September 2013

www.gbflycasters.org

Leader's Line

Тне

by Mike Howes, GBF President

It is great to see the energy of a new member on the Board of Directors. Dan Edwards, our VP of Conservation, put into motion two projects to have members participate in our conservation efforts. GBF is applying for a part in Roseville's "Adopt a Creek" program. Dan identified a section of Dry Creek, approximately a mile long, to be GBF responsibility. The Conservation Committee met with the lead Roseville official to discuss areas along the creek that need attention. Adopting a creek includes trash removal, invasive plant removal, and creek bank restoration. It will require GBF membership involvement; our focus will be creek bank restoration. If our application is accepted by the City of Roseville, Dan will have Conservation meetings to determine our plan of action. This is an exceptional way for members to be involved in the community.



Dan has also taken the GBF lead on participation in this year's "Calling Back the Salmon Celebration" on October 5th. This event is held at McBean Park in Lincoln. GBF will have a kid's fly tying table and casting instructions. There will be a sign-up sheet at the September meeting. Dan stated he would like to see every member put in 8 hours a year toward Conservation. Dan has invested a lot of time in organizing these two projects, so let's support him by volunteering.

GBF's "Day at the ball park" was attended by 40 members, families, and friends. I have received positive feedback about the get together. This event is not fishing related, but it is a sharing of friendship and getting to know others in the club. We will do the second annual GBF Day at the Ballpark in June or July of next year.

Rick Radoff has scheduled the first two Annual Dinner Committee meetings for August 28th and October 23rd. If you would like to be on the committee or help out the night of the dinner (March 15, 2014) contact Rick at <u>radoffcnst@jps.net</u>.

The Annual Dinner Committee Wants YOU!

Now is the time for all good members to come to the aid of their club! In order to ensure another successful

IN THIS ISSUE

Annual Dinner Committee	1
Calendar of Events	2
Conservation Corner	5-6
Fishmaster's Corner	3-4
Fly Tyer's Corner (Sep 2008)	6-8
Introduction to Rod Building Class	9
Leader's Line	1
Monthly Program	2
Officers	10
Welcome to our Newest Members	4
Why Build Your Own Fly Rod?	9

annual dinner event (coming March, 2014), we need your input, ideas, energy, enthusiasm, and passion for this club. <u>We need</u> <u>YOU for the annual dinner committee!</u>

Please join us for the fun and reward of helping put together our famous annual fund-raising event. We'll be feeding and entertaining about 200 people, executing an incredible raffle and silent auction, **and generating the funds needed to support the club for another year!**

Get involved! Contact our annual dinner chairman, Rick Radoff (916-870-9637) or (<u>rickradoff@att.net</u>) and ask him how you can help with this great event. Make a difference—be a part of the club's biggest, most fun, **and most important** function of the year!

September 2013

SEPTEMBER ²⁰¹³						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1.	2.	3.	4.	5.	6.	7.
					Lake Davi Sept.	
8.	9.	10.	11.	12. Manthlu	13.	14.
Lake Davis Fishout Sept. 6 - 8				Monthly Meeting 7:00 PM		
15.	16.	17.	18.	19.	20.	21.
		Fly Tying Jam		Board Meeting 7:00 pm		Little Truckee Fishout
22.	23.	24.	25.	26.	27.	28.
						Truckee River #2 Fishout
29.	30.					

Monthly Program



Our September speaker is Matt "Gilligan" Koles, who will present a program on how, when and where to catch trophy trout on the Truckee River throughout the changing seasons.

The son of a diehard fisherman, Gilligan began fly fishing the waters of the Eastern Sierra and Tahoe Region when he was 13. As a guide, Gilligan brings to the river over 25 years of experience fishing the Truckee and Little Truckee Rivers, two of the finest trout fisheries in the state, and also the

Truckee River in Nevada, west and east of Reno, one of the west's best kept secrets. Gilligan resides in Hirschdale, CA along the banks of the Truckee River where he's never far from trout.

http://www.gilligansguideservice.com/

www.gilligansguideservice.com/blog/



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Fishmaster's Corner

by Eric Palmer

It's September already, blistering summer temps are in decline, and "Upper Sac time" is just around the corner! Of course I'm talking about the 13th annual **Upper Sac Fishout** and all-around good time at Dunsmuir, Oct 10-13 (Thur-Sun).

The large number of hard-core regulars need no encouragement to participate in this annual event, but we have a lot of new members for whom the phrase "*The Upper Sac at Dunsmuir*" may not yet resonate the way it will after their first trip up there. In Northern California we are blessed with some of the best fly fishing water in the world which compels fly anglers from all over the globe to spend serious money to come here to wave a stick at our trout, take pictures, then return home with great stories for friends and family. The Upper Sac is one of the best such world renowned destinations, and at only a short hop up I-5, it's almost in our back yard.

The river originates out of Lake Siskiyou, and is then spring-fed shortly downstream by pristine Mt. Shasta snow melt. Wild trout start at 8-10 inches and range to over 20 inches, and in recent years the city of Dunsmuir has been planting trophy rainbows to 14 lbs. within city limits. See Steve Wilkins' amazing catch in the photo below. The city plantings are in addition to the routine DFG plants from north of town down to Sweetbriar. Purists may eschew pursuing for planters, but with well over 30 miles of easy river access, there is more than ample opportunity to chase wild Rainbows.

The Upper Sac abounds in pocket water, which means the nymphing technique of choice is **Tight-Line nymphing** (aka Short-Line or High Sticking and a cousin to Czech Nymphing and other European variants).

Continued on Page 4



Fishmaster's Corner - Continued from Page 3

The method we practice originated and was perfected on the Upper Sac in the 1970's, if not earlier, by Ted Fay and his disciples, including Joe Kimsey and Ron Rabun, and passed on to our club members by Ron and later Bill Carnazzo through their many clinics. For more information on this technique, you will find several articles by Bill and others on our website articles page <u>here</u>.

For fishout participants who are new to this technique or who feel they could benefit from a refresher course on Short-Line nymphing, instruction and on-stream coaching will be available. Experienced or not, if new to the river, you will be partnered up with others who know the ropes, so don't worry about getting lost trying to find your way among the dozens of easy access points in town and off of interstate 5. Further, all participants will receive ample information on river access, fly selection and how to tie up Short-Line leaders.

So, plan on joining us **October 10 thru 13** (Thur-Sun) for 4 days of fun, fish catching, great camaraderie and most importantly, advancement of your fly fishing skills, all while learning many access points to this magnificent river. If you are a club member, sign up at the September meeting, or send me an email at <u>ejpalmer@pacbell.net</u>. If you are reading this as a nonmember, you can join the fun by completing an application form <u>here</u> and mailing it to the address indicated.

Thanks for your time and see you on the water...

Eríc



Steve Wilkins' Upper Sac 24 incher



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Welcome to Our Newest Members!

by Taylor Yates, VP Membership

Please join me in welcoming new members who have joined us over the last few months. Make sure you keep an eye out for them at our meetings and events so that we can make them feel that they are an active part of our club.

> David Channell Jim Cralle Michael & Christi Frinha family John Gordon Don Hansen Bill Hendricks Victor Maiello Jim Miner Theresa Reclusado Don Whitecar Charles Wraight

Conservation Corner

by Dan Edwards, VP Conservation

The Conservation Committee is going back to meeting monthly so we can do essential planning for new projects. Our next meeting is on Wednesday, September 4th, at 6:30 PM. We meet at the Round Table Pizza at 8755 Sierra College Blvd, just south of Douglas Blvd. Please come and help us plan for new Conservation Activities. All members are welcome, not just those on the committee.

The South Yuba Citizens' League (SYRCL, <u>www.Yubariver.org</u>) and Friends of the River (<u>www.friendsoft-heriver.org</u>) successfully sued the Corp of Engineers to remove spawning obstacles for Chinook Salmon. They are calling for the removal of Daguerre Point Dam and Englebright Dam on the Yuba. Federal Judge Karlton told the Corp to "Do your job" and create fish passages. What will happen next?

River clean-ups and the Fall Solstice: The American River Parkway Foundation (<u>www.arpf.org</u>) is having its annual Great American River Cleanup on Saturday, September 21st (9 to 12). Sign up on the website. The South River Yuba Citizens League (<u>www.syclr.org</u>) is having its Yuba River clean up on Saturday, September 21st. Sign up at their website. The Upper American River Foundation is having its "Great Sierra River Clean up" on Saturday, September 21st. For the Clean Up at Mineral Bar (Iowa Hill Bridge), contact Bill Templin (<u>www.wetemplin@att.net</u>) for details.

"Calling Back the Salmon" celebration is in Lincoln at McBean Park on Saturday, October 5th. We will have a Conservation table, fly tying demonstrations, and casting demonstrations. We still need casting demonstrators/instructors for 12:00 to 2:00 and 2:00 to 4:00. Please sign up at the next General Meeting, or e-mail me (<u>dwe@surewest.net</u>) to get a slot. Sunday, October 6th is a "spiritual day" with a Native American and others celebrating the Salmon.

At a Special Meeting of the Conservation Committee on August 7th, with John Williams of the Roseville Adopt-a-Creek program, it was decided to recommend to the Board that the Club try out Adopting Dry Creek 5 for the coming year.

On August 15th, the Board approved the Club's involvement for the coming year. Williams agreed that the DC-5 area would benefit from Shade Planting, Bank restoration, and Flood Plain plantings to reduce silt in the Creek. He also agreed that our identification of large invasives for removal by the City could be a useful project. All members are invited to the September 4th meeting at the Sierra College Blvd. Round Table Pizza to plan future planning efforts.



Dry Creek in Roseville

Fishing Season for Dry Creek and its Tributaries: Dry Creek is closed year round from the Sacramento River to the Atkinson Street Bridge in Roseville. Fishing for hatchery trout or hatchery Steelhead is open from the 4th Saturday in May until October 15. Wild trout and steelhead must be released. Bag limit is two hatchery fish a day. Atkinson Street begins as an extension of PFE road where it turns north toward the City (below Douglas Blvd). Tributaries of Dry Creek above the Atkinson Street Bridge are Cirby Creek, Antelope

Continued on Page 6

Conservation Corner - Continued from Page 5

Creek, Miner's Ravine, and Secret Ravine. Until October 15, members could fish Dry Creek and its tributaries above the Atkinson Street Bridge (DFW Freshwater Sport fishing regulations 2013-2014, section 59.5 in 7.50(b), Alphabetical list of Waters with Special Fishing Regulations). This fishing area includes Dry Creek 5 that we're adopting as a Club homewater for the coming year.

Conservation Tip of the Month: Keep an empty garbage bag in you fishing vest or car trunk for collecting trash or garbage to haul out from your favorite fishing spots. I have had to leave trash behind when I did not have a bag to put it in.

Bill Carnazzo Fly Tyer's Corner (Taken from the Article Written in September 2008)

Fly Patterns - Bill's Fall Phase Stick Caddis



Bill's Fall Phase Stick Caddis

Materials:

Hook:	Daiichi 1260 or similar bent shank 2x Long hook, sizes 6-10		
Bead:	Burnt orange glass bead with silver lining		
Thread:	Brown 6/0		
Tail:	Small tuft of dark brown marabou		
Body:	Brown dubbing mix—Paxton's Buggy Numph		
	highlighted with bronze brown Lite Brite		
"Sticks":	Pheasant tail fibers mixed into the body		
Collar:	1 st collar: burnt orange Buggy Nymph;		
	2 nd collar: black Buggy Nymph		
Legs:	Dark brown or black hen (Optional)		
Weight:	15-20 wraps of .020 lead or substitute		

Description

This article is a "rerun" in 2008. I don't usually like to do reruns, but since our Upper Sacramento River

outing will be held this October, and because this fly has been phenomenally successful (even on a year-round basis), and also because I've had many requests to feature this fly again, here it is.

Bill's Stick Caddis - Fall Phase. The Stick Caddis pattern has been very successful over the years. It was born many years ago in its original form on the North Yuba, one of my favorite streams. The current versions of the fly (there are several), now marketed by Spirit River, reflect a long metamorphic history of tweaks and improvements. One of my favorite versions is the one I call the "Fall Phase." Although I use the Stick Caddis in one form or another all year long (even for Winter steelies on certain rivers), the Fall Phase is reserved for the magic months of late September, October, and November when the



Continued on Page 7

Fly Tyers Corner - Continued from Page 6

October Caddis hatch is in full swing. Those who have fished the fly can attest to the fact that it is deadly when fished properly—meaning fished as a "rock roller" as Andy Burk would say, right on the bottom. I combine this fly with an emerger on the rigging—but that's another article. For now, let's kick out a few Fall Phase Stick Caddis.

Tying Instructions



Step 1

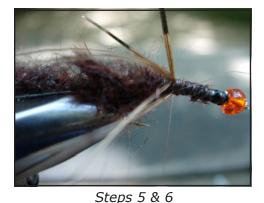
1. Smash the hook barb unless you are using a barbless hook. Place the bead on the hook and cover the shank with 15-20 wraps of lead or substitute. Push the wire up against the bead and cover the shank and wire with thread. Apply a coat of Flexament to hold it all together.

2. For the tail, cut a small bunch of dark brown marabou and tie it in just above the back end of the barb. With your thumb and forefinger shorten the marabou by pulling on it sharply—don't use scissors to cut it as it results in a blunt, non-lifelike appearance.

3. Form a dubbing loop and insert your dubbing loop tool into the loop. Fill the loop with

the dark brown dubbing mix by pulling small bunches of it from a wad held in your hand. This technique is very important to the overall silhouette of the fly.

4. Twist the loop into a "chenille" by spinning the dubbing loop tool. It helps to hold the loop closed at the point where the dubbing inserted into the loop ends and then spin the tool.

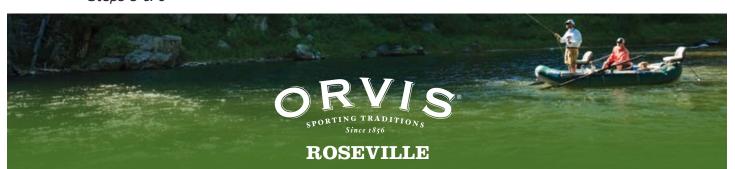


5. Using hackle pliers, grab the "chenille" at its bottom end, cut the thread below the pliers, and

wrap the rear 1/3 of the body. Don't cut the "chenille;" rather, keep the hackle pliers attached and move them out of the way.

6. Tie in six pheasant tail fibers, two at a time, spread around the hook. Sweep them back and take a few wraps in front of them. These are the "sticks;" they should be of random lengths when you are done.

Continued on Page 8



Before you get on the water, gear up at Sacramento's only full-service Orvis fly shop and lifestyle store. Here, you'll find the newest Helios fly rods, reels, waders, and more fly-fishing gear; plus a full line of luggage and men's and ladies apparel. Stop in and say hello today, and find exactly what you need.

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Steps 2, 3 & 4

Fly Tyers Corner - Continued from Page 7



Steps 7 & 8

7. Move the thread forward and repeat steps 5 and 6 for the middle 1/3 of the body.

8. Take two wraps of dubbing in front of the last set of sticks and tie off and cut the dubbing loop. Place a few more "sticks" in front of these last wraps.

9. Form a second dubbing loop; place three small bunches of burnt orange dubbing and two small bunches of black dubbing into the loop. Twist the loop as in step 4 and wrap the "chenille" forward to behind the

bead. This creates the two collars—first the burnt orange, and then the black. Tie off and trim the loop.



Step 9



Step 10

10. Tie in a black or dark brown hen hackle wet fly style and take three wraps behind

the bead. Tie off and trim the hackle. Whip finish.



Finished Bill's Fall Phase Stick Caddis Fly

Tying Tips

- 1. Don't blunt-cut marabou after it's been tied in as a tail. Instead, use your fingernails to "pop" it off at the proper length. This creates a more lifelike, uneven appearance that looks much better in the water.
- 2. When forming a dubbing loop, always close the top of the loop by dropping the bobbin over the loop and then wrapping forward on the shank. This makes it much easier to keep the material inside the loop as you work with it.
- 3. You can also tie the fly in a grayish-brown color, mixing the dubbing with some gold Lite-Brite. In this case, however, you will want to clip the "sticks" close to the body so that they resemble brown/black pebbles instead of sticks. The reason for this color is that some October Caddis larvae live in areas where there is little or no streamside vegetation. In that situation they build their cases out of tiny pebbles most of which are a grayish-brown color.

Fish this beast in pocket water. The reason I call it the "Fall Phase" is because during the emergence the larva changes color from pale yellow to a burnt orange tone. See ya on the creek.



Introduction to Rod Building Class

by Larry Lee of L3Rods

There will be an Introduction to a GBF Rod Building Class scheduled for Tuesday, October 15th at the Folsom Lake Activity Center accessible via the Douglas Blvd. park entrance. This introduction is designed to introduce GBF members to why build your own rod, and what is entailed in the actual rod building classes. Rod building kits availability, prices, and materials provided via L3Rods will be discussed. The actual GBF Rod Building classes are then scheduled for November 19th and 21st.

The Introduction to the GBF Rod Building Class will be sharing the center with the fly tying night. The class will begin at 6:30 PM sharp, and last for as long as members have questions. If there is a scheduling conflict and you are still interested, accommodations can be made. This is a really fun and informative class. Many GBF members have already participated and caught many fish on their quality rods!!

For more information contact Larry Lee by phone or text at 916-601-7853, or email L3rods@gmail.com.

Why Build Your Own Fly Rod?

Such a simple question generates many answers. Some answers involve logical reasons such as saving money or building the rod that meets your specific performance standard for a specific application. Other answers may revolve around more abstract, philosophical, psychological, or emotional-based reasons such as a psychic flash into a dream of catching a huge fish on a special rod. Whatever your reasons, the satisfaction of constructing of your own rod can be immense and fulfilling. It is probably identical to the feeling one gets by tying one's own flies and catching fish on them. Those new rods, with all of their different looks and feels, can be an extension of your own creative expression, and more importantly, catch fish. It can also be worthwhile passing rod building skills on to others, and watching new rod builders enjoy themselves learning new skills that encourage their own ideas.

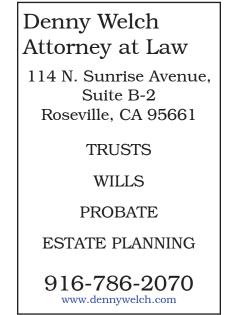
When building one's own rod, the builder will have to address many details regarding the type of fly rod to construct. One rod will never be adequate to fit all situations because of the huge variety of fishing conditions in which one can find oneself. Rods come in different lengths, number of segments, line weights, rod weights, material stiffness, blank colors, guide sizes (with different colors), reel seat types and colors, handle configurations types, etc. Some basic questions an anglers should ask themselves when deciding what type of rod to build are: What kind of fish and size do you want to catch (i.e. bass, trout, salmon, marlin,

dorado, tarpon, etc.)? What type of water are you planning on fishing (i.e. small creeks, large rivers, lakes, ocean, etc.)? What rod break down size for easy transport to the fishing location is needed? What types of flies are going to be used (i.e. how big, weighted, dry or wet)? How much money and time are you willing to spend on your rod?

The ultimate decision to build your own fly rod is completely yours, but once you've made it, the excitement of building something from scratch,

the thrill of catching the first fish, and the envy of your friends and family because they know what it takes to make one, just can't be compared.





Granite Bay Flycasters 4120 Douglas Blvd. #306-356 Granite Bay, CA 95746-5936

Granite Bay Flycasters

Mission: The organization is dedicated to conservation of fish habitat, advancement of the art of Fly Fishing, and good sportsmanship.

Meetings: General club meetings are held on the second Thursday of each month at the Granite Bay Activities Center on the shores of Folsom Lake. For directions, check **www.gbflycasters.org**.

Doors open between 6:00 P.M. and 6:30 P.M for socializing and fly tying demonstrations. The business portion of the meeting begins at 7:00 P.M. The main program gets underway after a short refreshment break and usually involves a guest speaker and slide show, or other presentation. All meetings are open to the public and visitors are encouraged to attend.

Membership: Applications are available on-line at www.gbflycasters.org and at general meetings. Single membership: \$30; Family memberships: \$35; and youth (under 18): \$10. There is also an \$8 name badge charge for all new members. Membership is prorated throughout the year. For membership information, call Taylor Yates at 916-608-4560, or visit the website at www.gbflycasters.org.

The Leader: To send articles, photos, ads and other materials, please e-mail to: Frank Stolten at **fstolten@comcast.net**. Please put **GBF Leader** in the subject line. Deadline for materials is the 15th of each month. Please notify if address change

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