



November 2015

www.gbflycasters.org

Leader's Line

by John Hogg, GBF President



Only a few weeks left to the annual Swap Meet scheduled for Saturday, December 5. Be sure to reserve your space if you are going to sell some items—you can sign up at the general meeting on Nov 12, or contact Wendell Edwards or Don Van Sant who are ramrodding the event. And don't forget the chili cookoff at the swap meet—this will be your opportunity to see how your secret recipe holds up!

The Upper Sac fishout last month was well attended, and a rousing success. Meanwhile, 8 GBF members, including yours truly, ventured to Paradise Lodge located a few hours' drive from Cancun, Mexico. I'm sure we will have excellent fish reports on both trips at the next meeting.

We have two "Early Bird" raffles scheduled. You can get an entry if you purchase dinner tickets by December 31, and another entry if you renew your

membership for 2016 by December 31. Please renew on time!

Larry Lee's custom rod building clinics are well under way—there is still time to sign up. Contact Larry directly at <u>L3rods@gmail.com</u>.

Free Flies Anyone?

Many fly tiers have a few special patterns that they tend to tie more than others—or that they tie almost exclusively. Not surprisingly, these are probably the patterns they tie the best, fish the most, or both!

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These are also the patterns that they're happy...even proud to share with others when the opportunity arises. Giving flies away is a wonderful, personal way to help someone else enjoy our sport a little more.

The opportunity is here! We need club members who tie flies to share their passion and patterns with other club members by donating a box of their favorite flies for the next Annual Dinner Silent Auction.

If you can tie up some of your favorite patterns and put them in a new fly box for the club, you will be sharing your skill and experience with someone who really wants it (and is willing to pay for it)!

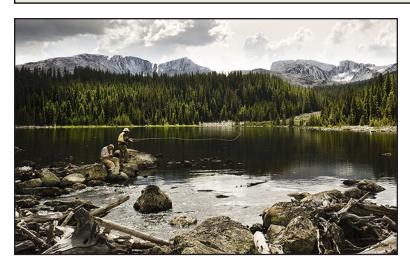
Helping the club raise funds this way also helps fellow anglers catch fish—and that's a win-win! If you can help your club and club members in this way, please contact Mike Howes at LifeIsReel@aol.com.

November 2015

The Leader

NOVEMBER ²⁰¹⁵						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1.	2.	3.	4.	5.	6.	7. Pontoon Boat Safety
8.	9.	10. Board Meeting 7:00 PM	11. Veteran's Day Fishout	12. Monthly Meeting 7:00 PM	13.	14. Pontoon Boat Safety
15.	16.	17. Fly Tying Jam	18.	19.	20.	21.
22.	23.	24.	25.	26.	27.	28.
29.	30.					

Monthly Program



Our program this month is a slide show of a 5-day horseback fishing and camping trip by ten intrepid GBF members into the Big Horn mountains of northern Wyoming, and lived to tell about it. Undaunted by a 4-hour, 15-mile ride on horseback that would have discouraged lesser mortals, they experienced wilderness fishing in a spectacular high elevation setting. This trip will be offered again in July 2016 by Big Horn Outfitters. So, for anyone interested in going, this showing would be good exposure. http://www.bighornoutfittersfishing.com

Membership

by Ted Way, VP Membership

Our 2016 membership and renewal drive is underway. We have lots of activities in store for 2016, and your membership renewal is your admission ticket! You can renew via PayPal (on our website), or by paying at our monthly meeting, or by **sending me a check made out to** *GBF* at: 113 Carmody Circle, Folsom 95630.

Fishmaster's Corner

More Safety on the River: Communication —the Walkie-Talkie

by Tony Jelinek

To continue the theme of fishing safety, here are a few thoughts on walkie-talkies. You may think that walkie-talkies are old school, but these older technology radios, dating back to the 1940s, make short-range wireless communications possible in places where cell phones go to die.

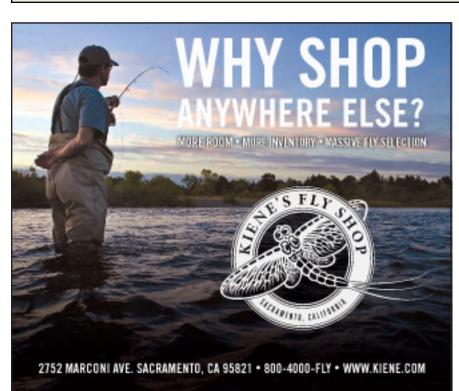
Walkie-talkies have a half-duplex channel, which indicates that only one walkie-talkie on a channel can transmit a signal at one time, although many radios can receive that same signal. In other words, unlike your phone, in which both parties can interrupt or add to the conversation in a ceaseless flow of sound, walkie-talkies use a push-to-talk (PTT) system.

Because you don't have to dial a number each time you want to transmit, walkie-talkies are quick and easy to use. And best of all, they don't rely on finicky cell phone signals. The handsets transmit directly to each other. They're designed primarily for short-range communications, in which groups of people are within a few miles of each other; so perfect for communicating when fishing on a stream, or out in float-tubes on a lake.

Power and sensitivity continue to increase, and prices continue to go down. More and more walkie-talkies also come with ruggedized components so that they'll withstand the abuse of the outdoors. Many are water-resistant, and some even float. And, many models now come with voice activation (VOX) so that you don't even have to press a button to begin speaking.

Add a level of security to your next fishing outing by ensuring that you can communicate with your fishing buddy with the simple push of a button, and pick up a set of walkie-talkies.

Source: http://electronics.howstuffworks.com/walkie-talkies.htm



Conservation Corner

by Mel Odemar, VP Conservation

The September 29, 2015 press release by the California Natural Resources Agency titled, "Delta Poses 'Wicked' Problems That Must Be Managed," is a powerful message regarding the status of the Delta, and the imperative that bold actions must be taken to avert system collapse. The release states that problems in the Sacramento-San Joaquin Delta are so complex as to fit the scientific definition of "wicked"meaning, they cannot be ignored, defy straightforward characterization, and have no simple solutions. The press release and supporting documents can be found here.

This conclusion was reached by a panel of four expert scientists in a

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Conservation Corner - Continued from Page 3

report requested by the California Natural Resources Agency, U.S. Department of the Interior, and NOAA Fisheries. The authors state that the status quo of Delta water management is unsustainable, and that the problems cannot be solved in the traditional sense. The authors go on to say managing the water supply alone is complicated, but add in the imperative to sustain the ecological and social values of the Delta, and

every decision becomes unimaginably complex.

The solution that has been proposed by the State to date is the California WaterFix, a \$15 billion infrastructure proposal now undergoing environmental review. This solution includes construction of the Delta tunnels that I described in the September 2015 issue of *The Leader*, **"A Closer Look at the Delta Tunnels."**

We are living in a critical time where decisions and bold actions regarding the future of our environment must be taken. From the tone of the



Resources Agency press release and the attached report, I can only conclude that bold action will be taken. The stakes are too high for the issue to be ignored. If the California WaterFix is the only feasible solution, then I believe that the plan will be implemented.

Rather than simply opposing the plan, I believe that our interests would be better served if we get in front of it and provide input that protects our interests. Mere opposition without alternatives will not serve us very well. There have already been a number of changes in the proposed plan due to stakeholder input, and there is still time to shape the plan so that our interests are fully considered. "The message from this report is clear," said California Secretary for Natural Resources John Laird. "While different stakeholders express strong differences about project options and proposed habitat restoration, doing nothing is worse than anything on the table. We cannot be distracted from that fact. It should motivate us to find solutions together to the complex problems outlined in this report."

Annual Swap Meet and Chili Contest

December 5, 2015

Wendell Edwards and Don Van Sant, Swap Meet Coordinators

Greetings to those of you with an inventory of fly fishing equipment that needs a new home. We are excited to announce that you will have an opportunity on December 5th to offer those items for sale. Buyers, save those coins, as you will have the opportunity to buy great merchandise from 40-plus sellers.

This year, we expect to have sellers from CFFU and CFR. We will also have a great selection of continental breakfast refreshments available starting at 8:30 AM, with the chili contest starting at 9:30.

Signup for a seller's table at the November general meeting, or e-mail <u>wendelledwards@mac.com</u>, 916-508-7000.

Fishing Photos Wanted

The Annual Dinner committee is looking for photos of club members doing what they love... trying to catch fish! The photos will be used for a slide show to be shown during our 30th Annual Dinner coming up on Saturday, March 5, 2016.

Any images of you or other GBF fishout participants catching fish, or otherwise enjoying a fishing event, would be appropriate—and appreciated! If you can contribute in this special way, please contact Mike Howes at LifeIsReel@aol.com.

Little Truckee Fishout Report

by Ed Lloyd, Monthly Program Chairman

On Saturday, September 19th, we held our annual Fall Little Truckee Fishout. The participants were Art Livingston, Gordon Tornberg, Eric Palmer, Dave Fujiyama, Ron Fay, Boy Hoy, and myself. The hope, as always, was for everyone to have a great time, and of course, catch some fish. At the end of the day, we had only two fish between the seven of us.

What we were to find out however, was some great news that will help us in preparing for the LT next year. There has been a Habitat Restoration project taking place on The Little Truckee River, and it was completed just 8 short days before we arrived. More than a hundred boulders and a hundred trees were placed in the river, along with some bright sand for spawning and willow plants, in order to create shade once they are fully grown.

So, while the fishing wasn't necessarily great, the knowledge gained, especially knowing what positive effects the restoration will have on next years' fishing, is awesome. I look forward to leading next year's LT Fishout, because I'm certain it will be a series of fishouts that will long be remembered.

Trinity River Fishout

December 7 - 9, 2015 Leader: Corley Phillips

Strap on your waders, be ready for some possibly cold and wet weather, and also one of the greatest of fishing thrills—catching a winter steelhead. Catching a steelhead is like catching a rainbow trout on steroids.

Corley Phillips will be leading his annual trip to the Trinity. Fish range in size is between 3 and 13 pounds. Wild browns up to 5 pounds can also be caught. They are all hot fish that jump frequently and make your reel scream.

The fishout will start Monday, the 7th, by meeting in Williams at 8 a.m. at Granzellas for breakfast. The base of operations will be the Indian Creek Lodge in Douglas City. If all works out, you will be able to enjoy Corley's famous spaghetti feed Monday evening (December 7th).

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Trinity River Fishout - Continued from Page 5

The Trinity River is the major tributary to the Klamath River, and stretches 110 river miles from Lewiston Dam downstream to its confluence with the Klamath at Weitchpec. The river is world-famous for its fine steelhead and salmon fishing, as well as for trophy brown trout. You will primarily be fishing the Lewiston-Pigeon Point area.

Stock up on those steelhead flies and head on up for a fantastic fishing experience. For more information, go to the Granite Bay Flycasters web-site and check out the information in *Fishouts and On-the-Water Clinics* under *Forums*.

The Wooly Bugger

by Eric Palmer

(The first in an irregular series of articles on the origins of the essential flies that no angler should be without.)

It seems fitting that I should begin this series of articles with the Wooly Bugger, not just because chronologically it's probably the oldest documented fly known to fly fishing, but because in ancient times it was known as the "Palmer-Worm."

"Let us begin to Angle in March with the Flie: If the weather prove Windie, or Cloudie, there are severall kindes of Palmers that are good for that time."

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The Wooly Bugger - Continued from Page 6

So wrote Thomas Barker in 1653, a contemporary of Izaak Walton who also spoke of the fly in his, *The Compleat Angler*, co-authored with Joseph Cotton, and first published that same year.



The Palmer—Worm, ca. 1651

The creator's name and the exact date in the 15th century are lost in the fog of time. The original was tied on a handmade hook fashioned on a bent and tempered needle with a hand cut barb, since this was the era of DIY fishing tackle; no fly shops, no sporting goods stores in the middle ages. It was dressed with red silk thread, a body of deep red mohair and a hackle of brown-red cock. The optional ribbing was gold wire or tinsel finished off with a head of black silk.

And, as you will soon read, this fly can be one of the most productive and versatile in our arsenal, because it's a very convincing proxy for so much of what fish eat. In fact, some might argue that, suitably tied, weighted and fished, one could have a very successful year on lake and stream using only a Wooly Bugger.

But, where did that odd name, "Palmer-Worm," come from in the

first place? During the great crusades of the Middle Ages, 1095 to 1291, when religious pilgrims returned from the Holy Land, many did so carrying palm fronds, or with palm fragments pinned to their clothing as a token of their journey. Over time they became known as "Palmers," and as the centuries wore on, the many pilgrims seen meandering across Europe and Britain from one holy site or shrine to another, were similarly called "Palmers."



There's another creature that meanders about in the same fashion, Pyrrharctia Isabella, the larva for the Isabella tiger moth (and there are many, many variants). They roam the land in large groups devouring all in their path, and also happen to be excellent fish food, should they fall into the water from an overhanging branch or bank, or blown in by the wind. By the 1500s, this little fellow became known as the *Palmer-Worm* due to his meandering habit, much like the religious pilgrims.

And, it should be clear by now why the fly tying technique of using

hackle feathers to imitate the insect's defensive spikes became known as "palmering." So there you have it in a nut shell.

Thomas Barker, apparently partial to black, continued to write:

"First, a black Palmer ribbed with silver: the second, a black Palmer with an Orange-tauny body: thirdly, a black Palmer with the body made all black: fourthly, a red Palmer ribbed with gold, and a red hackle mixed with Orange cruel; these Flies serve all the yearlong morning and evening, windie and cloudie."

And, as further evidence that modern anglers in the 20th and 21st Centuries did not invent the concept of tying this fly in a wide variety of sizes and colors, in 1848, Edward Fitzgibbon in his *Hand book of Angling* quoted a prominent London angler as follows:

"As they are meant to represent the larvae of caterpillars of flies, as well as some of the insects themselves, it is very evident that their size and colours may be varied to infinity."

When the fly migrated to the U.S. in the early 20th century, it underwent a metamorphous. The hackle became shorter, with a wool or chenille body, and it sprouted a short, stubby red wool tail to match the

Continued on Page 8

The Wooly Bugger - Continued from Page 7

Wooly Worm caterpillar of the southern states, and thus the fly of that name that we see today. In 1967, Russell Blessing of central Pennsylvania tied the first Wooly Bugger that would be familiar to us with its long flowing chenille tail, to imitate the hellgrammite or Dobson Fly larva. His 7-year-old daughter came up with the cute name, and it stuck.



Now, here's the fascinating thing about the Wooly Bugger: Depending upon how it's tied, weighted, sized, and fished, this humble and easy fly tying beginner's first fly, can imitate a huge number of terrestrial and aquatic creatures that both trout, and large and small mouth bass feed on.

Ralph Cutter, in his book *Fish Food*, states that the Wooly Bugger is an excellent candidate for the sculpin and crawdad, along with a leach and many bait fish. It also makes an excellent tadpole, and even a stone fly. It's a steelhead fly, it works for salmon, and shad,

and the huge cutthroats in Pyramid Lake love them. A properly tied bugger can imitate a damsel or dragonfly nymph on Lake Davis. It's hard to find a more versatile must-have fly for our fly box.

How do you fish a bugger? Any way you want, depending on what you're trying to imitate. You can short-line nymph them, swing them; drift them with or without an indicator. Strip them like a streamer or just let them just tumble downstream with the current. Strip them fast, strip them painfully slow. Fish them heavily weighted, or with no weight at all. There is no wrong way to fish a Wooly Bugger, and the details on how to do so are just a Google away.

It's hard to go wrong with taking a John Gierach quote to heart, so try this on for size:

"If you're stumped and wonder aloud what do to do next, at least half of the fly fishers in North America will say, "I don't know, I'll try a bugger."

Thanks for your time, and see you on the water...



Granite Bay Flycasters Classifieds

To place a classified ad, you must be a member in good standing of the Granite Bay Flycasters. Classified ads will run for only one issue of The Leader, unless the seller requests it to run longer. Submit your listing to: fstolten@comcast.net with subject line: 'GBF: Classified'. Or mail your info to: Frank Stolten, 8290 Country Lake Dr., Orangevale, CA 95662. All ads must arrive by the 15th of the month to be included in the following month's Leader.

For Sale:

I'm selling my 8' Water Skeeter pontoon boat. It comes with oars, stripping apron, motor mount and gear storage rack behind the seat. Been used very little and in excellent condition. **The price is \$175.**

Contact Bill Ossolinski at 916-354-8474 or email bossolinski@sbcglobal.net



Everyone's invited to the GRANITE BAY FLYCASTERS 30th Annual Dinner and HUGE Fly Fishing Raffle & Auction!

Saturday, March 5, 2016 • Doors open @ 4:30pm

Granite Bay Flycasters is one of the most active fly fishing clubs in the West! This event supports our famous scholarship and conservation programs, and is a great way to meet other local fly fishermen and women. Please join us for this special evening...and you could win great gear, fantastic trips, and much more!

Entertainment provided by The Artful Codgers, the 2014 Super Senior Champions of the Far West District of the



Barbershop Harmony Society, as well as the 2015 Senior Champions for the Northeast Division!

BBQ dinner starts at 6pm. For tickets (just \$40/ea.) and all the event details, please visit our website: www.gbflycasters.org.



FOR RECOVER

DINNER LOCATION: Rocklin Event Center 2650 Sunset Blvd. Rocklin, Calif. 916-774-5950

of Northern California

10% net proceeds benefit CAST

Bill Carnazzo Fly Tyer's Corner (Taken from the Article Written in November 2011)

Fly Patterns - Shambles Caddis II



Materials:

Hook: Thread: Tail (shuck?): Abdomen: Hackle:	Tiemco 102, sizes 14, 16 Tan 8/0 Temple dog fur (olive or light brown) Medium opal tinsel and "touch dubbed" antron dubbing (olive or light brown) Palmered dry fly quality neck feather of a neutral color
Wing:	High quality deer hair (natural or burnt orange)
Head:	Thread

Shambles Caddis II

Description

Yes, I'm still on a Caddis kick. Maybe it's because lately I seem to be catching a lot of fish on Caddis imitations. In the July, 2009 Leader I featured a very successful fly that I call the "Shambles Caddis." I like to tinker, tweak, and fiddle around when I hold a hook captive in my vise—perhaps it's an exercise in creativity, an artistic expression if you will. Sometimes (not always), it's based on something I've observed while stumbling around on a stream, but mostly I think it's just a "what if...?" that flits through my psyche as I crank the bobbin. These brainstorms are not always productive—meaning theysometimes result in miserable failures when presented to wily trout: rejections, or just downright ignoring of the rendition that I am so proud of. But on occasion something I've created does actually work—and when I say "work" I mean it catches fish regularly in a routine of rigorous testing over time.

And so it was with the Shambles Caddis. It has never failed me when I fish it myself, and it has amazed guide clients in canyon stream settings—even rookies. In fact, I recently took two of my young grandsons to a little stream at around 6,000' elevation and they both caught trout on the S.C.

But I couldn't leave it alone; there's always that little tickle or voice inside that prods me to mess with success. And so I did. The result was Shambles Caddis II, and after a year or so of testing, it has proven itself by outshining Shambles Caddis I. The new features are a "tail" that I believe the fish mistake for a trailing shuck; a body base of opal tinsel; and a touch-dubbed rib that allows the opal tinsel to show through. The tail is made of a material called "Temple dog." I looked this term up on the Internet, and got numerous conflicting stories about what the devil a temple dog is—it seems that no one really knows. But I love the material; it's soft, pliable, and easy to work with. Oh, I forgot—I also stack the wing hair, which I didn't do for the original Shambles Caddis.

Fly Tyer's Corner - Continued from Page 10

Tying Instructions

For best viewing: (1) Maximize your Computer Screen Window. (2) Type "Ctrl + or -" to enlarge or contract the photograph display. (3) Use the Horizontal and Vertical Scroll Bars to scroll right and up/down to display larger photos on your screen.

- 1. Smash the hook barb.
- 2. Cover the rear of the shank with thread, leaving the bobbin at the back of the barb. Keep thread winds very sparse (don't overlap them) because we want a nice flat surface for the opal tinsel to lie on.
- 3. Tie in a "tail" made with a small pinch temple dog fur; keep it sparse, and the length should be no longer than the hook shank.



Steps 1, 2 & 3



Step 4

4. At the same spot, tie in a properly sized rooster neck hackle by its tip, and then a 3" length of medium opal tinsel. Leave the bobbin at the tie-in point.

5. Wrap the tinsel forward to just behind the hook eye and then rearward back to the hook bend. Tie it off there, and let the bobbin hang.



Step 5

Continued on Page 12

Fly Tyer's Corner - Continued from Page 11



6. Apply tacky dubbing wax to the thread; take a pinch of antron dubbing (hint: chop it finely with your scissors beforehand) and touch it to the waxed thread. This will trap some of the fibers of the dubbing in the wax and results in a sparse, translucent effect. Wind the dubbed thread forward, to the 1/3 point on the hook behind the eye, and leave the bobbin there. The winds should be spaced so that the dubbed thread appears to be a rib.



7. Grab the hackle with your hackle pliers and wind the hackle forward in the spaces between the dubbed rib. Tie the hackle off at that same 1/3 point and apply a tiny drop of superglue at that spot. Important: rotate the fly so that the hook point is in the up position, and trim all of the hackle from the bottom of the fly; this will allow the fly to sit flat on the water, as a natural insect does. Return the fly to the normal upright position.





- 8. Stack a medium sized clump of natural or burnt orange deer hair after cleaning out the under fur. Measure the hair so that it will reach from the front 1/3 point to just beyond the hook bend; any longer is too long. Pinch the hair, add ¼" in length, and trim the butts. Keep it pinched tightly in preparation for the next step. We want that additional ¼" so that we can create a "top notch" such as is sported by the Elk Hair Caddis.
- 9. Take a loose turn around the butts of the hair before applying it to the hook; this turn should be taken about ¼" behind the butts. Bring the thread and butts to the top of the hook and hold the hair there tightly while taking 10 tight turns around the hair and shank. Keep all of the

hair on top of the shank; don't let it roll over or you'll have an unbalanced fly.

- 10. Push the top notch back and up and create a small head in front of it. Whip finish the head.
- 11. Turn the fly over and put a drop of superglue at the base of the wing tie-in point. Return the fly to normal position and with your bodkin put a drop of superglue on the front of the "top notch." Push the top notch upward and rearward with your bodkin, holding it there for a few seconds until it stays in that position. Gluing at these two spots will make the fly very durable. A few days ago I guided two anglers on a small stream; they managed to fish the entire day each with one of these bad boys, while catching many trout. They even managed to keep the flies out of the trees and bushes (which is where most flies are lost, and no amount of super glue will help save them from oblivion).



Steps 8, 9, 10 & 11

Fly Tyer's Corner - Continued from Page 12 Tying & Fishing Tips

- 1. Gluing at the two spots mentioned in step 11 will make the fly very durable. A few days ago I guided two anglers on a small stream; they managed to fish the entire day each with a single one of these bad boys, while catching many trout. Miraculously, they even managed to keep the flies out of the trees and bushes (which is where most flies are lost, and no amount of super glue will help save them from oblivion).
- 2. The touch dubbing process is a Gary LaFontaine innovation. For more information, do a Google search on "touch dubbing."
- 3. If, at the end of step 9, your clump of deer hair wants to spin around the shank, it's probably because you didn't cover that part of the shank with some thread over the opal tinsel, or because your turns of thread were not tight enough. If it wants to spin, unwind it and do it over as there is no cure for this malady, at least in my view.

Go build and float a few of these bad boys, and....See ya on the creek..



Welcome to Our Newest Members

by Ted Way, VP Membership

Please join me in welcoming new members who have joined us recently. Make sure you keep an eye out for them at our meetings and events so that we can make them feel that they are an important part of our club.

Tracy Adams Bob and Sue Baker Chris and Debby Delgado F Brian Givens

Rob Lawrence

Our website is designed to be a resource for club members who

want to enhance their fly fishing experience through participation

in various club activities. Check often at <u>www.gbflycasters.org</u> for

information on club fishouts, conservation projects, classes & clinics,

and other activities that support our mission.

he Leader

Granite Bay Flycasters 4120 Douglas Blvd. #306-356 Granite Bay, CA 95746-5936

Granite Bay Flycasters

Mission: The organization is dedicated to conservation of fish habitat, advancement of the art of Fly Fishing, and good sportsmanship.

Meetings: General club meetings are held on the second Thursday of each month at the Granite Bay Activities Center on the shores of Folsom Lake. For directions, check www.gbflycasters.org.

Doors open between 6:00 P.M. and 6:30 P.M for socializing and fly tying demonstrations. The business portion of the meeting begins at 7:00 P.M. The main program gets underway after a short refreshment break and usually involves a guest speaker and slide show, or other presentation. All meetings are open to the public and visitors are encouraged to attend.

Membership: Applications are available on-line at www.gbflycasters.org and at general meetings. Single membership: \$30; Family memberships: \$35; and youth (under 18): \$10. There is also an \$8 name badge charge for all new members. Membership is prorated throughout the year. For membership information, call Ted Way at 916-761-7115, or visit the website at www.gbflycasters.org.

The Leader: To send articles, photos, ads and other materials, please e-mail to: Frank Stolten at fstolten@comcast.net. Please put GBF Leader in the subject line. Deadline for materials is the 15th of each month.

Please notify if address change

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Kent Ripley Youth Program	910-797-0940
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