

# The Leader

THE NEWSLETTER OF THE GRANITE BAY FLYCASTERS

July 2013

www.gbflycasters.org

## Leader's Line

by Mike Howes, GBF President

A new fiscal year is upon us. The club elections are over. I will remain President for one more year. I am looking forward to another fun and exciting year. I would like to "Thank" the outgoing Board members **John Pellegrin**, **Henry Sandigo**, **Corley Phillips**, and **Eric Palmer** for their unselfish dedication to the club. **John Hogg** will change positions from VP Membership to Treasurer, and **Taylor Yates** will change from Director to VP of Membership. I welcome the new Board members **Don Lounsbury** – Secretary; **Ron Ellis** – three year Director; **Dan Edwards** – VP Conservation; and **Wendell Edwards** – Director at large. Bringing fresh faces/ideas to Board meetings opens opportunities to be explored adding new dynamics to the club. The new Board will have its first meeting on July 18<sup>th</sup>.



Looking back over the last year, our club was very active. Just glancing at the website and a few of my notes, we did the following activities. **In education**, we completed 36 sessions dealing with educating our members in the various aspects of the "Art of Fly Fishing." **Member activities:** 11 fly tying jams, annual dinner, annual picnic, Sagehen, and 12 general meetings; with outside speakers at 8 of the meetings. **Outreach programs:** participation in the following - Casting for Recovery, and salmon & steelhead eggs in the classroom. **Conservation:** American River clean-up. We donated \$7,860 to various conservation groups that look after the health of our fisheries and local watersheds, and also funded the Robert E. Morton fellowship grant of \$2,160. WOW! What a club...If you were unable to help out last year, plan on doing so this year.

We had our annual picnic day at Fuller Lake. 17 members kicked around the lake with great success. **Terry Eggleston** caught the most fish with a total of 36, and two teams had totals of 48 and 49. **Don Van Sant** did a great job in presenting the honors for the one-fly contest, and also in organizing the event. Thanks Don.

Planning for next year's annual dinner has already begun. We are always looking for members that have musical talents or stand-up comedian talents. If you would like to share your abilities in these areas at the annual dinner, please contact me at [lifisreel@aol.com](mailto:lifisreel@aol.com).

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## Upper Sacramento River Fishout June 7 - 9, 2013

by Tony Jelinek



Our gallant fishmaster, **Eric Palmer**, thought we should add a fish-out on the Upper Sacramento River earlier in the year to complement the annual October excursion. 13 members of the club participated in the 1<sup>st</sup> Annual June Upper Sacramento Fish-out.

Once again, the Dunsmuir Lodge

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JULY 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1.	2.	3. Conservation Committee Meeting	4.	5.	6.
7.	8.	9.	10.	11. Monthly Meeting 7:00 PM	12.	13.
				Virginia Lakes Fishout — July 10 - 14		
14. Virginia Lakes Fishout July 10 - 14	15.	16. Fly Tying Jam	17.	18. Board Meeting 7:00 PM	19.	20. Crowley Lake Fishout July 20 - 21
21. Crowley Lake Fishout July 20 - 21	22.	23.	24.	25.	26.	27.
28.	29.	30.	31.			

Monthly Program



Our guest speaker this month is **John Pellegrin**, a club member since 2008, who has become experienced in tenkara fly-fishing. John bought his first fly-fishing rod in the early 80's. After moving to the area and then joining GBF in 2008, he was able to pursue more fully his passion for fly-fishing. His main interest has been in fishing the mountain streams. Tenkara is the historical Japanese approach to fishing mountain streams, using long rods and fixed length lines, with tight-line presentation techniques.

In January 2011, Daniel Galhardo, the founder of Tenkara USA and the leading authority on tenkara fly-fishing in the US, gave a presentation at GBF. Soon after that, John purchased his first tenkara rod, and has since been building up his expertise in tenkara. In August last year, he attended the second annual Tenkara Summit in Salt Lake City, where there were many presentations on tenkara, including four experts from Japan sharing their knowledge and providing clinics on various aspects of tenkara. He was able to work on techniques with Daniel Galhardo, Dr. Hisao Ishigaki (the leading expert in Japan), and with the Tenkara Guides, who are based in Salt Lake City. John will talk about the history of tenkara, equipment used, the philosophy of classic tenkara, and fly presentation techniques.



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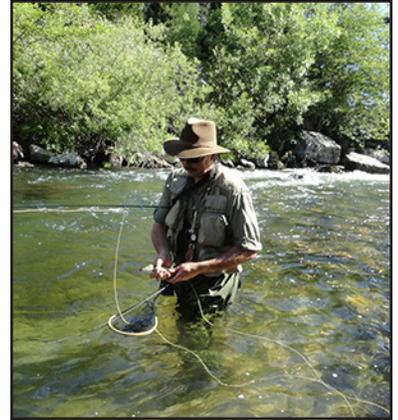
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*Upper Sacramento River Fishout - Continued from Page 1*

was the headquarter site for the fish-out. We were treated to an opening evening barbeque on the lawn at the Dunsmuir Lodge on Thursday, with hamburgers made by **Mel Odemar**, and barbecued by **Wendell Edwards**. **Mel, Wendell, Eric Palmer**, and **Don Lounsbury** had fished during the day. They looked like spent caddis due to fishing in the afternoon heat, and only had one fish caught for their troubles. Eric had enticed a trout to streak for his egg-sucking black leach. With the temperatures forecasted to increase over the next couple of days, we wondered if this June fish-out was a good idea.

Friday morning, we all took off to battle the mighty Upper Sacramento, trying our best to channel the spirit of Bill Carnazzo to guide us for the day. The river bottom looked like Bill had dumped his stick caddis flies everywhere. But, upon closer inspection, they were actual nymphs. Only two fish were caught on stick caddis flies, though. Flows had dropped to fall levels, around 250 cfs. Wet wading was the call for the day, using nature's natural air conditioner. In a twist, we met for dinner at 4 p.m., and enjoyed some brews and food on the outdoor patio of the Dunsmuir Brewery Works. Fishing had been fairly good for the day, but everyone had to work hard for their fish, with success using the usual cast of flies—prince nymphs, soft-hackled pheasant tails, dark lords, red copper johns, olive colored bird's nest, and Wendell's favorite – a posey burger. I think he still had that barbeque on his mind. We will all have to ask him how to tie one; although I think he meant a possie bugger. **Leaman Houston** and **Bill Corbin** were having luck using a redheaded stepchild. I don't think that is a fly, but one of the inhabitants of Dunsmuir, who happened to be in their area and was fishing for them, so they could relax in the shade.



We wanted to have an early dinner to try to take advantage of some dry fly fishing in the evening. We were not disappointed. The riverbanks were full of mating stoneflies. Around 8:30 p.m. the river came alive with bugs, as stoneflies dropped to deposit their eggs, and on some areas of the river, caddis and blue winged olives were everywhere. The sky looked like it was snowing bugs. Some of the members had success catching fish on stimulators and yellow humpies. Fish were reported to be jumping 2 feet out of the water. By 8:45 p.m. the flurry was over, and dark was settling on the river.

Saturday was another exciting day. For some, more excitement than they needed. One of our newer members, **Ron D'Andrea**, decided if you can't catch a fish, you might as well try to be a fish. He slipped while wading a riffle, and the next thing he knew he was cascading over a small waterfall into a deep pool of water. Don't worry, he saved his fly rod. The ordeal was frightening at the time but, fortunately, no injuries, and he did go on to net his first fish on the Upper Sac.

The largest fish of the trip was a 17 incher caught by Don Lounsbury. In true fisherman fashion, this fish gets larger by the day. Probably, if you ask Don to tell the story, the fish is at least 22 inches by now. He just beat out Bill Corbin who caught a 16 incher. The largest fish on a dry fly was a 13 incher caught by **Steve Pitts**. Three other members caught their first fish on the Upper Sacramento—**Jack Truschel, Gary Tedford**, and **Tony Gariano**. If you ever want any information on the Upper Sacramento, ask **David Baker**. He is a plethora of knowledge about fishing the area. Over 100 fish were caught for the trip, ranging from 1 per fisherman to 18, with at least an equal number on and lost.

Overall, we had a great trip, and are looking forward to next year; especially taking advantage of the dry-fly action.

### Virginia Lakes Fishout July 10 - 14, 2013

Flycasters, it is time for the annual Virginia Lakes trip. We are looking at the 10<sup>th</sup>-14<sup>th</sup> of July. We will be going up on July 9<sup>th</sup> or 10<sup>th</sup>, and coming home on July 14<sup>th</sup>. We will have a taco dinner on Saturday the 13<sup>th</sup> for all who attend.

For those of you unfamiliar with Virginia Lakes, they are on the eastern slope of the Sierra just past Bridgeport, and before you drop down to Mono Lake. The scenery is "eastern side incredible." We will be staying at

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Virginia Lakes Fishout - Continued from Page 3

Trumble Lake campground at 9,700 feet. This is a nice campground with water and incredibly pristine pit toilets. Reservations can be made on line, but we usually are able to secure sites without. The two Virginia Lakes are walking distance from the campground, and Trumble Lake is connected with excellent fishing at all three lakes. There is also stream fishing in Virginia Creek and Green Creek, and dry fly fishing for Brook trout in a couple of lakes a short walk up the trail. There is a store at Little Virginia with high priced goods, a little restaurant, and hot showers. They also rent cabins, but usually want to rent them for a week, but will do a weekend at the last minute if they aren't rented: <http://www.virginialakesresort.com>. Bridgeport is a 30 to 45 minute drive, and there are motels if camping is not your thing.

The fishing is generally float tube with sinking line (intermediate - fast). Catching twenty fish in a day is not extraordinary, and I will be available to help anyone who desires it. Flies will be plentiful, as I will bring my tying stuff, as will others. There will be extra equipment available for anyone to use. Rods from 3-6 wt. are the norm.

This is a great family outing, as there are a variety of things to do besides fishing. The hiking is excellent, with relatively short distances between lakes. Just down the road there is horseback riding, and the old gold ghost-town of Bodie is within 45 minutes. The city of Mammoth is less than an hour away, as is the entrance to Yosemite.

Please call me if you have any questions and let me know if you are planning to come so I can get enough camp sites and bring enough taco fixin's.

Michael Kaul  
[michaelk@cal.net](mailto:michaelk@cal.net)  
 (530) 677-8022 or cell (916)337-5468

## Conservation Corner

*by Henry Sandigo, VP Conservation*

Well, this is my last report as the VP of Conservation. I want to say thank you to those folks who volunteered; endured weed pulling (we don't do that anymore), and picked up pounds of fishing debris at Sailor Bar and other locations. Helping the cause; to create an environment where nature and man can live in

*Continued on Page 5*

## Granite Bay Flycasters Classifieds

*To place a classified ad, you must be a member in good standing of the Granite Bay Flycasters. Classified ads will run for only one issue of The Leader, unless the seller requests it to run longer. Submit your listing to: [fstolten@comcast.net](mailto:fstolten@comcast.net) with subject line: 'GBF: Classified'. Or mail your info to: Frank Stolten, 8290 Country Lake Dr., Orangevale, CA 95662. All ads must arrive by the 15<sup>th</sup> of the month to be included in the following month's Leader.*

### **For Sale:**



Pontoon boat rack for your vehicle, EZ packer double, sells for \$600 new, will sell for \$200. Follow link to the website for description and photos and a video. Rick Radoff, cell: 916-870-9637

Link: ---<http://www.easypacker.com/index.html>

Conservation Corner - Continued from Page 4

harmony. I know by now wherever you throw a line, and when you see trash, you pick it up and deposit it in a container, or haul it out with you.

I want to thank the "regular" committee, **Eric Palmer, Mel Odemar, Tony Fabian, John Carroz, and Corley Phillips**, and others who have dropped into our meetings now and again for their support and direction when it came to a decision about where we should place our efforts. Many organizations thank us for the small but meaningful contribution that we send annually to them. Humboldt State has sent a few students, with the help of our Grant, onward to their doctoral degree, or into the world with a fishery background, inspired by the fact many fishing people want what's right for the fish and our waterways

Remember to encourage your friends and family to haul out what they brought in, to pick up where others have carelessly dropped their junk, to clean your gear, to follow common sense rules about conservation; don't disturb what nature has placed before us; enhance it by loving it, enjoying it, admiring it and telling others what a great place(s) we have to throw our latest creation (a fly you may have tied or a friend gave to you) and bring in that beauty that we all love. Remember to gently release it, insure it's revived, and watch it swim away. Please volunteer wherever you are, get to know your communities' environment, you are responsible for its outcome

A warm welcome to **Dan Edwards**, your new VP of Conservation. I hope you support him with the same kindness as you did me

Tight lines,

Henry

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Bill Carnazzo Fly Tyer's Corner  
(Taken from the Article Written in July 2008)

## Fly Patterns - Bill's 12-Step Stonefly



*Bill's 12-Step Stonefly*

### Materials:

- Hook:** Daiichi 1260 or similar hook, sizes 6-14  
**Thread:** Olive or black 8/0, or similar thread  
**Eyes:** Small black mono eyes  
**Tail:** Mini-size gray Turantulegs  
**Abdomen:** Brownish-olive dubbing  
**Ribbing:** Fine silver wire  
**Legs:** Dark hen hackle and mini-size gray Turantulegs  
**Wing case:** Mottled golden stone color Thin Skin  
**Thorax:** Same as abdomen  
**Weight:** .020 lead, wrapped from mid-bend to behind bead

## Description

I've always espoused simplicity in fly design, and the 12-step Stonefly is no exception. Don't be intimidated by the fact that there are 12 steps needed to complete the fly. Each step is simple and easy enough for a beginner to manage. My main purposes in featuring this new design are: (1) to emphasize the importance of thinking about the order of applying materials; and (2) to demonstrate that a realistic-looking pattern can indeed catch fish if "action" materials are used in its construction. I've been testing this pattern on pocket water streams for some time now, in various colors and in various sizes. I like it for golden stoneflies, as well as dark olive, brown, and black stones. For this month's fly we'll tie it in brownish-olive, size 8.

## Tying Instructions

1. Smash the hook barb unless you are using a barbless version of the hook. Apply 10 wraps of .020 lead wire to the hook. Flatten the wire with flat-nosed pliers; cover the lead with Flexament and thread.
2. Tie the eyes on ahead of the lead and about 1 eye-length behind the eye. It's important to leave this small space ahead of the eyes.
3. Return the thread to the rear of the hook and tie in the tails. They should be no longer than 1/4".
4. Cut a piece of Thin skin, leaving the backing on it for now. The piece should be 1/4" in width, and about 1" long. Cut one end to a shallow "v" and pull the material from the backing. You will notice that one side is shinier than the other; tie the pointed end in just above the back of the barb, shiny side down (when it's pulled over the top, the shiny side will be on top).
5. Tie in the ribbing material at the same point, and pull it backward out of the way.



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*Fly Tyers Corner - Continued from Page 6*

6. Dub the abdomen—which will be the rear 2/3 of the hook. Use a stiff brush, wire brush, or similar tool to brush out the sides of the body, and pull the dubbing out to the sides with your fingers. Trim the abdomen to a “v” shape (this gives it a nice taper) back to the tail (careful not to cut the tails).
7. Rib the abdomen, weaving the wire into the dubbing; this gives the dubbing the look of “gills.”.



8. At the front of the dubbed abdomen, tie in a hen feather dull side up, with the tips to the rear. Later on we'll pull this forward. See the accompanying image for details.
9. At the center of the thorax area, tie in the rubber leg material so that you have a total of 4 legs in an “x” shape.



10. Dub the thorax, working the dubbing around and between the legs.



11. Pull the hen feather forward, while at the same time sweeping the barbules rearward. Tie off the feather behind the eyes.

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*Fly Tyers Corner - Continued from Page 7*

- Grab the Thin Skin and pull it forward over the entire body, stretching it a bit as you do so. Tie it off behind the eyes, and then again in front of the eyes. On the remaining tab, cut a small "v" into the material, pull the material rearward, and tie it off again behind the eyes. Whip finish at that point.



## Tying Tips

- Be sure to leave at least 1/3 of the front area of the hook for the thorax. This is true for all nymphs, and is especially essential for the proper construction of this stonefly pattern.
- When cutting out your pieces of Thin Skin, give them a slight taper so that when the material is tied in at the tail area, the narrower end is at the back. This will give the shell back a tapered look, to match the taper of the abdomen.
- Don't flatten the lead until it is covered with thread and Flexament. This will keep the lead from breaking apart when you use the pliers to flatten it.

Bounce this beauty through pocket water and be prepared for aggressive strikes. Set the hook at the slightest hesitation of your leader. Go rip a few lips, and....

*Enjoy, and see ya on the creek...!!!*

### Denny Welch Attorney at Law

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Fishmaster's Corner

by Eric Palmer

**Food for Thought (or, wish I'd said that) ...**

Fishing is a delusion entirely surrounded by liars in old clothes.  
- Don Marquis

There's a fine line between fishing and just standing on the bank like an idiot.  
-Steven Wright

Last year I went fishing with Salvador Dali. He was using a dotted line. He caught every other fish.  
-Steven Wright

Somebody just back of you while you are fishing is as bad as someone looking over your shoulder while you write a letter to your girl.  
-Ernest Hemingway

If people concentrated on the really important things in life, there'd be a shortage of fishing rods.  
-Doug Larson

If fishing is a religion, fly fishing is high church.  
-Tom Brokaw

Everyone should believe in something; I believe I'll go fishing.  
-Henry David Thoreau

It has always been my private conviction that any man who pits his intelligence against a fish and loses has it coming.  
-John Steinbeck

Give a man a fish and he has food for a day; teach him how to fish and you can get rid of him for the entire weekend.  
-Zenna Schaffer



There is no greater fan of fly fishing than the worm.  
-Patrick F. McManus

Fishing is a... discipline in the equality of men - for all men are equal before fish.  
-Herbert Hoover

Scholars have long known that fishing eventually turns men into philosophers. Unfortunately, it is almost impossible to buy decent tackle on a philosopher's salary.  
-Patrick F. McManus

The two best times to fish is when it's rainin' and when it ain't.  
-Patrick F. McManus

What a tourist terms a plague of insects, the fly fisher calls a great hatch.  
-Patrick F. McManus

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*Fishmaster's Corner - Continued from Page 10*

My biggest worry is that my wife (when I'm dead) will sell my fishing gear for what I said I paid for it.

-Koos Brandt

There he stands, draped in more equipment than a telephone lineman, trying to outwit an organism with a brain no bigger than a breadcrumb, and getting licked in the process.

-Paul O'Neil

The difference between fly fishers and worm dunkers is the quality of their excuses.

-Anonymous

Something to think about: If you fish the wrong fly long and hard enough, it will sooner or later become the right fly.

-John Gierach

If I'm not going to catch anything, then, I'd rather not catch anything on flies.

-Bob Lawless.

Three-fourths of the Earth's surface is water, and one-fourth is land. It is quite clear that the good Lord intended us to spend triple the amount of time fishing as taking care of the lawn.

-Chuck Clark

Creeps and idiots cannot conceal themselves for long on a fishing trip.

-John Gierach

I am not against golf, since I cannot but suspect it keeps armies of the unworthy from discovering trout.

-Paul O'Neil

Listen to the sound of the river and you will get a trout.

-Irish proverb

Some go to church and think about fishing, others go fishing and think about God.

-by Tony Blake

Calling Fly-Fishing a hobby is like calling Brain Surgery a job.

-Paul Schullery

The charm of fishing is that it is the pursuit of what is elusive but attainable, a perpetual series of occasions for hope.

-John Buchan

Many men go fishing all of their lives without knowing that it is not fish they are after.

-Henry David Thoreau

Unless one can enjoy himself fishing with the fly, even when his efforts are unrewarded, he loses much real pleasure. More than half the intense enjoyment of fly-fishing is derived from the beautiful surroundings, the satisfaction felt from being in the open air, the new lease of life secured thereby, and the many, many pleasant recollections of all one has seen, heard and done.

-Charles F. Orvis, 1886

Nuff said!

Thanks for your time and see you on the water...

Eric

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Fly Casting with Disabled Vets

by Art Livingston



For the very first time, Disabled Sports USA Far West (DSUSAFW) included fly casting during their summer camp for disabled veterans. I'm very proud that we had 15 casting instructors show up at Lake Natoma, on Thursday, June 27<sup>th</sup>, to provide casting instruction to 15 disabled vets and some of their caregivers. They were: **Mike Howes** w/ grand daughter, **Art Hawkins, Rick Radoff, Ed Lloyd, Frank Stolten, Tony Fabian, Joe and Joey Tax, Jim Cralle, Chuck Gaylord, Terry Eggleston, Ron English,** and **Don Van Zant**. At the end of the event, we all agreed it was a very worthwhile activity, and looking forward to the next time. I will be keeping everyone posted on future opportunities to work with our disabled veterans.



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## Granite Bay Flycasters

**Mission:** The organization is dedicated to conservation of fish habitat, advancement of the art of Fly Fishing, and good sportsmanship.

**Meetings:** General club meetings are held on the second Thursday of each month at the Granite Bay Activities Center on the shores of Folsom Lake. For directions, check [www.gbflycasters.org](http://www.gbflycasters.org).

Doors open between 6:00 P.M. and 6:30 P.M for socializing and fly tying demonstrations. The business portion of the meeting begins at 7:00 P.M. The main program gets underway after a short refreshment break and usually involves a guest speaker and slide show, or other presentation. All meetings are open to the public and visitors are encouraged to attend.

**Membership:** Applications are available on-line at [www.gbflycasters.org](http://www.gbflycasters.org) and at general meetings. Single membership: \$30; Family memberships: \$35; and youth (under 18): \$10. There is also an \$8 name badge charge for all new members. Membership is prorated throughout the year. For membership information, call Taylor Yates at 916-608-4560, or visit the website at [www.gbflycasters.org](http://www.gbflycasters.org).

**The Leader:** To send articles, photos, ads and other materials, please e-mail to: Frank Stolten at [fstolten@comcast.net](mailto:fstolten@comcast.net). Please put **GBF Leader** in the subject line. Deadline for materials is the 15th of each month.

Please notify if address change

## Officers, Directors and Committee Chairs

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Through June, 2014 - Tony Fabian 916-415-9095 <a href="mailto:meritage@starstream.net">meritage@starstream.net</a>	Monthly Programs Ed Lloyd 916-939-0540
Through June, 2014 - Don Van Sant 916-927-9824 <a href="mailto:donvansant@pacbell.net">donvansant@pacbell.net</a>	Webmaster Kent Ripley 916-797-6940
Director at Large, 1 year term - Wendell Edwards <a href="mailto:wendelledwards@mac.com">wendelledwards@mac.com</a>	Youth Program Position Open
Past President - Dennis Baker 916-580-7639 <a href="mailto:Baker0707@aol.com">Baker0707@aol.com</a>	
<u>Committees:</u>	
Annual Dinner Dennis Baker 916-580-7639	
Annual Picnic Don Van Sant 916-927-9824	
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