

The Leader

THE NEWSLETTER OF THE GRANITE BAY FLYCASTERS

June 2014

www.gbflycasters.org

Leader's Line

by Mike Howes, GBF President

At the June general meeting we will be giving a vote of confidence to the new Board of Directors. Since there are no contested positions, the line up will be as follows:

Tony Fabian – President
Ted Way – Membership VP
Tim Billingsley – Conservation VP
Doug Kytonen – Secretary
John Hogg – Treasurer
David Jones – Director 2015
Scott Vaughn – Director 2015
Ed Lloyd – Director 2016
Don Van Sant – Director 2016
Wendell Edwards – Director 2017
Lester Grigsby – Director 2017
Leaman Houston – Director-at-large
Mike Howes – Past President



I would like to take this opportunity to thank the members and the Past Board of Directors for the support given to me during my term as President. The accomplishments for this year (July 2013 – June 2014) are as follows:

We donated \$1751.52 to "Casting for Recovery;" \$3500 to various non-profit organizations that deal with protection of our local water sheds; and \$2160 to the Robert Morton Fellowship Grant - Humboldt State University. We bought \$950 worth of aquarium supplies for our "Classroom Education" program. We had beginning and advanced fly tying clinics, advanced and casting essentials clinics, net building clinics, rod building clinics and fly tying jams. We have had informative speakers at our general meetings and published a monthly newsletter. Would you believe 36 fishouts? We even adopted a creek. What a great year! My thanks to all the project leaders and volunteers that made this possible.

Let's make sure we continue to keep our club the best it can be—support Tony and his Board of Directors.

2014 Bridgeport Fishout Report

by Bill Hagopian

We had 16 members show up for this annual fishout. The weather was warm for this time of the year, and the lakes and streams looked like mid-September. The fishout started early,

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J U N E 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1.	2.	3.	4. Conservation Committee Meeting	5.	6. Upper Sac Fishout 6th - 8th	7.
8. Upper Sac Fishout 6th - 8th	9.	10. Board Meeting 7:00 PM	11.	12. Monthly Meeting 7:00 PM	13.	14. Sly Park Fishout
15.	16.	17. Fly Tying Jam	18.	19.	20.	21. North Yuba Fishout
22.	23.	24.	25.	26. Virginia Lakes Fishout 25th - 29th	27.	28.
29. Virginia Lakes Fishout 25th - 29th	30.					

Monthly Program



Secret Ravine Project Ruts

Our speaker this month is **Kevin Mather** of **Trout Unlimited** who will be presenting a general update of Sac-Sierra Chapter activities and projects throughout our local region, with particular focus on TU's adoption of a section of Secret Ravine in Roseville, and the restoration project on which they are currently seeking funding. He'll be describing in detail the scope of the work, and presenting opportunities for interested people to volunteer during the summer and fall of 2014. He'll also be outlining the chapter's future plans for the watershed.

Kevin Mather has been a volunteer with Trout Unlimited since 1999, as a Sac-Sierra Chapter board member and project leader, and recently as an officer on the TU California State Council. His most chronic addiction is steelheading with a spey rod, which leads him to be particularly interested in anadromous waters preservation. In his free time, he is Vice-President of Higher Ed and International Sales for an educational science equipment manufacturer in Roseville.



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2014 Bridgeport Fishout Report - Continued from Page 1

as several participants showed up on Wednesday. On Friday morning, several people were on the water by 7:00 AM, and others by 9:00 AM. Soon the wind started to blow with gusts to 25 mph. Those who were on the water early were smart and left early, but those who came later had a hard time getting off the water. Dave Savage lost a fin while trying to get back to shore. Tom Ross, who fished the East Walker, had some luck, but got blown off the river. That evening, while sitting around the camp fire telling our fish stories, Victor Hough, who went to Green Lake and caught some fish, told everyone how beautiful it was.

On Saturday, most of us headed for Twin Lakes, and soon the wind started to blow again. Everyone had heard the story about Friday's wind, so as soon as the wind kicked up, those closest to the marina kicked in, but some were over in the sheltered cove and did not realize that the wind had started up. While trying to get back to the marina, Scott Pfund, with his dog on his pontoon boat and no oars, realized he couldn't make it to the marina, so he headed for the nearest shoreline. While maneuvering along the shoreline, he managed to fall in the lake, twice!! *This must be a wet fly award for a fishout!!* Since fishing was not good, the highlight of the trip was the Hagopian's tri-tip dinner with peach cobbler (cooked in a cast iron pot) by the Hood's. We are looking forward to next year.

Fishmaster's Corner

by Eric Palmer, Fishmaster

Summer is here! Not officially till June 21st, but close enough to be checking our inventory of summer flies for our favorite trout streams. I've always liked the idea of simplifying otherwise complex topics, and fly selection certainly qualifies, so here's something I wrote in May of 2012 that may help:

We have probably all heard the maxim, *"A fly well-placed or well-drifted is more productive than the perfect fly poorly placed."* We have also all probably shared the humbling experience of walking into a large and well-stocked fly shop, surveying the fly bins stretching from wall to wall containing thousands of flies, then recoiling in horror wondering, *"How the bleep can I ever master a sport that requires learning all these flies, not to mention buying many of them?"*

This is a serious conundrum, which in my early days of fly fishing, caused me to consider chucking the sport entirely; but, fortunately I came to my senses. One of the things that helped was an article by Northern California guide, [Craig Nielsen](#), in the June 2011 *California Fly Fisher* that presents his **Top-10 Summer Flies**. I've always been a sucker for a Top-10 list of anything, since the catchy phrase suggests the simplification of an otherwise confounding and complex topic...and Craig does exactly that. I'm not going to paraphrase his full 3-page article here, but I will quickly cut to the punch line. For the full text, if you are not a subscriber,

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Fishmaster's Corner - Continued from Page 3

check the GBF library, or pester a friend who subscribes. I highly recommend you read the full article, and then read it again.

Craig's **Top-10 Summer Flies:**

1. Humpy (dry) - Sparsely tied - A universal "If only one dry" favorite as it represents the Mayfly, Caddis, Stones, and some terrestrials.
2. Parachute Adams (dry)
3. Birds Nest - Sparsely tied - A universal "If only one nymph fly" favorite as it also represents multiple bugs.
4. Pheasant Tail
5. Prince
6. Copper John
7. Micromay
8. Rubberlegs
9. Soft Hackles - Pheasant Tail good year-round
10. Wooly Buggers



Bonus flies:

11. Iron Sally - Copper John substitute for Little Yellow Stones
12. Fox Poopah (tan)

You can do your own research—which I encourage—and you will encounter similar Top-10 lists with flies that overlap Craig's list; but for my money, Craig's 50+ years of fly fishing experience on our local waters carries a lot of weight.

There are several key "take-aways" from Craig's list: 1) Each fly is distinctive and unique in appearance, thus easy for a beginner to learn and recognize; 2) Only two dry flies on the list (i.e., "keep it simple"); and, 3) You will see in his article a common theme of tying these flies sparsely, which is often not the case with commercially tied flies. This requires a plug for **Jim Holmes** and his monthly [Fly Tying Jam](#). Attend Jim's clinics and learn to tie so you can customize your own flies exactly the way you like them.

One final recommendation for newcomers to the sport: Google each of these flies for a nice crisp photo and burn the image into your memory. Then a week later, do it again! That way, the next time you enter a fly shop you can approach the fly bins with confidence and authority. The goal should be to locate flies without having to rely on the tiny name tags, and I have been in shops which have no tags.

See the 2014 GBF Fishout schedule [here](#) for ample opportunity to put these flies in play this summer and fall.

Thanks for your time and See you on the water...

Welcome to Our Newest Members!

by Ted Way, VP Membership

Please join me in welcoming new members who have joined us over the last few months. Make sure you keep an eye out for them at our meetings and events so that we can make them feel that they are an important part of our club.

Dan Carlson
Martin Pohl

Scott and Kerry Pfund
Doug, Lisa and Justin DiRusio

Denny Welch Attorney at Law

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History of Fly Fishing

Issue #6

by Ed Lloyd, Program Chairman

In our last issue, I mentioned that probably the best way that Fly Fishing spread across Europe was through the Nomadic Shepards of Northern Europe. They had plenty of time to fish, since their dogs were, in fact, the ones who herded the sheep throughout the pastures. What still is not certain is just how the sport spread throughout the rest of Europe. One needs to also remember that even though fly fishing continued to grow after Rome was sacked, there is very little record of this, because after all, this was The Dark Ages, which means there was very little, if any, recorded history at all of anything happening. We do know though, during the Dark Ages the Church dictated the fact that for one hundred forty-five days of the year, only fish and fruit could be eaten. Other than that, there is not much information at all, and of course, none was recorded.

Now we return to the question: How can a sport of such a wide scale, exist and not leave any trace of existence? It is known that rods and lines existed, yet only just a few rods from the eighteenth century survived, not to mention eighth century rods. The one aspect that we might fall back on, and in the absence of artifacts, or written words, is art. Yet, strange as it may seem, there are few pictures of any fly fisherman. It is safe to assume that even though there are few pictures, that early fly fishers did, in fact, dap their flies on fixed lines, and by using various wrist movements to secure them, and with the visually appealing false casting, this surely appealed to the artist, and drew their eye to paint various scenes. Yet, as was stated earlier, this didn't occur very much. Even though there is evidence that fly fishing did exist, there is also little evidence that before the nineteenth century, it "didn't have any features to distinguish them from bait fishing, given that all fisherman adopted much the same pose, with a rod held at a low angle."

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Private Water Fly Fishing

Antelope Creek Lodge, Northern, CA

\$295 p/angler per day, dbl occ. – Inc. lodging, food & fishing

Hat Creek Ranch, Hat Creek, CA.

\$185 p/angler per day, dbl occ. – Inc. cabin & fishing

\$135 p/angler per day – fishing only

Rock Creek Lake, Manton, CA.

\$135 p/angler per day – cabin rental \$135 per night + tax

Clear Creek Ranch, French Gulch, CA.

\$175 - \$185 p/angler per day, dbl occ.

Inc. cabin & fishing + \$2 tx/day

Battle Creek Ranch, Manton, CA.

\$135 p/angler per day

Bailey Creek Lodge, Manton, CA.

\$295 p/angler p/day dbl occ. – \$165 non-angler
lodging, food & fishing

Henderson Springs Lodge, Big Bend, CA.

\$245 p/angler p/day dbl occ. inc. lodging & fishing

\$225 p/day fishing

Lake Christine, Manton, CA.

\$135 p/angler per day

Pleasant Valley Fly Fishing Preserve

\$95 p/angler per day

Riverside Lodge on Fall River

\$595 + tx per night with 2 night minimum – max. 8 guests

Yamsi Ranch, Chiloquin, Oregon

\$295 p/angler per day – 3 day min. – Food, Lodging & Fishing

Lonesome Duck Ranch, Chiloquin, Oregon

\$250-\$300 p/cabin p/night for 2 – 2 night min.

Guides \$350 p/day/ 2 anglers

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History of Fly Fishing #6 - Continued from Page 5

Another aspect that has seemed to conspire and conceal an early history of fly fishing, is that with just a few exceptions, historians of fly fishing *"are a small and select club of amateurs who have tended to treat the literature which has survived as the only record."* While this is understandable, this completely ignores the contribution of folk traditions that we know are a very powerful influence. With the powerful influence of folk traditions, this causes us to return to the curiosity of just how this knowledge was handed down, knowing that books/literature was *"fickle,"* that is, books rarely recorded a picture, and *"often misses major developments."* The fact now remains that we just need to assume that the history of fly fishing throughout the Middle Ages just has to somehow be recorded through the few fragments of text that did survive, and by chance, be preserved. However, figuring out the origin of fly fishing during this period is about like figuring out how to piece together a ten thousand piece puzzle with no known picture for which to draw any kind of reference. So for now, it is assumed that somewhere in Europe is where fly fishing actually originated. We will return to that origin later. In the next issue, we will explore just how fly fishing could have spread across Europe and into Asia.

"Tight Lines"

Conservation Corner

Dry Creek Cleanup Day A Success

by Tim Billingsley, VP Conservation

Members of Granite Bay Flycasters spent about three hours on Saturday, May 3rd cleaning up our adopted stretch of the Dry Creek watershed. The group split into two teams, and worked along each side of the creek for the entire reach. Trash was picked up, and the general health of the creek was inspected. We are pleased to announce that the creek is in surprisingly good shape with flows we didn't expect to see. Trash was present, but not overwhelming, and we managed to time things right for some great wildflower viewing. Sadly though, the plantings that the Girl Scouts helped us with last fall were pretty much non existent. The City of Roseville is grateful for our club's service.

The next scheduled meeting of the Conservation Committee is scheduled for Wednesday, June 4th, at 6:30 PM. Among topics of discussion will be annual conservation-related donations, and new threats to the Smith River watershed. The meeting will be held at the Round Table pizza, 8755 Sierra College Blvd. All club members are welcome.



Cleanup Day Participants left to right: David Sterlin, Don VanSant, William and Tony Gariano, Kim Lloyd, Dale Howell. Not pictured: David Jones, Mel Odemar, Susan Freitas, Tim Billingsley.



Virginia Lakes Fishout June 25 - 29, 2014

Flycasters, it is time for the annual Virginia Lakes trip. We are looking at the 25th to the 29th of June. We will be going up on June 24th and coming home on June 29th. We will have a taco dinner on Saturday, the 28th for all who attend.

For those of you unfamiliar with Virginia Lakes, they are on the eastern slope of the Sierra just past Bridgeport and before you drop down to Mono Lake. The scenery is "eastern side incredible." We will be staying at Trumble Lake campground at 9,700 feet. This is a nice campground with water and incredibly nice pit toilets. Reservations can be made on line, but we usually are able to secure sites without them. There is also unimproved camping a short distance down the road by the creek (Road 139). This is also very beautiful, and right next to a main stream. The two Virginia Lakes are easy walking distance from the campground, which sits right next to Trumble Lake. There is excellent fishing at all three lakes. Great stream fishing is available all around: Virginia Creek, Green Creek and dry fly fishing for Brook trout in a couple of lakes a short walk up the trail. There is a store at Little Virginia with high-priced goods, a little restaurant, and hot showers. They also rent cabins (usually for a week), but will do a weekend at the last minute if they aren't rented: <http://www.virginalakesresort.com>. Bridgeport is a 30- to 45-minute drive, and there are motels, if camping is not your thing.

The fishing is generally float tube with sinking line (intermediate - fast). Catching twenty fish in a day is not extraordinary, and I will be available to help anyone who desires it. Flies will be plentiful, as I will bring my tying stuff, as will others. There will be extra equipment available for anyone to use. Rods from 3-6 wt. are the norm.

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Virginia Lakes Fishout - Continued from Page 7

This is a great family outing, as there are a variety of things to do besides fishing. The hiking is excellent, with relatively short distances between lakes. Just down the road there is horseback riding, and the old gold ghost-town of Bodie is within 45 minutes. The city of Mammoth is less than an hour away, as is the entrance to Yosemite.

Please call me if you have any questions and let me know if you are planning to come so I can get enough camp sites and bring enough taco fixin's.

Michael Kaul, michaelk@cal.net
(530) 677-8022 or cell (916)337-5468

Granite Bay Flycasters Classifieds

To place a classified ad, you must be a member in good standing of the Granite Bay Flycasters. Classified ads will run for only one issue of The Leader, unless the seller requests it to run longer. Submit your listing to: fstolten@comcast.net with subject line: 'GBF: Classified'. Or mail your info to: Frank Stolten, 8290 Country Lake Dr., Orangevale, CA 95662. All ads must arrive by the 15th of the month to be included in the following month's Leader.

For Sale:

I'm selling my Dave Scadden Skykomish Sunrise pontoon boat and accessories. This is the model with a stand-up casting platform. I've used it very little and it comes with the following accessories:

Anchor
HD Transom (for motors)
Stripping basket
Carrying bag

Transport Wheel
Rudder
Lean bar lock



I'm also selling 2 motors, gas and electric, for it as follows:

Boat and accessories \$1,000

5 HP Honda four stroke engine long shaft, with stand \$800

Minnkota 36 lb thrust electric motor with battery, never used \$100

Outlaw X5 extra pontoons – never been used \$500

Contact Floyd Gibson at gibsonfs@sbcglobal.net 916-483-6226



The GBF Library — Check It Out

by Kim Lloyd, Librarian

The library has grown substantially over the last year—thanks to the generosity of several members. It now contains more than 300 books, and over 130 DVDs. And for those with rotary phones...it also boasts 52 VHS tapes. The point being, members will be pleasantly surprised to find the library has been greatly expanded, and covers a wide spectrum of topics.

For example, if you need some fly tying information, then you'll find books and DVDs from Jack Dennis, Lefty Kreh, Bob Clouser, Randall Kaufman, Dave Hughes, Polly Rosborough and Gary LaFontaine. Or perhaps you want to match the hatch on a local Sierra stream. In that case, check out "Bugs of the Underworld" (DVD) or *Fish Food, A Fly Fisher's Guide to Bugs & Bait* (book); both of which were authored by Ralph and Lisa Cutter who fish out of Truckee.

The library has also begun collecting back issues of *California Fly Fisher magazine*. This is important because the magazine's articles offer detailed information on the places members are most likely to fish. BTW, the monthly issues are grouped by calendar quarter (Spring, Summer, etc.). This was done to help members "zero in" on relevant articles. For example, if are you heading to Dunsmuir for the fish-out in October, then stop by and sort through the Fall issues for relevant articles. (Hint: the February issue typically includes an index of the previous year's articles, grouped by location)

In summation, the GBF library offers members a unique opportunity to gain insight and knowledge on a wide variety of fly fishing topics. It is noted the GBF website includes a link to a list of the library's books, DVD's and VHS tapes—so do a little research, and then check something out at the next meeting.

Bill Carnazzo Fly Tyer's Corner (Taken from the Article Written in June 2009)

Hickey's Automatic Emerger



Materials:

Hook:	Tiemco 2457 (scud hook) #14-22
Bead:	Gold bead, sized to match hook
Thread:	Olive 8/0
Tail:	Pheasant tail fibers
Abdomen:	Olive crystal flash
Thorax:	Olive antron dubbing
Wing pad:	Olive crystal flash
Emerging wing:	Dark dun CDC puff

Description

This fly was featured in a recent issue of the "Orvis News," an excellent publication put out by the Orvis Company. I normally don't feature, in this column, flies found in magazines or other news publications. I will make an exception where a fly makes sense, has unique features, and is practical—i.e., it looks fishy and is easy to tie. I don't know the fly's creator, Jim Hickey—but I have fished his fly and found it to be a worthwhile addition to fly boxes. According to Hickey, it imitates a BWO as well as a PMD, with the only variant being the dubbing colors. Let's go with the BWO configuration.

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Fly Tyer's Corner - Continued from Page 9

Tying Instructions

For best viewing: (1) Maximize your Computer Screen Window. (2) Type "Ctrl + or -" to enlarge or contract the photograph display. (3) Use the Horizontal and Vertical Scroll Bars to scroll right and up/down to display larger photos on your screen.



Steps 1 & 2

1. Crimp the hook barb and place the bead on the hook
2. Cover the hook shank with a layer of thread, working from the back of the bead to the hook bend. The thread should just short of halfway down the bend.



Step 4

3. Tie in a tail of approximately 6 pheasant tail fibers at the point where the thread ends.



Step 3

4. At the same tie-in point, tie in two strands of olive crystal flash and move the thread forward to the back of the bead.



Step 6

5. Twist the olive crystal flash strands together, and wrap them up the shank to the 1/3 spot on the shank behind the bead. Tie the crystal flash off at that point but don't cut it off. Instead, double it over and then tie it back over the abdomen, leaving the thread at the 1/3 point.



Step 5

6. Dub the thorax; it should be fuzzy but not overly large.

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Fly Tyer's Corner - Continued from Page 10



Step 7



Step 8

7. Take a small dark dun CDC puff and tie it in by its stem, with the tip of the feather pointing rearward, just behind the eye.
8. Bring the crystal flash forward and tie it off at the same point. The "wings" should now be sticking out to the sides of the fly. Whip finish.

Tying & Fishing Tips

If the CDC sticks out too far from the hook once it's tied off, use your scissors to trim it to shape.

When making the crystal flash body, apply the winds evenly and smoothly.

Now go tie one and then go fish it, and...

Enjoy, and see ya on the creek...!!!

Greenstone Fishouts Report, May 8th & 24th

by Tony Hamamoto

May 8th

The fishout was overbooked due to the confusion of having two signup lists, so I had to turn away a couple who e-mailed me a day or so before. Some members fished the middle lake with sporadic results, which is pretty normal there, but they each caught at least one decent LMB.

The rest of us fished the big lake, where I believe everyone caught fish. As usual, Sturmer did well, especially with his favorite creation. Don Van Sant brought his new and old Hobie kayaks in the trailer he built for them. I tried fishing from his old kayak—I will be searching for other alternatives to fish from. The winds picked up after lunch, and everyone left except for John Wallace, who fished the first lake. Everyone said there were a lot of medium-sized fish this year. Yes, Bill Ossolinski, the fish are bigger this year at Rancho Murieta!

I'd like to share one thing I observed, there were more bluegills and LMBs at the northeast end where we launch from. I attribute this to the new vegetation which draws in aquatic life that the fish feed on. I remember my father telling me to look for areas with new vegetation to fish. Best of all, I remember the good fishing days we had.

May 24th

On this fishout there were ten or so members fishing. I told everyone they could keep the bluegills they caught, and Wendell Edwards had a stringer of them he took home. Scott Vaughn again did well with a black wiggie tail. One of our newer members, Frank Michny, who also fished on the 8th, caught a 3-to-4 pound LMB. The fishing was sporadic on the flat water. As always, when a light wind starts blowing and ruffles the water, the bite increases, which happened once again.

Granite Bay Flycasters

Mission: The organization is dedicated to conservation of fish habitat, advancement of the art of Fly Fishing, and good sportsmanship.

Meetings: General club meetings are held on the second Thursday of each month at the Granite Bay Activities Center on the shores of Folsom Lake. For directions, check www.gbflycasters.org.

Doors open between 6:00 P.M. and 6:30 P.M. for socializing and fly tying demonstrations. The business portion of the meeting begins at 7:00 P.M. The main program gets underway after a short refreshment break and usually involves a guest speaker and slide show, or other presentation. All meetings are open to the public and visitors are encouraged to attend.

Membership: Applications are available on-line at www.gbflycasters.org and at general meetings. Single membership: \$30; Family memberships: \$35; and youth (under 18): \$10. There is also an \$8 name badge charge for all new members. Membership is prorated throughout the year. For membership information, call Taylor Yates at 916-608-4560, or visit the website at www.gbflycasters.org.

The Leader: To send articles, photos, ads and other materials, please e-mail to: Frank Stolten at fstolten@comcast.net. Please put **GBF Leader** in the subject line. Deadline for materials is the 15th of each month.

Please notify if address change

Officers, Directors and Committee Chairs

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VP Conservation - Tim Billingsley 530-633-2631 timothy.billingsley@gmail.com	Frank Stolten Education John Hogg	916-725-6894 916-663-2051
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Treasurer - John Hogg 916-663-2051 johnhogg@sbcglobal.net	Fly Tying Jim Holmes Fly Tying Jam Jim Holmes	916-967-6709 916-967-6709
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Through June, 2016 - Ron Ellis 916-728-2417 ellis3rd@yahoo.com	Leader Layout Vivian Mevorah	916-408-0678
Through June, 2015 - David Jones 916-474-4986 djj6451@yahoo.com	Librarian Kim Lloyd Don Lounsbury	916-988-3828 916-612-5385
Through June, 2015 - Scott Vaughn 916-933-6844 scott.vaughn68@gmail.com	Merchandising Ron Ellis	916-728-2417
Through June, 2014 - Tony Fabian 916-415-9095 meritage@starstream.net	Monthly Programs Ed Lloyd	916-939-0540
Through June, 2014 - Don Van Sant 916-927-9824 donvansant@pacbell.net	Webmaster Kent Ripley	916-797-6940
Director at Large, 1 year term - Wendell Edwards wendelledwards@mac.com	Youth Program Position Open	
Past President - Dennis Baker 916-580-7639 Baker0707@aol.com		
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