







THE LEADER

VOICE OF THE



MARCH

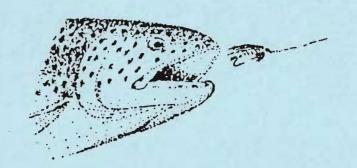
1994

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CALENDAR OF EVENTS

March 6	Fishout - Gordon's Pond (Bass)
March 9 - 13	Ed Rice Sportmen's Expo San Mateo
March 10	General Meeting 7:30 at Clubhouse
March 12	Youth Program Storm Drain Stenciling Project
March 17	Board Meeting 7:00 at Clubhouse
March 20	Fishout - Folsom or Clementine
March 26	Bass Popper Class 10:00 at Clubhouse
April 14	General Meeting 7:30 at Clubhouse
April 21	Board Meeting 7:00 at Clubhouse



GBF FISHOUT SCHEDULE--1994 [INCLUDING FLY OF THE MONTH LIST]

<u>March</u>

Bass......Gordon's Pond

20 Folsom or Clementine.....Smallmouth Damsel Nymph

<u>April</u>

- Bass.......Gordon's Pond, or....?
- 16 Sacramento River at Redding
- 30 Davis Lake--Damsel hatch

Linesider

May

- 7 Manzanita Lake or Indian Creek
- 14 San Luis Reservoir
- 21 Sardine/Gold Lakes
- 28 Shad-American or Yuba River

Fuller Lake Special

June

10, 11, 12 Fuller Lake

One Fly Contest and Campout

- 25 Spicer Lake
- 29 Bass (poppers)

Royal Wulff

<u>July</u>

8, 9, 10 Backpack trip to

Wolf Creek area

23 Downieville area (North Yuba &/or tributaries)

Prince Nymph

<u>August</u>

- 13 Fall River/Burney area
- 20 Lake Natoma Hex hatch
- 27 Davis Lake

Rockfish Fly

September

- 10 Robinson Creek
- 24 Alpine County--Walker

River

Caddis Emerger

October

- 1 Saltwater bottom fishing trip
- 8 San Luis Reservoir
- 15 Trinity
- 29 Sacramento River

Cate's Turkey

November

- 12 Putah Creek
- 26 Pyramid Lake
- Thunder Creek Anchovy

December

10 Kings Harbor (Long Beach)--Bonita
Green Butt Skunk

A new idea! How about a weekly after-work fishout? Interested members can simply show up at a regular time and place (say, Wednesday, 5:00 p.m.), and decide where they want to fish-e.g., Fuller Lake, Rancho Nuko, American River, Folsom, etc.

PRESIDENTS' MESSAGE

MARCH 1994

The Annual Dinner was once again a resounding success! It looked as though, for a short time, that we were in big trouble and I for one was feeling very low!

Lefty was injured and was not going to be our speaker. The Board of Directors held an emergency meeting and made the decision to go ahead with the dinner. All we had to do then was to find a speaker and call 200+ people.

We were very fortunate to have Bob Jacklin help us out on very short notice! His daytime program was great and his fly-tying and casting program was a real crowd pleaser.

I believe the raffle at the Dinner was the largest I have ever seen and I know that many people came away very happy. (Float Tube Annie!)

A special thanks goes to Marie who pulled it all back together and made it one of the best dinners we've ever had. Thanks to Rick our M.C. and to Warren and everyone else who helped make this affair run smoothly. Finally, thanks to all the fly shops and manufactures that supported us so generously, and to all the Club members for their donations.

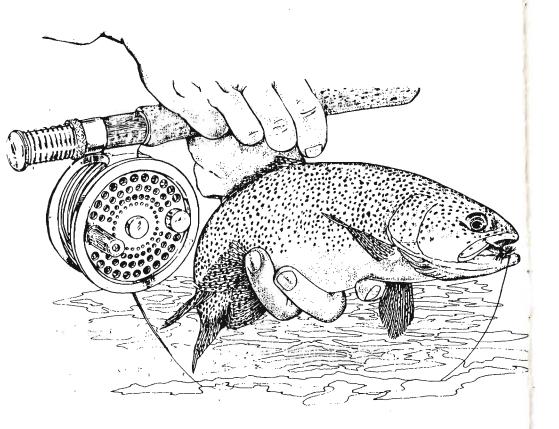
Things to mark on your calendar: first up is the youth storm drain stenciling project on March 12th, call Ron English for details; also coming up is the all-day, bass-popper tying clinic March 26th at the Clubhouse, call Bill Carnazzo for information.

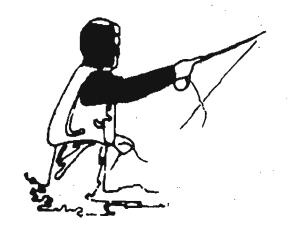
It's now time to start thinking about the Annual Picnic on May 14th. If you would like to help out call co-chairs Gordon Evans or Bill Lockhart. The Annual Picnic will have activities for the whole family.

Don't forget the big One Fly Contest at Fuller Lake June 10th - 12th. There will be a sign up sheet at the March meeting.

See all of you at the next meeting and if you have any ideas of what you would like to do or see give me a call anytime.

> Terry President





We would like to express our thanks to the members of the Granite Bay Flycasters for the continued support they have shown our stores over these past years. Also a big thank you to those club members, both past and present, who have expended considerable effort and leadership in making the Granite Bay Flycasters the leaders in Northern California.

Fly Fishing Specialties

Hwy 50 & Bradshaw Store: 9500 Micron Avenue -#129, Sacramento, CA 95827 Telephone: (916) 366-9252

I 80 and Antelope Store: 6412E Tupelo Drive, Citrus Heights, CA 95621 Telephone: (916) 722-1055

TECH TIPS

Have you ever made that early morning hike up to the river (Hwy 20 Bridge up stream) working up a sweat, slip on your glasses and have them fog up!

I discovered this great material called Rain-X, sold at auto parts stores. When applied to a clean windshield, small raindrops and fog just slip off, even without the use of wipers. I don't know what's in this stuff, but it gets rid of water on glass.

I got the idea of using it on my Polaroid sunglasses and discovered that any water that fell on them slipped away instantly. The trick to using this product is to clean your glasses well before applying. One application will last for several days. I have also been told that Amway makes a similar product.

Terry E.



CLASSIFIED ADS

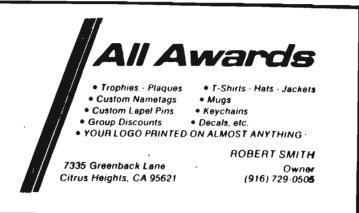
Wanted: 7 weight rod, call 663-2414.

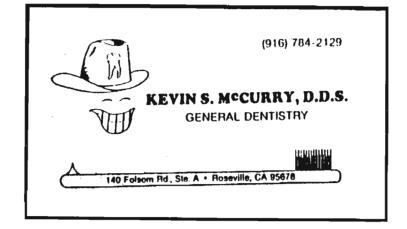
Editors note: if you have items which are wanted or for sale, please contact me so I can put them in the newsletter for you (677-7189).

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FLYTYER'S CORNER

by

BILL CARNAZZO

DAMSEL FLY NYMPH PATTERN

MARCH, 1994

[NOTE: SINCE WE DID NOT HAVE A GENERAL MEETING FOR FEBRUARY (DUE TO THE ANNUAL DINNER), WE WILL USE THE WOOLY BUGGER, WHICH IS IN THE JANUARY BULLETIN, FOR THE MARCH CONTEST-WHICH MEANS BRING YOUR BEST WOOLY BUGGER TO THE MARCH GENERAL MEETING FOR THE CONTEST. THIS PATTERN, THE DAMSEL FLY NYMPH, WILL BE THE SUBJECT OF THE APRIL CONTEST]

We'll be having a bass outing on Sunday, March 6th, at a private pond to which our member Gordon Evans has access. In the February Leader we featured Andy Burke's Flat Tail Bassworm. Bring some of those. Also, in case the weather has warmed some, you should have some damsel nymphs. The pattern featured here is rather generic, and can be altered color-wise, and in other ways, to suit your needs or desires. It is simple, but elegant and effective.

MATERIALS

Hook Tiemco 200R, size 8 or 10
Tail Brown marabou bunch
Body Olive or brown dubbing

Rib Copper wire, colored if desired Wingcase Pheasant tail fibers, dyed green

Thorax Same dubbing

Legs Pheasant "church window" feathers

Collar Immature pheasant feathers

Eyes Monofilament balls
Thread Olive or brown 8/0

Weight Your choice

INSTRUCTIONS

 Cover shank with thread, and add weight if desired.

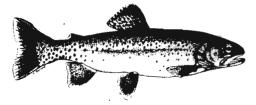


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conditions. The skiing was fantabulous--5 feet of crisp powder (fortunately, I'm 5'11'', and Judy is 5'7"). The road conditions...well, let's talk about that some other time. We'll try again for Pyramid later.

3. OTHER STUFF. We will be putting together a booklet consisting of looseleaf sheets, which describe the outing locations, the fish, the flies, and tips for having a successful trip. Barbara Bania developed a form sheet which we will use (thanks, Barbara). The plan is to accumulate around six of these, place them into loose leaf binders, and sell them at a nominal cost to members. Updates will be made available periodically. Eventually, we may publish it in the form of a booklet, and make a few bucks for the club.

9th ANNUAL CLUB PICNIC

Our 9th annual club picnic will be Saturday, May 14th at the Granite Bay Clubhouse. Those of you who attended this event last year, well, need we say anymore ?! This years' picnic is going to be a real HOEDOWN! The menu for this event is going to be a full blown PIG-OUT! Why? Because we're barbequing a PIG!!!

Reservations can be made at the March 10th meeting and will cost \$2.00 per adult, plus a side dish. Kids 17 and under are free. The \$2.00 fee will be returned in raffle tickets for a chance at some real nice PRIZES! Lots of fun and games for the youngins and older folks too!

DON'T FORGET ABOUT COMING TO THE PIG OUT !!!

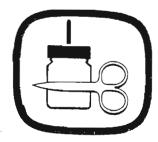
We need volunteers to help organize the picnic. If you would like to help, please contact Gordon Evans (887-8227) or Bill Lockhart (344-0110).

- 2. Cut small bunch of marabou, and tie in directly above back of barb. When securely tied in, pinch off to length of about 1/2 inch, using fingernails.
- 3. Tie in copper ribbing; I prefer the green colored copper.
- 4. Dub a medium size body up to point about 1/3 shank length behind eye.
- 5. Take six fibres of pheasant tail, even tips, and mount at forward end of dubbing, with tips out over tail, and even with end of tail.
- 6. Hold down pheasant tail fibres directly on top of body, and rib the body to the end of dubbing. This will secure the pheasant tail. Cut off wire after tying it down. Leave the butts..do not cut them off, as they will form the wing case.
- 7. Dub the thorax about twice as thick as the body, but stop about 1/8 inch behind eye, to leave room for legs, collar, and eyes.
- 8. Take a church window feather off the back of a ringneck pheasant, and cut out a section of fibres about 1/16 inch in width. Leave a bit of the stem in front of the fibres, for purposes of tying it down. Now place this stem on top of the shank, directly in front of the thorax, and tie it down with the fibres sticking out to the sides. See below.



9. Pull the pheasant fibre butts over the top of the thorax and legs, and tie down behind eye.
10. Pull immature pheasant feather from between the mature ones on the neck or back of a pheasant. They are very fluffy, soft and breakable. Mount one by stem in front of the wingcase, take 1 or 2 winds, and tie down.
11. Take burnt mono eyes (or buy them from the fly shop) and mount them on top, directly behind eye. Glue them well with super glue or head cement, after forming a nice small head.





ANNUAL DINNER

A big thank you to everyone that helped to make this years' dinner a huge success. Special thanks to Warren for all his help this past year in planning it. Let's not forget Rick and Mark also, as they were always willing to jump in there and help when I asked. I would also like to thank everyone else who came to our rescue when needed. Your help was greatly appreciated by everyone involved.

I would also like to thank Fly Fishing Specialties, Kiene's, and American Fly Fishing Company. Having their support each year is great. Additional thanks to all the manufacturers who gave us their support.

As for next year, we're hoping to be able to have Lefty, providing that his schedule and ours coincide. We will keep the membership informed so that you can mark your calendars.

Thanks again for all your support throughout the year, it's been fun.

Marie

Editors' note: A very special thank you goes out to Marie. Her ability to handle the last minute Lefty disaster, come up with another quality speaker, and still have a full house at the dinner was remarkable!

MARCH MEETING PROGRAM

The March 10th meeting program will feature Chip O'Brien from Redding, California. Chip guides throughout Northern California and is very well known. His program topic will be "North State Trout Fishing". If you like fishing in Northern California, or would like to know more about it, this program is for you!

RODBUILDING/POPPER CLASSES

The popper class will be Saturday, March 26th, at the clubhouse. It will commence at 10:00 and go until 3:00 or 4:00. There will be a \$10.00 charge, payable upon entrance to the clubhouse. Please bring your tying tools, deer hair, and any other materials you want to work with. We have expanded the session to include a few other bass bugs besides poppers (e.g., damsels, dragons).

The rodbuilding class has not yet been scheduled. Those who have signed up will be notified, and the announcement will be placed into the bulletin, when we have firmed up a date and time.

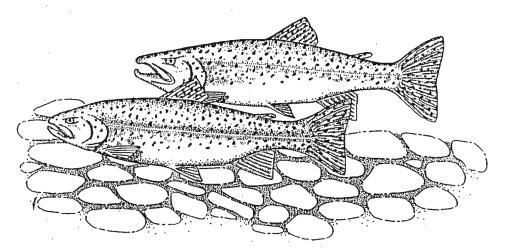
For information on either of these programs, please call Bill Carnazzo (663-2604), or Terry Eggleston (331-5258).

FISHMASTER'S REPORT Bill Carnazzo, Fishmaster

- 1. UPCOMING OUTINGS. Please note that this month's outing schedule, at the rear of the Leader, sets out dates for each fishout. Mark your calendars if you are going to attend. The first bass outing will be held at a private pond in Pilot Hill, where Gordon Evans lives. It will be Sunday, March 6th, and we will meet at the rear of Carrows Restaurant at 8:30 a.m. (Douglas & Sunrise).
- 2. PAST OUTINGS. The steelhead outing was held January 29th. We met at Carrows--"we", meaning about 25 people. This being the case, it was decided to split up, with half going to the Feather, and half going to the Yuba. The Feather contingent reported slim pickins, with more humans than fish. The Yuba contingent had some success. Ron English landed a couple, as did Bill Carnazzo. Others hooked and "long released" fish. The Yuba fish were taken on stonefly imitations, subsurface and surface versions. Also productive were emerger patterns, for the smaller fish. Anyway, the weather was great and everyone seemed to have a good time.

The Pyramid outing had to be cancelled, due to the impossibility of crossing the Donner Pass. The Fishmaster was cross-country skiing during the big storm of Feb. 17-20, so I didn't hear about the cancellation 'til I returned. Not surprising, given the





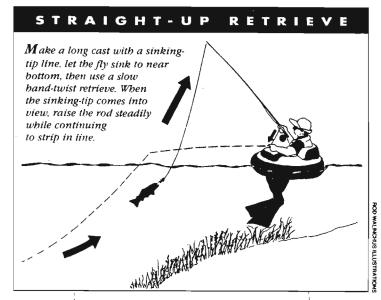
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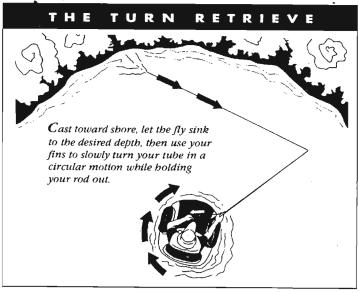
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Fly Fisherman - Feb. 1994





Airless Catch-and-Release

Catch-and-Release fishing, for some a controversial topic, has recently become more controversial. A recent study indicates traditional catch-and-release practices, as gentle as they are considered to be, may be increasing the mortality rates of released fish to levels approaching 70%. If the study by Dr. Brian Tufts of Queens University, Ontario, proves valid, trout conservationists everywhere may be storing their trophy catch photos in the closet.

The study focuses on the effects upon rainbow trout which have been exhaustively exercised, and subsequently exposed to air. Preliminary analysis indicates that after exhaustive exercise, mortality of carefully released fish increases proportionally with the time the fish is kept out of water. While most anglers assume they have released a fish unharmed, that may not be the case: the study indicates that mortality can be delayed up to twenty four hours after release.

While not definitive, the study suggests a new approach to catch-and-release fishing. We advise anglers to continue following the guidelines in our Catch-and-Release booklet. We urge anglers to keep their fish in the water as much as possible. If a photo must be taken, make all necessary preparations while the fish is in the water, raise it gently for the photo, and quickly return it to the water. The fish should spend no more than 5-10 seconds out of water.

CATCH-AND-RELEASE FISHING

By following a few simple rules you can be certain that released fish will live to be caught again. Remember, a fish that appears unharmed when released may not survive if not handled carefully.

- [1] Time is of the essence. Play and release fish as rapidly as possible. A fish out of water for more than a few seconds may suffer gill and brain damage, and may die. A fish played gently for too long may be too exhausted to recover.
- [2] Keep the fish in water as much as possible. A fish out of water is suffocating and in addition, is many times heavier. He may pound himself fatally if allowed to flop on beach or rocks. Even a few inches of water under a thrashing fish acts as a protective buoyant cushion.
- [3] Gentleness in handling is essential. Keep you fingers out of the gills. If you use dry hands take care not to remove slime or abrade the fish. Resist the tendency to squeese the fish for control. Small fish are best handled by thumb and forefinger on the lower lip.

Nets of (wet) soft cotton are helpful provided mesh does not become entangled in the gills. Nylon abrades. Hooks and lines catching in nets may delay releasing, so keep net in water.

- [4] Unhooking: Remove the hook as rapidly as possible with long nosed pliers or forceps unless the fish is deeply hooked. If deeply hooked, cut the leader and leave the hook in: it will eventually dissolve. Do not tear out hooks roughly. Be gentle and quick. Small fish, especially, may die of shock from rough handling. A freely bleeding fish should be killed and kept for the pan, if regulations allow.
- [5] Reviving: Some fish, especially after a long struggle, may lose consciousness and float belly-up. Always hold the fish in the water upright, heading upstream. Move the fish forward and backward to flush water through the gills. This artificial respiration may take a few minutes, especially in lakes. When the fish revives, begins to struggle, and can swim normally, release it to survive and challenge another angler.