

The Leader

THE NEWSLETTER OF THE GRANITE BAY FLYCASTERS

September 2014

www.gbflycasters.org

Leader's Line

by Tony Fabian, GBF President



At the August Board of Directors meeting we approved the budget for the fiscal year from July 2014 thru June 2015. The Board also approved financing for **Caleb Aymett's** Eagle Scout project of installing an aquarium at the Nimbus Hatchery Visitor's Center. I will let you know when it is set up and you can go visit the hatchery.

Fishing....Fish are getting caught by some members. **Sturmer White** and **Larry Lee** caught lots of fish—nothing of any size—but had fun catching fish and bailing water out of the boat. While we go fishing, **Scott Vaughn** goes catching everywhere. You can email any member and they will tell where they are biting and how to catch them. If you have fished somewhere, let the members know. We have a great message board on our web site.

Member, **Dale Spear**, was curious about when it's too hot to fish in the rivers and streams. He provided the link below which has suggestions to help alleviate some of the stress on the trout during the low flow and high water temperatures.

<http://www.truckeeriverflyfishing.com/>

Members going out of town had fun, too. **Ron Davidson** and his wife, with friends **Steve and Joan Reem**, were in Wyoming on a horse back packing trip with The Big Horn Outfitters. Ron said they caught all the fish they wanted to, and had great food and beautiful scenery. He said this trip should not be missed.

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I would like to end with the thoughts of one of the club's founding members, great fly-fishing teacher and friend, **Bill Carnazzo**. He is now fly-fishing in the Great River where every catch is whatever size you want it to be.

"Treat the Earth well: it was not given by your parents, it was loaned to you by your children. We do not inherit the Earth from our ancestors, we borrow it from our children."

"The profound wisdom buried within that ancient Native American proverb applies with equal force to show how we treat our wild canyon trout; the principle is identical: Treat the resource as a precious gift. Every time I release a canyon fish, a little piece of what's inside of me follows it into the current and lives there. As I gently hold and revive the wild creature, I pause and reflect on this question, "Am I not also breathing renewed life into my own spirit?" Revived, the fish finally swims away, casting me a final look with a big eye; and in that brief millisecond, we reach our détente—he with his freedom, me at one with my proverb."

<i>S E P T E M B E R 2014</i>						
<i>SUNDAY</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>	<i>SATURDAY</i>
	1.	2.	3.	4.	5.	6.
					Lake Davis Fishout 4 th - 6 th	
7.	8.	9.	10.	11.	12.	13.
		Board Meeting 7:00 PM		Monthly Meeting 7:00 PM		
14.	15.	16.	17.	18.	19.	20.
		Fly Tying Jam Knot Tying Workshop				Little Truckee Fishout #1
21.	22.	23.	24.	25.	26.	27.
						Little Truckee Fishout #2
28.	29.	30.				

Monthly Program



AP / Michael Burke

Our speaker this month is **Phil Detrich, President of the [The River Exchange](#)**, a not-for-profit organization based in Dunsmuir, founded after the disastrous 1991 Cantara Loop Spill ([view a short video on the spill](#)) that effectively poisoned the lower 40 miles of the river. Their mission is to promote watershed stewardship in the Upper Sacramento Region. Phil will discuss various issues affecting the Upper Sacramento and McCloud Rivers, including wildfire, forest management, and railroad tank car safety.

Phil Detrich retired from his career with the US Fish and Wildlife Service in 2010, after 25 years of Federal service. During that time, he served for six years as the Executive Secretary of the Klamath River Restoration Task Force, and supervised the Task Force Restoration Program in the Klamath Watershed. He represented the Department of Interior on the Klamath Fishery Management Council, working on salmon harvest recommendations for commercial, tribal, and recreational fisheries. He also represented USFWS in the negotiations regarding potential removal of four dams in the Klamath River Hydroelectric Project. Earlier, he helped develop forest management policy regarding the northern spotted owl under the US Endangered Species Act.

Introduction to Rod Building Class

by Larry Lee of L3Rods

There will be an Introduction to a GBF rod building class scheduled for Tuesday, October 7th, at the Folsom Lake Activity Center accessible via the Douglas Blvd. park entrance. This introduction is designed to introduce GBF members to "Why build your own rod?" and what is entailed in the actual rod building classes. Rod building kits availability, prices, and materials provided via L3Rods will be discussed. The actual GBF Rod Building classes are then scheduled for Tuesday, November 11th, and Tuesday, November 18th.

The Introduction to the GBF Rod Building Class will be sharing the center with the fly tying night. The class will begin at 6:30 PM sharp, and last for as long as members have questions. For more information, contact Larry Lee by phone or text at 916-601-7853, or email L3rods@gmail.com. If you have a scheduling conflict and are still interested, accommodations can be made.

This is a really fun and informative class. Many GBF members have already participated and caught many fish on their quality rods!!

Knot Tying Workshop, Sept. 16th

If you're new to fly fishing, or would just like a tuneup, this workshop will show you a series of knots needed for connections from your fly to leader, to line and to the reel. (There are a minimum of 6 connections.)

These knots are reliable and easy to tie (with a little practice), and are suitable for freshwater fly fishing tackle. Connections included are: fly to tippet (improved clinch), tippet to leader (double surgeons), leader to butt section (perfection loops, or blood knot), butt section to line (nail knot), line to backing (Albright knot), and backing to reel (arbor knot).

We will also discuss some of the differences between "mono" and fluorocarbon leader materials.

Handout instructions are provided for each knot.

So, if you would like to be "tied up" for an evening, join **Leaman Houston** and myself at the Clubhouse on Tuesday, September 16th, at 6:30 PM. Handouts will be provided.

There will be a signup sheet at the September meeting. For more information, contact John Hogg at johnhogg@sbcglobal.net.



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Fishmaster's Corner

by Eric Palmer, Fishmaster

It's September already, blistering summer temps are (hopefully) in decline, and "Upper Sac time" is just around the corner! Of course, I'm talking about the 14th annual **Upper Sac Fishout** and all-around good time in Dunsmuir, Oct 9-12 (Thur-Sun).

The large number of hard-core regulars need no encouragement to participate in this annual event, but we have a lot of new members for whom the phrase "*The Upper Sac at Dunsmuir*" may not yet resonate the way it will after their first trip up there.

The river is home to trout starting at 8-10 inches, and ranging to over 20 inches. In recent years, the city of Dunsmuir's "Big Fish" program has been planting trophy rainbows to 14 lbs. within city limits. See Steve Wilkins' magnificent 24-inch catch from Tauhindauli Park in the photo below. The city plantings are in addition to the routine DFW plants from north of town down to Sweetbriar. This planting schedule remains unaffected by the drought due to the cold spring-fed water source at the hatchery. Purists may eschew pursuing planters, but with well over 30 miles of easy river access, there is more than ample opportunity to stalk wild Rainbows.

The Upper Sac abounds in pocket water, which means the nymphing technique of choice is **Short-Line nymphing** (aka Tight-Line or High Sticking, and a cousin to Czech Nymphing and other European variants). The method we practice originated on the Upper Sac in the 1920's at the hands of intrepid Wintu angler, **Ted Towendolly**, originally "Tau-hin-dauli" (ties with left hand) as in the city park of the same name. The nymphing technique subsequently evolved, and was perfected by Ted Fay and his disciples, including Joe Kimsey and Ron Rabun, and passed on to our club members by **Ron and Bill Carnazzo** through their many clinics. For more info. on how to fish this technique, see articles by Bill and others on the GBF website [here](#).

Continued on Page 5

Private Water Fly Fishing

Antelope Creek Lodge, Northern, CA

\$295 p/angler per day, dbl occ. - Inc. lodging, food & fishing

Hat Creek Ranch, Hat Creek, CA.

\$185 p/angler per day, dbl occ. - Inc. cabin & fishing

\$135 p/angler per day - fishing only

Rock Creek Lake, Manton, CA.

\$135 p/angler per day - cabin rental \$135 per night + tax

Clear Creek Ranch, French Gulch, CA.

\$175 - \$185 p/angler per day, dbl occ.

Inc. cabin & fishing + \$2 tx/day

Battle Creek Ranch, Manton, CA.

\$135 p/angler per day

Bailey Creek Lodge, Manton, CA.

\$295 p/angler p/day dbl occ. - \$165 non-angler

lodging, food & fishing

Henderson Springs Lodge, Big Bend, CA.

\$245 p/angler p/day dbl occ. inc. lodging & fishing

\$225 p/day fishing

Lake Christine, Manton, CA.

\$135 p/angler per day

Pleasant Valley Fly Fishing Preserve

\$95 p/angler per day

Riverside Lodge on Fall River

\$595 + tx per night with 2 night minimum - max. 8 guests

Yamsi Ranch, Chiloquin, Oregon

\$295 p/angler per day - 3 day min. - Food, Lodging & Fishing

Lonesome Duck Ranch, Chiloquin, Oregon

\$250-\$300 p/cabin p/night for 2 - 2 night min.

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Fishmaster's Corner - Continued from Page 4

We are very fortunate again this year that **Ron Rabun** and fishing/guiding buddy **Craig Williams** will provide a Short-Line nymphing clinic for us in the city park Friday morning, the 10th. This multi-hour clinic is exhaustive, covering seasonal flies, gear and the casting technique, with ample opportunity for one-on-one coaching on the water. This is an awesome opportunity and here's the kicker: it's all free to fishout participants (members only, no guests please.)

Experienced or not, if new to the river, you will be partnered up with someone who knows the ropes, so don't worry about getting lost trying to find your way among the many river access points in town and off of I5. Further, all participants will receive information on river access, fly selection and Short-Line leader design. Ron will also provide detailed instruction on leader rigging.

So, plan on joining us **October 9 thru 12** (Thur-Sun) for 4 days of fun, good food at local restaurants, fish catching, great camaraderie and most importantly, advancement of your fly fishing skills, all while learning many access points to this magnificent river. If you are a club member, sign up at the September meeting, or send me an email. If you are reading this as a nonmember, you can join the fun by completing an application form here and mailing it to the address indicated.

Thanks for your time and see you on the Upper Sac ...

Eric



Steve Wilkins' Upper Sac 24 inch Rainbow

Welcome to Our Newest Member!

by Ted Way, VP Membership

Please join me in welcoming new members who have joined us over the last few months. Make sure you keep an eye out for them at our meetings and events so that we can make them feel that they are an important part of our club.

Joe Cammarano

Club Rods for Sale

At the September meeting, we will be selling off several of the older model club rods which have just been replaced with new Reddington Path kits – 5 weight, 4 piece, 9 foot.

Available will be:

Sage DS-2, 4 piece, 9 foot, 5 weight w/ case – 4 available (Graphite II material) (\$20 each)

Sage DS-2, 4 piece, 9 foot, 8 weight w/case– 4 available (Graphite II material) (\$30 each)

Continued on Page 6

Club Rods for Sale - Continued from Page 5

Sage, 2 piece, 6 weight, 7 foot 9 inch – 5 available. (\$35 each) (Great junior rod, or small creek fishing)

Various reels with lines (Price \$5 to \$15)

Here is an opportunity to add to your rod collection at a very economical price.

This is first come, first served – no reservations.

For more information, contact johnhogg@sbcglobal.net

History of Fly Fishing

Issue #9

by Ed Lloyd, Monthly Program Chairman

In our last issue, we left with the questions as to just what were the names of 50 or so flies that were described in a Bavarian manuscript. Sadly though, there were no names of these flies. Moreover, there was not even a recorded description of how these flies were fished. Below though, are some patterns that will give some idea of complexity.

“The first hook should be tied after the ‘carp flies’ which there is called the ‘wood fly’, and the feathering should be iron grey with dark brown speckled in it, (and) with black and yellow silk, and (around?) the ‘heart’ all yellow, and (around?) the stingel (meaning unclear!) black silk.”

“The second hook should be tied after the ‘grass fly’ for the pike. The feathering should be of all and ask different sorts mixed together, with lead colored and light blackish and ash colored (and) therein a black feather, with the silk pale colored and around the ‘heart’ black light blue silk, around the stingel pinkish colored silk.

“The third hook should be tied after the little fly for the catfish. The feathering should be quail and that of a red-brown silk mixed together with red and lead-colored silk, and around the ‘heart’ red silk, and around the stingel lead-colored silk.”

This, hopefully, gave you an idea of the complexity of these patterns, and once again, with no recorded information of just how these were fished.

The manuscript where this information came from, is a great example of just how important and how dependent we have become on the survival of manuscripts throughout history in order for us to successfully interpret history. If any of this had not been written, or even lost, we would surely have not been aware of the existence of The Bavarian Fly Fishers, nor would we have been aware of any of their traditions. Fortunately for us, this manuscript served as another critical piece for a rather huge jigsaw puzzle that serves

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History of Fly Fishing #9 - Continued from Page 6

to help trace the history of this beloved sport of fly fishing. This also is further evidence that there were many more German manuscripts that were written before the seventeenth century mentioning the term fly fishing, and either quoting from the original manuscript of the Tegernsee era, or have strong similarities to it, which could be an actual oral tradition.

Now it is time to travel back across the channel to England. There are many treatises (works) that mention the sport of fly fishing, yet they don't mention many details. The treatises do, however, continue to add to the puzzle, which allows us to now come up with more facts, rather than just rely on speculation and dark areas, or shadows. One is a source known as the "British Library Harley 2389." The following is a description on taking a 'trowte':

"...in June, july and agust in the vpper part of the water with an artificiall flye2 made vppon your hooke with sylke of diverse coloures lyke vnto the flys which be on the waters in these monethes, and fethers be good & pecokes and popiniayes."

Now it was known at that time that if a fly tier needed silks of many colors, then they surely would have been pretty colorful to look at, even back then. There was also another work (reference) known as "Medicina piscium" coming from the Bodleian Library, which describes flies suited for both trout and salmon, and calls for an imitation of natural insects. Again, just like the previous reference, it was short with not much detail, yet it also described the need to imitate that of the natural fly, one that successfully lures the trout in for the taking. This information also gives us a somewhat early mention of the importance of silk in the art of fly tying. Now, the pieces of this lengthy jigsaw puzzle will be easier to piece together and foster better understanding. In the next issue we will begin to see just how easy this is because of an invention by a gentleman named Johannes Gutenberg.

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Davis Lake Fishouts/Clinics Sept. 4 - 7

I had so much fun doing the clinics last year I thought that I would combine the fishouts and the clinics together this year. The only time I have to do this fishout/clinic thing is under a full moon and at the start of fall season, which makes the catching part of this fishout/clinic a little more challenging. But, our group will be the first group going through my favorite fishing spots, so we should be able to find some fat hungry trout to practice our skills on.

The lack of snow run-off this spring kept the larger trout from spawning, and with an abundance of food in the lake, there should be some very large trout to be caught this fall. This spring I hooked some very large trout that took off like a rocket ship, and then it was a tug-of-war trying to bring them to the net. With the fishouts/clinics being at the start of the season, we will have to deal with higher water temperatures; however, the clinics will help you pick the right place to start fishing at the best time of the day for that place. Also, when you hook that rocket ship, I will teach you how to land that fish in a timely manner for a safe release.

Fishout/Clinic Agenda

- Sept. 4. Sight fishing from a float tube
 - * Fish fighting skills and speedy casting from a float tube

- Sept. 5. Points and weed beds
 - * Fish fighting skills and Speedy casting from a float tube

- Sept. 6. Back packing your tube into Freeman Bay
 - * Float tube sight fishing in the evening

- Sept. 7. Just fishing I will use the GBF message board to post all info. for the fishouts/clinics.

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Bill Carnazzo Fly Tyer's Corner
(Taken from the Article Written in September 2009)

Pullover Hackle Flies



Pullover Hackle Fly

Materials:

Hook:	Any light-wire standard dry fly hook, sizes 14-18
Tail:	Wood duck flank feather barbules
Thread:	8/0 tan or grey
Abdomen:	Fine tan synthetic dubbing
Thorax:	Same as abdomen
Post:	4x tippet material
Hackle:	Dry fly quality grizzly neck feather, sized to match hook size

Description

This month we'll learn a tying technique called "pullover hackle" rather than tying a specific pattern. I'm not sure who originated the pullover-hackle technique for dry flies. I first learned it from the venerable Ned Long, who passed away a few years ago after a long and productive life. A long time fly tyer well-known in the tying community, Ned created many original (and very effective) fly patterns. The Northern California Council of the Federation of Fly Fishers named its coveted annual award to the "fly tyer of the year" after Ned (I was fortunate enough to have been selected for this prestigious award in 2009). Bob Quigley, another very creative fly designer, also uses this technique in some of his spring creek patterns.

There are several standard techniques for applying hackle to dry flies: the standard Catskill technique, whereby the hackle is wound on perpendicular to the hook shank; and the parachute technique, whereby a post is created for the wing, and the hackle is wound around the post. The pullover-hackle technique is a third way to hackle a dry fly.

The pullover-hackle technique requires that a piece of material (typically 4x tippet material) be tied to the shank at some point in the tying steps, to be used as a post. I utilize this technique for "Bill's Big Fish Fly" which can be found in the fly pattern archives on GBF's web site. For dry flies, the post is typically (though not always) tied in at the front end of the abdomen. The hackle is wound around the post from the bottom up and then back down to the shank, where it is tied off, pulled back out of the way, and remains until the final tying step. Once the thorax is dubbed (immediately in front of the hackle post) the post and hackle are pulled over the top of the thorax and tied off just behind the hook eye. Hence the name: "pullover-hackle." As an alternative to inserting the post at the front of the abdomen, you can tie it in just ahead of the tail and then pull it over the entire fly—abdomen and thorax.

The beauty of this technique is that you can get a lot more hackle on the post and, when it is pulled over the top of the thorax, all of it stays on top of the fly. This creates a very buggy fly profile and a high-floating attitude. Pullover-hackle flies are one of my go-to pattern types for late afternoon and evening fishing on creeks and smaller rivers such as the North Yuba (small caddis patterns work well also—see July 2009 fly of the month, the Shambles Caddis).

Fly color/hue is limited only by your imagination. For example, you can try using two hackles (one brown and one grizzly) for an Adams pullover; or a cream colored hackle for a Light Cahill pullover. For purposes of this month's fly, we'll create a generic dry fly with a tan body and a grizzly hackle. You generally won't find this combination in the fly bins at the shops—but don't underestimate it. Also, we'll tie in our pullover post

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Fly Tyer's Corner - Continued from Page 9

at the rear of the fly, to be different (besides, it makes learning the technique a bit easier). You will need a gallows tool or some other method to secure the tippet material in an upright position so you can wind the hackle around it. If you don't have a gallows tool for your vise, try attaching a pair of hackle pliers to your light.

Typing Instructions

For best viewing: (1) Maximize your Computer Screen Window. (2) Type "Ctrl + or -" to enlarge or contract the photograph display. (3) Use the Horizontal and Vertical Scroll Bars to scroll right and up/down to display larger photos on your screen.



Steps 1, 2 & 3

1. Crimp the hook barb and cover the rear half of the hook shank with thread; leave the bobbin hanging so that the thread intersects with the back of the barb.
2. Cut a small section of well-marked wood duck flank feather barbules. Measure the tail fibers so that they equal the length of the shank. Tie the bunch right above the back of the barb, take a few winds forward to secure the tail, and leave the thread there. Clip the excess feather.
3. At the same point, tie in a 8" section tippet material and wind back to where you tied in the tail to secure the tippet material. Place a tiny drop of superglue on the winds.



Step 4a

- 4a. Secure the tippet material post in your gallows tool (or the hackle pliers you've attached to your light). Tie in a properly sized grizzly neck hackle at the base of the post. Wind the hackle clockwise around the post 3 times, moving upward in wide turns. Begin winding back down toward the shank, using very closely spaced turns so that you get most if not all of the feather's hackle on the post. After the last wind, hang your hackle pliers over the shank, cut the tippet material about 2" above the top of the hackle, and tie the hackle down.



Step 4b



Step 5

- 4b. Avoid tying down any of the wound hackle. Once the feather is secured, you can pull the post and hackle rearward out of the way for the time being.
5. Dub a sparse abdomen over the rear 2/3 of the shank, and then dub a fuller thorax, leaving room behind the eye for the final steps.
- 6a. Grab the tip of the tippet material with your hackle pliers and pull the entire post forward over the top of the abdomen and thorax, keeping the post directly on top of the body. At a point about one eye-width behind the eye, take 3 turns of thread over the post to

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Fly Tyer's Corner - Continued from Page 10



Step 6a

secure it in position. Using your hackle pliers, pull the post tight to take any slack out of it and then tie it down securely.

6b. Carefully trim the excess post and hackle and form a nice small head. Apply a drop of superglue to the head and the spot where the post was tied down. Whip finish.



Step 6b

Tying Tips

1. Gallows tools are inexpensive and are made to fit the post on most vises. They are quite handy when it comes to making any type of posted wing.
2. Keeping the completed fly in the vise, turn it over and clip off any stray hackle that protrudes below the shank. This fly pattern, like any post-style fly, is designed to float in the surface film.

Go crank some of these bugs, go fish them, and...

Enjoy, and see ya on the creek...!!!

Granite Bay Flycasters Classifieds

To place a classified ad, you must be a member in good standing of the Granite Bay Flycasters. Classified ads will run for only one issue of The Leader, unless the seller requests it to run longer. Submit your listing to: fstolten@comcast.net with subject line: 'GBF: Classified'. Or mail your info to: Frank Stolten, 8290 Country Lake Dr., Orangevale, CA 95662. All ads must arrive by the 15th of the month to be included in the following month's Leader.

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Our website is designed to be a resource for club members who want to enhance their fly fishing experience through participation in various club activities. Check often at www.gbflycasters.org for information on club fishouts, conservation projects, classes & clinics, and other activities that support our mission.

Granite Bay Flycasters

Mission: The organization is dedicated to conservation of fish habitat, advancement of the art of Fly Fishing, and good sportsmanship.

Meetings: General club meetings are held on the second Thursday of each month at the Granite Bay Activities Center on the shores of Folsom Lake. For directions, check www.gbflycasters.org.

Doors open between 6:00 P.M. and 6:30 P.M for socializing and fly tying demonstrations. The business portion of the meeting begins at 7:00 P.M. The main program gets underway after a short refreshment break and usually involves a guest speaker and slide show, or other presentation. All meetings are open to the public and visitors are encouraged to attend.

Membership: Applications are available on-line at www.gbflycasters.org and at general meetings. Single membership: \$30; Family memberships: \$35; and youth (under 18): \$10. There is also an \$8 name badge charge for all new members. Membership is prorated throughout the year. For membership information, call Ted Way at 916-761-7115, or visit the website at www.gbflycasters.org.

The Leader: To send articles, photos, ads and other materials, please e-mail to: Frank Stolten at fstolten@comcast.net. Please put **GBF Leader** in the subject line. Deadline for materials is the 15th of each month.

Please notify if address change

Officers, Directors and Committee Chairs

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Annual Picnic Don Van Sant 916-927-9824	
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