

The Leader

THE NEWSLETTER OF THE GRANITE BAY FLYCASTERS

September 2016

<http://gbflycasters.org>

Leader's Line

by John Hogg, GBF President



The doldrums of summer are fading, and the best fishing months of the year now approach. Upcoming fishouts include: Truckee River (Sept 18), Carson River, (Sept 23), Little Truckee (Sept 24); and going into October, our annual autumn fishout on the Upper Sacramento River at Dunsmuir (Oct 6 -9).

At the September general meeting, our speaker will be **Jimmy Morales** of *Yosemite Fly Fishers* – Jimmy will be discussing fly fishing on waters in and near the Park.

The Annual Truckee River Fishout Saturday, September 17

by Eric Palmer

Every year at this time we have a Truckee fishout, and it's coming up Saturday, Sept. 17th. While **Ed Lloyd** has the Little Truckee well covered (Sept. 24), we will focus on the main river, and in particular, the Hirschdale Ave. stretch. And, just maybe, I can show some who are new or newish to the river some interesting areas worth exploring.

Hirschdale is the stretch reached via the long-abandoned state highway 40 that preceded I-80 into Nevada, and depending on how far we drive down the RR tracks, leads us to access into the canyon, and for the intrepid river walker as far as Farad, the next stop on the freeway.



IN THIS ISSUE

Annual Truckee River Fishout	1 - 2
Calendar of Events	2
Classes and Clinics	7
Classified Ads	6
Conservation Corner	4 - 5
Fly Tyer's Corner	7 - 10
It's Upper Sac Time!	5 - 6
Leader's Line	1
Monthly Program	2
Officers	11
Tenkara Fishouts	3
Virginia Lakes fishout Report	3 - 4

The Hirschdale stretch has a bit of a split personality beginning with a flat, mellow, grassy, easily-fished, meadow-like terrain, to the canyon stretch beyond the Hirschdale trestle where access can be a bit more demanding, but rewarding, with deeper water and bigger fish in the plentiful pocket water.

The sign-up sheet will again be on the table at the Sept. meeting, and if you miss the meeting, you can always email me at ejpalmer@pacbell.net.

Those who sign up will receive ample information on flies, rigging and our agenda for the day, and most importantly, a

Continued on Page 2

S E P T E M B E R 2016						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1.	2.	3. Spey Casting Clinic
4.	5.	6. Board Meeting 7:00 PM	7.	8. Monthly Meeting 7:00 PM	9.	10.
11.	12.	13.	14.	15.	16.	17. Truckee River Fishout
18.	19.	20. Fly Tying Jam Leader Tying Clinic Tenkara Casting Clinic	21.	22.	23. Tenkara Fishout #2	24. Little Truckee Fishout #3
25.	26.	27.	28.	29.	30.	

Annual Truckee River Fishout - Continued from Page 1

custom-made Truckee access map available only to fishout participants. And by the way, if you're wondering what short-line nymphing is all about, or maybe you're just a little rusty, the Truckee is a perfect river for the method, and will provide a chance to brush-up before hitting the Upper Sac in October. If you any need help, I'll be glad to give you a jump start. In the mean-time, see the Truckee fishout page on the Message Board [here](#) for preliminary info.

Thanks for your time and see you on the Truckee ...

Monthly Program



Our speaker, **Jimmie Morales**, grew up in Fresno, not exactly a hub of great fly-fishing in California. However, with Yosemite to the north, Kings Canyon and Sequoia National Parks to the east, the Sierra National Forest to the northeast, O'Neal Forebay and San Luis Reservoir to the west, and great surf fishing over on the Monterey coastline, he found himself surrounded by a variety of excellent fishing opportunities. He started fly fishing 41 years ago, and has been guiding professionally since 1995.

His program will focus on fishing in and around Yosemite, assisted by the spectacular photography of his partner, **Andrew Maurer**, whose photos have been featured in numerous national outdoor publications.

Tenkara Fishouts

by John Pellegrin

We held the first 2016 Tenkara fishout on Saturday, July 16th. There were five of us there. I had checked out the upper West Carson the week before, and found that the stream was running low and had a lot of bushes surrounding the stream. Given that there were some people signed up that were fishing Tenkara for the first time, or had fished Tenkara only a little, we changed the location to the Silver Fork, which was also a much shorter drive. The Silver Fork has good clearance from foliage, was at a good level (90 cfs), and easy to wade. The fishout was very successful, with everyone catching fish (rainbows), and getting a good sample of Tenkara fishing. At 5000', the location also offers a good escape from the valley heat.

There will be a second Tenkara fishout on Friday, September 23rd at the East Carson, beyond Hangman's bridge. It will offer an opportunity to find some good-sized browns. This will be for people that are familiar with Tenkara and the equipment. So, if you wish to go but are needing some startup information first, please contact me and we will get together before the fishout. There will be two loaner rods and accessories from the club available.

Virginia Lakes Fishout Report

by Michael Kaul

Once again the annual fishout to Virginia Lakes was wonderful. The weather could not have been better, the fishing was very productive, the hiking and scenery were spectacular, but most of all the people were terrific. **Jack Pueler, Drake Johnson, Doug DiRuscio**, his father, **Joe**, and his son, **Justin, Art Hawkins, Don Craig, Dave Fujiyama, Gary Gale** and his wife, **Lynn Marks**, and **Jack Ramos** all joined us.

Continued on Page 4



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"They have the largest selection of fly tying materials in California!" - Andy Burk

Virginia Lakes Fishout Report - Continued from Page 3

The evenings around the fire at Doug's camp were priceless. We also had a drive-by "pie-and-wine event." As we were getting ready for the tacos, a car stopped on the road, and **Sam Pettinato** got out and gave us a delicious apple pie and a nice bottle of wine. He then drove off to go fishing, and we never saw him again.

If you couldn't go this year, I hope you can join us next year.

Conservation Corner

by Mel Odemar, VP Conservation

On August 6, nine volunteers from the Granite Bay Flycasters participated in creating new trout spawning habitat on the Little Truckee River. They were: **Ron Fay** and his son-in-law **Chris Redd**, **Jim Groves**, **Don Whitecar**, **David Fujiyama**, **Wendell Edwards**, **Ed Lloyd**, **Christopher Warren**, and **I**.

This was the final phase of a stream improvement project by the Truckee Chapter of Trout Unlimited on the Little Truckee River. Our club contributed \$1,500 towards the project in the 2014-15 budget cycle. A total of 54 volunteers comprised of members of several fishing clubs, local guides and other environmentalists participated. Over the course of 3 hours, 10 yards of gravel were deposited immediately downstream of Stampede Reservoir. Manually moving 10 yards of gravel across a river, a bucket at a time, is no easy task. For many, if not all of us, this was the closest to manual labor we have experienced in a long time. We were rewarded at the end with a cold Sierra Nevada and the satisfaction of a job well done. The efforts of our volunteers, along with our financial support to the project, are meaningful contributions towards the future of the Little Truckee's wild trout fishery.



Little Truckee Bucket Brigade

Continued on Page 5



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Conservation Corner - Continued from Page 4



Photo by Jack Childress

Little Truckee Stream Workers

A similar stream and fishing improvement project will be implemented on Putah Creek by the Truckee chapter of TU and Putah Creek Trout. The GBF contributed \$500 towards the project in last year's budget cycle. **Steve Karr**, Executive Director Putah Creek Trout, is scheduled to give a presentation to the conservation committee at the August 22nd meeting. A report of his presentation will be given in the October issue of *The Leader*. I look forward to future partnerships with TU, for I believe that the most effective way for our club to contribute towards meaningful conservation efforts is through such partnerships.

It's Upper Sac Time!

by Eric Palmer

October approaches, and that means "Upper Sac time" is almost here! Of course, I'm talking about the 16th annual Upper Sac Fishout, short-line nymphing clinic, and all-around good time in Dunsmuir, **Oct 6-9 (Thur-Sun)**. The city of Dunsmuir has again renewed their "Big Fish program" with the planting of trophy Mt. Lassen rainbows to 14 lbs. If you prefer to pursue wild trout, there are over 35 miles of river access to scratch your itch.

Due to abundant pocket water, Short-Line nymphing is the method of choice on this stream. The technique originated on the Upper Sac in the 1920s at the hands of intrepid Wintu Indian angler, Ted Towendolly, originally "Tau'hin'dauli," as in the city park of the same name. The nymphing technique was subsequently passed on to **Ted Fay**, and later through **Ron Rabun**, to **Bill Carnazzo** who taught it to the rest of us GBF's, and now Ron continues the tradition. For more information on how to fish this technique, see the articles flagged in red on the GBF website [here](#).

Ron Rabun will again provide a Short-Line nymphing clinic in the Dunsmuir

Continued on Page 6

It's Upper Sac Time!- Continued from Page 5



city park on Saturday morning at 9:00 AM. This clinic will cover everything you need to know to fish the method successfully, and with ample opportunity for one-on-one coaching on the water (members only, no guests please). I will provide a leader rigging clinic on Tuesday, Sept. 20 at 6:30—same night as the Fly Tying Jam—for anyone wanting a jump-start on their leader rig and short-line amnesia indicator. This will allow you to hit the ground running Thursday, so on Saturday morning Ron can work with you on your technique on the water.

If new to the river, or new to fly fishing, you will be partnered up with someone who knows the ropes, and everyone who signs-up

will receive information on lodging, an agenda and directions for river access points. So, plan on joining us for 4 days of fun, good food at local restaurants, fish catching, great camaraderie and most importantly, advancement of your fly fishing skills. Can't make all four days? No matter, just come when you can. Signups at the Sept. and Oct. meetings, or email me ejpalmer@pacbell.net.

More details of this event are posted on our Message Board [here](#), where you can post any questions, request bunk-mates, ride sharing, etc.

Thanks for your time, and see you on the Upper Sac ...

Eric



Granite Bay Flycasters Classifieds

To place a classified ad, you must be a member in good standing of the Granite Bay Flycasters. Classified ads will run for only one issue of The Leader, unless the seller requests it to run longer. Submit your listing to: fstolten@comcast.net with subject line: 'GBF: Classified'. Or mail your info to: Frank Stolten, 8290 Country Lake Dr., Orangevale, CA 95662. All ads must arrive by the 15th of the month to be included in the following month's Leader.

Classes and Clinics

by Gordon Tornberg, Director of Education

During this year, the following classes and clinics have been offered to club members thanks to the great support from the club's more experienced members:

Fly Tying Jam	Net Building	Rod Building
Fly Fishing 101	Workshop on Novelty Flies	Tenkara Fishing Clinic
Fly Casting Fundamentals	Introduction to Float Tubing	Introduction to Spey Casting

In addition, the following are upcoming classes and clinics. Some have scheduled dates, while others will be scheduled shortly:

Scheduled Classes and Clinics

Fly Tying Jam
Fundamentals of Knots
Short Line Nymphing Clinic
All About Leaders
Rod Building

Dates

Third Tuesday of each month
September 20th
October 8th , Dunsmuir City Park
October 18th
On-going as needed

Upcoming Classes and Clinics

Pontoon Boat Clinic
Fishing with Floating Indicators

Tentative Date

Fall, Lower Yuba River
Fall 2016 w/ Clay Hash

Classes and Clinics for 2017

Net Building
Fly Fishing 101
Fly Casting Fundamentals

January – April 2017
February 2017
March 2017

If you have suggestions for other classes or clinics, be sure to contact me to discuss your needs and ideas. Look for specific dates and times on the web site, at upcoming meetings and in future *Leader* articles.

Bill Carnazzo Fly Tyer's Corner (Taken from the Article Written in September 2012)

Fly Patterns - Bill's Little Greenie



Bill's Little Greenie

Materials:

Hook:	Any standard nymph hook, #14-18
Thread:	70 denier flat nylon, fluorescent green, and Black "Sheer" 14/0
Beads:	Black, to suit hook size
Tail:	2 or 3 wisps of UV pearl dubbing
Body base:	Tying thread (very thin)
Body:	Dark olive spiky dubbing
Ribbing:	Fine gold wire
Legs:	None
Wing:	None
Thorax:	Fine black ostrich herl
Hackle:	Starling
Weight:	None
Head:	Thread

Continued on Page 8

Fly Tyer's Corner - Continued from Page 7

Description

Sometime when you are fishing a stream like the Upper Sacramento River, or the McCloud River, turn over a few rocks, or better yet grab a submersed branch or piece of wood and have a look at what lives in that part of the stream. You will undoubtedly find little dark green worms that have a black head—and they will likely be the most populous insect on the rock or stick. Then, during mid-to-late afternoon, use a seine net to see if you can find out what's in the drift. Again, you will likely find the same little green worms wriggling around on the screen. What are these little critters? They are caddis larvae; their taxonomic name is Rhyacophila; they and the Hydropsyche are the two most populous types of caddis. Rhyacophila are "free-living," meaning that they do not build a case like other types of caddis do. They are predatory by nature, and seek their food by wandering around on the rocks. In a very few situations, they can differ in color ranging to tan; but by and large, the insect is normally a deep olive color. Why would they be found on the screen of the seine? The reason is that one of this bug's characteristics is that it engages in what entomologists call "behavioural drift," which means that for some reason during the afternoon, these little guys will launch themselves en masse into the drift; there seems to be general agreement that this behavior is our Mother's way of ensuring that the entire stream is populated with this species. Here is a picture of the bug:



Rhyacophila favor riffle water; when they engage in behavioral drift a larva pattern will work if worked through the riffle near the bottom. In other words it is a perfect situation for short-line nymphing—or, if you are inclined to use bobbers, be sure that you are drifting your flies near the bottom (I don't recommend that technique, by the way). Rhyacophila hatch in the afternoon from late spring through August; pupa patterns are effective during a hatch. Hatched adults will return to the water during late afternoon and evening, and trout will sometimes take them as the bugs alight on the surface. A very interesting fact regarding the adults' behavior is that when they hit the water they dive beneath the surface to deposit their eggs on the rocks at the bottom; unlike mayflies, their eggs are not deposited on the surface. Does this suggest anything to you regarding fly patterns to imitate the diving behavior? A good source of information on this interesting characteristic is Ralph Cutter's *"Trout Food;"* another is Dave Hughes book titled *"Wet Flies."* More on this subject in later articles.

I developed this pattern over a relatively long period of time; it has undergone a few changes over the years, but it is basically the same as when I first tied one up. The most important characteristic of this fly, at least in my opinion, is the manner in which the abdomen is constructed. In the materials list you will note that I specify fluorescent green 70 denier tying thread for the underbody; it is important that the thread color show through the dubbing that is applied—but not so much that it predominates. The method I use to accomplish this result is to change the tying thread to black at the right step in the tying process and employ the "touch dubbing" technique that Gary LaFontaine (rest his soul) advocated in his books on tying caddis patterns. This technique creates translucency and an impression of life, unlike what would result if the fly's

abdomen was just an ordinary opaque dubbed body. The "shine through" technique, incidentally, is not new; it has been used for wet fly patterns (traditional winged wets, wingless wets, flymphs, soft hackles, and nymphs) for a very long time.

I tie this fly on a variety of hooks but as indicated in the materials list an ordinary standard wire 1x long nymph hook will work fine. The other hooks I use are the Daiichi 1260 because I like its curved shank and large gape, and scud hooks



Continued on Page 9

Fly Tyer's Corner - Continued from Page 8

because...well, because I can. I also add a "tail" of a few strands (and I do mean few) strands of UV pearl dubbing—not the flashabou type of strands. The tail is barely visible to the eye but does catch light in the water.

Tying Instructions

For best viewing: (1) Maximize your Computer Screen Window. (2) Type "Ctrl + or -" to enlarge or contract the photograph display. (3) Use the Horizontal and Vertical Scroll Bars to scroll right and up/down to display larger photos on your screen.

1. Crimp the hook barb and mount the bead. Cover the hook shank with a single, flat layer of the black thread; stop immediately above the hook point and leave the bobbin there.
2. From the package remove 3 or 4 wisps of UV pearl dubbing; roll them between your fingers and tie them in at that point.



Steps 1 & 2



Step 3

3. Cut a short piece of fine gold wire and tie it in at that same point. For now, just let the black thread bobbin hang there. Start the green thread behind the bead, and wrap it rearward in tight turns. Stop at the hook point, and then wrap it forward to the back of the bead, laying a nice smooth layer as you work forward. Remember: the body needs to be very thin. Whip finish the green thread there.

4. Using tacky dubbing wax, wax a 2 inch piece of the black thread; be sure to get the wax right up to the hook shank. Take a pinch of dark olive dubbing between your thumb and forefinger, and brush it along the length of the waxed thread, back and forth several times. This will result in some of the dubbing fibers sticking to the wax. Move the thread forward using relatively tightly spaced turns, ending just behind the bead. Although the fluorescent green doesn't show through much at this point, when it gets in the water there will be a significant difference. Rib the fly with the gold wire, making 5 turns, and tie the wire off at the front of the body.
5. Rib the fly with the gold wire, making 5 turns, and tie the wire off at the front of the body.



Steps 4 & 5

Continued on Page 10

Fly Tyer's Corner - Continued from Page 9



Steps 6 & 7

6. Tie in three barbules of fine black ostrich herl by their tips. It is good to snip off a bit of the tips before tying the barbules in, in order to obtain a stronger stem section. Wrap rearward over the herl tips to a point about 3 hook eye lengths behind the bead. The butts should now be pointing rearward.
7. Prepare a starling feather from the neck portion of the skin, as if you were preparing a soft hackle. See the July column for the method for accomplishing this. Tie the prepared feather in by its tip, concave side up, with the stem butt pointing forward. The feather should be tied in directly behind the bead.

8. Grab the 3 herls with your hackle plier and twist them counter-clockwise until they form a thin, uniform "rope." Wrap the rope forward to the back of the bead, using about 4 turns, and tie it off there.
9. Grab the stem of the starling feather with your hackle pliers and take two full wraps behind the bead, making sure that the convex side of the feather is up. Tie the feather off with a couple of tight turns behind the bead and clip the excess. Sweep the barbules rearward and whip finish behind the bead. Don't be tempted to wrap over the barbules because that will make them lie flat against the abdomen, which is not a desirable result because it inhibits their movement while drifting.



Steps 8 & 9

Now, go crank one of these bugs and fish it. I live by that simple philosophy.

Enjoy, and see ya on the creek...!!!!

Our website is designed to be a resource for club members who want to enhance their fly fishing experience through participation in various club activities. Check often at <http://gbflycasters.org> for information on club fishouts, conservation projects, classes & clinics, and other activities that support our mission.



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Granite Bay Flycasters

Mission: The organization is dedicated to conservation of fish habitat, advancement of the art of Fly Fishing, and good sportsmanship.

Meetings: General club meetings are held on the second Thursday of each month at the Granite Bay Activities Center on the shores of Folsom Lake. For directions, check <http://gbflycasters.org>.

Doors open between 6:00 P.M. and 6:30 P.M. for socializing and fly tying demonstrations. The business portion of the meeting begins at 7:00 P.M. The main program gets underway after a short refreshment break and usually involves a guest speaker and slide show, or other presentation. All meetings are open to the public and visitors are encouraged to attend.

Membership: Applications are available on-line at <http://gbflycasters.org> and at general meetings. Single membership: \$30; Family memberships: \$35; and youth (under 18): \$10. There is also an \$8 name badge charge for all new members. Membership is prorated throughout the year. For membership information, contact Don Whitecar at 916-804-5384, or visit the website at <http://gbflycasters.org>.

The Leader: To send articles, photos, ads and other materials, please e-mail to: Frank Stolten at fstolten@comcast.net. Please put **GBF Leader** in the subject line. Deadline for materials is the 15th of each month.

Please notify if address change

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