



# The Leader

THE NEWSLETTER OF THE GRANITE BAY FLYCASTERS



December 2015

[www.gbflycasters.org](http://www.gbflycasters.org)

## Leader's Line

*by John Hogg, GBF President*



Check this edition of *The Leader* for details on these upcoming events:

**GBF Annual Swap meet and Chili Cook-off - Saturday, December 5<sup>th</sup>** starting at 8:30 AM. It is organized this year by **Wendell Edwards** and **Don Van Sant**. Now's your opportunity to get some real bargains in fly fishing gear, or free up some funds to get the latest new gear! I just hope chili entries improve this year. In fact, I think I could even win this year! But if you don't like chili, we will have a great continental breakfast.

**General Meeting - Thursday, December 12<sup>th</sup>.** This will be our annual potluck dinner. Check the announcement in this month's *Leader* for which dish you can bring! You can purchase dinner tickets and membership renewals at the meeting if you don't want to do it online.

The **Veteran's Day Delta fishout** on Discovery Bay was a rousing success with 14 participants. No motor boats were needed—everyone came with float tube, pontoon boat or kayak. Lots of black bass, crappie, and blue gills were landed. Thanks to **Doug Kytonen** for ramrodding this event—he plans on doing it again next year!

And **Ted Way** did a terrific job with a pontoon boat safety clinic on the **Lower Yuba**, followed up by a fishout on the same water a week later.

Hats off to **Lester Grigsby**, who works tirelessly behind the scenes to coordinate meetings and events that we schedule at the clubhouse. He's the guy that activates the kitchen facilities, coordinates with the State for access and closing procedures, sets up, and cleans up, and much, much more. Thank you Lester!

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**Time is running out for you to have an entry in one or both of the Early Bird raffles. December 31<sup>st</sup> is the cutoff date.** So go to [www.GBFlycasters.org](http://www.GBFlycasters.org) and purchase your dinner tickets and/or renew your 2016 GBF Membership. The Annual Dinner is our one fundraiser for the year. The proceeds from the dinner enable us to run the club, contribute to various organizations protecting our local water sheds, and fund our **\$2,000 Fellowship grant for a student attending Humboldt State University.**

## Annual Dinner Update

With all the Holiday hoopla going on, don't forget to reserve the evening of March 5, 2016 for our famous Annual Dinner and Raffle/Auction! This is our biggest event of the year, and we'd

*Continued on Page 3*

**D E C E M B E R 2015**

<i>SUNDAY</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>	<i>SATURDAY</i>
		1.	2. Conservation Committee Meeting	3.	4.	5. Swap Meet
6.	7.	8. Board Meeting 7:00 PM Trinity River Fishout Dec. 7 <sup>th</sup> - 9 <sup>th</sup>	9.	10. Monthly Meeting 7:00 PM	11.	12.
13.	14.	15. Fly Tying Jam	16.	17.	18.	19.
20.	21.	22.	23.	24.	25.	26.
27.	28.	29.	30.	31.		

**December 10<sup>th</sup> GBF General Meeting is a Potluck**

Give your fellow fisherperson a hug. Bring your spouse. It is time to reflect on all those great fishing days this year, and come to agreement on how big the fish really was. Our holiday potluck is the perfect time to share your tales with others and enjoy some good old fashion home cooking. To spread the type of food to bring, we chopped up the alphabet and assigned dishes by first letter in last name:

**A-D** — Hors D'oeuvres**E-I** — Salads**J-Q** — Favorite Dish**R-Z** — Dessert

The club will supply drinks.

**Annual Swap Meet and Chili Contest****December 5, 2015****Wendell Edwards and Don Van Sant, Swap Meet Coordinators**

Greetings to those of you with an inventory of fly fishing equipment that needs a new home. We are excited to announce that you will have an opportunity on December 5<sup>th</sup> to offer those items for sale. Buyers, save those coins, as you will have the opportunity to buy great merchandise from 40-plus sellers.

This year, we expect to have sellers from CFFU and CFR. We will also have a great selection of continental breakfast refreshments available starting at 8:30 AM, with the chili contest starting at 9:30.

To sign up for a seller's table, e-mail me at [wendelledwards@mac.com](mailto:wendelledwards@mac.com), 916-508-7000.

*Annual Dinner Update - Continued from Page 1*

like everyone to join us for the food, fun, great raffle prizes, awesome auction items, and incomparable club comraderie! Here's the jist:

• **Who:** Club members, friends, families, co-workers, neighbors...anyone who's interested in having a great time, winning great prizes, and supporting a great cause.

• **What:** Fantastic dinner, massive raffle, outstanding silent and live auctions, plus...a special performance by the local championship quartet, The Artful Codgers!

• **When:** Saturday, March 5, 2016. The festivities start by 4:30PM (bar opens at 4:30; dinner begins at 6:00), and the closing remarks usually happen by 9:00PM.

• **Where:** The dinner, raffle & auction will be at the Rocklin Event Center, at 2650 Sunset Boulevard in Rocklin. It's easy to find, and there's plenty of free parking!

• **Why:** Because you want an evening of fun, fellowship, and fishing stories—along with the chance to win thousands of dollars in fishing gear, trips, and other prizes.

• **How:** Buy your dinner tickets at the next club meeting, or just visit our website ([www.gbflycasters.org](http://www.gbflycasters.org)) to buy tickets securely online. Tickets are just \$40 each!

Lastly... If you can't attend the dinner, please consider making a donation for the raffle or auction. If you can help, just contact Mike Howes at [LifeIsReel@aol.com](mailto:LifeIsReel@aol.com).

## Conservation Corner

*by Mel Odemar, VP Conservation*

We are fortunate to live in an area of abundant and varied sport fishing opportunities. Our fresh water fishing venues include the Delta, many miles of rivers, high mountain lakes and streams, and numerous impoundments offering both warm water and cold water fishing. The richness and variety of our sport fishing opportunities

are all the more remarkable because, with the exception of salmonids, the inland sport fish we value are not native to California; indeed, they are not even native to watersheds west of the continental divide. Had it not been for fish introductions, sport fishing opportunities for the inland angler would be very limited.

With the exception of Florida, no other state has more introduced species than California. From 1871 through 1996, more than 90 species of nonindigenous fish have been planted in, or gained access to the waters of California. The introduced species most familiar to us are: striped bass, American shad, fishes in the sunfish family that include the black basses and blue gill, catfish, many of our forage fish such as threadfin shad and golden shiner, and trout, including



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*Conservation Corner - Continued from Page 3*

brook trout, brown trout, and lake trout. One salmon species, the kokanee salmon, a land locked subspecies of the red salmon, was also introduced.

The dominant species native to California were: seagoing (anadromous) and resident salmonids, fish of the minnow family (e.g. squawfish and pike minnows) and several species of sculpins. There was one native species of the sunfish family, the Sacramento perch, once widely distributed in the Sacramento-San Joaquin system, but it could not compete with the introduced sunfish species, and is now limited to Crowley Lake and other artificial impoundments.

Most of the fish introductions were made in the late 19<sup>th</sup> century. The earliest formal introduction was in 1871, when 10,000 American shad from the Hudson River were released in the Sacramento River near Tehama. Less than two years later, the first adult shad was taken in California. Following the success of the American shad introduction, 135 striped bass from New Jersey were released in the Carquinez Strait in 1879. Both the striped bass and the American shad are anadromous fish. Possibly the most popular of the resident introduced warm water species are the black basses, smallmouth and largemouth. In 1874, less than 100 black bass, thought to be smallmouth, from Vermont were planted in the Napa River and Alameda creek. Catfish introduction records are confusing as to what species were first introduced, but the first catfish introduction into California is reported to be in 1874. With all introduced species, additional fish were released into California waters over the years to bolster the initial plants.

Early fish culturists were fascinated with the idea of introducing fish from east of the continental divide into California, and overall these introductions were successful and beneficial. There have been some harmful introductions, most recently when northern pike were illegally introduced into Frenchman Lake and Lake Davis, requiring extraordinary and costly efforts to eradicate them. The interesting point here is that in 1891 there was an unsuccessful attempt to introduce pike into California by the U.S. Fish Commission.

One of the most controversial fish introduced into California is the white bass, a smaller non-anadromous "cousin" to the striped bass. White bass from Nebraska were introduced into Lake Nacimiento in 1965 by the California Department of Fish and Game (CDFG). This lake was selected because it had no connection with the Sacramento-San Joaquin system, and therefore the fish would not pose a threat to striped bass and salmon. However, in 1977 it was verified that white bass had been illegally introduced into Lake Kaweah, a reservoir in Tulare County. Record rainfall in 1982-83 filled the reservoir and white bass escaped into the Tulare Basin where a large population developed. Eventually, farmers pumped water from the Tulare Basin to the Kings River to reclaim agricultural land, thereby creating an eminent danger of having white bass escape into the Delta. The CDFG responded with one of the largest rotenone treatments ever conducted in the United States. After an expenditure of \$7.5 million dollars for barrier construction, rotenone poisoning, and law enforcement, white bass was eliminated from Lake Kaweah and the Tulare Basin. However, the threat that white bass will escape into the Delta remains, in that white bass still exist in Lake Nacimiento, and a reproducing population has developed in Pine Flat Reservoir in Fresno County.

Recently, striped bass and black bass have been blamed by water interests for the reductions of Delta smelt and Chinook salmon. While it is true that striped bass and black bass do prey on these protected species, past records clearly show that robust populations of salmon and Delta smelt once thrived in the Delta alongside striped bass and black bass. The culprit is clearly the over-drafting of Delta water. The same records that show the compatibility of these introduced species with salmon and smelt also show a clear correlation with Delta outflows and fish survival. Specifically, low Delta outflows result in low survival of Delta smelt and salmon.

The source for the above information on fish introductions is California Department of Fish and Game Fish Bulletin 178, **History and Status of Introduced Fishes in California, 1871 – 1996** by William A. Dill and Almo J. Cordone





## Trinity River Fishout

**December 7 - 9, 2015**

**Leader: Corley Phillips**

Strap on your waders, be ready for some possibly cold and wet weather, and also one of the greatest of fishing thrills—catching a winter steelhead. Catching a steelhead is like catching a rainbow trout on steroids.

**Corley Phillips** will be leading his annual trip to the Trinity. Fish range in size between 3 and 13 pounds. Wild browns up to 5 pounds can also be caught. They are all hot fish that jump frequently and make your reel scream.

The fish-out will start Monday the 7<sup>th</sup> by meeting in Williams at 8 AM at Granzellas for breakfast. The base of operations will be the Indian Creek Lodge in Douglas City. If all works out, you will be able to enjoy Corley's famous spaghetti feed Monday evening (December 7<sup>th</sup>).

The Trinity River is the major tributary to the Klamath River, and stretches 110 river miles from Lewiston Dam downstream to its confluence with the Klamath at Weitchpec. The river is world-famous for its fine steelhead and salmon fishing, as well as for trophy brown trout. You will primarily be fishing the Lewiston-Pigeon Point area.

Stock up on those steelhead flies and head on up for a fantastic fishing experience. For more information, go to the Granite Bay Flycasters web-site and check out the information in *Fishouts and On-the-Water Clinics* under *Forums*.

## The Upper Sac Fishout Report

*by Eric Palmer*

Over the weekend of October 22-25, 26 intrepid GBF members pounded the cobbles at the 15<sup>th</sup> consecutive Upper Sac Fishout in Dunsmuir. From all accounts, everyone had a great time socializing in the parking lot of the Dunsmuir Lodge, and over the breakfasts and dinners at local eateries. For the past several years we have been kicking things off Thursday night with an excellent dinner, and suds at the cozy Dunsmuir Brewery Works, followed by Mexican and Italian food in Mt. Shasta for the remaining two nights.

A highpoint of the event was the **Ron Rabun** Short-Line Nymphing Clinic on Saturday morning, with Ron accompanied by long-time fishing pal, **Craig Williams**, who is also the CFFU Fishmaster. Assembling the group

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## The Upper Sac Fishout Report - Continued from Page 5



Upper Sac Clinic

up early Monday, netting 3 on a Tenkara long rod, most wild trout below town. The other Baker, **David**, along with Mr. Tenkara, **John Pellegrin**, landed about 15 each at various locations below town, thus all wild fish. Most who responded had numbers in the 10-15 range. **Wendell** got this nice 15 incher at Prospect shortly before dark on an Elk Hair Caddis stimulator after the exact same water had been pummeled hard with nymphs by others with no grabs, just a couple hours earlier. Wendell says "it's all in the wrist."

The top flies included the usual suspects: Copper Johns, emergers, Prince, Dark Lord, Birds Nest, FB Pheasant Tail, GR Hares Ear, and of course various flavors of Oct. Caddis nymphs and dries. For Tenkara it

in the main city park, Ron covered leaders, rigging and fly selection, then we moved down to the river for a demonstration of the nymphing method. This was followed by ample opportunity for members to receive personalized one-on-one coaching on the water with Ron and Craig, and those who took them up on it did get fish!

While some may have seen better times on the river, others did pretty darn well. Of those responding to my poll, the top results (all rainbows) went something like this:

**Tony Jelinek** and **Dennis Baker** tied at 25 each to the net, with both losing a few big ones. Tony went



Wendell's Nice Rainbow

Continued on Page 7

# WE ARE SERIOUS ABOUT FLY TYING...

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Fly Tying Instructor  
Renowned Fly Tyer, Sacramento Area

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"They have the largest selection of fly tying materials in California!" - Andy Burk



*The Upper Sac Fishout Report - Continued from Page 6*

was the Grave Digger flies. Tony had all his success on just two flies, a red or copper CJ and something new out of Poland called the "Tactical TH Hot Spot Nymph" from the Orvis shop. You can Google it.

Master fly tier **Jeroen Smit** has a fascinating story on probably the biggest catch over the weekend, reminding us that there are some real lunkers out there just waiting for that perfect fly. I'll let Jeroen tell his story:

*"My biggest fish I hooked on a size 34 Rooster Sphincter, you know, the one with the wing tied from the scrotum hair of a Tibetan Yak (don't use the hair close to the back; it gets that "musky" smell"). Of course I had to use 9X to tie this fly on and as a result it took some 3 minutes to land this 22" monster in the fast moving water. Regrettably, there is no picture proof of this fish, as the Polaroid I was carrying was out of film. But, this fish will forever live in my mind, as will the secret location for this unbelievable event. I (Jeroen Smit) hereby declare that most of the forgoing is true."*

Jeroen has generously offered to load his pet yak (named "yakety-yak") into his truck and bring it to the next tying jam so we can tie up some of these awesome flies. No report on the animal's opinion on said procedure. Perhaps we should take up a collection to get Jeroen one of those new-fangled digital cameras I keep hearing about so he can retire his Polaroid.

And, for those of us who struggled to land trophy trout (and I'm one of them), I can remind folks that fooling the fish in the first place is the hardest part of what we do, and therein lies the sport of it all. Otherwise, we'd all still be soaking power bait from the comfort of a folding chair with a six-pack of Bud Lite within reach. So, don't beat yourself up over losing fish. If we work on our line control and stay focused, maybe we can get more fish slime on our nets the next time out.

Thanks again to all those participating, and let's do it again next October. And—do not forget **Tony Jelinek's** Upper Sac. Fishout in the spring!

Thanks for your time and see you on the water...

## "Keeping Your Balance"

*by Tony Jelinek*

*(adapted from Berkeley Wellness: "Keeping Your Balance as You Age")*

If you are an active stream angler, you find yourself spending the day trying to stay on your feet dealing with slippery rocks and the river current constantly battling you for your balance. As we get older, we find it more difficult to maintain our balance, which is, unfortunately, a part of the aging process.

Having good balance is relatively complex. Balance is the integration of various sensory and motor systems, including: vision, the vestibular system in the inner ear (which monitors motion and provides orientation clues) and what is called "proprioception" (the ability to sense where your body is in space). To stay on your feet, you also need good muscle strength, joint flexibility, and reaction time.

As we get older, our ability to stay balanced decreases due to loss of muscle strength and joint flexibility, as well as reduced vision and reaction time. Also, the risk of inner ear dysfunction, which can throw you off balance, increases with age.

But, do not give up hope. If you are willing to work at it, you may be able to continue stalking that prize fish lurking around the next river bend, behind that rock, which is just one more step into the river.

Here are few things that you can do to help. You may even find a new fun activity.

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*Keeping Your Balance - Continued from Page 7*

**Exercise** – such as brisk walking, running, and strength training—helps improve balance. Any activity that increases strength, especially in our lower limbs, as well as agility, is worthwhile. Even golf, aquatic exercise, and interactive dance video games have been shown to help.

**You may want to try tai chi.** Studies have documented its ability to improve balance and decrease falls in both healthy and ill people. The ancient practice involves slow, balanced low-impact movements done in sequences; it builds confidence, coordination, muscle strength, and all-around fitness.

**Walk on cobblestones** (can this be interpreted to mean spend more time fishing rocky streams?): Walking on uneven paths is good for balance. You can buy a cobblestone mat for about \$40 to use at home. Walk for a half hour on cobblestones two or three times a week, in addition to regular walking and strengthening exercise.

Some other exercises include the following:

- Without holding onto anything, rise up on your toes 10 times. Repeat with your eyes closed.
- Stand on one leg, bending the other knee slightly, for 10 to 15 seconds; switch legs; repeat 10 times. Then do again with your eyes closed.
- Walk a straight line, placing the heel of one foot directly in front of the other foot.

With a little work, you should be able to extend your wading days and even avoid winning the “Wet Fly Award.”

Source: Berkeley Wellness. [“Keeping Your Balance as You Age”](#). November 1, 2011.

## Membership

Our 2016 membership and renewal drive is underway. We have lots of activities in store for 2016 and your membership renewal is your admission ticket! You can renew via PayPal (on our website) or by paying at our monthly meeting or by sending me a check made out to GBF at: 113 Carmody Circle, Folsom 95630.

Ted Way, VP Membership  
[tedway@comcast.net](mailto:tedway@comcast.net)  
 916-861-7115



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## Granite Bay Flycasters Classifieds

*To place a classified ad, you must be a member in good standing of the Granite Bay Flycasters. Classified ads will run for only one issue of The Leader, unless the seller requests it to run longer. Submit your listing to: [fstolten@comcast.net](mailto:fstolten@comcast.net) with subject line: 'GBF: Classified'. Or mail your info to: Frank Stolten, 8290 Country Lake Dr., Orangevale, CA 95662. All ads must arrive by the 15<sup>th</sup> of the month to be included in the following month's Leader.*

### **For Sale:**

I'm selling my 8' Water Skeeter pontoon boat. It comes with oars, stripping apron, motor mount and gear storage rack behind the seat. Been used very little and in excellent condition. **The price is \$175.**

**Contact Bill Ossolinski at 916-354-8474 or email**  
[bossolinski@sbcglobal.net](mailto:bossolinski@sbcglobal.net)





*Everyone's invited* to the  
**GRANITE BAY FLYCASTERS**

30th Annual Dinner and HUGE



# Fly Fishing Raffle & Auction!

**Saturday, March 5, 2016 • Doors open @ 4:30pm**

Granite Bay Flycasters is one of the most active fly fishing clubs in the West! This event supports our famous scholarship and conservation programs, and is a great way to meet other local fly fishermen and women. Please join us for this special evening...and you could win great gear, fantastic trips, and much more!

Entertainment  
provided by The  
Artful Codgers,  
the 2014 Super  
Senior Champions  
of the Far West  
District of the



Barbershop  
Harmony Society,  
as well as the  
2015 Senior  
Champions for  
the Northeast  
Division!

BBQ dinner starts at 6pm.  
For tickets (just \$40/ea.)  
and all the event details,  
please visit our website:  
[www.gbflycasters.org](http://www.gbflycasters.org).



DINNER LOCATION:  
Rocklin Event Center  
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Rocklin, Calif.  
916-774-5950

10% net proceeds benefit



of Northern California

## Great Raffle Prizes

At each year's Annual Dinner, club member contributions make a huge difference—whether it's donated merchandise or services, or just pitching in some extra funds to help the raffle committee buy more prizes (usually at 'wholesale' or other discounted prices).

Please consider donating something for the Annual Dinner in March. Our success at collecting raffle and auction items is directly related to our success at raising funds to pay for club activities in the year ahead. Contribute now and you'll benefit all year!

Here are some of the kinds of things that club members have donated in years past:

- New, unused merchandise – fishing-related or otherwise.
- Flies you tied (favorite or specialty pattern?) in a flybox.
- Other handcrafted goods – fishing-related or otherwise.
- Professional services – in gift certificate or coupon form.
- Funds specifically designated for the purchase of prizes.

Getting any ideas? If you can help, please contact Mike Howes at [lifeisreel@aol.com](mailto:lifeisreel@aol.com). Any contribution is appreciated, and all donators are duly acknowledged at the dinner.

## Veteran's Day Delta Fishout Discovery Bay

*by Doug Kytonen, Fishmaster*



*Discovery Bay*

Our Veteran's Day Delta fishout on **November 11<sup>th</sup>** was very successful. Approximately 14 float tubers, including pontoon boats and kayaks, arrived just after sunrise about 7:00 AM in the chill of the morning and light fog, viewing our breaths as we spoke. Scott Vaughn was pumping up his float tube, others were stringing up their rod with anticipation of catching a largemouth bass, or a striper of any size.

*Continued on Page 11*

*Veteran's Day Delta Fishout - Continued from Page 10*

The security guard collected the \$5.00 launch fee from each person launching a mode of fishing for the day, with everyone eager to get to the water and fish. Shortly after launching, the sun came out and the fog lifted, and it turned out to be a great day of fishing. It was wonderful—no wind, the sun was warm with many of us shedding jackets early in the day.

As the day went on, there was chatter on the Walkie Talkies on Ch. 6 of some black bass being caught, and some stripers... Then, for many, the bite was on with reports of Crappie and Red Ear Sunfish 12-plus inches being caught along the rock wall and along the boat docks that line the backyards of the mansions in Discovery Bay. I saw several fully equipped bass boats working the same areas as we were, or they would head out of the area and down the outer channel at top speed looking for other areas to land some monster bass. I am sorry that we did not have any motorized boats in our group, or they too could have speed out into the main waters to hunt for the stripers and LB Bass.

Maybe next year they will launch with us tubers and go explore; we could tune in on the Walkie Talkies of their success (or not). Scott was doing his magic with his little black wiggle tail all the way back to the boat dock, at the end of the day, catching those chunky crappie and red ears all day long.

Thanks to **Joe Cammarrano, Mel Odemar, Michael Gervais, Don Lounsbury, Jim Degan, and Chuck Honeycutt**, just to name a few, for coming. Thank you **ALL** and see you next year.

**ISE SHOW @ Cal Expo**  
**January 21 - 24, 2016**

Hello fellow fly fishers. Happy Holidays and Happy New Year.

This is your once-a-year chance to see all the best in outdoor gear and services right here in Sacramento! Don't miss this opportunity to find that great deal on a new fly rod, reel, tying vise, vacation getaway, or anything else that you need. Block out the dates and plan to come to the biggest outdoor show in California!

Again this year, Granite Bay Flycasters is sponsoring a club booth, and we need members to sign up to host the booth and provide info about the club to visitors for one or more shifts of two hours each.

It's a great time for new and old members to get together and promote Granite Bay Flycasters at this once-a-year activity as a way to invite prospective new members to visit our meeting, and learn the art of fly tying, rod and net building along with learning casting skills.

We will be asking for signups at our December and January meetings. Volunteers will get free admission to the show, so your only expense is for parking and whatever great gear and flyfishing expeditions you can't resist purchasing! There is one whole expo building devoted entirely to flyfishing!

**GBF Volunteers Needed!**

**Exhibit Hours**

Thursday & Friday	11 AM to 8 PM
Saturday	10 AM to 7 PM
Sunday	10 AM to 5 PM

To be sure you have your favorite time slot, email your request to me at [wendelledwards@mac.com](mailto:wendelledwards@mac.com).

Wendell Edwards, ISE Coordinator



## Yuba River/UC Davis Fishout February 20, 2016

*by Pete Koistinen, Fishmaster*

The University of California at Davis has an agricultural research station on the banks of the Lower Yuba River. This property is closed to the public, but fishing clubs are allowed yearly access for fishing. This is a great deal because we get private access on a river that typically gets fairly heavy angler pressure. The property is beautiful (and private). There are shade trees, a picnic pavilion with a charcoal grill and a portable toilet.

I will lead the fishout on Saturday, February 20<sup>th</sup>. It's limited to 15 anglers, and there is no fee. If you have any questions, or wish additional information, contact me at [peterkoistinen@att.net](mailto:peterkoistinen@att.net), or 916-622-3191, voice only, no text.

To sign up, use the signup sheet at the January general meeting, or contact me. No signups will be taken prior to January 7<sup>th</sup>—please don't try to sign up prior to January 7<sup>th</sup>. If more than 14 sign up, I'll use a lottery to determine the fortunate 14. All signups received before February 1<sup>st</sup> will be included in the drawing. Any signups received February 1<sup>st</sup> or later, and those who don't draw, will go on a waiting list.

The Yuba River is a wild rainbow trout fishery, with some fish over 20 inches. These fish are some of the strongest, fastest trout you'll catch anywhere. It's not uncommon for a 16-inch fish to take you into the backing. The Yuba River is about the same size as the lower American; a water flow rate of 1000 - 2000 CFS is ideal.

A few hints for success on the Yuba: keep moving—if 2 or 3 good drifts, or a few fly changes don't produce, move on to another spot. Also, the fish can be close to shore, so work the shoreline before you get in the river. It's possible you'll catch 50% of your fish standing on dry land. The usual mayfly and stone fly nymphs will catch fish. Dry flies include PMD and blue wing olive mayflies, and Skwala stoneflies. Check our website's Fly Tyer's Corner archives—[July 2006](#), [March 2008](#), and [February 2009](#), for Bill Carnazzo's and Paul Egan's excellent Skwala dry flies.

OK, I hope to see you on this great "private water" fishout.

## Bill Carnazzo Fly Tyer's Corner (Taken from the Article Written in December 2011)

### Fly Patterns - Jiggy Caddis



*Jiggy Caddis*

#### Materials:

<b>Hook:</b>	Umpqua C400BL 102, sizes 14, 16
<b>Weight:</b>	Lead substitute wire, sized to hook size
<b>Thread:</b>	8/0 olive or black
<b>Bead:</b>	Umpqua slotted tungsten bead, gold or copper
<b>Abdomen:</b>	Olive dubbing mixed with pearl UV material
<b>Ribbing:</b>	Small mono thread or tippet material
<b>Thorax:</b>	Black dubbing mixed with pearl UV material
<b>Back:</b>	Pearl "Sili Skin"

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## Description

OK, this will be the last (maybe?) in my running dialog about caddis patterns. I've admired Andy Burk's "Rock Rollers" for a long time, and Steve Korbay's own version of that genre of flies (aka Czech Nymphs). The interesting thing about Steve's version is that he uses a small, imported jig-style hook with a 60 degree "snout." Those hooks were hard to come by—Steve sent me some awhile ago and I have used them up—but now there is an alternative available from Umpqua. They have a new series of hooks that they are calling "competition" hooks. One of these is a small jig hook available down to size 16. The trouble here is that they are pricey (as are the imported ones) at \$9.25 for a package of 25 hooks (same price for all of the competition series). All of the competition series hooks (including the jig hook) feature a much larger gape than standard hooks, and a longer, barbless hook point for greater penetration. The snout of the jig hook is made to accommodate one of Umpqua's new tungsten slotted beads that slide on up to the hook eye, which is oriented to the hook shank axis instead of set perpendicular to the shank in "normal" fashion.

Anyway, I decided to feature one of these flies for this month's pattern. Actually, it's a meld of Andy's and Steve's styles of tying. They work well on the Truckee—I do know that for sure, and I've used them on the Upper Sac with good results. Yes, that means you'll need to purchase a package of the Umpqua jig style hooks—alternatively, you could try using a large scud style hook. You'll also need to purchase some slotted tungsten beads. Regarding the body colors, the sky is the limit. We'll use olive dubbing here, but use your imagination; tie some up in orange, pink, tan, amber, cream, etc.

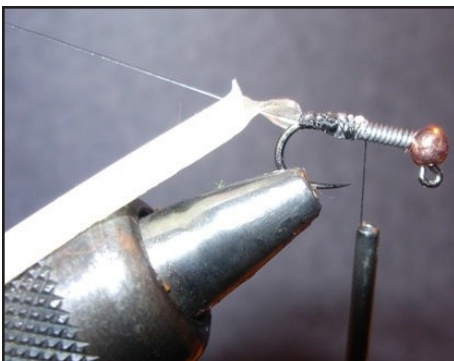
## Tying Instructions

For best viewing: (1) Maximize your Computer Screen Window. (2) Type "Ctrl + or -" to enlarge or contract the photograph display. (3) Use the Horizontal and Vertical Scroll Bars to scroll right and up/down to display larger photos on your screen.

1. If you decide to use a hook other than the C400BL, smash the barb..
2. Place a slotted bead on the hook and slide it around the bend and onto the snout of the jig hook. Wrap weight onto the shank from just ahead of the top of the bend to the bead, and cover it with thread and head cement between the abdomen and the bead.



Steps 1 & 2



Step 3

3. Tie in the mono ribbing at the hook bend, along with a 1/8" strip of Sili Skin. The Sili Skin has a backing; trim one end of the strip to a point, and peel the backing from the point, leaving it on the rest of the strip for now. Tie it in by the point, shiny side down

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4. Dub the abdomen, making it robust, ending about 1/8" behind the bead. Dub the thorax, filling in the gap.



*Step 4*



*Steps 5, 6 & 7*

5. Remove the backing from the Sili Skin and pull it over the top of the fly; tie it down behind the bead.
6. Rib the fly with the mono (use 4 or 5 evenly spaced wraps) and tie it off at the same spot.
7. Put a small amount of black dubbing on the thread and wrap it around the tie off point. Whip finish the fly and apply a drop of superglue to the thread. With your bodkin, tease out some of the dubbing on the bottom side of the thorax to give the appearance of legs.

## **Tying & Fishing Tips**

As you can guess, these flies are like grenades—heavy and strong (they don't explode, however, when a fish takes them). If you use a double fly rig (as I do), you may even be able to get away with no split

*Enjoy, and see ya on the creek...!!!*

Our website is designed to be a resource for club members who want to enhance their fly fishing experience through participation in various club activities. Check often at [www.gbflycasters.org](http://www.gbflycasters.org) for information on club fishouts, conservation projects, classes & clinics, and other activities that support our mission.



## Granite Bay Flycasters

**Mission:** The organization is dedicated to conservation of fish habitat, advancement of the art of Fly Fishing, and good sportsmanship.

**Meetings:** General club meetings are held on the second Thursday of each month at the Granite Bay Activities Center on the shores of Folsom Lake. For directions, check [www.gbflycasters.org](http://www.gbflycasters.org).

Doors open between 6:00 P.M. and 6:30 P.M. for socializing and fly tying demonstrations. The business portion of the meeting begins at 7:00 P.M. The main program gets underway after a short refreshment break and usually involves a guest speaker and slide show, or other presentation. All meetings are open to the public and visitors are encouraged to attend.

**Membership:** Applications are available on-line at [www.gbflycasters.org](http://www.gbflycasters.org) and at general meetings. Single membership: \$30; Family memberships: \$35; and youth (under 18): \$10. There is also an \$8 name badge charge for all new members. Membership is prorated throughout the year. For membership information, call Ted Way at 916-761-7115, or visit the website at [www.gbflycasters.org](http://www.gbflycasters.org).

**The Leader:** To send articles, photos, ads and other materials, please e-mail to: Frank Stolten at [fstolten@comcast.net](mailto:fstolten@comcast.net). Please put **GBF Leader** in the subject line. Deadline for materials is the 15th of each month.

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