

The Leader

THE NEWSLETTER OF THE GRANITE BAY FLYCASTERS

October 2013

www.gbflycasters.org

Leader's Line

by Mike Howes, GBF President

October sees the beginning of GBF's effort for renewing membership and selling Annual Dinner tickets. Yes, it is that time to renew your membership for 2014. Because of your great support at our 2013 Annual Dinner, we are able to keep the membership dues at \$30 for a single, and \$35 for a family. This year we are having an "early bird" raffle as an incentive to pay your dues by January 1st. At our January general meeting, we will pull a 2014 member's name from a basket. The prize will be \$100 worth of Annual Dinner Raffle tickets. So, don't procrastinate to be in the raffle. There are three general meetings before January where you can pay your dues, or for your convenience, there will be a PayPal link via email.



The Annual Dinner will be on March 15, 2014. Mark your calendar. The event will be held at the Rocklin Sunset Community Center. Our speaker is Mikey Wier, <http://www.burlproductions.com>. Take a look at his web site—you will be impressed. The Annual Dinner is GBF's major fund raiser. We welcome donations, which could be in the form of cash or a fishing/non-fishing item for the raffle/auction. Examples of non-fishing items would be: certificates for massages, hair styling, manicures, trips. Rick Radoff radoffcnst@jps.com is heading up the dinner this year. He is looking for volunteers to help out at the dinner, or want to be on the committee.

Talking about Annual Dinners, CFFU is holding their Annual Dinner on November 2, 2013 at the Carmichael Elks Club. Meal selections are: Salmon, New York Steak, and Chicken Cordon Bleu. Tickets are \$40. Go to CFFU's web site www.CFFU.org to find out more about the event. Eight CFFU members joined us at our last Annual Dinner—it would be great to show our support for them. I have already bought my ticket.

GBF's "adopt a Creek" is going strong. We have set dates for a troop (troop??) of Girl Scouts to help plant vegetation to shore up the banks and to supply shade. Two meetings to secure the needed plants and trees have been scheduled for Monday, November 4th and Saturday, November 9th. If you are interested in signing up, or if you want more information, email Dan Edwards, VP Conservation at dwe@surewest.net.

The Swap Meet and Chili Cook-off will be on December 7th. Last year's winner of bragging rights for the best chili went to Lester Grigsby. Bring your chili by 8:30 so everyone will have a chance to taste and judge. Chili should be brought in a crock pot and be already cooked. Name your chili. If you have a special recipe for corn bread, cook some up and bring it to the meet—it goes great with chili. The swap meet offers great fly fishing bargains, so bring your checkbook.

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The December General Meeting is our Holiday Pot Luck. We do not have a speaker. It is an informal gathering of club members and their spouses for an evening of eating and telling stories. To make sure we have a variety of food on hand at the Potluck, please use the following chart to determine what to bring. If your last name starts with:

A-D — Hors D'oeuvres

E-I ---- Salads

J-K ---- Favorite Dish

R-Z ---- Desert

O C T O B E R 2013						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1.	2. Conservation Committee Meeting	3.	4.	5.
6.	7.	8.	9.	10. Monthly Meeting 7:00 PM	11. Upper Sac Fishout Oct. 10 - 13	12.
13. Upper Sac Fishout Oct. 10 - 13	14.	15. Fly Tying Jam	16.	17. Board Meeting 7:00 PM	18.	19.
20.	21.	22.	23.	24.	25.	26.
27.	28.	29.	30.	31.		

Monthly Program



Our speaker this month is **Richard Dickerson**, a native Nevadan who has fly fished for over 40 years. He has also written a book exclusively dedicated to fishing in Nevada: "Nevada Angler's Guide; Fish Tails In The Sagebrush" covers the entire state revealing so many places to fish within easy reach, but just beyond view of most anglers. Fly fishing author, guide and instructor, Richard Dickerson will take us on a tour of Northern Nevada's best fly fishing at our October 10th meeting. Come see what Nevada has to offer.

Welcome to Our Newest Members!

by Taylor Yates, VP Membership

Please join me in welcoming new members who have joined us over the last few months. Make sure you keep an eye out for them at our meetings and events so that we can make them feel that they are an important part of our club.

Jim Groves
Dan Lopez

Dale Howell
Jim McGowan

Dale Spear

Fishmaster's Corner

by Eric Palmer

Why We Fly Fish

When I signed up for the Fishmaster gig, my big worry was how to keep the Fishout pipeline filled, and could I actually recruit new Fishout leaders? Fortunately, "a few good men" stepped forward, and I dodged that bullet. However, I'd completely spaced on the fact that the Fishmaster also needs to write a monthly article for *The Leader*. Once that realization kicked in, there was that "oh & %#!" moment of "what have I done?" But, through the miracle of optimal constellation alignment (pretty sure National Geographic covered it) a few quasi-plausible ideas have surfaced, and you can judge the results.

Now it's October, the tank is near dry and I'm running on fumes. Then it happens; first a wisp of a kernel of an idea coalescing out of the ether, then a vague concept immerses, and within seconds an idea crystalizes. It happened a couple weeks ago in a restaurant in San Leandro where my wife and I were having lunch with her very elderly cousin, age 91. We visit her regularly and do chores, and she buys lunch. Being "old school" and ever polite, she always asks "Eric, how's fishing-have you been fishing lately?" With her having no knowledge of, nor actual interest in fly fishing whatsoever, my answer must be succinct; no need for details here, and her hearing is waning anyway (I should talk). I respond "Yes, I get out every week or two, and in fact, I was fishing on a lake Tuesday." Then it comes: "Did you catch any fish-do you always catch fish?" Ouch!

A pregnant pause, throat clearing. I glance at my wife's knowing smirk, and give her a gentle "don't say a word" nudge. I stall for time while shifting the brain to hyper-drive searching for a short, succinct face-saving

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Fishmaster's Corner - Continued from Page 3

reply. It comes (see above): I reply, "Sometimes we get a lot of fish, sometimes we get none." I see the next question forming from her expression, but I'm prepared and head it off at the pass. I continue..."you know, there are people who are obsessed with hiking and maybe backpacking. It's all they do and they live for it. They go on their hike for a day or a week, and when they return home, what do they have to show for it beyond blisters and sore muscles? Nothing whatsoever. Sure, a few photos and some good memories of laughs around the camp fire, but that's it. OK, there might be the odd pinecone or piece of drift wood. So why do they do it? It's the process! It's the acquisition of gear, the planning, the preparation, the camaraderie, the memories...and for many, the challenge of learning and mastering new skills."

That's the short answer for an elderly lady with a short attention span and poor hearing, but I continue with the longer fly fisher version...

Hikers and backpackers relish the process of surveying the near infinite landscape of varied gear from a near infinite number of suppliers, REI perhaps being paramount; Ultra-light gear, titanium cooking utensils, carbon fiber backpacks for those with an 800+ credit rating (check it out, yikes!), gear their buddies may not have yet, stuff they read about in magazines and find on line. Much of this equipment surely fails the "do I really need this?" test, but they still buy it. And of course, now they need clinics on how to use the new gear and how to improve their hiking and wilderness survival skills. They soon find some gear doesn't cut it; too big, too small, too heavy, too something, or they just plain don't want it anymore—they then sell it at a swap meet or to a buddy, and move on to the next "must have" item. Some, as they advance through the sport, may evolve and find many acquisitions are overkill and backtrack to downsize or simplify.

Sound familiar? It's the process!

Another thing we surely share with our hiking cousins is the keen appreciation of the outdoors and perhaps the occasional desire for solitude; alone with our thoughts on the water. But for fly fishers...after the long tortured process of getting there, we alone experience the exhilarating thrill of the tug.

Thanks for your time and see you on the water...

Introduction to Rod Building Class

by Larry Lee of L3Rods

There will be an Introduction to a GBF rod building class scheduled for Tuesday, October 15th at the Folsom Lake Activity Center accessible via the Douglas Blvd. park entrance. This introduction is designed to introduce GBF members to "Why build your own rod?", and what is entailed in the actual rod building classes. Rod

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Introduction to Rod Building Class - Continued from Page 4

building kits availability, prices, and materials provided via L3Rods will be discussed. The actual GBF Rod Building classes are then scheduled for November 19th and 21st.

The Introduction to the GBF Rod Building Class will be sharing the center with the fly tying night. The class will begin at 6:30 PM sharp and last for as long as members have questions. For more information contact Larry Lee by phone, or text at 916-601-7853, or email L3rods@gmail.com. If there is a scheduling conflict and you are still interested, accommodations can be made.

This is a really fun and informative class. Many GBF members have already participated and caught many fish on their quality rods!!

Conservation Corner

by Daniel W. Edwards, VP Conservation

The Conservation Committee has 2 new members and we could use two more to help plan future activities. Welcome aboard to **Victor Maiello** and **Tim Billingsley**. Our next meeting is on the 1st Wednesday, 10/02 at the Sierra College Blvd. Round Table, just south of Douglas.

David Jones' wife, Cindy, has a Girl Scout Troop that is going to have the first Harvest Day/Planting Day on our Section of Dry Creek(DC – 5). They will harvest Acorns and Buckeyes in Lincoln Estates Park and try to germinate their own Valley Oak Seedling for planting next fall. They will also plant willows after adults prepare the holes, plant some local tree cuttings, and plant some local grass and wild flower seeds. Our goals are bank stabilization and flood plain stabilization and to provide shade for the creek. Hopefully, bank and tree growth will provide shelter for Salmon and Steelhead and cool the creek in the summer. This will occur on Sunday 10/20 or Sunday 11/03.

Our first Club Member Harvest Day will be Monday, November 4th from 9:00 to 1:00. Five members have signed up. We will bring gloves, loppers, pruning

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shears, shovels and hoes. We will harvest single trunk willows 1 inch thick and 6 to 12 feet long for bank stabilization and buttonwillows, Alders, native grapes and other plants for re-planting on our first Planting Day. We need to plan for later fishing access which we forgot to do on the Bear River Project. Sturmer White told me that you cannot get to the Bear River where we planted willows with no planned access.

Our first Planting Day will be Saturday, November 9th from 9 to 1:00. Four members have signed up. We will plant the harvested materials collected on Monday and hydrated and given growth hormone since Monday. Sign up sheets will also be available at the next General Meeting on October 10th.

John Williams announced that all but one section of Dry Creek have now been adopted by organizations for improvement.

Feedback on our Training Fisheries Scientists with our Robert B. Morton GBF Scholarships to Humboldt State Students.

In 2011, two students completed their Masters of Science in Natural Resources: Fisheries:

Matt I. Peterson's thesis was titled: "Possible decline in the half pounder life history among Trinity River Steelhead (*Oncorhynchus Mykiss*).". He studied the fish scales of over 2000 samples collected between 1982 and 2009. I did not know that fresh water versus salt water made a noticeable difference in fish scale growth. He found that smaller fish and younger fish were more likely to return as half-pounders (sexually immature) to fresh water. As the hatchery released older and bigger fish, the number of half-pounders decreased. His research may have contributed to better hatchery practices. In addition, he probably learned to critically read the scientific literature, and he may become a fisheries scientist who can improve Steelhead reproduction.

Melissa R. Renski also completed her Masters Thesis in June of 2011 with a paper titled: "Temporal Genetic Analysis of Steelhead (*Oncorhynchus Mykiss*) reveals hatchery induced drift in captivity." As I understood her genetic study of hatchery versus wild steelhead, the hatchery fish had less variability and were probably less able to evolve to meet new environmental threats. This was seen to occur because few steelhead are used in spawning for the hatchery and the variability of the wild fish is lost over time. To complete this project she had to learn complex genetic analysis techniques, master the empirical literature, and do a statistical analysis. Her research may contribute to improved breeding practices for hatchery steelhead.

GBF was only one of 4 or 5 sources of financial support for these students as they completed their Master's studies, and our contribution will likely improve fisheries science over time as these students become mature practitioners solving Fisheries Science problems.

GBF members and their families are invited to the Lincoln "Calling Back the Salmon Celebration" at McBean Park on October 5th. We will have a booth with Conservation and Fishing Information and with demonstrations of Fly Tying and Fly Casting. There will be other booths with Information, food, and details about the Salmon and Steelhead that make it further up



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Conservation Corner - Continued from Page 6

Auburn Ravine this year. On Sunday morning there will be a "Spiritual Celebration" from 8:00 to 11:00 featuring Native Americans and other spiritual traditions.

Tip of the Month: Learn about California's invasive species: plants and aquatic plants. Go to www.cal-ipc.org to obtain pdf files, books, or brochures that detail Invasive species. These data will help you know how to control these species from Star Thistle to Arundo(Giant Cane).

Bill Carnazzo Fly Tyer's Corner
(Taken from the Article Written in October 2008)

Fly Patterns - Ken Hanley's October Blimp



Ken Hanley's October Blimp

Materials:

Hook:	Daiichi 1260, 1270 or similar, such as Tiemco 200R, #6-10
Thread:	6/0 or 8/0 orange or tan
Eyes (optional):	Black plastic, small or extra small
Abdomen:	Furled fluorescent orange and burnt orange Antron
Thorax:	Orange leech yarn
Wing:	Natural deer hair
Head:	October Caddis orange dubbing
Head/Float:	3mm orange foam, or white foam colored with orange prismacolor pen
Legs/Antennae:	Pumpkin/pepper flake Sili-Legs

Description

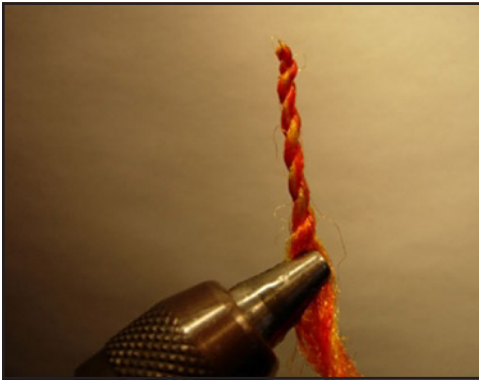
Last month I featured Bill's Stick Caddis, Fall Phase version. Normally in this issue I would have featured my October Caddis emerger, which I call Bill's Emerging Thing. My plans changed when I read Ken Hanley's brand new book, ***Tying Furled Flies—Patterns for Trout, Bass, and Steelhead***. This book will introduce you to some interesting, valuable, practical techniques for creating very life-like patterns. Ken's vast experience and knowledge are brought to bear on every page; the photography is excellent, including the instructional sequences; and it is all woven together with Ken's personal touches, humor, and insights on everything from color and hue, outdoor ambiance, and fishing strategies, to the ruminations of a most introspective flyfisher. You'll learn the history of the ancient technique of "furling" various materials, how it can be applied to the world of fly fishing, and how to tie some very effective, fish-enticing patterns. A few examples include Ken's Hex Magic, October Blimp, Pygmy Hopper, Damsel Teneral, and Furled Alevin. I have personally used many of these patterns, and have found them to be simple to tie, and very effective. I highly recommend Ken's book not just for the techniques so beautifully demonstrated, or the many and varied patterns he has created; mostly, as an artist of sorts myself, I am fascinated by the perspective of a respected artist on this broad and ever-expanding sport/addiction that we call fly fishing.



Ken's October Caddis adult, called the "October Blimp," is featured on pages 44-49 of his book. As soon as I read those pages, I knew this would be a great fly to share with members, especially those who plan to attend our annual fishout on the Upper Sacramento in October. So, let's go a-furlin' and build some blimps.

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Tying Instructions



Step 1

1. The instructions for furling the body can be found in GBF's fly tying archive by clicking this link or copying & pasting it into your browser's address field:

http://www.gbflycasters.org/fly%20tying/patterns/Ken_Hanleys_Furled_Damsel_files/Ken_Hanleys_Furled_Damsel.htm

For this fly, you will need to use a bunch of the fluorescent orange that is about two matchsticks in width, and a bunch of the burnt orange that is about half that size. Lay them side by side and then begin the furling process. You will achieve a "barber pole" effect if you do it correctly. This will be the abdomen of the fly. Prepare at least 6 of these, and dip them in a bottle of Softex which helps prevent fouling of the abdomen on the hook point by stiffening the yarn. Set the bodies aside to dry completely.



Step 2

2. Attach the tying thread behind the eye; wrap a thread base back to the middle of the shank. Measure the now-dry abdomen to equal the distance between the eye to the hook point, and tie it in at mid-shank. Don't trim the butts, but comb them out. Place a drop of superglue at the tie-in point.

3. Tie in a small strand of orange leech yarn at the same point and wrap it forward over the Antron butts. Stop about 3/8" behind the hook eye and tie it off.

4. Pull back the unfurled Antron and trap it with thread wraps. Place a drop of superglue at the point where you secured it in place.

5. Add legs/antennae on each side of the hook by tying in a piece of the rubber leg material just ahead of where you tied back the unfurled Antron. Tie the leg material down in the middle of the piece, so that there is an equal amount pointing forward and backward.

6. Cut a strip of foam about 1 1/2" long and 1/4" wide. Trim one end to a fine point and with the tip pointing to the rear, lay the foam flat along the front 3/8" of the hook. Tie it in there.



Step 3



Steps 4 & 5



Step 6

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Fly Tyers Corner - Continued from Page 8



Steps 7 & 8



Steps 10, 11 & 12

7. Trim the Antron butts so that they are long enough to reach the point where you tied in the abdomen. This is the underwing.

8. For the overwing, cut and clean a small portion of deer hair. Tie it in at the point of the foam that you tied in. Advance the thread to the eye, and add a drop of superglue to hold all of the material in place.

9. Using the orange dubbing, dub a large head. Dub rearward so that your thread ends up where you tied in the overwing.

10. Pull the foam strip rearward over the dubbed head. Tie it down with a few loose wraps and check its position to make sure it is directly on top. Make a few more wraps, increasing the tension with each wrap. Whip finish and apply head cement to the wraps.



Step 9

11. To trim the foam, Ken recommends laying your scissors on top of the foam; don't raise the foam, and make a straight cut. This will leave a slight "dishlike" appearance to the foam, which acts as a float.

12. Trim the legs at the end of the hook; the antennae should be about the same length. If you have used white foam, color the foam orange.

Tying Tips

1. Prepare at least 6 bodies and tie 6 of this pattern. You will find that if you do this (indeed, with any pattern you tie) your consistency will increase immensely.
2. Be sure to use 3mm foam in order to achieve the balance and flotation needed. Fish the fly on the surface or just below for best results. If you aren't hooking fish, try suspending an October Caddis emerger beneath your Blimp.
3. Ken says that this fly is also a good imitation for the giant Salmon Fly, technically known as *Pteronarcys californica*.
4. As mentioned above, I highly recommend Ken's book for a complete explanation of furling, and the techniques Ken uses.

Fish this beast in the evenings during the October Caddis hatch, which usually commences near the end of September, and lasts through the end of the year. Yes, it's cold, and yes, it rains and snows at this time. If you don't like to fish in those conditions, there are always "bluebird" days during the fall, and even during the early winter. So, give it a try—you won't regret it.

Enjoy, and see ya on the creek...!!!



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The Annual Dinner Committee Wants YOU!

Now is the time for all good members to come to the aid of their club! In order to ensure another successful annual dinner event (coming March, 2014), we need your input, ideas, energy, enthusiasm, and passion for this club.

We need YOU for the annual dinner committee!

Please join us for the fun and reward of helping put together our famous annual fund-raising event. We'll be feeding and entertaining about 200 people, executing an incredible raffle and silent auction, **and generating the funds needed to support the club for another year!**

Get involved! Contact our annual dinner chairman, Rick Radoff (916-870-9637) or (rickradoff@att.net) and ask him how you can help with this great event. Make a difference—be a part of the club's biggest, most fun, **and most important** function of the year!

Loaner Fly Gear

Are you looking to try out a rod or reel before you buy, or maybe you would like to see if fly tying might be your thing and you're not yet ready to open your wallet? Well, have no fear, your club has your back... Equipment is available to borrow from the club's Librarian on General Meeting nights. See one of the two gentlemen behind the table at the back of the room with the magazines on it. Members are required to sign an agreement to take care of and return borrowed items in good order:

- Spey rods
- Fly rods
- Reels
- Fly tying kits

The rule: you keep the borrowed item(s) for 30 days and return them in original condition at the next general meeting.

Detailed inventory:

- 5 ea. – 5 wt rods (9')
 - 5 ea. – 6 wt rods (7' 9")
 - 1 ea. – 7 wt rods (8' 6")
 - 5 ea. – 8 wt rods (9')
 - 5 ea. – Albright reels (with 5/6 floating line)
 - 5 ea. – Albright reels (with 7/8/9 floating line)
 - 5 ea. – Albright extra spools (with 7/8 floating line and sink tips)
- (Spey rod details available soon)

Granite Bay Flycasters Classifieds

To place a classified ad, you must be a member in good standing of the Granite Bay Flycasters. Classified ads will run for only one issue of The Leader, unless the seller requests it to run longer. Submit your listing to: fstolten@comcast.net with subject line: 'GBF: Classified.' Or mail your info to: Frank Stolten, 8290 Country Lake Dr., Orangevale, CA 95662. All ads must arrive by the 15th of the month to be included in the following month's *Leader*.

Granite Bay Flycasters

Mission: The organization is dedicated to conservation of fish habitat, advancement of the art of Fly Fishing, and good sportsmanship.

Meetings: General club meetings are held on the second Thursday of each month at the Granite Bay Activities Center on the shores of Folsom Lake. For directions, check www.gbflycasters.org.

Doors open between 6:00 P.M. and 6:30 P.M. for socializing and fly tying demonstrations. The business portion of the meeting begins at 7:00 P.M. The main program gets underway after a short refreshment break and usually involves a guest speaker and slide show, or other presentation. All meetings are open to the public and visitors are encouraged to attend.

Membership: Applications are available on-line at www.gbflycasters.org and at general meetings. Single membership: \$30; Family memberships: \$35; and youth (under 18): \$10. There is also an \$8 name badge charge for all new members. Membership is prorated throughout the year. For membership information, call Taylor Yates at 916-608-4560, or visit the website at www.gbflycasters.org.

The Leader: To send articles, photos, ads and other materials, please e-mail to: Frank Stolten at fstolten@comcast.net. Please put **GBF Leader** in the subject line. Deadline for materials is the 15th of each month.

Please notify if address change

Officers, Directors and Committee Chairs

President - Mike Howes

916-863-6795 lifeisreel@aol.com

VP Membership - Taylor Yates

916-608-4560 tdyatesfolsom@sbcglobal.net

VP Conservation - Dan Edwards

dwe@surewest.net

Secretary - Don Lounsbury

916-612-5385 don.lounsbury@gmail.com

Treasurer - John Hogg

916-663-2051 johnhogg@sbcglobal.net

Directors:

Through June, 2016 - Ed Lloyd

916-939-0540 edlloyd@att.net

Through June, 2016 - Ron Ellis

916-728-2417 ellis3rd@yahoo.com

Through June, 2015 - David Jones

916-474-4986 djj6451@yahoo.com

Through June, 2015 - Scott Vaughn

916-933-6844 scott.vaughn68@gmail.com

Through June, 2014 - Tony Fabian

916-415-9095 meritage@starstream.net

Through June, 2014 - Don Van Sant

916-927-9824 donvansant@pacbell.net

Director at Large, 1 year term - Wendell Edwards

wendelledwards@mac.com

Past President - Dennis Baker

916-580-7639 Baker0707@aol.com

Committees:

Annual Dinner

Dennis Baker 916-580-7639

Annual Picnic

Don Van Sant 916-927-9824

Casting Instruction

John Hogg 916-663-2051

Rick Radoff 916-624-2107

Classroom Egg Prog.

Doug Groshong 916-771-0248

Rick Radoff 916-624-2107

Frank Stolten 916-725-6894

Education

John Hogg 916-663-2051

Fishmaster

Eric Palmer 916-987-1359

Fly Tying

Jim Holmes 916-967-6709

Fly Tying Jam

Jim Holmes 916-967-6709

Golden Trout Program

Chuck Honeycutt 916-203-6092

Leader Editor

Frank Stolten 916-725-6894

Leader Layout

Vivian Mevorah 916-408-0678

Librarian

Kim Lloyd 916-988-3828

Don Lounsbury 916-612-5385

Merchandising

Ron Ellis 916-728-2417

Monthly Programs

Ed Lloyd 916-939-0540

Webmaster

Kent Ripley 916-797-6940

Youth Program

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