

The Leader

THE NEWSLETTER OF THE GRANITE BAY FLYCASTERS

August 2012

www.gbflycasters.org

President's Message

by Mike Howes, GBF President

I am back at being President again. I am really excited about all the good things that are in the works for the Club. **Tom Wise, Eric Palmer, and Kent Ripley** are redoing the web site to make it easier to use. They are developing drop down menus that will allow you to easily find what you are looking for. **Tony Fabian** is putting a new face on our ISE booth to include new pictures, and a continuous running video to catch the eye of the show goers. **John Hogg** is leading an effort to put together our education program to give it a timeline so the learning experience is progressive. And me, I am looking forward to a great year; one full of friendship, humor, and fish.

I have an area of concern I would like to address. Members that sign up for fish-outs, clinics, and/or conservation efforts do so with the intent of participating in the event. We have had some problems with members signing up and not showing up. This puts the one in the lead in an awkward position, should s/he tell the others to go fish and then wait for the person... How long is one to wait??? In some instances like conservation, the leader may have bought sandwiches for the volunteer workers that signed up. He is left holding three or four sandwiches because of no-shows—it is a waste of resources. Think how you would feel, if you took the time to put together a fish out, and at the time of the fish out, only three of the ten showed up. It has been suggested by a couple of volunteer fish-out leaders that we charge a commitment fee, say of \$20. Everyone has to put up \$20 each when they sign up, and at the time of the event - you show up, you get your money back. I am not in favor of doing this, because it is an added burden for the volunteer leader. I am hoping by making the membership aware of the problem, it will become lesser of a problem. I think it is the **member's responsibility** to commit to an event, and if for some unforeseen reason s/he cannot make the fish-out, out of courtesy, the member contact the fish-out leader by phone or email stating s/he will not be able to attend. The member should do this in a timely manner. Let's show our volunteer leaders the **respect** they deserve. Signing up is a **commitment**.

Talk about fish-outs—I attended the Virginia Lakes fish-out. What a great time! The fish-out leaders, **Sandy and Mike Kaul** did a great job. They even hosted a taco dinner. Not only was the food delicious, the campfire was roaring, and people were yackin' and laughin'. What a great club.

Lifisreel.....Mike Howes



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Little Truckee Fishout (Saturday, September 15th)

On Saturday, September 15th, there will be a fishout on The Little Truckee River. The location is just outside the town of Truckee, about 4.5 miles. This is the first time to my knowledge that a fishout has been held on the Little Truckee since 2007, which is within less than a mile from the Main Truckee. For those of you who have not fished the Truckee Rivers at all, this will be a great opportunity to learn the nuances and quirks of this great stretch of water. There will be a maximum of 12 participants allowed, as the purpose is to give everyone a huge area to fish. Since the stretch of river is at least three and half miles, it will probably not present a problem. Much of the area we will be fishing in lies within a beautiful meadow which I believe is about 3 miles in length.

Continued on Page 3

AUGUST 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1. Conservation Committee Meeting	2.	3.	4.
5.	6.	7.	8.	9. Monthly Meeting 7:00 PM	10.	11.
12.	13.	14.	15.	16. Board Meeting 7:00 PM	17.	18. Truckee River Fishout #1
19.	20.	21. Fly Tying Jam	22.	23.	24.	25.
26.	27.	28.	29. Truckee River Fishout #2	30.	31.	

Monthly Program



Jackson Meadows Reservoir

involved with water management and watershed issues. Ron will be speaking on *the relicensing of hydro power facilities and also the extensive network of water distribution systems within NID*. Many of the most popular places GBF members fish i.e. Fuller, Jackson Meadows, Scott's Flat, Bowman, etc. are part of NID's network, so this will be an especially pertinent presentation.

Our speaker for August is **Ron Nelson, General Manager of the Nevada Irrigation District NID**, where he is responsible for overseeing all operations required to supply, treat and distribute both municipal and industrial and agricultural water, plus provide hydro-power production and contract recreation in a 287,000 acre district.

Ron's entire career has been with various water agencies in Oregon and California where he has been intimately



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Little Truckee Fishout - Continued from Page 1

The details concerning what to bring and fly selections will be published and placed in the message board area of our website. When we get there in the morning we will start off by using nymphs and then in the early evening we will proceed to dries. Suggestions of what flies to bring are available on the fishout website page. Everyone who participates will be given a map of the area, as well as details to access points along the river, which are many. The idea is to not only build knowledge of this stretch of river, it is to build camaraderie, not to mention a huge amount of friendship. If interested, please indicate your interest via the message board, or simply e-mail me so I can put you on the list. There will be a sign-up sheet available at the August meeting. I look forward to hearing from you.

-See you on the river!!-

Ed Lloyd
edlloyd@att.net

Caster's Corner

by John Hogg

Some Common Fly Casting Faults, and Why They Occur

Bill and Jay Gammell, expert instructors and writers on fly casting, are credited with defining 5 essential elements of a fly cast. A sixth element was defined in the casting instruction program of the Long Beach Casting Club.

1. **Pause** – there must be a pause at the end of each rod stroke. The longer the line extended beyond the rod tip, the longer the pause needed.
2. **Slack** – Slack should be minimized at all times during the cast, especially during the pickup, and during the pauses.
3. **Straight Line Path** – The rod tip must travel in a SLP, (so that the line follows), in order to the desired parallel loops. Open, fat loops are the result of arcing, windshield wiper type path lines of the rod tip. Open loops rob the cast of its efficiency and limit the distance, accuracy, and control.
4. **Stroke** length varies as the amount of line beyond the rod tip increases. Short line, short stroke; long line, long stroke.
5. **Power** varies during the rod stroke. Power must be applied slowly until the rod begins to load (bend), and then accelerated rapidly to increase the load.
6. **Stop** – A rod stroke must terminate in an abrupt stop. This transmits the stored power in the bend of the rod to the line. Remember the old adage – “Accelerate to a hard stop!”

Now let's look at a few common casting faults, and see which element violation caused them.

- a. **Occasionally, I lose my fly on the back cast, usually with a loud snap!** The pause was not long enough. *The abrupt change of direction introduces slack in the line and a subsequent 'crack the whip' movement which then breaks off the fly.*
- b. **My fly keeps hitting the bushes behind me.** *The pause is too long. Some casters mistakenly wait for the 'tug' before beginning the forward cast. Unfortunately this is too late, as the line has already straightened out and is now beginning to fall.*
- c. **On my presentation, the line hits the water before the fly and creates a lot of surface disturbance.** *On the forward cast, there is no definite stop of the rod at the 10 or 11 o'clock position. Instead the forward stroke slows to a gradual stop, usually at 8:30 or 9 o'clock position. Energy cannot be transmitted from rod to line, and no efficient loop is formed. The stop is too slow and too low!*
- d. **On my presentation, I have a problem with accuracy as the leader swings around in a side loop before hitting the water.** *The rod tip is not traveling in a straight path in the vertical plane. This is usually due to a very slight sideways twisting of the wrist during the prior back cast and forward cast.*
- d. **I am always throwing tailing loops.** *There are a least nine defined causes of a tailing loop. They almost all involve misapplication of power during the rod stroke. Most common is too much power applied too early in the stroke. A drag racer start!! Power must be matched to the amount of line extending beyond the rod tip, and its application must be smooth acceleration. Think about backing off from the power, and focusing on that high, abrupt stop.*

By the way, if you have a comment or question about casting, and would like to share it, please email me at johnhogg@sbcglobal.net.

Fishmaster's Corner

by Eric Palmer, Fishmaster

It's a safe bet that most, if not all, of us joined GBF to move ourselves up the learning curve faster than if we had chosen to go it alone. Of course making new friends and maybe establishing life-long fishing partners is also a substantial fringe benefit of club membership.

The internet, of course, is an awesome aid toward learning nearly any new subject and fly fishing is no exception. Being an information junkie with a wide range of interests, I've used the web extensively in researching virtually everything fly fishing related and much, more. It's also a safe bet that you have already bookmarked a collection of your own favorite fishing websites. Doesn't matter...I'm still giving you some more and if we're lucky, one or two you have not found yet.

But wait, there's more...I'm also going to remind you of valuable information right under our noses on our very own GBF website. Material created by expert members eager to share their knowledge so you can become more successful on lake and stream. Again, this is why we joined GBF, right?

Great info on the GBF website:

[Tech Talk](#) – Info on lines and leaders with more to come

[The Caster's Corner](#)

[Fly Patterns](#) - Tying instructions for over 100 flies

[Member Articles](#)

[The Tyer's Corner](#) – Fly-of-the-Month patterns and instructions

[Books & DVD's in the GBF library](#)

On the web:

General education from Ralph Cutter: <http://www.flyline.com>. Thoroughly explore this site. You could spend a week here and not scratch the surface.

More general education : <http://stevenojai.tripod.com>. This site has it all; rods, lines, leaders, knots, guides and much more. My favorite for nice big easy to see fly photos.

Low cost flies: <http://www.anglersdream.net>, <http://www.flydealflies.com/>, <http://www.bigflyco.com/>

Fly identification photos: <http://www.west-fly-fishing.com/cgi-bin/home>. Converts a bug name you provide to a fly name then tells you which generic flies match that bug.

Animated knot tying: <http://www.animatedknots.com/indexfishing.php>. The only knot site you'll ever need.

Great lower Yuba hatch chart: http://www.flyfishingtraditions.com/hatch_chart.

We know that there's a huge amount of fly fishing information at our fingertips if we just make the time and effort to use it. For me, one of the greatest benefits of the Internet is access to large and stunning photos of flies that we can use to learn their names and be better prepared for the next visit to the fly shop bins.

Thanks for your time, and see you on the water.

Eric

Granite Bay Flycasters Classifieds

To place a classified ad, you must be a member in good standing of the Granite Bay Flycasters. Classified ads will run for only one issue of The Leader, unless the seller requests it to run longer. Submit your listing to: fstolten@comcast.net with subject line: 'GBF: Classified'. Or mail your info to: Frank Stolten, 8290 Country Lake Dr., Orangevale, CA 95662. All ads must arrive by the 15th of the month to be included in the following month's Leader.

Wanted:

Tioga reels and spools - sizes 6, 8, 10 and 12. Contact: johnhogg@sbcglobal.net

GBF Education Activities and Instructor Changes

by John Hogg, Director of Education

Granite Bay Flycasters has won many awards in past years for its aggressive and comprehensive approach to education. GBF has annually conducted clinics and workshops in fly tying, fly fishing basics, casting, rod building, net building, knot tying, still water and streamside clinics, map, compass and GPS use, and much, much more.

Our Education Director for the past several years has been **Art Livingston** who has coordinated and channeled these activities, and who was also responsible for publishing our first comprehensive GBF Education Catalog. We learn to our regret however, that with the new fiscal year beginning July 1, Art has decided to give up the position. (It may be cutting into his fishing time!). As his replacement, I would like to offer my thanks for his efforts and contributions, and when you next see him, please do the same. He has made valuable and selfless contributions to our club.

And we are losing one more stalwart: For the past dozen years or so, our Casting Instruction program has been ably headed by **Sturmer White**, who has also decided to pass the mantle. Sturmer conducted clinics from introductory to advanced fly casting, as well as specialty clinics such as Spey Casts for Single handed rods, and Throwing Long and Far with sink tips and shooting lines. Sturmer's approach to fly casting is simple - "whatever it takes to get the fly in front of the fish." His arsenal of casts includes not only the traditional ones such as the roll cast, Belgian cast, double haul, and traditional forward cast, but steeple casts, bow and arrow casts, Galways, and bass bug rigs that he can throw 100 feet or more. Many's the time when my cast seemed just not right, and I would hear those quiet words from Sturmer, "Slow down your back cast, you're rushing it." And sure enough that would be the problem. Thank you, Sturmer.

Sturmer's boots are too big for one guy to fill, so we are moving forward with Casting Co-chairs – Rick Radoff, and John Hogg.

Our past president, Dennis Baker will be taking over, "Knots and Leader", an activity that doesn't have a lot of glory, but if you want to catch and land fish, you've got to know your knots, and how to rig line and leader. His first workshop, incidentally, will be on the 3rd Tuesday of August at the clubhouse – he will share the room with the Fly Jammers.

Sagehen Entomology Clinic

by John Carroz

This fantastic workshop will take place Saturday October 6, 2012. It begins at 9:30 – ends at about 5PM.

Where: UC Berkeley Field Station, north of Truckee, at 6400 feet elevation, on Sagehen Creek. The Field station has cabins, dining room, classroom and a fish-house with an under-water fish/insect viewing window. You can go down in the basement and watch fish and bugs living in Sagehen Creek. [The number and size of fish varies from year to year. One year during our workshop, there were not any fish at the fish-house, but this was unusual.]

Who: Terry Eggleston, biologist, fisherman and GBF charter member, will teach the workshop.



What: The Workshop is on Saturday. Learn about Sierra stream/river/lake habitats, fish-food and stream ecology. View the many "bugs" collected by Terry. After class room instruction, Terry will collect nymphs (bugs) from Sagehen Creek and you can study them in small trays as they swim around. There will also be a casting demonstration in the creek above the underground viewing window, so you can watch exactly how a trout looks at and takes (or refuses) a fly (the fly's hook will be removed for this demonstration).

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Sagehen Entomology Clinic - Continued from Page 5

If you stay the night, on Sunday you will also have the opportunity to do some fishing on your own in the various creeks, rivers, and lakes in the Truckee/ Lake Davis areas.

Number of attendees is limited to under 30 participants (the classroom capacity).

Cost: Attendees staying only on Saturday will pay \$30, which includes lunch and supper. Attendees staying overnight will pay \$49 dollars/person, which also includes a simple breakfast. Kids will be free. The overnight stay is for independent fishing on Sunday. Why go home without some fishing? Offsite RV camping is available, but you still have to pay a day use fee (\$30) for use of the Sagehen facilities necessary for the workshop.

If you have any questions, you can contact me at: flycastroseville@hotmail.com, or 916-295-1969. Further information will be available on the GBF website bulletin board under "Sagehen."

Conservation Corner

by Henry Sandigo, VP Conservation

Calling Back the Salmon Celebration in Lincoln at McBean Park September 29 - 30 and SARSAS Auburn Ravine

You are invited on Saturday, September 29th from 12pm-4pm to celebrate the return of salmon and steel-head to Auburn Ravine. A successful campaign depends on you and your participation in helping to educate the public at large.

Granite Bay Flycasters will be in attendance. We need fellow members to demonstrate beginning flycasting for children and adults. We also need a couple of veteran casters showing their skills on various types of casts. We will need 3-4 tiers demonstrating simple flies like the Wooly Bugger and others and to coach those in the crowd who want to test their own skills. If you would like to participate as a tier or caster, please let me know and I'll pass the info on to our President. Additionally, there will be signup sheets at the August and September meetings.

Booths of all kinds will be open:

- Local Non-Profits
- Government Agencies
- Local Businesses
- Artists
- Crafts
- Hands-on activities for children (fish hats, rain sticks, face-painting, live animals)
- Food Vendors
- Live Music throughout the Celebration!

On Sunday, September 30 from 8:30 AM -10:30 AM, there will be an ancient spiritual blessing, making a "call" to the salmon to return to Auburn Ravine. Don't miss this lovely and moving, spiritual ceremony!

Here's a link to Lincoln's Salmon festival: <http://www.callingbackthesalmoncelebration.org/>

Henry Sandigo
hsandigo1981@gmail.com



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Save the Dates and Fish the Truckee in August!!!

The August Truckee fishout dates have been set. Because of the massive and enthusiastic turnout we had last year, there will be two (2) fishouts this year, one on a Saturday and one on a weekday. Each event will be limited to 15 members (no guests please!).

Truckee-1: Saturday, Aug 18th

Truckee-2: Wednesday Aug 29th

Sign up at the August meeting, or contact me if you can't make the meetings. Please sign up for one or the other only. If you really want to do both, contact me directly and I'll put you on a stand-by list should turnout be light. Note the names used to differentiate between the two events. Please do not sign up unless you are 99.9% sure you can make it, as the slot you take may prevent a more earnest member from participating.

Members who sign up will receive ample information on flies, rigging, methods and access points. I will attempt to provide coaching for beginners if I can recruit a few experts. However, to adjust expectations for beginners; while many fish were landed last year, some by first-timers, the Truckee is

not an easy stream and often humbles the best. But....it's only 90 minutes away, it's a quintessential and beautiful Sierra river with wild rainbows and browns - some very large, and an excellent venue to develop your skills on short-line and indicator nymphing, swinging traditional soft hackles wet flies, stripping buggers and streamers, and throwing dries.....and there are ample access points a short walk from your vehicle. This river has it all!

And....as an extra added bonus for Truckee area fans, ED LLOYD will be leading a Little Truckee (aka "LT") fishout on Sat. Sept. 15th. Stay tuned for further info from Ed. edlloyd@att.net

Eric Palmer – Fishmaster
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Bridgeport Fishout Sept. 7 - 9, 2012

by Bev and Bill Hagopian



Bev and I are having our Annual Bridgeport Fishout on September 7th, 8th and 9th. We have been going to Bridgeport in September for the last couple of years and find the weather to be very comfortable and rivers are wet wadeable. The rivers and lakes have had their last fish plantings of the year. Last year we wet waded Robinson Creek, using a 2 wt. rod with ants and it was great fun fishing.

Bridgeport is situated in the Eastern High Sierras. Historic Bridgeport Valley has changed little since cattlemen, and miners discovered its grassy pastures in the 1850's. Surrounded by vast National Forest lands, the region is an unspoiled recreational playground with pristine lakes, rivers, and streams. There is good fishing in both Robinson Creek and Twin Lakes, which provides excellent fishing for large rainbow and brown trout and Northeast of Bridgeport is the East Walker River, a premier fly-fishing stream.

Bev and I will be going up to Lower Twin Lakes Campground on Monday Sept 3rd and we have reserved campsite # 9 for the week. The campground is located approximately 10 miles southwest of Bridgeport, off of Twin Lakes Rd. Camping can be comfortable this time of year but the nights can

be cool since the campground is at 6500 feet. For those who would like to fish and not camp, there are many creek side cabins, bed and breakfast inns, and motels in the area.

Directions: From Sacramento area, go to Highway 395 and go south. US Highway 395 runs through Bridgeport. At the first street in Bridgeport, (at the Gas Station) turn right on to Twin Lakes Road. Travel on the Twin Lakes Road for about 9.5 miles, then make a left turn on to South Twin Lakes Road, and go approximately 0.6 miles across the bridge. The campground is on the right.

A word to the wise: Bridgeport is famous for its HIGH gas prices. It is best to fill up in Minden or Walker.

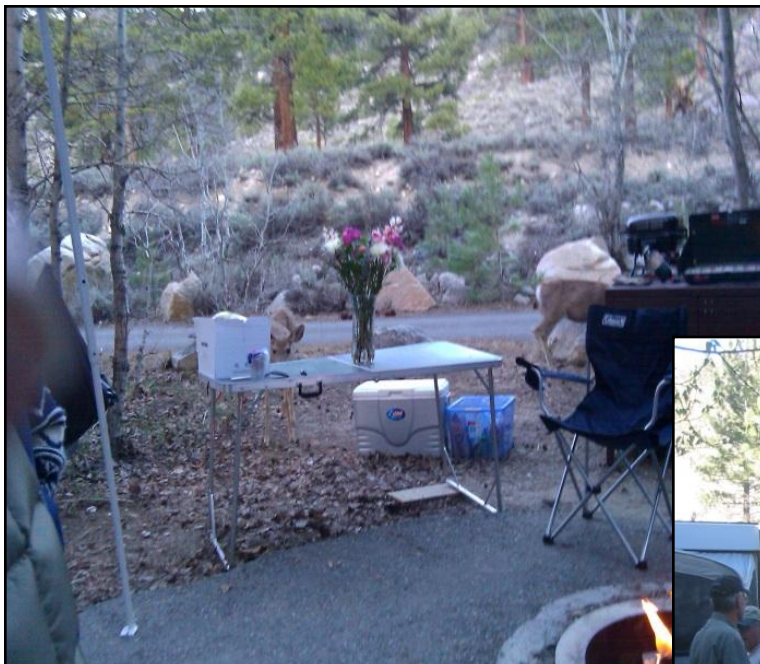
Equipment: Float tubes, or pontoon, are the general method with a sinking line (intermediate to faster) on a 5 wt. Patterns seem to change year to year, but nymphs, buggers and matukas have been fairly consistent.

For more information about lodging or RV sites contact:



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Bridgeport Fishout - Continued from Page 8



Twin Lakes Resort at (760) 932-7751.
 Bridgeport Ranger District (760) 932-7070.
 Camping Reservations (800) 280-CAMP.
 Doc and Al's Resort (760) 932-7051.
 Mono Village (760) 932-7071.
 Also see GBF's website with links.

Ken's Sporting Goods has a good selection of fishing tackle, flies and is generous with fishing tips. Fishing Guide Services are also available (760) 932-7707.

Bev and I will miss the August meeting, as we will be camping. If you are interested in coming up, post on the website or contact us at Billh07@comcast.net - 916-771-5837

See you in Bridgeport!



Fly Tyer's Corner

by Bill Carnazzo

Dark Lord Nymph

Last month, while discussing the addition of a soft hackle to my short line rig, I mentioned that the Dark Lord is one of the flies that I use a lot as the dropper fly on the rig. For me it is a "go to" pattern especially when things get tough and the fish seem to have lockjaw. The Dark Lord will often produce results when nothing else works. About 6 weeks ago I was fishing on the Upper McCloud, trying to determine whether or not to take my next day's guide clients there. I fished through the morning with fairly good results using a Golden Stonefly nymph as a point fly, and a Prince Nymph on the dropper, but most of the fish were small resident trout, 8-12" in length. I resisted the urge to change to a dry fly despite the fact that fish were rising sporadically throughout the reach I was fishing—I was doing fine with the nymphs so there was no reason to mess with success. During a drift in a particularly lovely spot, my fly got caught on an Elephant Ear sprout. When I reached down to unfasten it, I noticed that there were small black stonefly nymphs on the stems of many of the Elephant Ear sprouts. Bingo!! I replaced the Prince Nymph with a size 14 Dark Lord, and added a Dark Lord tied soft hackle style as a trailer (3rd fly). For the next two hours I hooked and landed trout on every 2nd or 3rd cast, a good number of which were over 16"—all of them on either the dropper or the soft hackle. I took pictures of the most colorful and largest specimens, and decided to call it good at around 4:00 p.m. On the trail back to the car I met up with two friends from Dunsmuir, who had been fishing downstream of where I was. Their experience was similar to my morning results. When they asked how I'd done, I let the pictures speak for themselves. They immediately recognized the

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Fly Tyer's Corner - Continued from Page 9

fly stuck in the jaw of some of the fish, and muttered something about wishing they'd thought of that. Just in case, I handed them a couple of extras, and bid them adieu.

There are many lessons buried in that little vignette. A couple of the more obvious ones: First, be very observant when you are on the stream. Things can change as the day progresses; fish eager to take, say, a Red John in the morning may not give it the time of day in the afternoon, or even a few minutes later. Abrupt changes like that are a red flag—something is going on beneath the surface. Look on and under the rocks, watch for surface activity, shake streamside bushes, drag a stick out of the water—in other words, think outside the fly box and don't stick with the "usuals." Practice awareness as a tool and it will, over time, become a ticket to success. Second, be willing to change when you recognize something is going on with the fish—even if you don't know what that something is. Change something—add weight, back off a bit, use a finer tippet, change flies, whatever. Third, even if you see surface activity don't assume that the fish are taking adult insects from the surface. Chances are they are not doing that—rather, they are taking nymphs, emergers or cripples in or just below the surface film. You will generally catch far more fish if you resist the urge to tie on a dry fly, and stick to nymphs and soft hackle flies.

So, let's look at how to tie the Dark Lord. Incidentally, this pattern was originated by Ron Hart, a long-time Upper Sacramento and McCloud River guide, and a practical, inventive tyer. Instead of laying out the list of materials, detailing the tying steps, and taking the tying-step pictures, this month I'm going to simply refer you to a Web page written by Dave Sloane, whom many of you likely know. Dave is an excellent guide and fly designer.

Here's the URL: http://www.americanflyfishing.com/retail/common/tieit/pattern.asp?store_id=212&id=118 Enjoy, and see ya' on the creek!

Enjoy, and see ya on the creek...!!!

AmericanFlyFishing.com

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Granite Bay Flycasters

Mission: The organization is dedicated to conservation of fish habitat, advancement of the art of Fly Fishing, and good sportsmanship.

Meetings: General club meetings are held on the second Thursday of each month at the Granite Bay Activities Center on the shores of Folsom Lake. For directions, check www.gbflycasters.org, or call Dennis Baker at 916-580-7639. Doors open between 6:00 P.M. and 6:30 P.M. for socializing and fly tying demonstrations. The business portion of the meeting begins at 7:00 P.M. The main program gets underway after a short refreshment break and usually involves a guest speaker and slide show, or other presentation. All meetings are open to the public and visitors are encouraged to attend.

Membership: Applications are available on-line at www.gbflycasters.org and at general meetings. Single membership: \$30; Family memberships: \$35; and youth (under 18): \$10. There is also an \$8 name badge charge for all new members. Membership is prorated throughout the year. For membership information, call John Hogg at 916-663-2051, or visit the website at www.gbflycasters.org.

The Leader: To send articles, photos, ads and other materials, please e-mail to: Frank Stolten at fstolten@comcast.net. Please put **GBF Leader** in the subject line. Deadline for materials is the 15th of each month.

Please notify if address change

Officers, Directors and Committee Chairs

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