

The Leader

THE NEWSLETTER OF THE GRANITE BAY FLYCASTERS

January 2015

www.gbflycasters.org

Leader's Line

by Tony Fabian, GBF President



Happy New Year to all. Well for me, I'm glad the holidays are over. Everywhere I go people were putting food in front of me, and it was all good stuff. I didn't want to hurt anyone's feelings, so I had to eat it. Now I have to walk twice as far as I did so my pants will fit.

ISE show January 8-11th. If you volunteered, you get in for free.

With the Holidays behind us, it's time to think about Annual Dinner tickets and donations!

The Granite Bay Flycasters Annual Dinner is always the biggest and best fly-fishing party around! We'd like everyone to join us for this wonderful and important evening. And, whether you can make the event or not, please consider donating something, fishing-related or otherwise, to help support the raffle and your club on this special night.

Here's everything you need to know about attending (and contributing to) this event...

- **When:** Saturday, March 14, 2015. Bar opens at 4:30; dinner starts around 6:00.
- **Where:** The dinner, raffle, and auction will be at the Rocklin Event Center in Rocklin. This spacious facility is located at 2650 Sunset Blvd, and has plenty of free parking.
- **Who:** Club members, friends, families, neighbors, co-workers...anyone who'd enjoy an evening out with good food, a great speaker, and an incredible raffle & silent auction.
- **What:** Great catered dinner, huge raffle and silent auction, and special guest speaker, **David Lambroughton**, who'll amaze us with tales and photos of his worldwide travels!

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• **Why:** Because you want an evening of fun, friendships, and fishing stories—along with the chance to win thousands of dollars in fishing gear, guided trips, and other prizes.

• **How:** Buy your dinner tickets (while supplies last) at next month's club meeting, or online at www.gbflycasters.org (via the 'store' link). Tickets are still just \$40 each.

• **Lastly:** If you can't make the dinner, please consider making a donation for the raffle or auction. If you can help in any way, please contact Mike Howes at lifesreel@aol.com.

Great Raffle Prizes

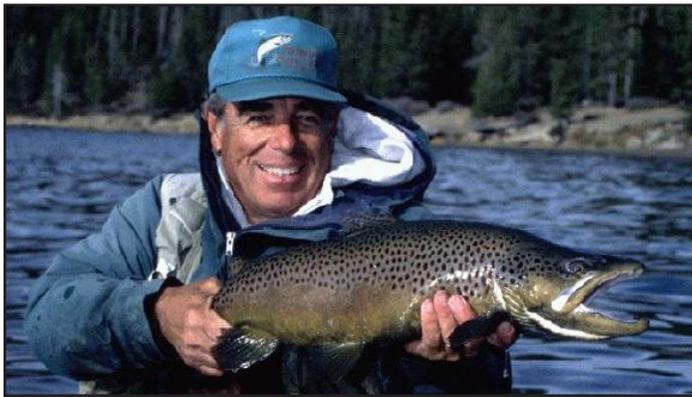
At each year's Annual Dinner, club member contributions make a huge difference—whether it's donated merchandise or services,

Continued on Page 3

JANUARY 2015

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1.	2.	3.
4.	5.	6. Board Meeting 7:00 PM	7.	8. Monthly Meeting 7:00 PM	9. ISE Show December 8 - 11	
11. ISE Show December 8 - 11		12.	13.	14. Conservation Committee Meeting 6:30 PM	15.	16.
17.	18.	19.	20. Fly Tying Jam 6:30 PM	21.	22.	23.
24.	25.	26.	27.	28.	29.	30.
31.						

Monthly Program



Denny Rickards

Our speaker this month is **Denny Rickards**, one of the foremost practitioners of stillwater fishing for trophy trout. His presentation will focus on **“Unraveling the Mysteries of Stillwater Fishing,”** especially for large trout. For the past thirty years Denny has fished and guided on some of the most challenging trophy trout waters in the western states where he developed his simplistic, yet highly effective approach and presentation techniques.

He spends over 250 days a year doing what he loves best: guiding, writing, tying flies, conducting fly fishing schools, and field testing and developing tackle manufacturer’s products. Many of his patterns have

become “go to flies” for lake fishing. His book “Fly Fishing Stillwaters for Trophy Trout” is a well known and valuable reference. There is a copy in the GBF library.

GBF Announces Member Donations Acknowledgement Program

Beginning with the February issue, GBF will list the names of members who have made financial donations to the club. Their names will be included each month of the fiscal year in which the donation was made. This is our small way of saying thank you for a contribution above and beyond. For further information, contact the Treasurer at johnhogg@sbcglobal.net.

Leader's Line - Continued from Page 1

or just pitching in some extra funds to help the raffle committee buy more prizes (usually at 'wholesale' or other discounted prices).

Please consider donating something for the Annual Dinner in March. Our success at collecting raffle and auction items is directly related to our success at raising funds to pay for club activities in the year ahead. Contribute now and you'll benefit all year!

Here are some of the kinds of things that club members have donated in years past:

- New, unused merchandise – fishing-related or otherwise.
- Flies you tied (favorite or specialty pattern?) in a fly box.
- Other handcrafted goods – fishing-related or otherwise.
- Professional services – in gift certificate or coupon form.
- Funds specifically designated for the purchase of prizes.

Getting any ideas? If you can help, please contact Mike Howes at lifeisreel@aol.com, or Frank Stolten at fstolten@comcast.net. Any contribution is appreciated, and all donators are duly acknowledged at the dinner.

Here Fishy Fishy!

Conservation Corner

by Mel Odemar, VP Conservation

It was good to see the rains finally arrive, but there was a bit more than we bargained for on December 3rd, resulting in the cancellation of the December Conservation Committee meeting. The meeting has been rescheduled for January 14th at the Roundtable Pizza, Sierra College and Douglas at 6:30 PM. David Lass, of Trout Unlimited, will be there to describe TU's habitat improvement project in the Little Truckee River. Also on the agenda will be a discussion on what types of conservation programs we want to support in 2015. Support can be in the form of hands-on efforts, as well as financial support through our conservation contributions.

Future communications with club members regarding Conservation Committee activities will be done through the message board on the club's website. Members are encouraged to use the message board to keep track of all GBF's activities. There is a wealth of information to be found there, and you can keep close tabs on what's going on.

I received the Truckee River fish counts for the October electro fishing project from John Hanson of the

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Conservation corner - Continued from Page 3

CDFW. He hasn't yet calculated the fish-per-mile, but the tallies are as follows: Paiute sculpin - 1401; rainbow trout - 320; brown trout - 88; mountain sucker - 63; speckled dace - 10; and mountain whitefish - 5. Thanks again to those who volunteered their efforts.

Of course, the species of greatest interest to us flyfishers are the two trout species, neither of which is native to the system. In fact, the brown trout isn't even native to the Americas, while the rainbow trout are only native to waters in the Pacific drainage. The native trout was the Lahontan cutthroat, the largest of all cutthroat species. The Pyramid Lake record is 41 pounds, and there is evidence that larger fish were caught in Lake Tahoe. Diversion dams introduced species along with introduced diseases, and over-fishing brought the species to near extinction by the 1940's. Successful rehabilitation efforts have brought the species back, and we now have a thriving population of Lahontans in Pyramid Lake, as well as some other lakes where they have been planted, and populations of much smaller fish in some area streams. Unfortunately, Lahontans have not found their way back to the Truckee River. How awesome it would be if there were still migratory runs of large Lahontans in the Truckee River. Nonetheless, today's Truckee River trout populations are a valuable resource, and it is important that they be managed for their intrinsic as well as recreational value.

Fishing Photos Wanted

The Annual Dinner committee is looking for photos of club members doing what they love...trying to catch fish! The photos will be used for a slide show to be shown during our 29th Annual Dinner coming up on Saturday, March 14, 2015.

Any images of you or other GBF fishout participants catching fish or otherwise enjoying a fishing event would be appropriate—and appreciated! If you can contribute in this special way, please contact Mike Howes at LifeIsReel@aol.com.

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The Wet Fly Award

The Board has begun accepting nominations for the club’s infamous Wet Fly Award. This annual recognition is bestowed on the club member that has demonstrated the highest level of ‘oneness’ with the waters we fish... who has taken that fateful extra step leading to an intimate bonding with the environment of our quarry... who has gone above and beyond the limit of mere waders to immerse him/herself in the world of our noble nemesis...who, in other words, has fallen in the water while fishing!

Who do you know who’s slipped, tripped, stumbled, fallen, crashed, capsized, or otherwise gotten soaked while fishing—and won’t mind having the story recounted aloud at our annual dinner on March 14th? If you have someone in mind, just contact any Board member to relay the deserving story. And remember... think wet!

Trinity River Fishout Report

by Corley Phillips, Fishout Leader

“Steelhead weather.” Avid steelheaders know that catching steelhead involves braving the elements. Sure, there was a period in September when people were catching the first of the Trinity River run in their shirtsleeves, but to improve your odds, you need to fish later in the season. That’s when the bigger fish are in. It’s also when the temperatures drop and the rain and snow starts.

As we approached December 7 to 9, the forecast for the Trinity River was for rain all three days. This seemed to scare people off, including a Fishout Master who shall remain nameless. So, by the time of the fishout, it was just **Dennis Baker** and Fishout Leader **Corley Phillips** prepared to brave the elements.

We drove up on Sunday and got a half day of fishing in. Alas, the weekends are crowded, and we had to take what runs weren’t still occupied and were available after someone else had already pounded them. That’s the challenge with fishing on a weekend day. No fish were hooked by either of us. But, the weather was nice—cloudy, but no rain, and temperatures in the mid 50s.

The next day, the two of us went out with **Michael Corley**, a guide out of Redding, who grew up fishing the Trinity. We floated the section from the Bucktail access to Steel Bridge. Mike had us start early, and it was a good thing we did. We were heading down a bit after 7:00AM, and were the first boat with four more trailing behind. For half the day, we were the first to hit every stretch of water we fished. Then, a “low holer” made a flimsy excuse for cutting us off, and got ahead of us. Needless to say, we did better early than late, but fish were caught all day. We did just a bit of swinging, unsuccessfully. The remaining time was spent indicator fishing with a variety of nymphs. The “psycho prince” that Dennis had brought along, as well

as a blue copper john (plus a variation called a blue Bob) seemed to be the most popular.

Corley was first to hook up, and landed a nice 3-4 pound steelhead. Then it was Dennis’ turn, and after four trips to the Trinity, he broke the curse and landed another 3-4 pound steelhead. As you can see in the picture, he was “psyched.”

Denny Welch
Attorney at Law

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Guide, Mike Corley, and Dennis Baker with his first Trinity River steelhead.

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Trinity River Fishout Report - Continued from Page 5

Corley then managed to foul-hook a 6-8 pound steelhead that we almost got to the net, and Dennis caught his second fish, which was even larger, in the 4-5 pound range. This gave Corley an inferiority complex, especially when another large fish first broke off as he was trying to gently encourage it towards the net. Upon examination, we realized that the fish still had the bottom fly in its mouth, as the top fly had lost its hook, and thus the dropper line had lost what was otherwise connecting it to the rig! Morale of the story—check those hooks, especially on small flies.

Mike then had us stop at an unlikely spot, one that had saved his bacon in the past, and we proceeded to do a “Fall River Twitch,” feeding our lines along the far bank for quite a ways. The biggest challenge was not snagging, and to also avoid catching a freshwater mussel. Corley caught two mussels, one of which had completely engulfed the fly, and the shell had to be broken to recover it. In spite of the obstacles, Corley managed to get a drift nice and tight to the bank, and even better, managed to get a hook-set in spite of all that line being out. We landed the largest fish of the day, which was 6+ pounds.



Guide, Mike Corley, and Corley Phillips holding the second of three steelhead he caught that day.

During this process, two more boats pulled in front of us, and we were thus facing fewer and fewer unfished opportunities. We had to choose our spots more carefully. When the guide is just trying to steer the boat, he discourages fishing. It usually leads to a snag that can't be rowed back to, followed by lost fishing time as a new rig is tied up. But, Corley doesn't follow directions well, and couldn't resist this little pocked he spotted near the bank in what was otherwise all whitewater. He tossed his flies and indicator in for what was a 10-second drift, at best. That was long enough to get the last steelhead of the day, the smallest at maybe 3 pounds, but still satisfying.

Unlike the prior day, or the next day, it drizzled on and off all of this day. But, rain is the steelheader's friend. It disturbs the water, making it harder for the first to see you coming, and thus get spooked. For that and perhaps other reasons, they are more actively taking flies. In total, Dennis and Corley hooked seven, and landed five steelhead (a mixture of wild and hatchery fish) in the rain. The two half-days on either side had no rain and no fish. So, the next time there's a Trinity trip, be glad when you see rain in the forecast. That's Steelhead Weather!

Fishmaster's Corner

by Eric Palmer

le•ver•age

noun \ le-və-rij, lē-; lev-rij, lēv-

- 1: the ability of one person to influence or impact many
- 2: influence or power used to achieve a desired result
- 3: the increase in force gained by using a lever

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Fishmaster's Corner - Continued from Page 6

I'm going to kick-off 2015 with a partial re-tread of a theme introduced in December of 2013 because it's very timely this month. When I think of a club Fishout, what comes to mind for me is "leverage;" of course there's also the other cool stuff like having fun catching fish, hanging out with fishing buddies, and making new friends.

The "leverage" comes from the fact that one individual who expends just a little additional time and effort, can have a significant impact on a larger group—one person does a little planning, sends some emails, maybe makes a phone call or two that results in 15, or 20, or maybe even 30 club members going fishing. That's huge leverage!

Furthermore, the Fishout participants may find themselves fishing a new destination that they might otherwise never have explored; they might find they love the spot and return later on their own. They will also likely make new friends and develop future fishing partners. And for sure, they will further hone their fly fishing skills. This is a very big deal, and huge leverage! And all because one individual went the extra mile to plan and lead a Fishout.

In the three years that I've had this job, eight (8) new Fishout leaders have stepped forward and made a positive impact on their fellow members with one or more fishouts each year:

- Ron Gadreault:** Fuller Lake
- Leaman Houston:** Truckee River
- Tony Jelinek:** Upper Sac
- Doug Kytonen:** Lake Amador, Ranch Seco, Sly Park, Stumpy Meadows
- Ed Lloyd:** Little Truckee.
- John Pellegrin:** Silver Fork-Tenkara clinics

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Fishmaster's Corner - Continued from Page 7

Mark Pinski: Baja, East Cape

Ted Way: Yuba pontoon fishouts & Clay Hash clinic orchestrator

Because of the efforts of these folks, in 2014 alone, over 100 members have gone fishing who otherwise might not have; again, leverage! And of course, this is in addition to the large number of members who went fishing under the direction of our long-term, dependable, and stalwart members who have been heading up Fishouts to their favorite water for many years. A huge thank-you to all Fishout leaders, and let's do it all again in 2015, and then some!

If you have never led a Fishout, and even if the thought of doing so seems a little intimidating, please consider this: a) I will walk you through the process and guarantee you will find it a fun and rewarding experience; b) you do not need to be an expert on the venue you choose, and in fact, you don't even have to be an expert fly fisher—just do sufficient research to know access points and how to fish your destination; and c) I guarantee that you will emerge from the process more experienced, and with more friends and fishing partners than when you started. It worked for me, and it can work for you!

If I've enticed you at all with any of this, and you have a fishing destination in mind, shoot me an email at ejpalmer@pacbell.net. We can discuss your ideas, and I'll help you become a GBF fishout leader.

Happy New Year, thanks for your time, and see you on the water...

History of Fly Fishing, Issue #13

by Ed Lloyd, Monthly Program Chair

Let us review briefly what we now know. We know, for instance, that the sport of fly fishing allegedly originated, or so we thought, somewhere in the region of Mesopotamia, or near the crossroads of merchant trade some two thousand years ago. Then, it was believed that the sport may have originated somewhere in Northern Europe, where it was thought that the sport was practiced by shepherders in the mountain streams of the continent. Next, it was believed that the sport of fly fishing began in the mountains of Japan,

or otherwise known to the Japanese as Tenkara. Also, word was passed that during the Early Middle Ages artificial flies were described as being made from expensive silk, and tied onto hooks using horse hair. It was known during most of this period by simply word of mouth being passed from the merchants traveling the crossroads, and relaying stories to other merchants traveling in the opposite direction. What really became obvious, was the realization that many of these reports were possibly occurring at the same time in history, even though it did not seem that way. In addition, the book, *The Treatyse*, which was published somewhere in England, actually did not experience much in the way of circulation because only 1 in 5 Brits could read. Of course, once the printing press was invented, and more and more

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History of Fly Fishing, Issue #13 - Continued from Page 8

books were made and circulated, the reading and literacy rates soon picked up. Now, let's fast forward and begin taking a look at another aspect of the sport of fly fishing, the origin of the hook.

The origin of the hook begins with primitive men using bone gorges made from "slivers of bone, flint or turtle-shell, attached to a line which was knotted through a hole near the center of the gorge. The idea was that the fish swallowed the gorge end first in a bait, and the fisherman hoped that a brisk pull on the line would level the gorge across the fish's mouth, trapping it in place." Even though this appeared to be rather difficult, some fishermen became quite the experts at it, and today eel fishermen use this technique quite well. So, now the search was on to find some technique, anything better than the gorge. We know that it was simply a matter of time until it became a reality, although it is still unknown exactly when this occurred. Although it is uncertain exactly when the hook became evident, it is believed that there was an "intermediate stage" happening before the hook came along. For example, information began to circulate that "spikes set obliquely in the ends of pliant shafts, and fairly obviously, there was a long period of co-existence between the two technologies." However, until the actual hook, imitations of hooks surfaced, such as those made out of bone, shell, wood, and thorns. Also, even though it does not seem possible, hooks made of wood have survived for several centuries, and are used today in Africa to catch crocodiles. The Mohave people even used recurved spines of many species of cacti as hooks, even though the use of bone remained the most popular way for the making of a hook. It has proven to be quite difficult to exactly pinpoint not only when the origination of the hook occurred, but to determine the timetable as well. In the next issue, we will learn just how, or when the hooks were being made out of iron or bronze.

Bill Carnazzo Fly Tyer's Corner
(Taken from the Article Written in January 2010)

Fly Patterns - Hogan's S & M Nymph



Hogan's S & M Nymph

Materials:

Hook:	Standard nymph hook, #18-20
Bead:	2mm shiny copper bead
Thread:	8/0 olive brown
Tail:	5 or 6 pheasant tail barbules
Abdomen:	Pheasant tail
Ribbing:	Chartreuse wire, extra small
Thorax:	Olive brown dubbing
Wing case:	Brown goose biot
Legs:	2 strands of pearl crystal flash

Description

Hogan's S & M Nymph was the star performer at the recent Upper Sac outing....even out-fishing Bill's Stick Caddis, which is generally the number one fish-getter at this time of year. This year's weather, being warm with crisp blue skies and very low, crystal clear water conditions, seems to have affected the normally heavy October Caddis hatch which, in turn, reduced the effectiveness of October Caddis patterns (larva, pupa, emerger, and adult). Many fish were still caught on the Stick Caddis, but the small nymphs clearly out-performed all others—with the S & M leading the charge.



That's the "bad news;" the "good news" is that there were prolific hatches of *baetis*, or blue

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Fly Tyer's Corner - Continued from Page 9

winged olive mayflies. BWOs are tiny grayish olive bugs, normally imitated well by tiny Pheasant Tail nymphs. The nymphs were active most of the day, but particularly in low light conditions (early morning, especially) and on days when there was some cloud cover.

The S & M in various sizes probably imitates a host of mayfly nymphs (and probably some species of midges), but in the smaller sizes (16-20) it is especially effective as a *baetis* nymph imitation. My guide clients, on Thursday, Friday, and Monday were able to land many trout using this pattern—with a few fish in the 18" range. Outing participants also found it to be particularly effective.

Since *baetis* hatch virtually all year long, including Winter, let's put a few of these in our fly boxes.

Tying Instructions

For best viewing: (1) Maximize your Computer Screen Window. (2) Type "Ctrl + or -" to enlarge or contract the photograph display. (3) Use the Horizontal and Vertical Scroll Bars to scroll right and up/down to display larger photos on your screen.



Steps 1 & 2

1. De-barb the hook, add a 2 mm copper bead to the hook, and cover the shank with thread.
2. Using 5 or 6 pheasant tail barbules, tie in a tail just above the back of the barb. At the same spot tie in a piece of chartreuse wire.
3. Tie in a few pheasant tail barbules by their tips at the same spot. Wrap them forward to the 1/3 point on the shank and tie them off. This forms the abdomen of the fly. Wrap the wire rib forward in close turns and tie it off at the front end of the body.



Step 3



Steps 4 & 5

4. At the same spot, tie in a brown goose biot with the butt end pointing rearward. This will be used for the wing case.
5. Dub a small thorax in front of the abdomen.



Steps 6 & 7

6. Tie in two short strands of pearl crystal flash just behind the hook eye so that there are two "legs" on each side of the fly. The strands should be pointing rearward. Clip the crystal flash legs so that they end at the point of the hook.
7. Apply a tiny drop of Dave's Flexament or similar glue to the top of the thorax and quickly pull the biot over the top. Pull the crystal flash legs rearward so that they lie alongside the body of the fly. Tie off the biot behind the eye of the hook and whip finish.

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Fly Tyer's Corner - Continued from Page 10

Tying & Fishing Tips

1. I like to fish this fly on a 6" or 7" 4X dropper protruding from the main tippet. I use a loop knot to tie on the fly, as it gives the fly more action in the drift.
2. If you begin catching lots of fish on this fly, try putting two of them on—one on the dropper and the other on the point fly—perhaps using different sizes.
3. Fish this fly whenever you see BWOs flying around the stream, or see their nymphs swimming about in the shallows.

Fish this delicate little bug all year long—you won't regret it. See ya on the creek..

Enjoy, and see ya on the creek...!!!

Membership Renewals are Due

by Ted Way, VP Membership

It's that time of year again! I know, Christmas is past, but it's not too late to give a gift to yourself that you'll enjoy all year.

Membership fees are \$30 for individual members, and \$35 for family memberships. There are several payment options: cash, check, or credit card at the general meetings, OR, you can pay by PayPal on the [club's website](#).

If you prefer to mail your renewal, please send your check made payable to **Granite Bay Flycasters** to the following address:

Ted Way
113 Carmody Circle
Folsom, CA 95630
916-761-7115
tedway@comcast.net

Membership fees and our annual dinner are the major sources of the funds needed to operate our club. As the best fly-fishing club around, the timely payment by our members is an important element in balancing our expenses and income each year.

Thank you in advance for supporting your club, and we look forward to your continued participation in 2015.

Granite Bay Flycasters Classifieds

To place a classified ad, you must be a member in good standing of the Granite Bay Flycasters. Classified ads will run for only one issue of The Leader, unless the seller requests it to run longer. Submit your listing to: fstolten@comcast.net with subject line: 'GBF: Classified'. Or mail your info to: Frank Stolten, 8290 Country Lake Dr., Orangevale, CA 95662. All ads must arrive by the 15th of the month to be included in the following month's Leader.



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Granite Bay Flycasters

Mission: The organization is dedicated to conservation of fish habitat, advancement of the art of Fly Fishing, and good sportsmanship.

Meetings: General club meetings are held on the second Thursday of each month at the Granite Bay Activities Center on the shores of Folsom Lake. For directions, check www.gbflycasters.org.

Doors open between 6:00 P.M. and 6:30 P.M for socializing and fly tying demonstrations. The business portion of the meeting begins at 7:00 P.M. The main program gets underway after a short refreshment break and usually involves a guest speaker and slide show, or other presentation. All meetings are open to the public and visitors are encouraged to attend.

Membership: Applications are available on-line at www.gbflycasters.org and at general meetings. Single membership: \$30; Family memberships: \$35; and youth (under 18): \$10. There is also an \$8 name badge charge for all new members. Membership is prorated throughout the year. For membership information, call Ted Way at 916-761-7115, or visit the website at www.gbflycasters.org.

The Leader: To send articles, photos, ads and other materials, please e-mail to: Frank Stolten at fstolten@comcast.net. Please put **GBF Leader** in the subject line. Deadline for materials is the 15th of each month.

Please notify if address change

Officers, Directors and Committee Chairs

President - Tony Fabian 916-415-9095 tentwofly@outlook.com	Casting Instruction John Hogg 916-663-2051 Rick Radoff 916-870-9637
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Treasurer - John Hogg 916-663-2051 johnhogg@sbcglobal.net	Fly Tying Jim Holmes 916-967-6709
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Through June, 2017 - Wendell Edwards 916-989-1442 wendelledwards@mac.com	Golden Trout Program David Jones 916-474-4986
Through June, 2017 - Lester Grigsby 916-671-4984 lesterg@surewest.net	Leader Editor Frank Stolten 916-725-6894
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Through June, 2016 - Don Van Sant 916-927-9824 donvansant@pacbell.net	Librarian Kim Lloyd 916-988-3828 Don Lounsbury 916-612-5385
Through June, 2015 - David Jones 916-474-4986 djj6451@yahoo.com	Merchandising Ron Ellis 916-728-2417
Through June, 2015 - Scott Vaughn 916-933-6844 scott.vaughn68@gmail.com	Monthly Programs Ed Lloyd 916-939-0540
Director at Large, 1 year term - Leaman Houston 916-488-0191 leamanhouston@hotmail.com	Webmaster Kent Ripley 916-797-6940
Past President - Mike Howes 916-863-6795 lifisreel@aol.com	Youth Program Position Open
<u>Committees:</u>	
Annual Dinner Mike Howes 916-863-6795	
Annual Picnic Don Van Sant 916-927-9824	
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