

The Leader

THE NEWSLETTER OF THE GRANITE BAY FLYCASTERS

July 2015

www.gbflycasters.org

Leader's Line

by John Hogg, GBF President



July 1st notes the beginning of the Club's 2015 fiscal year, and with it a number of changes to your Board of Directors. Finishing their terms as Directors, are **Scott Vaughn**, **Dave Jones** and **Leaman Houston**. They earn a sincere thank you from all of us—and now they can get back to their fishing!

Their replacements—duly elected by voice vote at the June general meeting— are **Eric Palmer** and **Gordon Tornberg**, who will both serve a three-year term, and **Ron Rabun**, who will serve one year as Director at Large.

GBF has concluded a very successful year under the guidance of **President Tony Fabian**. We had a very successful dinner, made lots of conservation contributions, had some great speakers at our monthly meetings, and many, many fish outs and education clinics. Tony's hard work and extraordinary diligence demands our gratitude. But once again, there is that inborn call for

more fishing time, and Tony will move on to assume the board position of Past President.

Mike Howes, who served last year as Past President, and before that two years as President, will now start counting the beans as Treasurer. I know he will bring his usual enthusiasm and good sense to the position. The last I saw of him, he was headed for Walmart to try and buy a calculator on sale!

That leaves yours truly to serve as your elected President for the upcoming year. It was a tough election, but I prevailed as the only candidate! I look forward to maintaining the Club's successes, and hopefully, with your help and support, making some additional contributions.

On the Truckee in Nevada with Doug Ouellette

by Eric Palmer

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Going out with a guide these days is not cheap; it will cost you about half a good Sage rod or a very good reel, assuming there are two of you to split costs. So for me, I want to drive home at the end of the day having learned important stuff that I did not know that morning, and the more I've learned, the better. Fish to the net are great fun, but those memories fade. New knowledge of tackle selection, rigging, knots, refining casting technique, and learning new river access spots will last a lifetime.

I consider going out with the right guide a graduate level course in advanced nymphing. It's a variation on the old maxim "give a man a fish and you feed him for a day, teach him to fish, and....," you know the rest.

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J U L Y 2015

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1.	2.	3.	4.
5.	6.	7. Board Meeting 7:00 PM	8.	9. Monthly Meeting 7:00 PM	10.	11.
12.	13.	14.	15.	16.	17.	18.
19.	20.	21. Fly Tying Jam	22.	23.	24.	25.
26.	27.	28.	29.	30.	31.	

Monthly Program



Jack Parker

Our speaker this month is **Jack Parker**, a charter GBF member and a full time writer of adventure travel novels. If you haven't seen him at club meetings, you may have noticed him at book signings at Orvis or Barnes & Noble.

He will be speaking on his everyday routine as a writer, along with some of his fly fishing travels, and some of the many interesting people he's met along the way. Jack is a life-long writer, and initially wrote for fishing and outdoor magazines both in the U.S. and England. At one time, he was the senior editor-at-large for a fly fishing magazine. These days book writing takes up all of his time, and he no longer writes for magazines.

Granite Bay Flycasters Classifieds

To place a classified ad, you must be a member in good standing of the Granite Bay Flycasters. Classified ads will run for only one issue of The Leader, unless the seller requests it to run longer. Submit your listing to: fstolten@comcast.net with subject line: 'GBF: Classified'. Or mail your info to: Frank Stolten, 8290 Country Lake Dr., Orangevale, CA 95662. All ads must arrive by the 15th of the month to be included in the following month's Leader.

On the Truckee in Nevada - Continued from Page 1

All of these expectations were met in spades on a Monday in April when **Kim Lloyd, David Jones** and I hired Master Guide **Doug Ouellette** to take us out for a half day on the Truckee in Nevada; strictly Nevada, nothing but Nevada, because fishing this stretch of the Truckee was totally new to us, and we wanted to learn the ropes from the Grand Master himself.

The agreed upon meet-up spot was Cabela's at a comfortable 10 AM, and Doug found us at Customer Service securing our one day Nevada fishing licenses (\$18). From there, Doug led us to the fly line, leader and tippet department where he spent 30 minutes or so explaining his preferences and rationale in selecting the most cost effective, yet productive material for fooling and landing very large trout.

We learned that you do not need an expensive fly line for Short-Line Nymphing, since little to no fly line appears outside the rod tip-top anyway. We learned that Doug favors fluorocarbon by Seaguar on the cost effective bulk spools for terminal tackle with a butt section of blue Stren mono. The Seaguar is thinner and more supple for a given diameter than competing brands—Seaguar makes nearly all brands of fluorocarbon anyway, and actually invented the stuff—and the blue Stren turns a fluorescent blue in sunlight, so is highly visible as it enters the water, making it easy to quickly find and follow your leader for mending.



Next, we relocated our vehicles to the remote south-forty of the Cabela's parking lot where Doug assembled table and chairs for a short leader rigging clinic, where he then rigged our rods with his own Short-Line scheme, including his flies. You will find the details of Doug's Short-Line Nymphing rig on his web site [here](#).

With our three rods rigged, each with two of Doug's top three Truckee flies ("Stone Daddy," "Peaches 'n Cream," and "Sweet Pea"), our next stop was what Doug calls "The Barn Hole" at Mogul where I landed a nice trout in the mid/hi-teens on my second cast with Doug's "Peaches 'n Cream." As Doug netted my catch, he joked that he was sorry it took so long for the

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Denny Welch Attorney at Law

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An advertisement for Kiene's Fly Shop. It features a fisherman in a blue shirt and waders standing in a river, casting a fly. The background shows a sunset or sunrise over a body of water. The text "WHY SHOP ANYWHERE ELSE?" is prominently displayed in large white letters. Below it, in smaller text, is "MORE ROOM • MORE INVENTORY • MASSIVE FLY SELECTION". A circular logo for "KIENE'S FLY SHOP" is shown, featuring a fly and the text "SACRAMENTO, CALIFORNIA". At the bottom, the address "2752 MARCONI AVE. SACRAMENTO, CA 95821" and contact information "800-4000-FLY • WWW.KIENE.COM" are listed.

On the Truckee in Nevada - Continued from Page 3



first hook-up of the day. David, 30 yds. down from me, was soon fast to a fish with Doug's "Sweet Pea."

After a little sightseeing for more access spots in the Mogul area, we had lunch in Reno at an excellent poor-boy subway shop.

The afternoon was a mix of fishing several Reno city parks, interspersed with sightseeing for other potential and easily accessed spots that we just did not have time to fish, since we had asked for the grand tour so we could get a sense of where to fish the river in Nevada in the future.

At day's end, around 5 PM (a Doug O. "half day" remember) we called it a wrap. While we did not get the great numbers and size of fish we'd hoped for, going back to the learning thing mentioned earlier, we drove off into the setting sun more than happy with what we'd learned browsing tackle on the Cabela's

floor, at the mini-clinic in the parking lot, and on the river under Doug's expert tutelage. A day on the river with Doug O. is time well spent.

Fishmaster's Corner

Tony Jelinek, Fishmaster

Fishing Equipment update: Ticks

You are all set for your trip. You have checked your list—fishing license, waders, rod, reel, flies, leader, tippet, wading staff, wading boots, and net. You have all the essentials. But wait...you are heading into "tick country." Yes, we do have ticks throughout Placer County, and even up in the Sierras and around Lake Tahoe. Ticks like to hangout around trail margins, brush, and grassy areas. Besides being a nuisance and potentially causing infection, if a tick embeds itself into you, it can also transmit Lyme disease.

So, what should you do? Bring matches, so you can burn it out? Or, maybe it is best to bring petroleum jelly so you can coat it, and the tick will back out on its own? These solutions are myths. To avoid future confusion, the following are tips to provide peace-of-mind when heading into "tick country."

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Fishmaster's Corner - Continued from Page 4

1. Wear light colored clothing; so ticks can easily be seen.
2. Wear a long sleeve shirt for protection.
3. Wear long pants tucked into your socks for protection.
4. Wear a hat, as ticks like to attach to the scalp.
5. Avoid trail margins, brush, and grassy areas (easier said than done when trying to make it to that prime spot on the stream; so be aware that you are more apt to find ticks in these areas)
6. To remove a tick that has attached itself to you. do the following:
 - a. Use fine tipped tweezers.
 - b. Firmly grasp the tick's mouthparts—the part embedded in the skin (you may have to dig into the skin a little). Do not grab the body! You will break off the mouthparts, risking infection, and could squirt blood from the torn body.
 - c. Gently pull the tick straight away from you with a steady motion until it releases its hold. DO NOT TWIST! Twisting may break off mouthparts and lead to infection.
7. Put the tick in a plastic bottle or baggie to take to your doctor for Lyme disease testing.
8. Clean your hands and the bite with soap & water, rubbing alcohol, or an iodine scrub.

Update your fishing equipment list with a pair of fine-tipped tweezers, rubbing alcohol, and a plastic bottle, and you will be all set to head out into "tick country."

Sources:

1. Bill Carnazzo. Checklist for Upper American River Guided Trip.
2. Berkeley Wellness Letter:
www.berkeleywellness.com/self-care/preventive-care/slideshow/test-your-summer-savvy.
3. Laurie Sammis, et al. The Trail Book – Lake Tahoe. Peak Media. 1997.

Conservation Corner

by Mel Odemar, VP Conservation

With one month left in our fiscal year, the Granite Bay Flycasters has a conservation expenditure of over \$13,000 for FY 2014/15. Of that amount, the Conservation Committee distributed \$7,100 to ten different non-profit conservation organizations that I detailed in the June *Leader*. Although the budget category is labeled conservation, the category includes community outreach and education. The Board of Directors has pledged annual support to **Casting for Recovery** which resulted in a \$1,555 donation to that worthwhile organization this year. We spent another \$1,314 for the **Salmon and Steelhead Classroom Program**, \$2,080 for the **Robert P. Morton Fellowship**

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Conservation Corner- Continued from Page 5

with **HSU**, and \$1,288 to sponsor an **Eagle Scout project** to install a display aquarium at the Nimbus Hatchery Visitors Center.

A new program we are contributing to this year is **The Sierra Trout Camp** sponsored by TU and the California School of Flyfishing operated by Ralph and Lisa Cutter. This is a new program for students between 9 and 11 years old, and will be held at the UC research facility at Sagehen Creek. We have been looking for a good youth program, and this may fill the bill. I plan on attending as a volunteer instructor July 11th. If the program is successful, I may be looking for volunteers next year to participate. I'm looking for a leader. Any volunteers?

The Conservation Committee met June 3rd for the purpose of writing new protocols for selecting organizations for conservation donations. New protocols were adopted that require financial data and mission statements be considered. Such information will be available for Committee consideration prior to the donation meeting. This should greatly expedite the selection process. Meeting attendees were **David and Carol Tevlin, Wendell Edwards, Gordon Tornberg and Eric Palmer**.

Fishout Report

by Tony Jelinek, Fishmaster

Over the last month, several fishouts took place on varying types of water. Mother Nature decided to have winter the middle of May, which caused the cancellation of the **Bridgeport** (Twin Lakes, East Walker) fishout. **Bill and Bev Hagopian** are looking forward, though, to leading a trip next year.

Doug Kytonen led a group of four to **Collins Lake** for a day of fishing for sunfish and largemouth bass. Good pond-size sunfish along with bass were caught mostly around the dam area. The lake should remain fishable for a while, but with the weather heating-up and the emerging water-skiers, it is best to fish the 5 mph zone from the power lines towards the area where the creek comes into the reservoir.

Tony Hamamoto hosted another group at the **Greenstone lakes**. Blue gill were caught on top water using small poppers. Wiggle tails were working for large mouth bass.

John Pellegrin hosted the final in a series of **Tenkara fishouts** on June 2nd up at **Silver Fork**. Another good day was enjoyed on the river, discovering the joy of the Tenkara method of fishing. Everybody caught fish, and the number of members who have decided to get their own Tenkara rigs continues to grow. A total of 13 members participated in the three fishouts. Currently, twenty-two members own Tenkara rigs, an additional seven have tried Tenkara and may buy, and an additional five would like to try—a total of thirty-four members. Tenkara is a great way for fishing small streams—very light tackle with minimal equipment—a rod, a line, and a fly. It can also hold its own on large rivers.

Doug Kytonen introduced some of our members to **Jenkinson Lake** on June 10th. We had rain in the valley, but the anglers enjoyed a seventy-four degree, slightly overcast, beautiful day for fishing, with just a misty type rain for a little while that wasn't even enough to get anybody wet. Smallmouth bass were caught on black wooly buggers. The lake was very fishable, although lower than usual. The best fishing was by the Chimneys where the creek comes in and by the grassy meadow along the shoreline by the boat ramp. Some anglers were also trolling for trout around twenty feet deep.



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Bill Carnazzo Fly Tyer's Corner
(Taken from the Article Written in July 2011)

Fly Patterns - Bill's Swimming Hex Nymph



Bill's Swimming Hex Nymph

Materials:

Hook:	TMC 300 or similar hook, size 8
Weight:	3 wraps of lead-free weight at thorax
Thread:	Dark brown 8/0
Abdomen:	Orange flat waxed, smallest size available
Wing case:	Brown deer hair
Rib:	Extra-fine copper or gold Wire
Thorax:	Arizona Peacock dubbing, robust
Throat:	Pearl Spirit River Lite-brite
Hackle:	Brown spey hackle
Head:	Arizona Peacock dubbing

Description

A few years ago, when I went to Labrador with a small group of friends to fish for giant Brookies, we expected that there would be a good hatch of *Hexagenia* mayflies—and, as it turned out, that was the case. What we didn't know were two big factors: (1) The *Hexagenias* in Labrador are even larger than they are in our neck of the woods; and (2) There was a simultaneous hatch of Gray Drakes and Green Drakes—and each of these two additional species was the same size as the *Hexagenias*. In other words, as it happened there were three distinctly differently colored ginormous mayflies blanketing the water. Nevertheless, it didn't matter much because the fish gulped down all three species indiscriminately. My guess is that they do so because they are all a nice big meal, and their season of plenty is so short-lived that they eat whatever is available. Their watery home is frozen over for nearly 8 months, so as the lawyers say, "time is of the essence" for them.

Being contrarian by nature, I decided to see what would happen if I used the Hex nymphs that I had tied for the trip. The guides thought I was a brick or two short—and maybe they are right. But they stopped their prattling when they began seeing the results. Of course, once I had made my point I returned to the adults—as we all know, it just doesn't get any better than watching a big fish crash into your floating fly. More recently, on a trip to Henderson Springs for the annual Hex hatch at that venue, my theory about what big fish do during a Hex hatch proved itself time and again. My theory is quite simple: If you see fish swirling amidst a horde of adults adorning the surface of the lake, don't assume that they are taking the adults. In fact, at times they may not take the adults at all, opting instead to intercept the nymphs near the surface before they hatch. Instead of putting on my favorite Hex adult patterns, I set my rig up with a two-fly tandem arrangement: the top fly was my Swimming Hex Nymph, and the bottom fly was Lincoln Gray's Floating Nymph. My friend Keith Pierraz stood and watched as I landed 17 fish (all between 18 and 24") in an hour; after Keith left, I stayed for another hour and landed 10 more beauties. I would have kept at it but it was black dark and I had to get off the water. During that whole two-plus hours, I did not see a single fish take an adult. Go figure—but also give it some thought. I've watched countless times as anglers dig out their dry flies as soon as adult mayflies appear on the water. Big mistake. Stay with those nymphs until it is clear that most of the fish are taking adults. I will sometimes fish the nymphs or swing

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Fly Tyer's Corner - Continued from Page 7

soft hackle right through the hatch. Only when I'm sure—and I'm never sure of anything, really—that the fish are done with the nymphs will I switch to dries.

Tying Instructions

For best viewing: (1) Maximize your Computer Screen Window. (2) Type "Ctrl + or -" to enlarge or contract the photograph display. (3) Use the Horizontal and Vertical Scroll Bars to scroll right and up/down to display larger photos on your screen.



Steps 1, 2, 3 & 4

1. Smash the hook barb. Wrap 3 turns of weight at the thorax area, which will be about 2 eye-widths behind the hook eye.
2. Cover the shank with thread, leaving it at the back of the barb.
3. Tie in a piece of fine gold or copper wire.
4. Dub a relatively slender abdomen of Arizona Peacock dubbing; stop at the one third point on the hook shank behind the eye. Rib the abdomen with the wire and tie it off in front of the abdomen.

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Fly Tyer's Corner - Continued from Page 8



Steps 5, 6 & 7

5. Cut a small bunch of brown deer hair, clean it, and tie it in by the tips in front of the abdomen with the butts pointing to the rear. Leave it in this position for now.
 6. Dub a robust thorax of Arizona Peacock dubbing.
 7. Pull the wing case over the top of the thorax, tie it down in front of the thorax, and trim the excess.
8. Turn the fly upside down and tie in a beard of pearl Lite-Brite; this should be very sparse, and no longer than the hook point.
 9. Return the fly to upright position, tie in a brownish spey hackle, and take a few wraps in front of the thorax; tie it off and trim the excess.



Steps 8 & 9

Crank out a bunch of these blokes, go feed them to some trout, and...

Enjoy, and see ya on the creek...!!!

Welcome to Our Newest Members!

by Ted Way, VP Membership

Please join me in welcoming new members who have joined us recently. Make sure you keep an eye out for them at our meetings and events so that we can make them feel that they are an important part of our club.

David Barnekoff

Chris Impens

Our website is designed to be a resource for club members who want to enhance their fly fishing experience through participation in various club activities. Check often at www.gbflycasters.org for information on club fishouts, conservation projects, classes & clinics, and other activities that support our mission.

Granite Bay Flycasters

Mission: The organization is dedicated to conservation of fish habitat, advancement of the art of Fly Fishing, and good sportsmanship.

Meetings: General club meetings are held on the second Thursday of each month at the Granite Bay Activities Center on the shores of Folsom Lake. For directions, check www.gbflycasters.org.

Doors open between 6:00 P.M. and 6:30 P.M. for socializing and fly tying demonstrations. The business portion of the meeting begins at 7:00 P.M. The main program gets underway after a short refreshment break and usually involves a guest speaker and slide show, or other presentation. All meetings are open to the public and visitors are encouraged to attend.

Membership: Applications are available on-line at www.gbflycasters.org and at general meetings. Single membership: \$30; Family memberships: \$35; and youth (under 18): \$10. There is also an \$8 name badge charge for all new members. Membership is prorated throughout the year. For membership information, call Ted Way at 916-761-7115, or visit the website at www.gbflycasters.org.

The Leader: To send articles, photos, ads and other materials, please e-mail to: Frank Stolten at fstolten@comcast.net. Please put **GBF Leader** in the subject line. Deadline for materials is the 15th of each month.

Please notify if address change

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