Club Members line up to sample and judge a wide array of delicious Chili under the watchful eye of the organizer, Nick Burnett.

January 2006

Visit our website: http://www.gbflycasters.org
## January 2006

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President’s Message

Happy New Year, 2006 has arrived and I wasn’t finished with all I wanted to get done in 2005. Some things never change. While there were fewer fishouts in December than most other months the Club was still active. On December 3rd we had our annual Equipment Swap Meet and Chili Cook-off. The Clubhouse was packed with used gear our members were selling off so they could go spend more money at their local fly shop or list “must have” items on their Christmas Wish List. Anyway, a lot of money changed hands between willing buyers and sellers. I think Tom Bartos was planning to swoop in at the last minute and get some real bargains. Problem was he showed up just as I locked the Clubhouse door, everyone else having left. Better luck next year Tom. The day of the swap meet is not the morning to sleep in.

Then there was the Chili Cook-off and our members didn’t let us down. There were pots of chili from A to Z or in this case, Ace to Jack, Queen, King as Nick Burnett, this year’s coordinator, used playing cards to identify the various pots of gastronomical fire so you couldn’t tell who concocted each vat. Personally, I find chowing down on chili prior to 10:00 AM a bit much. So I waited until 10:30 to go down the line of erupting crock pots. After all the ballots were counted and recounted the results yielded a tie for first place. So Ron English and Dave Staydohar split the $50.00 first place prize. And again, thanks Nick for coordinating this year’s event.

Five days later we were chowing down again at the Clubhouse. It was our Annual Holiday Potluck Party and our members really came through with a buffet of food that would rival what is found at a Nevada casino. We had a great turnout and I know one thing for sure, no one left hungry. Thanks to Phyllis Matson, Karen Flanagan and a couple of others that set up the buffet line and cleaned things up at the end.

We held the drawing for those who renewed their membership by November 30th. Sturmer White was the lucky winner. Members who renew by December 31st (including those who renewed in November but excluding Sturmer) will participate in the prize drawing to be held at our January meeting. If you haven’t sent in your renewal yet, better hurry up so you don’t miss an issue of the Leader. Remember, only current members can attend Club fishouts and clinics.

Art Hawkins
2006 Membership Renewal

Most likely, you are reading this article in January of 2006. Therefore, I hope that your new year is off to a good start. Also, I hope that you have already renewed your Granite Bay Flycasters membership. If not, please send your check for $30 (individual membership) or $35 (family membership) made payable to Granite Bay Flycasters. Mail to:

Granite Bay Flycasters
Attn: Membership Renewal
4120 Douglas Blvd #306-356
Granite Bay, CA 95746-5936

If you have a question or a concern, please contact me. My email address is paul_meyers@hp.com. Or you can call me at (916) 785-9446.

... Paul Meyers
VP of Membership

The Annual Dinner Is Coming!

Our famous Annual Dinner, Raffle, and Silent Auction event is rapidly approaching. The proceeds from this event funds club activities for the fiscal year ahead. Everyone who attends has a great time, helps sustain the club for another year, and has a real shot at walking away with fabulous prizes. Here's the gist...

Who: Club members, friends, family members, co-workers, neighbors... anyone who wants to help support our great organization and have the chance to win thousands of dollars worth of tackle, trips, and other great merchandise! Everyone is welcome.

What: Great dinner, incredible raffle prizes, amazing silent auction, fun 'live' auction, awesome slide presentation (an electronic slide show put to music, of club member photos from the past year or so), and various other prize and award presentations.

When: Sunday, April 2, 2006. Bar opens at 4:00 PM; dinner is served around 5:00 PM. Mark your calendar right now for this date. Use ink...this is a must-attend club function!

Where: The Dante Club on Fair Oaks Blvd. (between Howe and Fulton) in Sacramento. This famous venue was carefully chosen for its quality of food, facilities, and services. This year's menu choices are Prime Rib, Lemon Herb Chicken or Portabella Mushroom Ravioli. The street address is 2330 Fair Oaks Blvd. The phone# is 916-925-8230.

Why: You definitely want to win some of the thousands of dollars worth of new fishing gear, trips, and other cool stuff that will be raffled or auctioned off this night, plus you want to show (and provide) your support for club activities through the year ahead.

How: Three ways to join in the fun... 1) Buy your dinner tickets at the monthly club meeting starting in January. (Buy your dinner ticket(s) in January or February and get $5 in raffle tickets free with each dinner ticket), 2) Donate funds and/or prizes for the raffle or auction, and 3) Volunteer to help the Dinner Committee that puts the whole shebang together. You choose the ways!

Volunteers will want to contact Joe Aichroth, Dinner Chairman, at 916-772-4177 if available to help. Remember... volunteers make GBF great!

...Joe Aichroth
International Sportsmen’s Exposition

Coming to Cal Expo
January 19th - 22nd

Exhibit Hours:
Thursday/Friday 12 PM to 9 PM
Saturday 10 AM to 8 PM
Sunday 10 AM to 5 PM

There is one building devoted to all aspects of fly fishing.

Fishing Photos Wanted

We need photos for our Annual Dinner slide show. Your shots of club events, including fishouts, classes, fly-tying jams, and other activities are what make the Annual Dinner slide show special! Save your photos for now (digital, film, or slides) and keep your eye on future issues of The Leader for information on how to submit them for the show.

Wet Fly (fisher) Award

Do you know a club member who’s slipped, tripped, stumbled, fallen, crashed, capsized, or otherwise gotten soaked while fishing – and won’t mind having the incident recounted aloud at this year’s annual dinner? If so, then you know a ‘Wet Fly Award’ nominee!

Nominations for this infamous annual recognition are now being accepted. To nominate someone, just contact a club Board Member to relay the story. The ‘winner’ will be presented with a very nice ‘trophy’ at the Annual Dinner on April 2nd!

To make the club an active club, it takes volunteers. Help GBF remain active. Take the time to volunteer.

Fly Tying Jam

After looking at the holes in my fly boxes, I see that some of my favorites are very low such as: Bird’s Nest, Bead Head Bird’s Nest, and Elk Hair Caddis. I am going to replenish my fly boxes starting with our first Fly Tying Jam of 2006, January 17, starting at 6:30. These flies are “general” flies tied on a Tiemco 100 or similar hook, sizes 10-20. You will need green dubbing, wood duck feathers, a bead to match the hook size, and some elk hair. These are simple flies to tie and they are very effective at catching fish!

Other tyers at the Jam may be tying their own flies such as bass bugs, and streamers. Come and tie or just watch!

See ‘ya there!

As always, if you have any questions, you can reach me at jwholmesjr@aol.com or 967-6709

... Jim Holmes
**Don’t be shy, submit a fly**

**Fly Tying Skills Program**

Sponsored by
American Fly Fishing Company
Beginner: $15 gift certificate
Non-beginner: $25 gift certificate

Observe a fly tying master tie this fly at this month’s general meeting and bring it to next month’s meeting to be eligible for gift certificates donated by American Fly Fishing Company. Get input and critiques from experienced tiers. This will help you improve your skills and help increase your chances of catching fish.

**Rules:**
- Judging takes place during the general meeting.
- Winning flies are those that best match the specific pattern recipe published. No other pattern is accepted.
- Non-beginner category certificate winner will be drawn at random from among entries in that category.
- Beginners will be moved to non-beginner category after winning their category twice.

**Monthly Fly Tying Winners for December**

**Beginners:** - No Entries
**Non-Beginners:**
Bragging Rights - Steve Johnston 
$25.00 - Jim Holmes
$25 gift certificate from American Fly Fishing Company

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**Raffle/Auction Items Needed**

At each year’s Annual Dinner, club member contributions make a huge difference – whether donating merchandise or services, or just pitching in some extra funds to help the raffle committee buy more prizes (usually at ‘wholesale’ or even better discounts).

Please consider donating something to this year’s dinner. Your contribution will help us raise the funds we need to pay for club activities in the year ahead as well as keep our annual dues low. Contribute now and you can benefit all year! Here are the kinds of things members have donated previously:

- New, unused merchandise – fishing-related or otherwise.
- Professional services – in gift certificate or coupon form.
- Handcrafted goods – again, fishing-related or otherwise.
- Funds specifically designated for the purchase of prizes.

Getting any ideas? If you can help, please bring your donation to the next club meeting or call Mike Lang at 530-677-7491. Any contribution is appreciated (not to mention
tax deductible), and contributors ('sponsors') will be specially recognized in the printed program as well as at the dinner in one of these sponsor categories (based on the cash donation or value of merchandise donated):

- Golden Trout Sponsor - $100 and above
- Brown Trout Sponsor - $50 to $99
- Rainbow Trout Sponsor - $25 to $49

This is a great opportunity to help the club help you (and fellow members) in 2006!!!

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### Granite Bay Flycasters Classifieds

<table>
<thead>
<tr>
<th>For Sale:</th>
<th>&quot;NEW&quot; - Outcast PAC 1000 Pontoon Boat. Price: $1,000. Contact Gary Flanagan (916) 223-4240</th>
</tr>
</thead>
</table>

To place a classified ad, you must be a member in good standing of the Granite Bay Flycasters. Classified ads will run for only one issue of The Leader, unless the seller requests it to run longer. Submit your listing to: artlivings@comcast.net with subject line: ‘GBF: Classified’. Or mail your info to: Art Livingston, 8330 Newbridge Way, Citrus Heights, CA 95610. All ads must arrive by the 15th of the month to be included in the following month’s Leader.

### Denny Welch

Attorney at Law

114 N. Sunrise Avenue, Suite B-2
Roseville, CA 95661

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916-786-2070
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Truckee, CA 96161
(530) 582-0900

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January 2006
American River Fishout

On February 5, 2006 I will be leading the Super Bowl Fishout at the Upper Sunrise Access on the American River Parkway. The targeted fish will be Steelhead. These fish range from 5-20 pounds. In the past I have had days where every fish I landed exceeded eight pounds! These fish require 12 lb test leader material. You won’t want to use anything lighter or you will consistently break off fish. You will need to use at least a nine-foot, 6-wt rod. I personally use a 7-wt spey rod. As for fly lines, in most cases, you will want to use a floating line but you may also want to have a sink-tip with you.

Fly selection can vary from traditional steelhead patterns, (egg leaches, lanterns) to nymphs. Nymphs work well and make sure to bring egg patterns. Bring plenty of split shot as the fishing is almost strictly on the bottom. A pair of polarized sunglasses will easily help you spot the fish. Don’t forget your waders, boots, and staff. You will also need a 2006-fishing license, a Bay-Delta Enhancement Stamp and a Steelhead Punch Card. Also, don’t forget you’ll need a $4 fee for entry into the park or your American River Season Pass.

Last year during the Super Bowl Fishout we landed 9 Large Steel-
head. There has been a long tradition at Granite Bay Flycasters to have a Super Bowl Sunday Fishout. The logic is that there are fewer anglers on the river and it gives working members the opportunity to fish on the weekend without the usual crowds.

We will meet at the front gate before entry into Sunrise Park at 5:40AM or you can meet us on the water at the big island. Plan on getting on the water early. If you want to fish at the best spots you will need to beat the crowd. If you have any questions call either my dad or myself, (Alex or Vic) at (916) 784-7422. Remember to dress warm.

Upper Sunrise Access is just upstream from the Old Fair Oaks Bridge and can be entered from Sunrise Blvd. Go to the Rancho Cordova side of the River, (south side), and turn east, (up stream), on South Bridge Street. Go past the raft rental business to the entrance kiosk.

If you arrive late, drive into the park and veer right past the Old Fair Oaks Bridge. After a short distance you will come to a parking lot with parking spaces on the right side. Park there and find us. The island where we fish is adjacent to the parking area. Last year some members could not find the group so please make sure you are clear on these directions.

... Alex Giannini
For Rusty Bogers, outfitting and guiding is a culmination of a life-long dream. He spent countless hours as a boy in his hometown of Halliday, North Dakota, hunting and fishing. However, it was trapping that gave him his most intimate knowledge of wildlife. Watching movies about his childhood idol, Grizzly Adams, only fanned the flames of his intense desire to spend time in the outdoors learning as much as he could about nature.

In 1990, he took a huge step towards realizing his dream. He relocated to Buffalo, Wyoming. He began by working as a guide to gain valuable experience working with people. In 2000, he purchased an outfitting business, and his childhood dreams were coming true. Rusty was actually doing something he loved: spending his days in the wild, making other peoples’ dreams come true, working with horses and spreading his knowledge to others. Rusty states, “I enjoy the camaraderie of hunting and fishing with others and I guarantee nobody will outwork me or give you more effort to make your trip a reality.”

Rusty can truly say he is blessed. He loves his job. He has a supportive wife and a wonderful family. “All I can say is: ‘Grizzly Adams - - eat your heart out!’”

When: January 12, 7:00 PM
Where: GBF Clubhouse

keep up to date
www.gbflycatchers.org
President’s message

Continued from page 3

January will be a busy month:
- Tickets to our 20th Annual Dinner go on sale. Buy in January and get $5.00 in raffle tickets for free with each ticket. Get non-members to join you and get another $5.00 in raffle tickets for each non-member attending (excluding your spouse).
- The first of two Yuba River Steelhead Fishouts on UC Davis’ private property occurs on January 7th. This fishout is full with a wait list.
- Paul Egan’s Beginning Fly Tying series of classes starts on January 16th. His email address was incorrect in the last Leader. If you want to get in on this five-session clinic contact Paul at sacstretch81@aol.com.
- Don’t forget the International Sportsman Expo January 19th – 22nd. The last time I checked, Jeff Burkholder still needed some volunteers to work a shift at various times during the 4 day event. Remember, if you work a shift you get in free aside from parking. To determine what spots are open go to our website (www.gbflycasters.org) and click the “Volunteers Needed” and then click on Jeff’s website on the following page. When you get to Jeff’s website click on “view schedule”. Then send Jeff an email telling him what shift you want to work.
- Bill Carnazzo’s Advanced Fly Tying begins on Jan 23rd. (fully enrolled with wait list)
- Delivery of the Steelhead Eggs to the classroom occurs on February 8th. Contact Frank Stolten at fstolten@comcast.net if you would like to participate.

Finally, don’t forget to buy your 2006 fishing license.
Tight lines,

....Art Hawkins

---

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January 2006
Rod Building 109E: Two-Handed or Spey Fly Rods

This is the fifth article in a series about building two-handed fly rods (also called Spey rods). This month we will discuss selection of reels and fly lines for two-handed fly rods and other odds and ends that didn’t fit into the previous articles. This article diverges somewhat from the mechanics of rod building, but is very important because it provides information useful to understanding these elements of two-handed rods and how they affect your rod use and performance. Jeff Putnam of J Putnam’s Fly Fishing Schools and Kiene’s Fly Shop has graciously helped in the development of this article.

Selection of Reels and Lines

There are many reels that are currently on the market that can be used on the two-handed fly rod. The reels should generally be three sizes larger than the rod weight. For example, an 8 weight two-handed fly rod should have a reel that would typically be used for an 11 weight one-handed rod. As manufacturers tend to vary in the size designations they use for their reels, this is a good rule of thumb to use when selecting a reel size. This sizing allows for additional backing and is more consistent with most manufacturers’ recommendations.

Why do you need such a large reel?
The primary reason for using such a large reel is to hold the large amount of line required for two-handed casting. For instance, an 8 weight spey line is about the same diameter as a 12 weight saltwater fly line, which requires a larger reel.

Another major reason to have a large reel is to balance your rod. Balancing your rod and reel weight makes casting much easier. If the rod and reel are not properly balanced, the upper arm can quickly become fatigued when casting. A good test is to see if your rod and reel weights are balanced is to pull about 50 feet of line off the reel and then balance the rod on your finger approximately 2 inches below the top of the foregrip. If it balances, then your rod and reel are properly balanced.

Types of Fly Lines for a Spey Rod

For optimal casting of two-handed rods, several line systems have been developed by a few line manufacturing companies that allow the angler to match just about every water condition. An example of a manufactured line system is the Rio Windcutter Spey line with interchangeable tips. This system uses a running line with a body (130 feet) and two tips lined up sequentially (about 15 feet in length for each taper). The basic idea is to vary the tips to float on top or to sink to whatever depth the fish will strike.

Types of Two-Handed Rod Casting

The type of casting used for two-handed rod fishing is different from a normal rod. The beginning of the cast starts when the line is stripped in until the large section (belly) of the line just enters into the guides, and then is cast out using various casts such as spey, double spey, snap T, and snake roll just to name a few. Two–handed rods can cast long distances very elegantly.

Another specific type of two handed casting is called Skagit.

Continued on next page
This type of cast uses various lengths of shooting heads (the length and density of line are determined by rod stiffness and intended depth to sink the line). The casting used in the Skagit style is performed by pulling enough line through the guides to “shoot” the shooting head and then stripping the line back in. The line in this technique is continuously “working” through the guides in both directions.

These are very simplified explanations of this type of casting. If you would like to learn how to cast a two-handed rod, you should contact someone to instruct you in the proper techniques.

Other Rod-Building Considerations

When building your two-handed rod, based on the information given in this series of articles, make sure you have the correct blank, handle, reel seat, guide sizes, types and spacing for the type of two-handed casting you will be making. Shorter rods are designed for Underhand, Scandinavian or Swedish style spey casting (these styles are all basically the same). Longer Skagit rods are often used in the Pacific Northwest, and tend to be 14 feet to 15 feet long.

In addition, if you are building your two-handed rod and you already have a reel that you love and want to use, consider checking the balance of the rod, reel, and line. You can lengthen or shorten the foregrip of the rod to balance the rod with the reel and line. You may then want to consider changing the position of the stripping guides and re-spacing the remainder of the guides to accommodate the handle length changes.

When building a two-handed rod, you may want to consider using an up-locking reel seat rather than a down-locking reel seat. The primary reason for using the up-locking reel seat is that the lower hand will have a longer length to grip on for casting. The lower hand will then feel less fatigued after casting.

A Note About Tip Top Guides: Some manufacturers are currently changing the large tip top loop guide with a tip top guide that has a ceramic insert (for better casting). If you use one of these guide types, make sure that the ceramic guide is large enough for the large diameter lines used with a two-handed rod to pass through without a lot of drag.

If you have any questions or suggestions, please contact Larry Lee at larrylee@L3rods.com or telephone at (916) 962-0616, or Jeff Putnam at jeff@jpflyfishing.com or telephone at (916) 502-2037.
Last month we introduced the voluntary 4 hours per year for conservation issues concept and I promised information about how to contact some of your Federal, State, County, and City representatives. If you do not have access to the Internet, please provide me with your street address and I will send you information about your representatives.

To contact President Bush, (on the Internet) go to www.whitehouse.gov. The President must contend with thousands of E-mail communications every day and sending an E-mail to any representative is the least effective way of getting your opinion considered. The best way is via a short mailed letter that is individually written.

To identify your Federal representatives in the Senate and House of Representatives go to www.senate.gov or www.house.gov then input your zip code and your representatives contact information is provided.

For your State representatives in the House or Assembly, simply go to www.legislature.ca.gov and after putting in your zip code or mailing address contact information for both your State Senator and California State Assembly member is provided.

Determining your County Board of Supervisors representative is similar for all three of our local counties. For Placer County, go to www.placer.ca.gov, select Board of Supervisors then Supervisorial Districts and finally look for your location on the Districts map. For Sacramento County go to www.saccounty.net and then to Board of Supervisors followed by District Boundaries where again a map showing Supervisor districts is available. To locate your County representative in El Dorado County, go to www.co.eldorado.ca.us, select Board of Supervisors and then select the District map to identify your County Board of Supervisors representative. For other counties, follow the “Google” search directions mentioned in the next paragraph.

Obtaining web site information about your city is relatively easy using a “Google” search. Go to www.google.com and type “City of (your city name) California” in the search field. I live in Rocklin so in the search field I put in is “City of Rocklin California” to obtain the Internet address of www.ci.rocklin.ca.us – which, to me, is not very intuitive. If you live in Sacramento your address is www.cityofsacramento.org which is a little more logical and I wish that all cities used the same Internet home address format. If you live in the unincorporated Granite Bay, or another unincorporated area, you don’t have a City government to contact. Your first level of contact is your representative on the County Board of Supervisors. Unincorporated Granite Bay has a Municipal Advisory Committee (MAC) that is appointed and serves in an advisory capacity to Supervisor Ted Gaines.

Please get involved in legislative affairs. Gee, can I say that? One communication to any of your representative counts for two hours towards your voluntary four hours per year of conservation involvement.
Steve Mueller
Financial Planning Specialist

Smith Barney
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info@flyfishingspecialties.com
“Elk Hair Humpy”

I’m not sure that I can say anything about the Humpy that has not already been said. It’s simply a fly that we all know and love. When properly tied and “lubed” it floats like a cork. It looks a bit goofy, I’ll admit (maybe that’s why an early version of this fly was called the “Goofus Bug”). But it unquestionably catches fish.

I learned the correct way to tie this fly from Jack Dennis when he visited Granite Bay Flycasters some years ago. In Jack’s original book, _Western Trout Fly Tying Manual_, Jack featured the Humpy prominently; in fact, he is pictured on the cover tying a Humpy. I purchased that book for $6.95 in 1974 in a Woolworth store in Pocatello, Idaho. In Volume 2 of that book, which came out in 1980, Jack described his efforts to improve the Humpy’s durability and floatation qualities. In Jack’s own words: “After three seasons of tying the fly, we christened it the ‘Elk Humpy’ as it richly deserved a place along side of the regular Humpy....we found that it was an extremely durable fly that actually outlasted the regular Humpy.”

I’ve always been “hooked” on this fly—so much so that one of my email addresses contains its name. A secretary once looked at me with a sly grin and said something like “I won’t ask you what that means.” I always carry them (Humpy flies, that is) in sizes from 10 to 22 and in various colors—red, yellow, tan, olive, and black. Maybe it’s just that I’m confident when I use it, but it sure works for me. So, let’s tie one.

**Tying Instructions**

1. Place the hook in the vise and smash the barb. The key to tying this fly correctly is to tie the thread on the shank at the midway point and wrap back to the tail tie in point (directly above the back of the barb), and promise yourself that in the following steps you will not tie materials onto the front half of the hook until it is time to raise the wing and apply the hackle. If you fail to follow those suggestions, you

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<table>
<thead>
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<th>MATERIALS</th>
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<tbody>
<tr>
<td>Hook: Standard dry fly hook, such as Tiemco 100; common sizes are 14 and 16</td>
</tr>
<tr>
<td>Thread: 6/0 pre-waxed, color to match body</td>
</tr>
<tr>
<td>Tail: Dark elk hair or moose body hair (I prefer moose)</td>
</tr>
<tr>
<td>Body: Thread</td>
</tr>
<tr>
<td>Shellback: Light elk hair</td>
</tr>
<tr>
<td>Wing: Light elk hair</td>
</tr>
<tr>
<td>Hackle: Badger, grizzly, or blue dun, or even a mixture of grizzly and brown (Adams style)</td>
</tr>
<tr>
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</table>
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will have a front-heavy fly and a very difficult time finishing it.

2. Cut and stack a small bunch of moose or dark elk, measure and trim it to the length of the shank, and tie it in for the tail. The front ends of the butts should not extend beyond the back half of the hook (i.e., the front half of the shank should still be open).

3. Cut, clean, and stack a small bunch of light elk hair. Trim it so that its length is twice the shank, and tie it in on top of the tail material. Cover it with even, smooth thread wraps to form the underbody. Hold the tips of the hair up as you wrap rearward to keep it from mixing with the tail, and be sure to wrap it back to the point where the base of the tail is—otherwise you will have an undesirable gap there. Bring the thread forward to that don’t-go-beyond halfway point on the shank and let it hang there.

4. The following instructions are written in “right hand English.” If you are left-handed, just reverse the procedure. With your right hand, pull the elk hair over forming a hump. Grip the hair tightly and hold it on top so that the fibers won’t slip down the sides of the fly.

5. With your left hand, make several wraps in place over the top of the hair. On the third wrap, pull down tight and wrap forward just a tad a couple more times.

6. Now grab the hair with your left hand and raise it vertical; wrap a few times in front of the wing to lock it into place and stand it up. Don’t create a big shoulder here, as it will make wrapping the hackle hard.

7. Split the wing into two even segments, and x-wrap between them a few times to separate the segments. Then encircle the base of each segment with a few thread wraps, pulling to the rear with the last wrap. This should lock the wing in the vertical plane. If you have done this right, you will still have a good portion of the front half of the shank bare, and your wing will be of the proper length—i.e., the length of the shank.

8. Tie in your properly prepared hackle behind the wing, locking it down by also wrapping it a few times in front of the wing. Now we can cover the rest of the shank with thread. You can use modern genetic saddle hackle here, or several neck hackles. Just be sure that the quality is good and that the barbule length is correct for the size of the hook you have selected.

9. Wrap the hackle forward, using tightly spaced wraps—three or four behind the wing, and five or six ahead of it. The Humpy is a heavily hackled fly, so use plenty of wraps. Hint: if you lay down a very thin layer of fine synthetic dubbing before wrapping the hackle, the hackle will stand up better and remain in place. I also place a tiny drop of superglue on the shank before wrapping to ensure durability. It also helps to hold the wing back when wrapping the hackle forward.

10. Form a small thread head and whip finish.

Drift your freshly-lubed Elk Hair Humpy through a riffle with a nice, drag-free float. You can even add a little “stinger” with some fine tippet. Don’t let it out of your sight, and...see ya on the creek!
Rod Building Seminar

On Tuesday, January 17, 2006, Dave “Buff” Hendrickson will conduct a seminar for interested rod builders on how to put on thin “highlight” wraps to enhance rod appearance. Buff is the resident rod-building expert of the CFFU club and has taught many of its members the art of rod building during the last 30 years. There will be extra rod wrappers, thread, and blanks for members to try their hand at making “highlight” wraps. The seminar will begin at 6:30 p.m. and will be located at the Granite Bay Clubhouse. If you have any questions, contact Larry Lee at 916-962-0616 or email at larrylee@L3rods.com.

American River Fishout
February 5, 2006

Rod Building Class

Do you want to learn an exciting skill, or refresh your prior rod building skills? The next rod building class will be held Tuesday, March 21, 2006 at the GBF Clubhouse at 6:30 p.m. There will be only a $15 cost for this class. A signup sheet will be posted on the front table at the next three GBF regular member meetings. Members will be bringing their own rod kits to begin the class. Rod kits can be purchased through various on-line stores such as Cabela’s, Hook ‘N Hackle, or Mudhole. Club member Larry Lee also has great quality, low cost rod kits ($80 plus tax for one-handed rod). Members can build the traditional one-handed rod or even build a two-handed (Spey) rod. If you have any questions or need information on the selection of a rod kit, call Bill Avery at (916) 625-1637 (email: jbavery@sbcglobal.net) or Larry Lee at (916) 962-0616 evenings (email:larrylee@L3rods.com).

THE ROD DOCTOR

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Granite Bay Flycasters
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**Granite Bay Flycasters**

**Mission:** The organization is dedicated to conservation of fish habitat, advancement of the art of Fly Fishing, and good sportsmanship.

**Meetings:** General club meetings are held on the second Thursday of each month at the Granite Bay Activities Center on the shores of Folsom Lake. For directions, check www.gbflycasters.org, or call Art Hawkins at 916-725-3026.

Doors open between 6:30 p.m. and 7:00 p.m. for socializing and fly tying demonstrations. The business portion of the meeting begins at 7:30 p.m. The main program gets underway after a short refreshment break and usually involves a guest speaker and slide show, or other presentation. Each meeting also has a raffle, and visitors are always welcome.

**Membership:** Applications are available on-line at www.gbflycasters.org and at general meetings. Single membership: $30; Family memberships: $35; and youth (under 18): $10. There is also an $8 name badge charge for all new members. Membership is pro-rated throughout the year. For membership information, call Paul Meyers at 916-797-1955, or visit the website at www.gbflycasters.org.

**The Leader:** To send articles, photos, ads and other materials, please e-mail to: Art Livingston at artlivings@comcast.net. Please put GBF Leader in the subject line. Deadline for materials is the 15th of each month. Thank you to Alpha Graphics, 916-638-2679 for printing the Leader at cost.

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