Fishout - Continued from Page 4



Equipment: Float tubes, or the like, is the general method with a sinking line (intermediate to faster) on a 5 wt. Patterns seem to change year to year, but nymphs, buggers and Matukas have been fairly consistent.

For more information about lodging or RV sites contact: Twin Lakes Resort at (760) 932-7751. Bridgeport Ranger District (760) 932-7070. Camping Reservations (800) 280-CAMP. Mono Village (760) 932-7071.

Doc and Al's Resort (760) 932-7051.

Also see GBF's website with links.

Ken's Sporting Goods has a good selection of fishing tackle, flies and is

generous with fishing tips. Fishing Guide Services are also available (760) 932-7707.

Bev and I will miss the August meeting as we will be camping. If you are interested in coming up, post on the website or contact us at <u>Billh07@comcast.net</u> - 916-771-5837

See you in Bridgeport.



Conservation Corner

Are you interested in protecting the American River fish population and help make this river a wildlife sanctuary for trout? The way you can help, is to volunteer with Bill Carnazzo, a member of our club, conservationist, guide and a man of many flies. Bill is asking for volunteers to gather, and carry out many pieces of mining equipment and trash left behind by miners over the last 3+ years.

The North Fork of the Middle Fork of the American River is the site area where help is needed. We all know the American River is broad, swift, beautiful, fun and dangerous. Filled with aquatic life, the American River is a living entity for trout and the various foods that trout need to sustain their life. It also has an abundant wildlife population.

The purpose for cleaning the mining debris is twofold. First, we need to clean the habitat in general to prevent

continued draining and spillage of hydrocarbons from the equipment left behind. Second, we need to work towards making this particular area a wildlife sanctuary for trout.

It should be your responsibility, as a club member, to volunteer. Granite Bay Flycasters charter states this in our bylaws. Using all of our collective energy to help keep our forests and rivers sustainable for aquatic and wild life is important to all of us. After all, if the river can't sustain food, then the fish won't be there either. We would care about that, right?

What about other wildlife that inhabit our forest and rivers, they need our help too? There are many people who don't think the way we do about protecting our habitats. We are always thinking how we can put those beauties we catch, back into the waters where we hooked them. Maybe at a later date, we might be lucky enough to hook that same much bigger fish, or another.

We need your help to protect the North Fork. If you think about it, the only cost to you is just a few hours of one day.

Email me at **hsandigo@gmail.com**, and tell me you want to be there to help.

Thanks for listening, Henry Denny Welch Attorney at Law 114 N. Sunrise Avenue, Suite B-2 Roseville, CA 95661 TRUSTS WILLS PROBATE ESTATE PLANNING 916-786-2070 www.dennywelch.com

Classes and Clinics

Art Livingston, Chair, Member Education

Below is a list of clinics and classes that will be offered to members. Some have scheduled dates; the others will be scheduled shortly. If you have suggestions as to other clinics or classes, be sure to contact me and we can discuss your thoughts. Look for specifics on classes and clinics on the web site, and in future *Leader* articles.

Scheduled Clinics/Classes

Fly Tying Jam: Jim Holmes, Pete Peterson

Upcoming Clinics/Classes

Rod Building: Larry Lee Fly Tying Basics: Paul Egan Stillwater Fly Fishing: John Peterson, Jim Holmes Fish Food: Terry Eggleston Sagehen Entomology Clinic: John Carroz

Other Possible Clinics

Spey Casting Stripper Fishing in the Delta Swinging Flies Map, Compass, and GPS

Ongoing

Third Tuesday Each Month (Continuing)

Date(s)

Dates TBD in the Fall Dates TBD Dates TBD Date TBD August/September

Steelhead/Shad Fishing

Truckee River Fishout — August 27th

Fishout Notice!

Announcing the 2nd Annual GBF Truckee River Fishout.

This will be a one day, up and back the same day trip where we will fish various easy-to-access and wadeable locations just below the town of Truckee in the Glenshire and Hirschdale areas. The town of Truckee is a 90 min drive from the club house. This will be a good fishout for people new to the Truckee River, as participants will receive a detailed map of multiple access points and detailed information on Truckee River techniques and fly selection. New members and/or people new to fly fishing are encouraged to come as more experienced members will be available to assist.

Also, it's hoped that the Saturday date will make it easier for "working folks" to participate. Please sign up by going to the GBF website message board <u>http://gbflycasters.websitetoolbox.com/</u>. After clicking on the *Fishouts* link, find the notice for this event and click **Reply** to indicate your interest and make any comments or ask questions. Also, please let me know if you are a new member and/or new to flyfishing (<2 yrs) or returning after years of inactivity. BE SURE TO INCLUDE YOUR EMAIL ADDRESS AND PHONE NUMBER, PREFERABLY CELL PHONE.

If you should have any difficulty registering for the message board, please email or call me for help. On the 27th, we will initially rendezvous at 8_{AM} in the parking lot of the Truckee ACE Mountain Hardware which has an excellent fly shop where you can stock up on any flys or other accessories you may need including coffee and pastries.

More details on the agenda and fly selection to follow via email for those who register. There is no cost nor limit on attendance for this event.

Eric Palmer • ejpalmer@pacbell.net

916-987-1359 home (preferred number when I'm not on the road) \bullet 916-969-6683 cell

Welcome to our Newest Members

Nicholas Delyon Dr Carolyn Readye Jin

Drew Fiorante Jim Webb

Tod Kaufmann Bob Weibezahi



www.kiene.com

Fly Tyer's Corner

by Bill Carnazzo

Flashy Chick Caddis

If you have not read Ralph Cutter's "Fish Food," you need to do that. This book is clearly in the "must read" category for fly fishers, whether experienced or not. One of the phenomena that Ralph discusses in his book is the egg-laying (sometimes called "ovipositing") habits of certain caddisfly species. Unlike mayflies and stoneflies, adults dive beneath the surface, crawl along the bottom, lay their eggs, and then (if not eaten by then) swim back to the surface and, ultimately, once again become airborne. Trout, of course, know this and anything resembling a caddisfly that looks like it is: (a) swimming down to the

MATERIALS NEEDED				
Hook:	Daiichi 1260 or Spirit River's 312, size 14			
Weight:	3 wraps of lead-free weight at thorax			
Thread:	Tan or grey 8/0			
Tail:	Tan or grey chickabou			
Body:	Spooled mylar tinsel			
Under wing:	Same as tail			
Wing:	Tan hen feather tip			
Hackle:	Same as tail			
Head:	Thread			

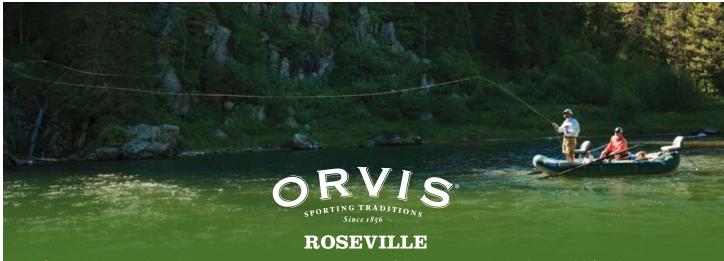
bottom; (b) crawling along the bottom; or (c) swimming to the surface, is fair game. There is much more to this than I can include in this short article, so reading Ralph's book is essential if this phenomenon tickles your curiosity.

The Flashy Chick Caddis is my creation for all three of the stages mentioned above. The "flashy" part of the name comes from the fact that the body is fashioned of mylar tinsel. The "chick" part of the name is derived from the material used for the rest of the fly: chicken marabou, or "chickabou" as it is sometimes called. Chickabou feathers are found at the bottom of a hen cape (see picture). Some hen capes come without the chickabou patch, so examine each cape to make sure that is not the case before you buy one. I have also seen chickabou feathers separately packaged.

There are only three materials needed for this fly, other than the hook: a spool of mylar tinsel (medium size is good); chickabou feathers; and a hen hackle. Some of the tying steps are from a pattern called the Tabou Caddis, which you will find at **http://globalflyfisher.com/patterns/taboucaddis/**.

Ah, blessed simplicity. Life is good.

Continued on Page 8



Before you get on the water, gear up at Sacramento's only full-service Orvis fly shop and lifestyle store. Here, you'll find the newest Helios fly rods, reels, waders, and more fly-fishing gear; plus a full line of luggage and men's and ladies apparel. Stop in and say hello today, and find exactly what you need.

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Fly Tyers Corner - Continued from Page 7



Steps 1, 2, 3, & 4a



Step 5



Step 7

Tying Instructions:

- 1. Smash the hook barb. Wrap 3 turns of weight at the thorax area, which will be about 2 eye-widths behind the hook eye.
- 2. Cover the shank with thread, leaving it at the back of the barb.
- 3. Tie in a tail made of chickabou at a point on the shank that is just above the back of the barb. The tail should be about shank length.
- 4. Cut a piece of mylar tinsel from the spool and tie it in just above the back of the barb. Move the thread to the hook eye. Wind the mylar forward to the hook eye and tie it off there.
- 5. Tie in a chickabou underwing at a point about 1/3 shank length behind the eye (it's OK to wrap back-



Step 4b



Step 6

wards over the mylar). The underwing should extend to the bend of the hook.

- 6. Pluck a feather from a hen cape, pull off all of the fuzz, and measure it so it is the same length as the underwing. Lay it flat, concave side down, on the hook shank and tie it in at the same place as the underwing was tied in. Make sure it stays flat as you tie it down.
- 7. Tie in a chicabou feather by its tip, just in front of the wing base. Wrap it a couple of times around the shank and tie it off behind the eye. Moisten your fingers, sweep the barbules back, form a nice small head, and whip finish.

Tie one of these gems to the end of your tippet and fish it like you would a wet fly (i.e., swing it). Alternately, tie it as a stinger to the bend of the bottom fly on a short line rig; then do a short line drift but let it swing into a wet fly swing, and....See ya on the creek.



Granite Bay Flycasters Classifieds

For Sale:

I am selling two pairs of adjustable Force Fins, for \$90 per pair. They are in brand-new condition. These fins retail anywhere from \$150 to \$190 per pair. If interested, call me on my cell phone or send me an email message.(see below).

Bill Carnazzo, Spring Creek Guide Service5209 Crestline Drive, Foresthill CA 95631(530) 367-5209 (home office) • (916) 295-9353 (mobile) • bcarnazzo@ftcnet.net (email)

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Call Tom Simms at (916)206-7634, or e-mail at tsimms@starstream.net

To place a classified ad, you must be a member in good standing of the Granite Bay Flycasters. Classified ads will run for only one issue of *The Leader*, unless the seller requests it to run longer. Submit your listing to: fstolten@comcast.net with subject line: 'GBF: Classified'. Or mail your info to: Frank Stolten, 8290 Country Lake Dr., Orangevale, CA 95662. All ads must arrive by the 15th of the month to be included in the following month's *Leader*.





Granite Bay Flycasters 4120 Douglas Blvd. #306-356 Granite Bay, CA 95746-5936

Granite Bay Flycasters

Mission: The organization is dedicated to conservation of fish habitat, advancement of the art of Fly Fishing, and good sportsmanship.

Meetings: General club meetings are held on the second Thursday of each month at the Granite Bay Activities Center on the shores of Folsom Lake. For directions, check www.gbflycasters.org, or call Dennis Baker at 916-580-7639.

Doors open between 6:00 P.M. and 6:30 P.M for socializing and fly tying demonstrations. The business portion of the meeting begins at 7:00 P.M. The main program gets underway after a short refreshment break and usually involves a guest speaker and slide show, or other presentation. All meetings are open to the public and visitors are encouraged to attend.

Membership: Applications are available on-line at www.gbflycasters.org and at general meetings. Single membership: \$30; Family memberships: \$35; and youth (under 18): \$10. There is also an \$8 name badge charge for all new members. Membership is prorated throughout the year. For membership information, call John Hogg at 916-663-2051, or visit the website at www.gbflycasters.org.

The Leader: To send articles, photos, ads and other materials, please e-mail to: Frank Stolten at fstolten@comcast.net. Please put **GBF Leader** in the subject line. Deadline for materials is the 15th of each month.

Frank Stolten

Please notify if address change

Officers, Directors and Committee Chairs

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