

The Leader

THE NEWSLETTER OF THE GRANITE BAY FLYCASTERS

September 2012

www.gbflycasters.org

President's Message

by Mike Howes, GBF President

Wow, how do you like that sound system and projector screen in the club house. Jeroen Smit installed the sound system for us on a Friday evening. Rick Radoff donated and installed the pull down screen. Our general meetings will benefit from their efforts. Thanks Rick and Jeroen for your unselfish talents.

The new website is very user friendly. Take advantage of the useful information found on the web site. Thanks to Tom Wise, Eric Palmer and Kent Ripley for volunteering the time and effort in making one of our club's communication tools better.

The club needs a volunteer to help out Kim Lloyd manage the library. If you are interested and want to know more about what is involved contact Kim at kclloyd@pcci.biz or me at lifisreel@aol.com.

We have a new date for the Chili Cook-off and Swap Meet; it will be on December 8th and will be held at the club house. This is a great event for new members and old. There are many good bargains to be had, or if you have something you want to sell—fly fishing related that is—bring it early and mark it to sell. Last year Doug Kytonen won the bragging rights for his chili "Holy Moly." The event starts around 8:00 and ends by 10:30. Chili judging is usually around 10:00. So plan on getting there early and bring your chili. More to come on the Chili Cook-off and Swap Meet; Denny Welch is leading this effort.

At last year's GBF Annual dinner I was a high bidder on a two-night stay for up to six people and fishing at the private waters called Steiner Lake. I used the certificate on a weekend in July, and, joined by 5 other club members, we ascended on the lake. At first look, due to grass growing in the lake, we weren't too impressed. BUT, when we started fishing we all caught Large Mouth bass and Blue Gill the size of your hand. There were at least nine bass over 4 pounds caught between us. The accommodations are a three-bedroom, two-bath cabin on the edge of the lake. The Fly Shop in Redding donated this trip to the club for the dinner. I would like to "Thank" the Fly Shop for their support.



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If you would like to volunteer or have suggestions on how to better the club, send me an email. We are continually trying to make the club what the members want. lifisreel@aol.com

Lake Davis Fishout / Stillwater Fishing Clinics

by Gene Goss

After a long hot summer, the water temperature in the shallow bays is dropping and fall fishing at stillwater lakes is finally here. With winter just around the corner, the trout will be feeding 24/7 trying to fatten up for the winter.

The weather this time of the year is changeable, you could have snow, rain, and clear blue skies with wind, all within a week, and the wind is the hardest one to fly fish in from a float tube/boat, or from the shore. The clinics that I will teach will be on how to fly fish from a float tube/boat, or on the shore in a wind.

There will be a clinic on Friday, Sept. 21 on shore fishing; Saturday, Sept. 22 will be on float tube/boat fishing; and Sunday,

Continued on Page 3

S E P T E M B E R 2012

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---------|----------------------|--|------------------------------------|---|----------------------------------|
| | | | | | | 1. |
| 2. | 3. | 4. | 5. Conservation Committee Meeting | 6. | 7. Bridgeport Fishout 7th - 9th → | 8. |
| 9. Bridgeport Fishout 7th - 9th → | 10. | 11. | 12. | 13. Monthly Meeting 7:00 PM | 14. | 15. Little Truckee Fishout |
| 16. | 17. | 18. Fly Tying Jam | 19. | 20. Board Meeting 7:00 PM | 21. | 22. |
| 23. | 30. 24. | 25. | 26. | 27. | 28. | 29. Indian Creek Fishout |

Monthly Program



Our September speaker is Clay Hash, who will present a program on fishing one of our favorite local waters, the Lower Yuba River. Clay has been fly fishing for over 35 years, and operates a licensed educational guide service, *Fly Fishing Traditions*, based in Grass Valley. Clay's home water is the Lower Yuba, and he has created the "Lower Yuba Hatch Chart," which identifies the most common bugs, when to match them, and with what patterns. This interactive hatch chart is available on the website www.flyfishingtraditions.com.

Granite Bay Flycasters Classifieds

To place a classified ad, you must be a member in good standing of the Granite Bay Flycasters. Classified ads will run for only one issue of *The Leader*, unless the seller requests it to run longer. Submit your listing to: fstolten@comcast.net with subject line: 'GBF: Classified'. Or mail your info to: Frank Stolten, 8290 Country Lake Dr., Orangevale, CA 95662. All ads must arrive by the 15th of the month to be included in the following month's *Leader*.

Wanted:

Tioga reels and spools - sizes 6, 8, 10 and 12. Contact: johnhogg@sbcglobal.net

Lake Davis Fishout - Continued from Page 1

Sept. 23 will be on indicator fly fishing from a float tube/boat. All the clinics will be at Cow Creek bay from 2-4 PM, the windiest time of the day.

Lake Davis at one time was a trophy rainbow trout fishery, but it is still recovering from being poisoned, and every year it gets a little better. Lake Davis is a big lake with a lot of shallow water bays and weed beds for the trout to spread out along the north end of the lake.

If you have any questions about this fishout or the clinics, you can call me at 916-599-8567, or email eugenegoss01@gmail.com.

The Casters' Corner
Tailing Loops—the Caster's Dilemma

by John Hogg

A tailing loop is a fault that plagues intermediate and advanced casters alike, usually on a cast where one is trying to maximize distance and/or power. Tailing loops rob that cast of distance, power and accuracy – and they tie your rig in knots and snarls which cut into your fishing time – other than that, there is nothing wrong with them.

Have you ever seen someone ramp up for that long cast...extending more and more line on each false cast, and then with all of their strength, make that final heave...only to see the leader and front of the line just pile up in the air, and drop in a heap? Or

have you ever examined your leader only to discover a variety of overhand knots and snarls that have somehow miraculously tied themselves? Both situations are the result of tailing loops. The only difference is the degree of uncontrolled power that was applied to the cast.

If you look at the accompanying diagrams, you will see that the basic tailing loop is in fact a closed loop that is formed as a result of the fly and leader dropping below the lower segment of the fly line.

What causes the tailing loop is a dip in the path of the rod tip. (Remember that the line follows the rod tip.) Instead of the rod tip following a straight line path (SLP) during the casting stroke, it takes a dip. And that dip is caused by the rod bending excessively, which in turn is caused by excessive power being applied to the casting stroke, (and usually too early in the stroke as well.)

There are several identified faults that can cause this 'inappropriate' application of power (too much, at the wrong time), but one of the primary ones is that aggressive 'flick' of the wrist at the start of the casting stroke. Instead of power being applied with smooth acceleration and ending in a hard stop, we have a drag racer start. Don't feel bad if you have believed this to be the right thing to do as even one of our most famous casting authors uses the term 'power snap' that in my view, implies sudden, fast power, rather than smooth and controlled.

Correcting a tailing loop will take some study and effort. First, don't throw two tailing loops in a row. If you throw one, stop and analyze what happened. Back off on the attempted distance and power. Cast smoothly. Make the rod tip "sling" the line. Release on a well controlled false cast, rather than applying extra force to make that final heave. And finally, come to our casting practices!

Comments and questions welcome at johnhogg@sbcglobal.net

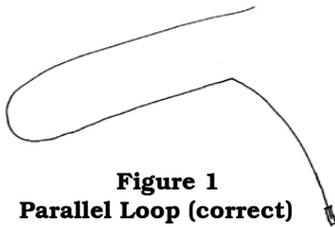


Figure 1
Parallel Loop (correct)

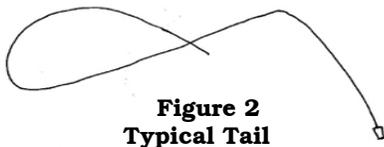


Figure 2
Typical Tail

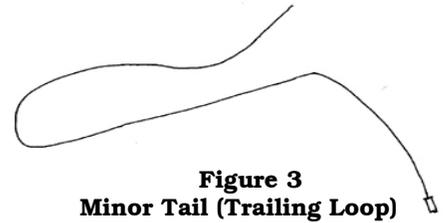


Figure 3
Minor Tail (Trailing Loop)

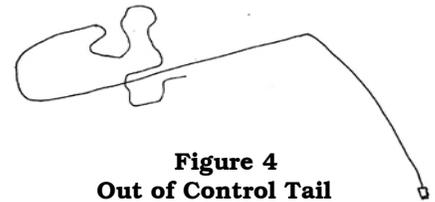


Figure 4
Out of Control Tail



Fishmaster's Corner

by Eric Palmer, Fishmaster

In the May Fishmaster's Corner, I presented the Top-10 Summer flies by guide Craig Nielson. My goal then was to perhaps in some small way help people simplify their life as the warmer months approached. Many of us tend to jettison our fly vest for the summer months, opting instead for the traditional fat-pocketed and cool synthetic fishing shirt with room for but one fly box on one side and some tippet and leaders on the other. Maybe there's room for some gear in cargo pants pockets, but personally I find it awkward bush whacking with stuff bulging out of my knee caps.

Now that it's 4 months later and I have some modest "catching" success to reflect back on, plus I'm in the middle of Ralph Cutter's awesome Fish Food, I got to thinking...how 'bout a "Top-5" fly list. Here's my logic: I don't have a ton of flies, but enough that I'm sore afraid to count them all and multiply by an average price of \$1.85. If you've been fly fishing for a good while, don't try this at home, it will likely ruin your day. And we thought good quality rods and reels and waders and boots were the expensive part of fly fishing. There's more; before every outing, I single out 3 or 4 or 5 usual suspects and by the end of the trip I find these flies were often quite adequate and more often than not, it's the same flies over and over.

So, since a good number of new members have joined us in recent weeks, and odds are that on every fly shop visit they shudder at the thought of the cash about to exit their wallet to satisfy the list du jour of must-have flies, I thought a little advice could be in order.

My Top-5 Trout Flies:

- **Dark Lord:** Picture a basic Prince Nymph with tan biots. You could fish the Upper Sac with this fly every day for the rest of your life and never want for a different fly. When I short-line nymph with multiple flies, this fly is always on my line and usually ends up in a fish's jaw.
- **Birds Nest:** This fly, created for the Truckee River, does near everything. It's a caddis of various flavors, a generic nymph and a bait fish depending on how you fish it.
- **Red Copper John:** This could be a nominee for the "one fly" award if you were forced to use but one fly for the rest of your life. 18" Lake Davis trout love it, adult steelhead on the Trinity love it as do half pounders on the American, Rainbows on the Upper Sac, and planters in Fuller and Rancho Seco. It works in lakes and streams alike as a powerful May Fly/Stone Fly imitation.
- **Wooly Buzzer:** The lowly buzzer may get little respect because it's simple and inelegant and a quick and cheap tie, but fish love the heck out of it because it looks like so much that's on their menu. Depending on color, It's a Sculpin, it's a crawfish, it's a generic bait fish frantically trying to escape, and of course Large Mouth bass love it too because they just think it looks like lunch.
- **Rubber Legs:** Another generic, unsophisticated, easy to tie that trout and bass find irresistible. Guides on the Lower Sac who may fish 2 or 3 flies at once typically have a rubber legs tied on at all times. Fishing it with a herky-jerky retrieve with the legs flapping around gives it life and drives fish crazy. Basically a Stone Fly imitation, it may also just look like something buggy that needs to be eaten to teach it a lesson for being in the wrong place at the wrong time.

So there you have it; If you're a beginner, I recommend that before you spend a fortune on packing your first fly box with everything that catches your eye at the fly bins, get just two or three of the above in different colors and sizes. If you've been fly fishing for a while, you might pick some nits, but I guarantee if you were forced to use none but these flies for a year, and with some degree of skill, you would be very productive. As we know, delivery and the natural action you impart to the swimming fly trumps the perfect fly every day.

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Generous Library Donation

by Bill Carnazzo

In June of this year, I was fortunate enough to be able to “broker” a large donation of books to the GBF library. Rick Anderson, of Fly Fishing Specialties, called me and mentioned that one of his customers had delivered a large box of fly fishing books to the store, asking that they be donated to a fly fishing organization that could share them with its members. We talked about it, and decided that GBF would be an ideal choice for this, and I later picked up the box of books.

The donor is an individual named Jim Yust. GBF has sent Mr. Yust a letter thanking him for his generous donation. I delivered the books to the club librarian on August 9th.

All of the books are excellent reads. There are many of John Gierach’s books, and some by Dave Hughes and other popular authors, including Ralph Cutter.

In addition to the donor, the credit for arranging this donation goes to Rick Anderson, who thoughtfully gave me a call to get the ball rolling. Please take the time to stop by Fly Fishing Specialties and thank Rick.

Sagehen Entomology Clinic

by John Carroz

This fantastic workshop will take place Saturday, October 6, 2012. It begins at 9:30 – ends at about 5PM.

Where: UC Berkeley Field Station, north of Truckee, at 6400 feet elevation, on Sagehen Creek. The Field station has cabins, dining room, classroom and a fish-house with an under-water fish/insect viewing window. You can go down in the basement and watch fish and bugs living in Sagehen Creek. [The number and size of fish varies from year to year. One year during our workshop, there were not any fish at the fish-house, but this was unusual.]

Who: Terry Eggleston, biologist, fisherman and GBF charter member, will teach the workshop.

What: The Workshop is on Saturday. Learn about Sierra stream/river/lake habitats, fish-food and stream ecology. View the many “bugs” collected by Terry. After class room instruction, Terry will collect nymphs (bugs) from Sagehen Creek and you can study them in small trays as they swim around. There will also be a casting demonstration in the creek above the underground viewing window, so you can watch exactly how a trout looks at and takes (or refuses) a fly (the fly’s hook will be removed for this demonstration).

If you stay the night, on Sunday you will also have the opportunity to do some fishing on your own in the various creeks, rivers, and lakes in the Truckee/ Lake Davis areas.

Number of attendees is limited to under 30 participants (the classroom capacity).

Cost: Attendees staying only on Saturday will pay \$30, which includes lunch and supper Attendees staying overnight will pay \$49 dollars/person, which also includes a simple breakfast. Kids will be free. The overnight stay is for independent fishing on Sunday. Why go home without some fishing? Offsite RV camping is available, but you still have to pay a day use fee (\$30) for use of the Sagehen facilities necessary for the workshop.

If you have any questions, you can contact me at: 916-295-1969 or flycas-troseville@hotmail.com.

Further information will be available on the GBF website bulletin board under “Sagehen.”

Denny Welch
Attorney at Law

114 N. Sunrise Avenue,
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Conservation Corner

by Henry Sandigo, VP Conservation

I've been keeping myself busy between fishing and chores at home by reading a few paper and online brochures from various conservation organizations regarding why they are in existence.

- The Trout Unlimited brochure begins with "There's one fundamental truth about rivers: what happens upstream will eventually flow downstream. Everything is interconnected, so we must work effectively not only on local streams, but also on entire rivers and river systems - I guess this truth could be my favorite statement for "why" we exist. <http://www.tucalifornia.org>
- International Federation of Fly Fishers, goes something like this - The Federation of Fly Fishers is a 47 year old international non-profit organization dedicated to the betterment of the sport of fly fishing through Conservation, Restoration and Education. This organization claims to be the only organization that advocates for the betterment of fishing regionally, nationally and internationally. The basic premise is to better the earth's water for the good of mankind not just us fishing folks. <http://www.fedflyfishers.org>
- The American River Parkway Foundation was created in 1983 with the vision of the American River parkway being a sustainable natural resource to all. To that end, the Foundation coordinates programs and works with volunteers to foster environmental stewardship, facilitate volunteer opportunities, as well as fund and implement Parkway projects. GBF has been involved with ARPF over the years and gives us, especially since it's in our backyard, reason to join them in their efforts. We have worked at Sailor Bar to pick up at least 100 lb.'s of monofilament and other fishing accessories. There are many civilian volunteers who just by their own nature patrol the American via Kayak, Canoe, or walking to keep this gorgeous location free of mans neglect. <http://www.arpf.org>
- SARSAS - SARSAS is trying to do with one stream, the Auburn Ravine, what must be done to all streams and rivers on the entire West Coast and that is to make the entire length of the ravine navigable to anadromous fish. The health and well-being of Salmon is directly linked to that of people. If we improve the health and well-being of Salmon, we improve the health and well-being of mankind and therefore ourselves. We donate regularly to these folks and the club helped add the fish ladder to the ravine in Lincoln via a generous donation. <http://www.sarsas.org>
- Friends of the River - FOR is a local organization that's been around a long time. Their mission is "Friends of the River protects and restores California Rivers by influencing public policy and inspiring citizen action". Its past action have prevented, saved and changed legislation to protect California's waterways. But even today, there is action in the House to reverse the protection of our rivers. <http://www.friendsoftheriver.org/site/PageServer?pagename=FORAboutUs>



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Conservation Corner - Continued from Page 6

As your conservation chair, and on behalf of the conservation committee, I encourage you to get involved locally or in the national scene, join these organizations, proudly display their logo on your car, van, RV, or fishing gear. After all what's a few bucks for the good of the water systems that we take for granted, money that you would spend to see a movie or ball game. The amount of money or time you donate to an organization similar to one of those listed above, might help take down a Dam.

Keep a bag in your car to pickup trash or your mind open to volunteering a day for the good of our water ways. Most of the fly and sport shops we frequent always have notices of what's happening in your area for the coming weekend. Go to a website, sign up!

Thanks for thinking about it.

Introductory Spey Casting Clinic Announced

by John Hogg, Director of Education

Spey rods are the long two handed rods that are now appearing locally on the American River. They are big rods, 13 to 16 feet, and designed to deliver a fly an easy 100 feet or more, with little or no backcast space available.

GBF has several very proficient spey casters, and they have agreed to get together and offer an introductory clinic. Our instructors will be Jon Peterson, Jim Hunter, Jack Ramos and Tom Ross, all of whom practice regularly on Wednesday mornings, and have done so for years. They will demonstrate three casts, the Snap-T and Single Spey for river left and the Double Spey for river right. Additionally, the features of various spey rods and lines will be addressed, as well as cost ranges for those who are considering purchasing their own rod.

The Club owns 4 spey rods which are available for loan and for use in clinics, so we will have rods there to use. Naturally, if you have your own, feel free to bring it.

You should bring waders or prepare to wade wet if you want to participate in the clinic, as you will be casting in knee to thigh depth water.

The clinic is scheduled for 9:00 am, Saturday, October 6, at the Granite Bay boat ramp on Folsom Lake.

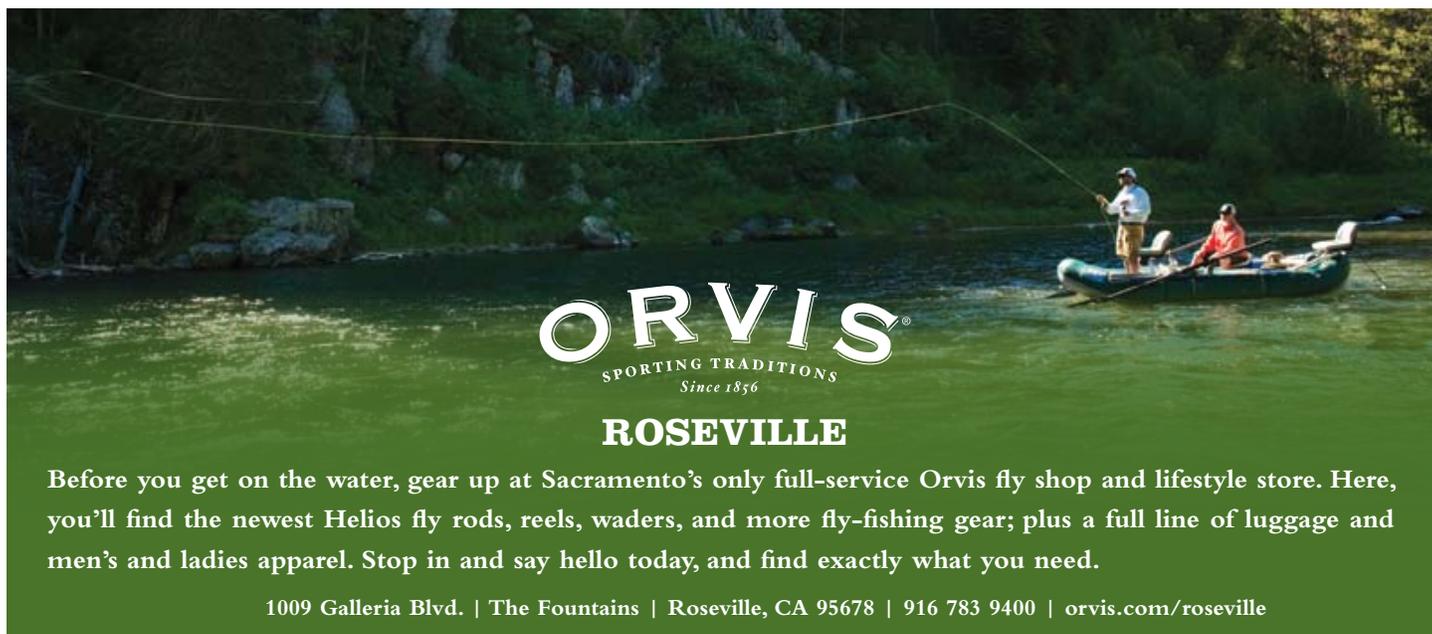
Sign up at the September meeting, or contact Jim Hunter, jimfishon@wavecable.com.

John Hogg, Director of Education

Fly Tying Contest Winners For August

Beginners: Dave Sterling

Advanced: Jim Holmes



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East Carson Fishout and Tour

by Eric Palmer



On Thursday, July 26, we had a club outing on the East Carson above Markleeville. This event was a “tour” of the river and a fishout with [Greg Vinci](#), noted guide, author, photographer, environmentalist, inventor of fly fishing accessories and all around fly fishing expert. Greg began the day with a discussion of fishing techniques for the East Carson followed by a caravan tour of the river from Hangman’s Bridge to the upper reaches at Wolfe Creek. This is the “put & take” area that’s massively stocked by three groups, DFG, the County and the Carson River Resort which plants trophy size trout along their private camp grounds which are open to anyone who parks up on the road and walks in. We made a number of stops at key turnoffs where Greg explained access and fishing conditions at each spot.

After lunch we hiked in 1 ½ miles below Hangman’s Bridge to the gaging station which is the Wild Trout (zero limit, barbless hooks, no bait) section. The plan was to fish our way back up river to the bridge, but most of us ended up exiting the river after an hour or two at a convenient trail that would take us back to the main trail back to the bridge. Fishing was not great but a handful of fish were taken by a few members. I and the guys I was traveling with looked at this outing primarily as an opportunity to visit a beautiful area and learn more about this river and how to fish it, and from that standpoint, we considered the trip a great success. If the East Carson is of any interest, especially the planted trophy trout section, call ahead first to the [Carson River Resort](#) for up to date info on the planting schedule.

Private Water Fly Fishing

Antelope Creek Lodge, Northern, CA

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Hat Creek Ranch, Hat Creek, CA.

\$185 p/angler per day, dbl occ. – Inc. cabin & fishing

\$135 p/angler per day – fishing only

Rock Creek Lake, Manton, CA.

\$135 p/angler per day – cabin rental \$135 per night + tax

Clear Creek Ranch, French Gulch, CA.

\$175 - \$185 p/angler per day, dbl occ.

Inc. cabin & fishing + \$2 tx/day

Battle Creek Ranch, Manton, CA.

\$135 p/angler per day

Bailey Creek Lodge, Manton, CA.

\$295 p/angler p/day dbl occ. – \$165 non-angler

lodging, food & fishing

Henderson Springs Lodge, Big Bend, CA.

\$245 p/angler p/day dbl occ. inc. lodging & fishing

\$225 p/day fishing

Lake Christine, Manton, CA.

\$135 p/angler per day

Pleasant Valley Fly Fishing Preserve

\$95 p/angler per day

Riverside Lodge on Fall River

\$595 + tx per night with 2 night minimum – max. 8 guests

Yamsi Ranch, Chiloquin, Oregon

\$295 p/angler per day – 3 day min. – Food, Lodging & Fishing

Lonesome Duck Ranch, Chiloquin, Oregon

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Guides \$350 p/day/ 2 anglers

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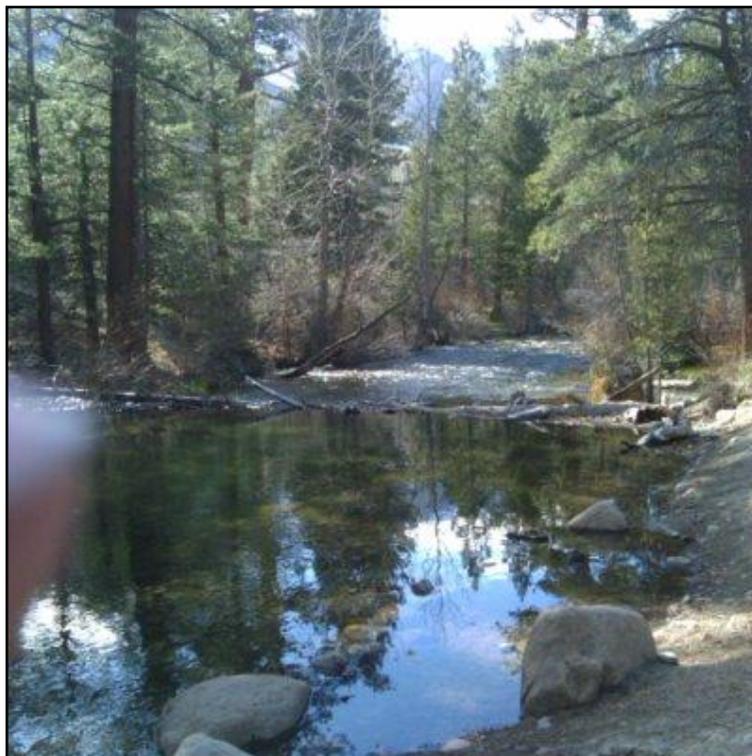
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Bridgeport Fishout Sept. 7 - 9, 2012

by Bev and Bill Hagopian



Bev and I are having our Annual Bridgeport Fish-out on September 7th, 8th and 9th. We have been going to Bridgeport in September for the last couple of years and find the weather to be very comfortable and rivers are wet wadeable. The rivers and lakes have had their last fish plantings of the year. Last year we wet waded Robinson Creek, using a 2 wt. rod with ants and it was great fun fishing.

Bridgeport is situated in the Eastern High Sierras. Historic Bridgeport Valley has changed little since cattlemen, and miners discovered its grassy pastures in the 1850's. Surrounded by vast National Forest lands, the region is an unspoiled recreational playground with pristine lakes, rivers, and streams. There is good fishing in both Robinson Creek and Twin Lakes, which provides excellent fishing for large rainbow and brown trout and Northeast of Bridgeport is the East Walker River, a premier fly-fishing stream.

Bev and I will be going up to Lower Twin Lakes Campground on Monday Sept 3rd and we have reserved campsite # 9 for the week. The campground is located approximately 10 miles southwest of Bridgeport, off of Twin Lakes Rd. Camping can be comfortable this time of year but the nights can

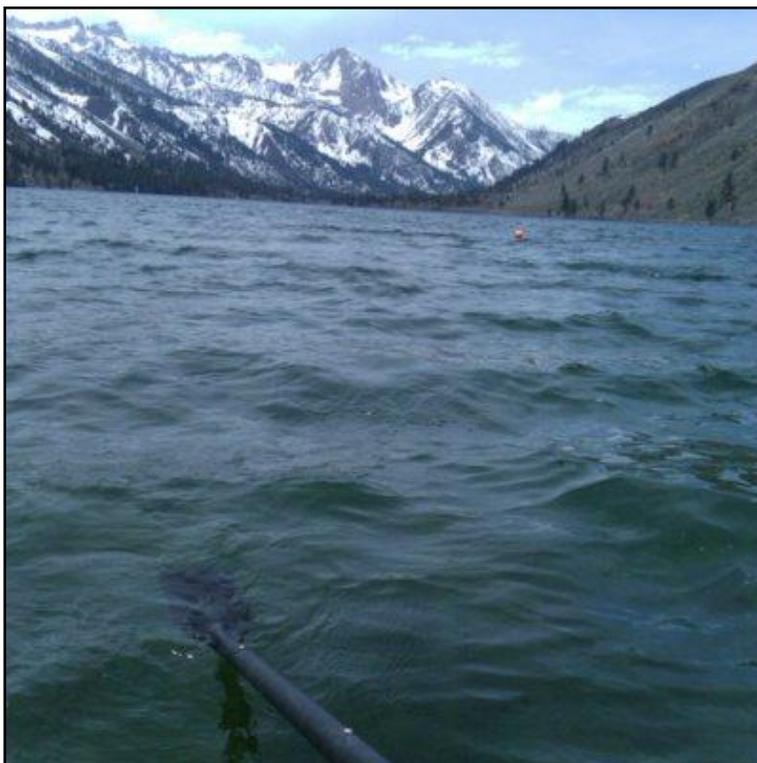
be cool since the campground is at 6500 feet. For those who would like to fish and not camp, there are many creek side cabins, bed and breakfast inns, and motels in the area.

Directions: From Sacramento area, go to Highway 395 and go south. US Highway 395 runs through Bridgeport. At the first street in Bridgeport, (at the Gas Station) turn right on to Twin Lakes Road. Travel on the Twin Lakes Road for about 9.5 miles, then make a left turn on to South Twin Lakes Road, and go approximately 0.6 miles across the bridge. The campground is on the right.

A word to the wise: Bridgeport is famous for its HIGH gas prices. It is best to fill up in Minden or Walker.

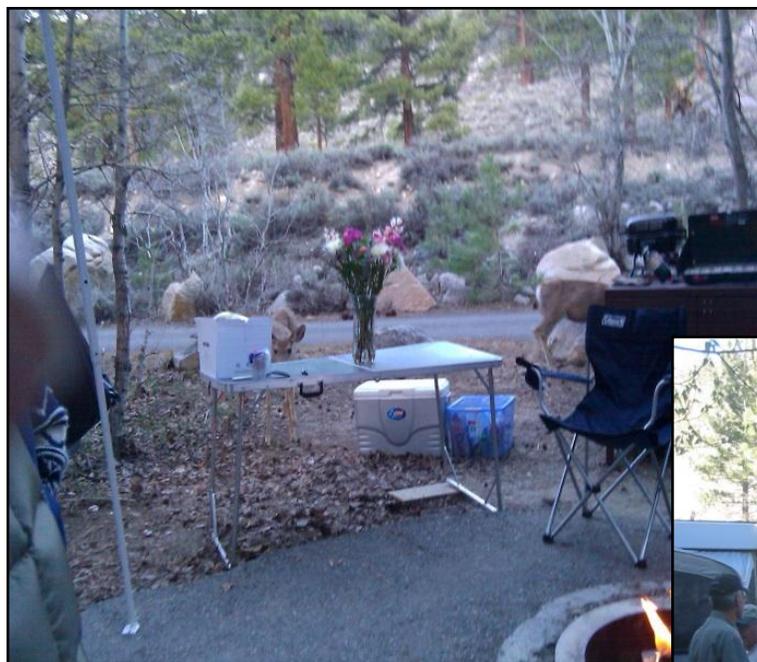
Equipment: Float tubes, or pontoon, are the general method with a sinking line (intermediate to faster) on a 5 wt. Patterns seem to change year to year, but nymphs, buggers and matukas have been fairly consistent.

For more information about lodging or RV sites contact:



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Bridgeport Fishout - Continued from Page 9



Twin Lakes Resort at (760) 932-7751.
 Bridgeport Ranger District (760) 932-7070.
 Camping Reservations (800) 280-CAMP.
 Doc and Al's Resort (760) 932-7051.
 Mono Village (760) 932-7071.
 Also see GBF's website with links.



Ken's Sporting Goods has a good selection of fishing tackle, flies and is generous with fishing tips. Fishing Guide Services are also available (760) 932-7707.

Bev and I will miss the August meeting, as we will be camping. If you are interested in coming up, post on the website or contact us at Billh07@comcast.net - 916-771-5837

See you in Bridgeport!

Fly Tyer's Corner

by Bill Carnazzo

Bill's Greenie

Sometimes when you are fishing a stream like the Upper Sacramento River, or the McCloud River, turn over a few rocks, or better yet grab a submersed branch or piece of wood and have a look at what lives in that part of the stream. You will undoubtedly find little dark green worms that have a black head—and they will likely be the most populous insect on the rock or stick. Then, during mid-to-late afternoon, use a seine net to see if you can find out what's in the drift. Again, you will likely find the same little green worms wriggling around on the screen. What are these little critters? They are caddis larvae; their taxonomic name is Rhyacophila; they and



the Hydropshche are the two most populous types of caddis. Rhyacophila are a "free-living," meaning that they do not build a case like other types of caddis do. They are predatory by nature, and seek their food by wandering around on the rocks. In a very few situations, they can differ in color ranging to tan; but by and large, the insect is normally a deep olive color. Why would they be found on the screen of the seine? The reason is that one of this bug's characteristics is that it engages in what entomologists call "behavioural drift," which means that for some reason during the afternoon, these little guys will launch themselves *en masse* into the drift; there seems to be general agreement that this behavior is our Mother's way of ensuring that the entire stream is populated with this species. Here is a picture of the bug:

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Rhyacophila favor riffle water; when they engage in behavioral drift a larva pattern will work if worked through the riffle near the bottom. In other words it is a perfect situation for short-line nymphing—or, if you are inclined to use bobbers, be sure that you are drifting your flies near the bottom (I don't recommend that technique, by the way). Rhyacophila hatch in the afternoon from late spring through August; pupa patterns are effective during a hatch. Hatched adults will return to the water during late afternoon and evening, and trout will sometimes take them as the bugs alight on the surface. A very interesting fact regarding the adults' behavior is that when they hit the water they dive beneath the surface to deposit their eggs on the rocks at the bottom; unlike mayflies, their eggs are not deposited on the surface. Does this suggest anything to you regarding fly patterns to imitate the diving behavior? A good source of information on this interesting characteristic is Ralph Cutter's "Trout Food;" another is Dave Hughes book titled "Wet Flies." More on this subject in later articles.

I developed this pattern over a relatively long period of time; it has undergone a few changes over the years, but it is basically the same as when I first tied one up. The most important characteristic of this fly, at least in my opinion, is the manner in which the abdomen is constructed. In the materials list you will note that I specify fluorescent green 70 denier tying thread for the underbody; it is important that the thread color show through the dubbing that is applied—but not so much that it predominates. The method I use to accomplish this result is to change the tying thread to black at the right step in the tying process and employ the "touch dubbing" technique that Gary LaFontaine (rest his soul) advocated in his books on tying caddis patterns. This technique creates translucency and an impression of life, unlike what would result if the fly's abdomen was just an ordinary opaque dubbed body. The "shine through" technique, incidentally, is not new; it has been used for wet fly patterns (traditional winged wets, wingless wets, flymphs, soft hackles, and nymphs) for a very long time.

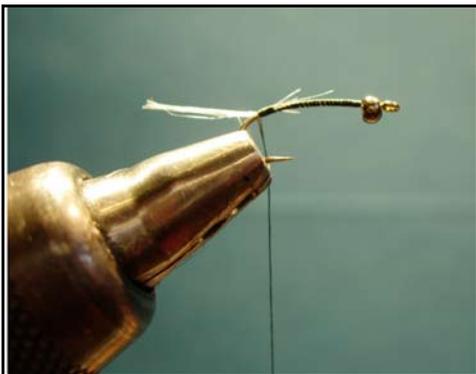
I tie this fly on a variety of hooks but as indicated in the materials list an ordinary standard wire 1x long nymph hook will work fine. The other hooks I use are the Daiichi 1260 because I like its curved shank and large gape, and scud hooks because...well, because I can. I also add a "tail" of a few strands (and I do mean few) strands of UV pearl dubbing—not the flashabou type of strands. The tail is barely visible to the eye but does catch light in the water.

MATERIALS NEEDED

| | |
|------------|---|
| Hook: | Any standard nymph hook, #14-18 |
| Thread: | 70 denier flat nylon, fluorescent green, and Black "Sheer" 14/0 |
| Beads: | Black, to suit hook size |
| Tail: | 2 or 3 wisps of UV pearl dubbing |
| Body base: | Tying thread (very thin) |
| Body: | Dark olive spiky dubbing |
| Ribbing: | Fine gold wire |
| Legs: | None |
| Wing: | None |
| Thorax: | Fine black ostrich herl |
| Weight: | None |
| Head: | Thread |

Typing Instructions:

1. Crimp the hook barb and mount the bead. Cover the hook shank with a single, flat layer of the black thread; stop immediately above the hook point and leave the bobbin there.
2. From the package remove 3 or 4 wisps of UV pearl dubbing; roll them between your fingers and tie them in at that point.
3. Cut a short piece of fine gold wire and tie it in at that same point. For now, just let the black thread bobbin hang there. Start the green thread behind the bead, and wrap it rearward in tight turns. Stop at the hook point, and then wrap it forward to the back of the bead, laying a nice smooth layer as you work forward.



Steps 1 and 2



Step 3

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Steps 4 and 5



Steps 6 and 7



Steps 8 and 9

Remember: the body needs to be very thin. Whip finish the green thread there.

4. Using tacky dubbing wax, wax a 2 inch piece of the black thread; be sure to get the wax right up to the hook shank. Take a pinch of dark olive dubbing between your thumb and forefinger, and brush it along the length of the waxed thread, back and forth several times. This will result in some of the dubbing fibers sticking to the wax. Move the thread forward using relatively tightly spaced turns, ending just behind the bead. Although the fluorescent green doesn't show through much at this point, when it gets in the water there will be a significant difference.
5. Rib the fly with the gold wire, making 5 turns, and tie the wire off at the front of the body.
6. Tie in three barbules of fine black ostrich herl by their tips. It is good to snip off a bit of the tips before tying the barbules in, in order to obtain a stronger stem section. Wrap rearward over the herl tips to a point about 3 hook eye lengths behind the bead. The butts should now be pointing rearward.
7. Prepare a starling feather from the neck portion of the skin, as if you were preparing a soft hackle. See the July column for the method for accomplishing this. Tie the prepared feather in by its tip, concave side up, with the stem butt pointing forward. The feather should be tied in directly behind the bead.
8. Grab the 3 herls with your hackle plier and twist them counter-clockwise until they form a thin, uniform "rope." Wrap the rope forward to the back of the bead, using about 4 turns, and tie it off there.
9. Grab the stem of the starling feather with your hackle pliers and take two full wraps behind the bead, making sure that the convex side of the feather is up. Tie the feather off with a couple of tight turns behind the bead and clip the excess. Sweep the barbules rearward and whip finish behind the bead. Don't be tempted to wrap over the barbules because that will make them lie flat against the abdomen, which is not a desirable result because it inhibits their movement while drifting.

Now go crank one of these bugs and fish it. I live by that simple philosophy.

Enjoy, and see ya on the creek...!!!

Rod Building Clinic

by John Hogg, Director of Education

Mark Tuesday, September 18th, for an exciting introductory orientation to building your own rod. Larry Lee will show you finished examples of rods you can build and explain all the steps necessary to build a fine fly rod, as well as inform you of cost options. For those who decide to proceed, Larry will schedule two supervised clinics for participants to work on their rods, and then will personally complete the epoxying on each rod at his shop.

Larry Lee is a professional rod builder whose company, L3 Rods, builds between 125 and 150 fishing rods of all types and styles. Many club members, including myself have built rods with Larry's guidance.

To sign up, contact Larry at L3rods@gmail.com, or sign up at the September meeting. The orientation will be at the GBF Clubhouse beginning at 6:30 PM on September 18th

The Leader

THE NEWSLETTER OF THE GRANITE BAY FLYCASTERS

Granite Bay Flycasters
4120 Douglas Blvd. #306-356
Granite Bay, CA 95746-5936

Granite Bay Flycasters

Mission: The organization is dedicated to conservation of fish habitat, advancement of the art of Fly Fishing, and good sportsmanship.

Meetings: General club meetings are held on the second Thursday of each month at the Granite Bay Activities Center on the shores of Folsom Lake. For directions, check www.gbflycasters.org, or call Dennis Baker at 916-580-7639.

Doors open between 6:00 P.M. and 6:30 P.M. for socializing and fly tying demonstrations. The business portion of the meeting begins at 7:00 P.M. The main program gets underway after a short refreshment break and usually involves a guest speaker and slide show, or other presentation. All meetings are open to the public and visitors are encouraged to attend.

Membership: Applications are available on-line at www.gbflycasters.org and at general meetings. Single membership: \$30; Family memberships: \$35; and youth (under 18): \$10. There is also an \$8 name badge charge for all new members. Membership is prorated throughout the year. For membership information, call John Hogg at 916-663-2051, or visit the website at www.gbflycasters.org.

The Leader: To send articles, photos, ads and other materials, please e-mail to: Frank Stolten at fstolten@comcast.net. Please put **GBF Leader** in the subject line. Deadline for materials is the 15th of each month.

Please notify if address change

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