

The Leader

Voice of

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July, 2003

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Granite Bay Flycasters
P.O. Box 1107
Roseville, Ca 95678-8107



Granite Bay Flycasters

Mission: The organization is dedicated to conservation of fish habitat and promoting Fly fishing and good sportsmanship.

Meetings: Granite Bay Flycasters general meetings are held on the second Thursday of each month at the Granite Bay clubhouse located in the Granite Bay Group picnic Area at Folsom Lake. For directions call Denny Welch at (530) 889-8562.

The doors open between 6:30 and 7 p.m. for socializing and fly tying demonstrations. The business portion of the meeting begins at 7:30 followed by a quick refreshment break after which the main program begins, which usually consists of a slide-show talk and/or demonstration. A dynamite raffle follows the show.

Membership: To become a member of Granite Bay Flycasters, a nominal fee is required: \$35 for a family, \$30 single; and youth (under 18), \$10. There is a \$7 initiation fee for new members. The cost of membership is pro-rated throughout the year. For membership information, call Lester Snow 916-967-7563

Rob Morton and Family
152 Rockglen Road
Folsom, CA 95630

Name _____
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JULY 2003

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3 Conservation Mtg. 7-9P.M.	4	5
		8	9	10 General Mtg. 7-10:30 P.M.	11	12 North Yuba Clinic
		15 Fly tying Jam 6:30-(P.M.	16	17 Board Mtg. 7-9P.M.	18	19
		22	23	24 Virginia Lakes Fishout 24th, 25th, 26, and 27th	25 Virginia Lakes F/o	26 Virginia Lak F/o
		29	30	31		
Virginia Lakes F/o	28					

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V.P. Conservation	Bill Hagopian	916-771-5837
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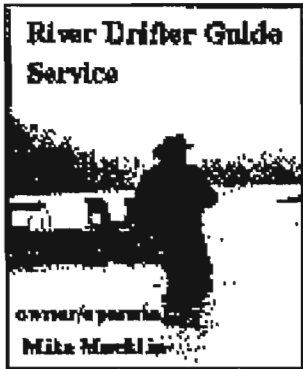
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President's Message

By GARY FLANAGAN

I should have been suspicious. I should have known better. Why does my friend and ex-president Denny Welch look as though he has aged twenty years since becoming president? I have been a member of Granite Bay Flycasters for a little over three years. I remember when Denny had a full head of blond wavy hair. And it pained my to see a medical supply house drop a walker off at his office. Recently, he has been complaining about a lack of handicap access at the Clubhouse. Denny told me I only had to spend a few hours a month in the capacity as GBF Club President. I wish the turnip truck would return so I could get back on. So far, I have exhausted three hours on this message. He lied to me, the dirty bugger. I shudda known better.

Seriously, when I decided to become president for the club I looked at the past presidents. All of them, without exception, are fine people and they made our club better for their commitment. I hope that when I am replaced I will be looked upon with the same respect I afford them.

What makes a good leader? I don't really know. It was somehow comforting to know that the past presidents had the same thought in mind when they accepted the position. That thought was this; *I sure hope I don't screw things up.* Being the kind of person who likes reducing things to their simplest form, I look at what successful people do and try and copy their success. I am indeed fortunate to have had Denny Welch a model. He is articulate, smart, diplomatic,

(Continued on page 2)

(Continued from page 1)

understanding, funny and entertaining. On the other hand, I am good looking. As for the other things... I promise to work on them.

There are things, however, I refuse to do. I will not break my fly rod on Steelhead, Shad, car doors, boats, trees and other club members. I won't slip and fall into lakes, rivers and streams and I will not back into trees, rocks signs and motel rooms with my new pick-up and I will not lose my net or use my fly boxes an air bag if I fall into a rocky river. I do have my standards.

Please welcome to our new GBF board. What a great bunch of people. I could have not asked for a better group to work with. The new Board is listed on the back of this months Leader. I am positive we will do a great job for you this year and everyone of us is going to have a fun time. All any of us have to do is get involved in one of our activities. Remember, *You don't find time, you make it.* There are only twenty-four hours in a day. Some of that time needs to be spent fishing and having fun.

Leader Editor: Jack Ramos (916) 774-9972
jocowboy@msn.com

Copy due to Editor no later than the 25th of the month.

NORTH YUBA RIVER NYMPHING CLINIC JULY 12, 2003

Bill Carnazzo

This clinic is one of GBF's most popular events. It is always "sold out." Last year we had 26 participants---and I believe everyone caught fish on nymphs by the end of the day. The purpose of the clinic is to teach nymph fishing skills, with a sprinkling of other skills such as rigging, reading the water, and wading safety. The clinic is held in the morning, followed by self-provided lunch. The afternoon is spent fishing. I, along with the other instructors, will work with each individual to help with problems and hone skills. As usual, we meet early in the morning at the pizza joint in Downieville, and head for the river after assembling there. We can handle 20 persons (last year's 26 was too many. We will have a waiting list in case of cancellations. The fee is \$20.00. I will check with those who signed up to make sure that they are committed to attend, so that those interested will have a chance to sign up. For details, or to have your name added to the list or the waiting list, call Bill Carnazzo at (916) 663-2604.

Don't Forget... We have great club logo merchandise:

Pocket T-Shirts: \$10

---Unisex sizes, one color (light heather grey), Hanes 'Beefy-T' brand.

Light Canvas Shirts: \$25 (Short-sleeve*); \$27 (Long-sleeve); \$29 (2/3XL)

---Men's and women's sizes, two colors, good quality Cabela's brand.

Men's Polo Shirts: \$23 (Regular/Tall); \$25 (2/3XL)

---White only, good quality Cabela's brand (these will not be re-ordered).

Hats: \$10

---Baseball cap style, one size fits all, two colors*, good Cabela's brand.

Contact Mike Brune (ph# 916-723-4524) to check availability on any of the above or if you're interested in helping with the club merchandise program.

*The short-sleeve canvas shirts and a two-tone hat were just added in June!

Nevada City Anglers

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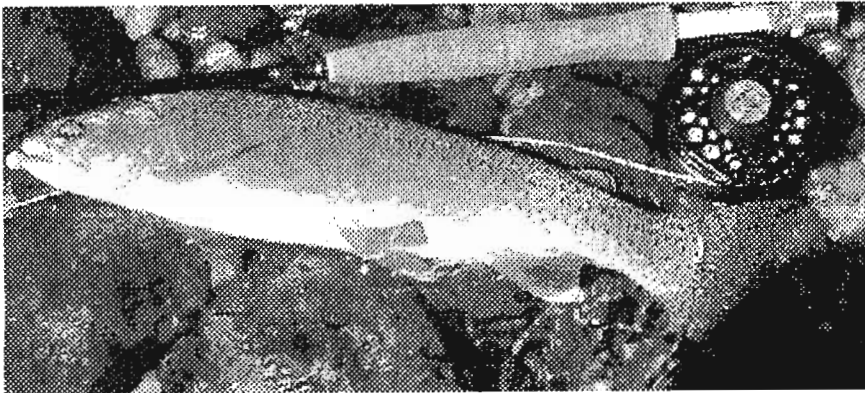
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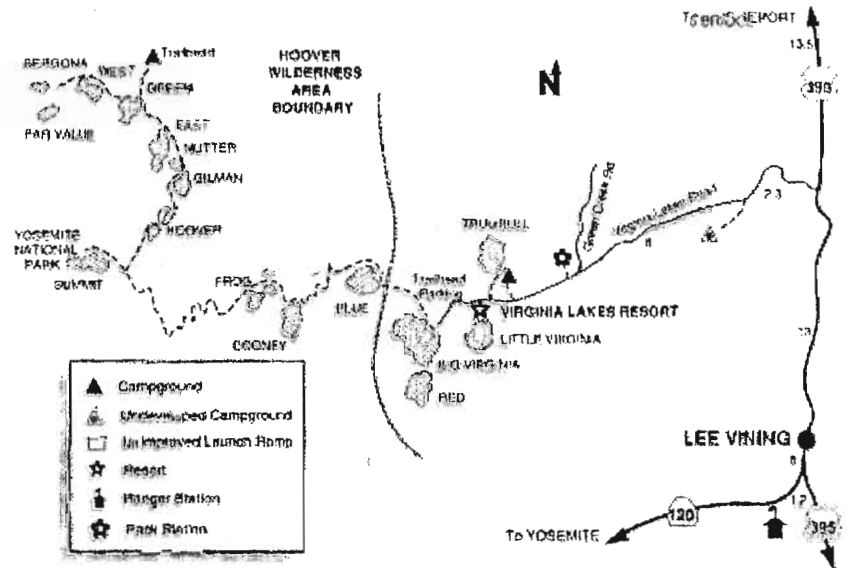
530-478-9301

July Fishout - Virginia Lakes

Saddle up pilgrims! GBF is headed over the Sierras on July 24th, 25th, 26th, and 27th to beautiful Virginia Lakes. Located off Highway 395 not too far from Bridgeport, these small natural lakes are true Sierra Gems. Several high granite peaks tower over these pristine lakes while soaking their toes in the silent depths of these natural water features. Big and Little Virginia Lakes are accessible by vehicle, and for a real treat, hike up the trail to one of many nearby lakes containing Golden Trout.

Michael Kaul is leading this trip. He's just returned from fishing this area and reports that his wife had a twenty fish morning on Little Virginia Lake! Mike has fished the Eastern Sierras for years and if you have an interest in learning about the area's fishing opportunities, Mike is the man to talk with. A short drive from the campground brings you to many other fly-fishing venues like the East Walker, Green Creek, Twin Lakes, Robinson Creek, and Bridgeport Reservoir to name a few.

There is a nice campground at Turnbull Lake where Mike has reserved some group campsites for us. More information will be available at the July meeting, but if you plan on attending this fishout, please call Mike at (530) 677-8022 so he'll know how many more campsites to reserve. (Space is limited - there are no other campgrounds nearby.)



Heenan Lake Interpretive Display

The construction of the framing and panels for the Heenan Lake Interpretive Display should be completed by the time you receive this newsletter. Assembly is scheduled to be conducted on-site (at Heenan Lake) on Saturday July 26th.

If you are interested in assisting with the assembly and can be available with a couple of days notice, please contact Joe Bania (530) 677-4263.

Although Heenan Lake is not open until late September, there are numerous other good fishing locations near by including both East and West forks of the Carson River, Indian Creek Reservoir, Red Lake and the Blue Lakes area which you can take advantage of while you are in the area.

July Guest Speaker

Mike Wier, a licensed guide for *Tahoe Fly-Fishing Outfitters* will be presenting a pictorial on Fly Fishing opportunities in the Tahoe Basin and surrounding areas. Mike is licensed to guide in both California and Nevada and he specializes in guiding the following waters:

- East and West Walker Rivers (great winter fishery for guided trips -- private water sections available)
 - East and West Carson Rivers
 - Truckee River
 - Little Truckee River
 - Sagehen Creek
 - Heenan Lake
 - Martis Creek Reservoir
 - East Peak Lake (Heavenly Ski Resort's private catch and release lake)
 - Spooner Lake
- and many others!

His presentation should be interesting and informative for anyone that wishes to learn more about the Tahoe area.

(Continued from page 16)

kind of residual effect. This works out to one bad residual event for every seven and one half million applications. My guess is it would probably be safer to use DEET than it is to wade the stream. For those few people who are allergic or sensitive to DEET there are a couple of alternative options that seem to work. They are effective but not as long lasting. There is a soybean oil based preparation (Bite Blocker for Kids) that gives about an hour and a half of protection and a eucalyptus oil preparation (Repel Lemon Eucalyptus Insect Repellent or Fite Byte Plant-Based Insect Repellent) that on average works for two hours. The rest of the repellents tested seem for all practical purposes to be useless. Herbal preparations containing citronella were effective for 10 to 20 minutes, IR3535 for 22 minutes and the skin softening preparations, which have had a great deal of popularity, seem to be even less effective at 10 minutes or less protection. If you use these you will spend more time applying insect repellent than fishing! The wristband preparations and presumably the stick on tabs, though they were not tested, including those impregnated with DEET, did not give a full minute of protection. Other studies have shown that the small mechanical devices that emit sounds that are supposed to scare away mosquitoes are ineffective. Based on the studies the strategy which I will adopt is to use Deep Woods OFF which contains 23.8 percent DEET or Sawyer controlled release which contains 20 percent DEET. (I pick these because they were the ones tested, but there is no good reason why any DEET preparation of

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West Nile Virus Protection

The following article is of importance to flyfishermen who spend time outdoors and in or near water where mosquitoes are present.

Insect Repellents

By WM. A. Sodeman, Jr., M.D., J.D., used with permission
From The Riverwatch, The quarterly journal of the Anglers of the Au Sable,

In July of 2002 the New England Journal of Medicine published an article written by Mark S. Fradin, M.D. and John F. Day, Ph.D on the effectiveness of various insect repellents. These authors used mosquitoes in their testing.


Diseases caused by biting insects, particularly mosquitoes, are responsible for a great deal of death and disability worldwide and that is the reason for a scientific study of the effectiveness of insect repellents on mosquitoes. The information provides a collateral benefit for those of us bothered by mosquitoes while fishing. Herewith is a brief summary of the information they obtained. Anyone who wishes to look at the original paper can find it in the July 4, 2002 issue of The New England Journal of Medicine, Volume 347, and p. 13

Insect repellents were tested by applying the repellent to the arm of a volunteer and then having the volunteer stick his or her arm into a cage full of mosquitoes. The time to the first bite was recorded. If there was no mosquito bite after the first minute then the volunteer removed his or her arm from the cage. The treated arm was reinserted at regular intervals until a bite eventually occurred. A great deal of care was used to insure that test was free of bias and error. The good care was used to insure that test was free of bias and error.

The good news is that products containing 20 percent DEET offered protection from mosquito bites for an average of 4-5 hours. For most of us this means bug free fishing with a need to reapply repellent only once, or at the most twice if you are going to make it a long day. The bad news is the lesser concentrations of DEET, below 20 percent, offered only in the one and one half hour range, which would mean more frequent interruptions to reapply. I had been concerned in the past about rumors of possible toxic side effects from DEET and was heartened to find that it has an excellent safety profile. It has been used for 40 years and there have been approximately 8 billion human applications. Out of this 8 billion there have been fewer than 50 cases where there have been serious side effects and only 13 produced any

(Continued on page 17)

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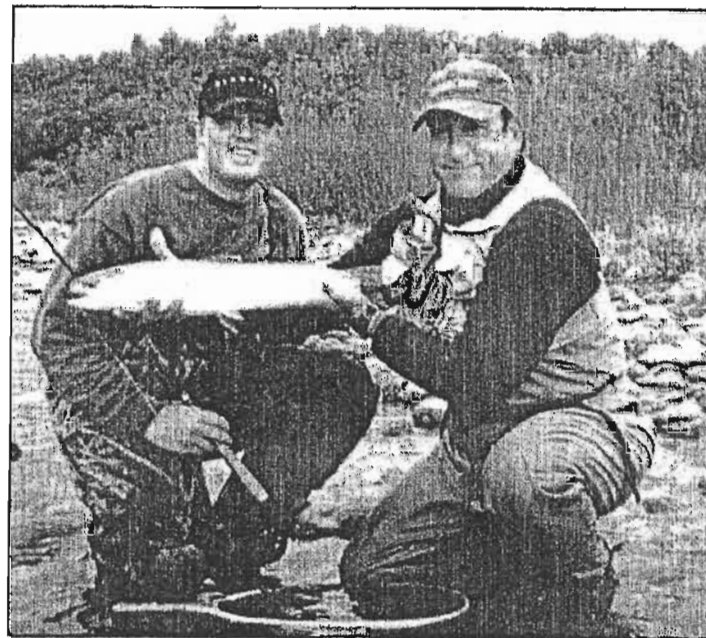
*certain restrictions may apply

Carp Fishing

They are all into it these days; I should go fly-fishing for carp. Hell, we all should. I think every magazine and TV program and all the guru's are hot and bothered about carp. Not me. I feel a bit badly about having to say this now, one of our featured columns this week is about them, but I can't help myself. Carp fishing is not for me. Now before you start e-mailing me and punching the buttons on your cell-phones, give me a minute to try to explain. It's not my fault. It's Vernie's; I confess, he did it. And my dad went along with it too! One's childhood memories should be about nice things, at least that is what I try to tell myself, mine include carp. Big, fat, yellow, slimy, stinky, bug-eyed, slippery, ugly as hell, 'freshly speared carp!' No kid should have had to endure what I had gleefully accepted. The offer of a whole damn wagon load of them.

I lived in Michigan, near Lake Huron, well Saginaw Bay actually. An enterprising little squirt right from the start, I would pick 'night-crawlers' and set up a small stand on a road thru town and try to sell them to passing motorists, sales were notably slow; nothing like a box of 'the day before yesterdays' left over bait to disgust a guy. Door-to-door sales were fun too. I got into making small plaques out of plaster with a little picture cut from a magazine stuck to them. Sold a few of those as well. Of course I had a 'paper-route' but, didn't everybody? But, of all my ventures, the carp were a complete flop. It was dur-

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ter when Vernie showed up with the darn carp, but, like I said, I didn't.) By the way, a pair of scissors does get the frogs cleaned rather expediently. And, really, they were fine eating. But, back to the carp. The day was sunny and hot (I will not forget the 'hot' part) as I trundled off to ply my trade, that of peddler of 'Freshly Speared Carp.' I spent the whole afternoon and early evening pestering the neighbors of every street in the neighborhood. In desperation I finally offered the things for free. But, alas, it was not to be. I returned a saddened, dejected kid. A complete failure at fish-mongering. And to make matters even worse, I still had to figure out how to dispose of the ugly fish and somehow get my wagon clean if ever possible. Dad came to my rescue with an idea, bury them under mom's roses. More work, but not too bad, I at least could take the wagon from plant to plant as I got rid of them. Mom's flowers did very well that season as I recall but, somehow my red wagon never again seemed to be the same. I think somehow the whole experience may have made a lasting impression on me which seems to have remained to this day. Even years later when I was offered some 'smoked carp,' delicious I was told, I took their word for it. I have eaten some odd foods over the years, horse (during the second world war), bear, muskrat and even rattlesnake. I will pass on the carp, thank you. Now, please don't get me wrong here. I think it is just dandy for **you** to fly-fish for the things. But, for me? I think I will pass. ~ James Castwell



Guided Striper and Shad Floats American River

Dave Howard, Guide

Spending a morning or evening on the river chasing stripers and shad with Dave Howard. Dave has been fishing and guiding the valley rivers for years. He knows where they live! And he knows how to get them!



You'll hit the river either right at dawn, or in the early afternoon and spend 5 or so hours angling. That way you'll be on the water during the low-light times of the day. That's when it's best for stripers. You'll have the opportunity to cast your flies in front of stripers (all year) and shad (May through July).

The stripers range in size from 1 pound to over 50 pounds! They are fierce battlers, and aggressively chase flies. They are no dummies, however, so catching the big ones isn't always a snap.



Shad, in contrast, are frequently easy to catch. They don't grow as big as stripers—the biggest are 6 or so pounds—but they fight really hard and are far more numerous. In a morning or afternoon session an angler can catch more than 20 of the rasbals!

Call the shop for pricing and available dates.



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FLY TYING SKILLS PROGRAM

Sponsored by American Fly Fishing Company

Tie the pattern shown in last month's **Flytier's Corner** and bring it to this month's general meeting to be eligible for gift certificates generously donated by American Fly Fishing!

Don't be shy... submit a fly!

Get input/critique from more experienced tiers. This will ultimately increase your chances of catching fish (and winning gift certificates to support your fly tying habit)!

Last Month's Winners

Beginner (\$15 gift certificate): To be announced

Non-beginner (\$25 gift certificate): To be announced

Program Rules:

- Judging will take place during the general meeting.
- Winning flies are those that best match the specific pattern recipe published in last month's Leader, so no other pattern recipes should be used when tying flies for this contest.
- The non-beginner category winner will be drawn from among all entries in that category.
- After winning the beginner category twice, tiers may only compete in the non-beginner category.

INSTRUCTIONS

1. Place hook in vise and smash barb. Cover hook shank with thread.
2. At the point just above the back end of the barb, attach a piece of clear plastic (sandwich bags work). It should be around 1/8 to 1/4" in width.
3. At the same point, attach a piece of monofilament (old 3X tippet works).
4. Add weight to hook at this point, if desired. Now take 3 or three ostrich herls and tie them in at the same point, by their tips. Twist them together to form a herl "rope". Wrap this rope forward to a point just behind the hook eye and tie it off there, leaving enough room for a nice head when done with the fly.
5. Bring the plastic shellback forward, and tie down at the same spot. The plastic should not cover more than the top half of the fly.
6. Now wrap the monofilament forward, ribbing the shellback. Tie it off at the same spot, and form a nice small head.
7. If you opt for antennae, just take some olive hackle barbs and tie them on before forming the head, with the tips of the hackle pointing out over the eye, and extending about 1/2 shank length forward.

See ya on the creek!!!

Welcome, Michael Kaul, to the Board!

Gary Flanagan's vacated Director position has been filled by Michael Kaul, who was the official runner-up in last month's elections for open Director positions. Mike will complete Gary's remaining term as Director (through 2004) and be a valuable member of the Board.

Flytier's Corner

BY
BILL CARNAZZO
July, 2003
"Ostrich Scud"

The Ostrich Scud is a Fred Arbona pattern. It is the essence of simplicity, both in design and in the materials needed. Scuds are prevalent in many bodies of water. While they vary in color, hue and size (5mm to 25mm), they are generally similar in their overall shape and appearance. In some streams they are a principal trout food; where scuds are present, trout seem to key on them, and often this will show in the size and "plumpness"--and even coloration--of the wild fish. These crustaceans are sometimes called "freshwater shrimp" because they resemble their salt water counterparts both in appearance and behavior. Because their system contains "kerotene", they contribute a pink to orange color to the flesh of the trout that consume them. At rest, scuds assume a "fetal" position; when swimming (backwards or forward), they stretch out almost straight. They are very active crawlers and swimmers, especially toward evening and on cloudy days. There are many scud patterns; the Ostrich Scud is but one. Keep a few of these guys in various sizes and colors in your fly box.

MATERIALS

Hook	Tiemco 200; Daiichi 1250; Mustad 37160
#12-18	
Thread	Olive 6/0 or 8/0
Body	Olive ostrich herl
Rib	Clear monofilament
Shellback	Clear plastic
Weight (optional)	lead or substitute
Antennae	(optional) Olive hackle fibers

(Continued from page 6)

ing one of the summers of my misspent youth, I was about ten or so and naive as a puppy but game as hell for anything that might make me a buck. On day my dad's buddy Vern (everyone called him Vernie) stopped by our house with a load of carp. He had been out in the marshes by the bay and had speared a whole mess of them. I was small and the carp were big, hell, I was impressed. In fact, I was usually impressed with anything Vernie did, he was a 'cool' guy, hunted and fished with my dad a lot.

I also remember the time he told us to go out to the marsh one bitter cold Thanksgiving day and 'paddle' frogs. They had not yet burrowed into the mud for the winter and an off-shore wind had blown all the water out. The frogs were laying exposed on the sand and all we had to do was smack them with a special wooden paddle (that naturally Vernie had invented). We went, mom, dad and I and got a big gunny sack full.

Dad called Vernie when we got home and asked what the next step should be. He told us to put them by the furnace (coal fired, heat producing, large appliance in the basement) so they could thaw out, it would make it easier to clean them. Wrong! Not! We practically had to sit on the bag to keep it from leaping around the room. (I should have known bet-

(Continued on page 14)

Wanted: New Fishout Coordinator

Granite Bay Flycasters is looking for an active club member to take over as the club's FishMaster/Fishout Coordinator. This position is one of the most important posts in the club. You will be responsible for making sure that the club has at least one fishout per month. This can be accomplished by leading fishouts yourself, or by selecting/encouraging other club members to lead fishouts to waters with which they are familiar.

If you are interested in this position, or want to learn more about it, please contact Gary Flanagan at Flanagan@surewest.net. I will send you a publication on how to properly lead a fishout. If you would like additional information, my phone number is (916) 791-3528.

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