

The Leader



Since 1986



JANUARY 2002

Visit us at: <http://www.gbflycaster.org>

Granite Bay Flycasters
P.O Box 1107
Roseville, Ca 95678-8107

Rob Morton and Family
152 Rockglen Road
Folsom, CA 95630



Granite Bay Flycasters

Mission: The organization is dedicated to conservation of fish habitat and promoting Fly fishing and good sportsmanship.

Meetings: Granite Bay Flycasters general meetings are held on the second Thursday of each month at the Granite Bay clubhouse located in the Granite Bay Group picnic Area at Folsom Lake. For directions call Denny Welch at (530) 889-8562.

The doors open between 6:30 and 7 p.m. for socializing and fly tying demonstrations. The business portion of the meeting begins at 7:30 followed by a quick refreshment break after which the main program begins, which usually consists of a slide-show talk and/or demonstration. A dynamic raffle follows the show.

Membership: To become a member of Granite Bay Flycasters, a nominal fee is required: \$35 for a family, \$30 single; and youth (under 18), \$10. There is a \$7 initiation fee for new members. The cost of membership is pro-rated throughout the year. For membership information, call Jeremy Gray at (916) 797-3312

January 2002

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10 General Mg. 7-10:30 p.m.	11	12
13	14	15 Fly Tying Jam Session 6:30-9 p.m.	16	17 Board Mtg. 7-9 p.m.	18	19 Fishout Lake Amador Gary Flanagan
20	21	22	23	24	25	26
27	28	29	30	31		

Officers		
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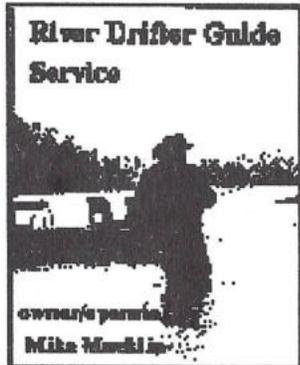
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President's Message

By Denny Welch

This past year has been a blur, but maybe at this stage of my life that's the way it is supposed to be. On reflection, I think we've accomplished a number of good things over the past year. Membership is up, our charitable contributions are up, our outreach programs are as successful as ever and we're financially solvent. Instead of looking back, however, I'd like to look to the future and let you know of some things still ahead.

As many of you know, we've had some issues recently with our continued use of the clubhouse. We are well on our way to resolving those issues and I believe our relationship with the Park will be as strong as ever..

Our annual dinner is going to be held on April 6th and we were fortunate to book Brian O'Keefe as our keynote speaker. There will be more to follow next month on the dinner. I'm sure we will have another sellout.

It's renewal time so bring your checkbook to the next meeting.

The Cal-Expo show is fast approaching and I'd like to thank all of you who have signed up to work our booth. I've seen the list and feel that all of you will be fantastic ambassadors of our club. For those of you who would like to help kids tie some wooley buggers at the show on Sunday, please give me a call. I still have a few openings.

Gary Flanagan will be making a presentation at the next meeting concerning the Golden Trout Program. The program has been modernized and he has several instructors on the sidelines waiting to give clinics ranging from fly tying to rod building and from entomology to net building. It is going to be a good program.

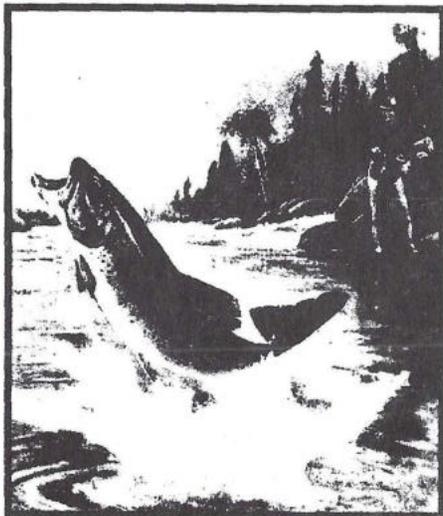
Our fishouts have been well attended and you ain't seen nothin' yet. We're working on more fishouts, closer fishouts and more diverse fishouts...trout, bass, salmon, steelhead, shad, stripers etc. You name it and we're going to do it.

(Continued from page 1)

Our webpage is up and running again. Ray Malberg, with Drake Johnson's help, has updated a number of the pages and is working on the others. Once he does that he has plans of changing the format of the site to make it much more interesting. He wants pictures...lots and lots of pictures...that he can put on the site. He wants us at work and us at play. There is going to be a calendar of events on the page and a links page that will knock your socks off. Good things are going to happen to that web site.

Well, I'm out of time and out of space. Jack Ramos has a goal of having The Leader mailed out by the first of each month and that isn't going to happen unless I get this to him now.

Until next time.



-----SAFETY-----

RANDOM LINES

I was sitting at my desk not long ago before a long weekend. I was looking forward to just spending the holiday with my family, relaxing, doing a little barbecuing and hoping to enjoy the last few days of summer before the school season started.

Then the call came. It was from a guest ranch and the person on the other line was a surgeon visiting from the East Coast who was fishing with his son that day. Unfortunately he wasn't wearing protective lenses when he was trying to teach his son how to fly cast and he got a yug bug embedded in his cornea.

Complicating his situation was the fact this person had to ride a horse approximately an hour to the dock to take a boat across the local reservoir to where his car was parked and then had to drive approximately two hours to Great Falls. Imagine doing this with a bug number 10 fly stuck in your eye.

This visitor to our state arrived at the emergency room at about 8 o'clock that night. He was taken to the operating room and, fortunately, due to the fact he smashed down the barb on the fly, (yet another benefit to catch and release) I was able to remove it with much collateral damage and was able to sew up his eye. He, unfortunately, did develop a cataract which was later removed. The last time I saw this patient, he was doing well and had excellent 20/20 vision in his eye. He is extremely lucky. Usually, it does not go so well.

I think we all need to be aware as fishermen of the need for protective glasses when we fish. I know there is a great propensity of us who use Polaroid glasses to help us see the fish, to stalk them and to cast to an individual fish, but I imagine there are times when some of us just think the glasses aren't really doing anything for us and we take them off.

I would like to remind you all that you should always wear glasses when you are casting with any type of a fishing hook and also ensure that those around you such as grandchildren, friends or family are also wearing some form of protective lenses. I can personally attest to that, on three occasions in the last five years, a fly has actually hit me dead center in one of my lenses and I have always been glad that I have had my glasses to protect

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- We set up any reel, usually while you wait. Our backing is always free with purchase of a reel or line
- Complete outfits start at \$159.95 for rod, reel, line, and leader
- Complete wading outfits start at \$139.95 for boots and breathable waders.

Come see our new expanded fly selection. Custom built rods start at just \$160 over the cost of the blank and components. Bamboo rod repairs, restorations, and new rods custom built to your specifications.

At Nevada City Anglers, I personally select and test every item we stock to be sure that it is the best value for your money! You always get the best quality for the price.

If you need something, just call and I will gladly deliver your purchases to the Granite Bay Flycasters meetings for your convenience. - Jacqui Gray

CAL-EXPO 2002

The International Sportsman's Exhibition will again be held at Cal-Expo, Sacramento. Mark the dates on your calendar now as GBF will be there.

To signup or get further information contact Dick Neuman at (916) 773-1188 or via e-Mail:

neumann@inreach.com.

Tuesday	Jan. 15, 4p.m. (Booth set up)
Wednesday	Jan. 16, 12-9p.m.
Thursday	Jan. 17, 12-9 p.m.
Friday	Jan. 18, 12-9p.m.
Saturday	Jan. 19, 10a.m. - 8p.m.
Sunday	Jan. 20, 10a.m. - 6p.m.



GUEST SPEAKER Jan 10 2002

Chuck Echer

Chuck began his fly tying career at the age of seven in 1948. He has been actively teaching fly fishing and fly tying classes and seminars since 1978 in the San Francisco bay area, Sacramento and northern California. He has been annually featured as a master fly tier since 1988 at the International Sportsman's Exposition Fly Tying Video Theater at both Sacramento and San Mateo, California shows. He is an active member of Diablo Valley Fly Fisherman, and the Federation of Fly Fishers. He was awarded the prestigious DVFF Lifetime Achievement Award for his contributions to fly fishing along with FFF life member award. He has presented fly fishing shows from coast to coast. He has fly fished Alaska, New England, Canada, Western United States, Mexico, Belize, Costa Rica, and England. He is a fly tying veteran for freshwater as well as saltwater. He predominately ties trout flies but enjoys tying everything from midges to sailfish flies.

NEW MEMBERS

A warm G.B.F. welcome to are five new members.

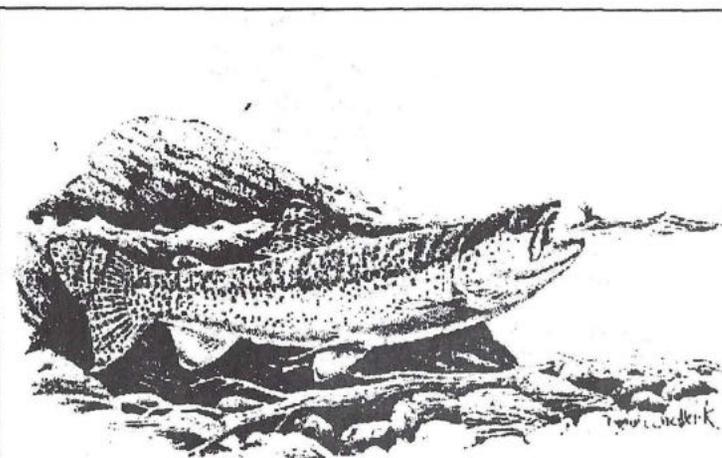
*Forshey family (Jim, Agnes, Essa, and Anessa)

* David Hibler Jr.

*Ron Happe

*Sherry Bleiweiss

* Art Harris



Lots of gift ideas!



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-----TECHNIQUE-----

FORCE CONTROL

FORCE: "Strength or energy exerted or brought to bear." ...The cause of motion or change.

Developing a casting style incorporating sound dynamic principles will allow you to cast short to medium distances. Adding an efficient double haul and developing the ability to shoot line on both the back and forward strokes will extend your range. I have listened to the theory that you do not have to make long casts to catch fish. But you and I know, deep down in our hearts, that every fish in the ocean lies just beyond our longest cast. Besides, casting is the soul of fly fishing and making long, beautiful casts is fun. In order to cast long distances, without having to "muscle" the rod, you must tap your body's two main sources of energy: Your center of gravity and your mind.

(1) The power of the mind is awesome. Concentrate on sending power from your center of gravity up through your body and arm to your target ... with relaxed muscles. Since you can only concentrate on one thing at a time, you must be careful not to switch your concentration to your casting technique, and your muscles must remain relaxed.

Stand with your casting arm extended out straight, elbow not locked, and fist extended toward a distant object. Your partner will be able to bend your arm easily by pulling down on your elbow and up on your wrist, even when you resist. Then, open your hand, extend your relaxed arm, and concentrate on sending power from your center of gravity up and through your body and arm and fingers to your target. Do not switch your concentration to what your partner is trying to do to you, or tighten your muscles.

(2) Your center of gravity is located two to four inches below your navel (roughly in the area of your hips). You cannot even shift your own weight from one foot to the other without moving your center of gravity. Stand up straight with your feet shoulder width apart and try to shift your weight without moving your feet or your hips.

A professional golfer doesn't hack at the ball with his arm and shoulder muscles. To generate maximum force he makes his hips (center of gravity) move in the direction of his drive throughout his swing and shifts his weight from foot to foot. Take a lesson from the old tracklayers who had to swing a sledgehammer eight hours a day. They made a full, easy swing and simply dropped their hips as they brought down the sledge. They didn't try to "muscle" the sledge.

You will add a great deal of force to your cast with minimal effort if you assume a 45 degree stance (with the foot on your rod side back) that will allow you to move your center of gravity in line with your cast and shift your weight from foot to foot. This stance will also permit rotation of your upper body for additional power. Lead the cast with your hips. Don't cast only from the waist up.

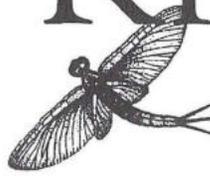
(3) The closer you keep your casting hand and elbow to your center of gravity the more body power you can use and the greater the force you can generate with less effort. You can easily pull down your partner's outstretched arm by pulling down his wrist. It is more difficult if you try pulling down his elbow. It is extremely difficult if you try pulling down near his shoulder--which is closest to his center of gravity. You don't try to lift a heavy load with your arms outstretched. When you want to put a lot of force into a hammer blow, you keep your elbow in close to your center of gravity.

Watch Steve Rajeff aerialize 105 feet of fly line plus leader while false casting. His elbow is close to his body and his casting hand is never far from his ear.

Cast with a balanced effort and don't "muscle" the rod. RELAX your muscles. Fly casting is a beautiful sport ... Try to be graceful!

By Don Colman of the Florida Tampa Bay fishing club

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FLY FISHING QUIZ

1. In a double spey cast, the fly should land _____ of the caster, just before the final delivery.
 - a. Upstream
 - b. Downstream
 - c. In front of
 - d. Just behind

2. Which of the following are change of direction casts?
 - a. Double spey
 - b. Single spey
 - c. Tuck
 - d. Both a and b

3. When using circle hooks, the recommended hook-set technique is:
 - a. Raise the rod sharply
 - b. Move the rod above your head
 - c. Use a strip-set
 - d. All of the above

4. The Leisenring Lift is:
 - a. Only used to imitate mayflies
 - b. A method of nymphing
 - c. Used only with sinking lines
 - d. Effective with dry flies and streamers

Answers: 1. (b); 2. (d); 3. (c); 4. (b)



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QUOTES

"Time flies so fast after youth is past that we cannot accomplish one-half the many things we have in mind, or indeed one-half our duties. The only safe and sensible plan is to make other things give way to the essentials, and the first of these is fly fishing."

- Theodore Gordon

"Bass fishermen watch Monday night football, drink beer, drive pickup trucks and prefer noisy women with big breasts.

Trout fishermen watch MacNeil-Lehrer, drink white wine, drive foreign cars with passenger-side air bags and hardly think about women at all.

This last characteristic may have something to do with the fact that trout fishermen spend most of the time immersed up to the thighs in ice-cold water."

- New Yorker Magazine, June 13, 1994

"I have a friend who's such a nut about fishing that he almost always manages to refer to the incidents in his life in angling terms of a **sort**. I met him for lunch the other day after a long, hard walk through a **driving** rain and arrived at the table with my hair all wet and my **clothes** in a pretty rough array. He took a prolonged look at me, searching for exactly the right phrase, shook his head in sympathy and said, "**Gene**, you look just like a badly tied fly."

- Gene Hill

FISHOUTS

January and February Fishouts

By John Hogg, Fishmaster

Yuba River – Private Waters – Sunday, February 3rd

The significance of this date may escape you, but its Superbowl Sunday. So if football is not your thing, grab your rod, and head up to Nevada City. Jeremy Gray, proprietor of Nevada City Anglers will open his shop at 7 AM for those who want to stock up on the latest patterns – then we'll caravan down to the Yuba River where Jeremy has access to some top notch private water. Jeremy recommends a 5 or 6 weight rod with a floating line. Recommended nymph patterns include Bird's Nests, Hare's Ear, small San Juan Worms, and egg patterns. Dry fly hatches are sporadic, and you should check with Jeremy for patterns that may be effective.

Fishing access requires wading, the water is cold, and the footing can be treacherous. So dress appropriately, and bring a wading stick. If this type of fishing is new to you, we will make an effort to match you with a member who has some experience.

For more information call Jeremy Gray at the Nevada City Fly Shop: 530-478-9301. His shop is located at 417-C Broad Street in Nevada City. (Thank you Jeremy for generous giving of time and effort to lead this fishout.)

Lake Amador – Saturday, January 19th

Gary Flanagan who did such a great job hosting our September fishout to Crowley Lake once again takes up the reins to host a fishout on Lake Amador. Gary had a spectacular day on Amador in mid-December hooking 20 fish in one day with many running in the 3 to 5 pound range. Float tubes or other floating craft are necessary for this outing, and Gary recommends wooly buggers in

FLY TYING SKILLS PROGRAM

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Fishing Company*

Pattern for January Program:
(featured in the December Leader)

Don't be shy submit a fly! Ask for a critique from a more experienced tier; it will ultimately increase your chances at catching fish and winning certificates to help support your habit.

For the winner of each category, American Fly Fishing has generously donated the following prizes for each month's contest.

Beginner: \$15 Gift Certificate

Non-beginner: \$25 Gift certificate

* The winner of the gift certificate in the non-beginner category will be determined by a drawing between those who have entered that specific contest.

January Winners:

Experienced:

Beginner:

Program rules:

- * judging will be during the meeting
- * best tied fly announced with instructions from the Leader (right or wrong, and irrespective of whether you find another version of the pattern in a book somewhere), in order to keep the playing field level. The judges need to make a choice based on a single pattern.
- * two categories: beginner and advanced. Anyone who has won the beginner category twice will have to compete in the advanced.

(Continued from page 12)

no farther back than the point of the hook.

4. Select a piece of ostrich herl from the feather. Tie it ir butt first at the same point where the legs were tied in. Wind i forward in close, dense winds, leaving enough room for a nice head of black thread.

5. Whip finish. This little gem should be fished deep, especially in the winter. Fish generally will not be looking for food higher up in the water column at this time of year. Use split shot and an indicator.

6. See you on the creek



**GONE
FISHIN'!**

Flytier's Corner

January, 2002

In conformity with the concept of "simplicity"--both of design and of materials needed--I have selected an old-as-dirt Polly Rosborough pattern called simply "Muskrat" for this month's fly. It is listed as a "searching nymph" in Dave Hughes' book *Nymph Fishing* (1995). This versatile pattern can be used with another knotted to the dropper. The pattern can be varied somewhat, by changing the body coloration or that of the collar, adding some ribbing, or adding a bead head. For purposes of our program, however, the **basic pattern is what must be tied to enter your fly.**

Materials

Hook	3X long nymph hook such as Mustad 9672, sizes 8-18
Thread	Black 6/0 or 8/0
Body	Muskrat fur
Legs	Speckled guinea chicken fibers or partridge
Head	Black ostrich herl

Options (not to be used with contest entries):

Weight	6-8 wraps of .010 lead or substitute
Ribbing	1 strand of crystal flash or other ribbing
Bead	Gold, copper or black

Instructions

1. Smash barb. Cover shank with thread, leaving thread just above back of barb.
2. Dub a nice tapered cigar-shaped body to a point about 1/3 shank length behind eye.
3. At this same point, tie in legs of guinea chicken speckled feather or barbules from a greyish partridge. They should be tied in "beard" style--i.e., on the bottom of the hook. The legs should extend

(Continued on page 13)

olive and rust, sizes #8 to #10. Fish them just sub-surface, and hang on for the hit! There are fees to fish this lake, and you should expect to pay about \$14 for access. Also, make sure you get a new 2002 fishing license!. We will meet at the clubhouse/restaurant at 9:00 AM. Lake Amador is located just outside of the city of Ione, about 1 hour southeast of Sacramento. For further information, call Gary Flanagan at 916-791-3528 or see him at the January meeting.

Hosts needed for March, April, and May trips.

We would like to schedule at least one trip per month as a club outing. More than one is fine! Local day trips are great, and so are overnights. Being a host is easy, just contact me and I will send you an organizer sheet. John Hogg 916-663-2051.





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