

P.O Box 1107 Roseville, Ca 95678-8107

Rob Morton and Family 152 Rockglen Road Folsom, CA 95630

#### **Granite Bay Flycasters**

Mission. The organization is dedicated to conservation of fish habitat and promoting Fly fishing and good sportsmanship.

Meetings. Granite Bay Flycasters general meetings are held on the second Thursday of each month at the Granite Bay clubhouse located in the Granite Bay Group picnic Area at Folsom Lake. For directions call Denny Welch at (530) 889-8562.

The doors open between 6:30 and 7 p.m. for socializing and fly tying demonstrations The business portion of the meeting begins at 7:30 followed by a quick refreshment break after which the main program begins, which usually consists of a slide-show talk and /or demonstration. A dynamite raffle follows the show.

Membership: To become a member of Granite Bay Flycasters, a nominal fee is required: \$35 for a family, \$30 single; and youth (under 18), \$10. There is a \$7 initiation fee for new members. The cost of membership is pro-rated throughout the year. For membership information, can Lester Snow 916-967-7563

Sat 19 Fishout 26 12 5 Fri 18 Fishout 11 25 4 10 General Mtg. 7-10:30 P.M. 3 Conservation Committee Mtg. 7-9 P.M. 17 Board Mtg. 7-9 P.M Thu 24 d Wed 16 23 30 0 2 15 Fly Tying Jam 6:30-9 P.M. Fi Tue 29 22 00 Mon 28 14 21 2 Sun 20 27 13 6

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<b>V.P</b> Conservation	John Carroz	916-783-0802	
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Treasurer	Art Hawkins	916-725-3026	
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Through JUNE 05	Mike Brune	916-723-4524	
Through JUNE 03	Jeff Medina	916-353-1992	
Through JUNE 03	Linda Shaw	530-885-3111	
Through JUNE 04	Jack Ramos	916-774-9972	
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Refreshments	Monique Medina	916-353-1992	
Webmaster	Paul Meyers	916-797-1955	
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# APRIL 2003

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13.394 Lincoln Way Auburn, CA. 95603 (530) 823 - 6968 info@sierraflyfishers.com www.sierraflyfishers.com

#### President's Message By Denny Welch

It's Thursday morning as I write this and my fingers are sore. You see, I spent all day yesterday fishing with a group from the club at Ryan and Amanda's Fishing Hole. (Ryan and Amanda are the young children of the owners.) This Fishing Hole place is located in God Knows Where, CA along a rickety rack country road that's as flat as a barn door and that goes on forever. If you're going 80 miles an hour you'll miss the small sign with an arrow pointing to the right. Trust me.

There must be a dozen ponds on the property, all with different species of fish. I can best describe it as kinda like fishing in rice paddies, except the water's a little deeper and no one's shootin' at ya. Except for the zip, zip, zip of a flyline whizzing past your ear, there's not a lot of noise out there and if you look real close you'll see someone else's barn or house on the horizon. There's a ramshackle hut where they collect your money (\$75) and a porta-poop and that's about it.

We started fishing about 8:30 a.m. My first cast I caught a small 2 pound bass. My next cast I caught another small two pound bass. Same thing on the third, fourth, fifth, etc. casts. It was like that all day. I got tired catching bass so I turned around and walked a couple steps to the pond behind me which had all the trout. I caught rainbows to about 6 or 7 pounds with the average fish going about 16 inches. I walked down to the next pond and caught carp and even a small catfish. Then it was back to the bass pond (fish on every cast), then to the trout pond, and so on and so forth.

Fish have teeth and every time you take the hook out of a fish's mouth you nick your thumb or finger. That's why my fingers are numb today. Jim Hunter's thumbs were actually bleeding he caught so many fish. It was a fantastic day fishing. See Mike Brune for more information on Ryan and Amanda's Fishing Hole.

The club is moving along smoothly. Our membership is up and our activities are many. John Hogg had two casting clinics on the American River and got rave reviews. John knows how to make it look easy and, better yet, knows how to teach. Mike Kuhl and Art Hawkins are in the midst of their net building clinic, Mike Brune is winding down the rod building clinic, and Pete Peterson and Bill Carnazzo are still plugging away on the bass and trout fly tying clinics.

The annual dinner hasn't happened as I write this, but I know it'll be a big success. It's a couple days away and there's a flurry of activity with last minute details. Karl Wolff, Paul Meyers, Art Hawkins and Gary Flanagan have poured their hearts into this dinner and I have a hunch it'll be the best ever.

Until next time.

#### 

#### At the Vice

Seems like we've talked alot about the weather this winter, mainly because there is lots to talk about and little we can do about it. One thing for certain, come spring we will definitely need to have plenty of nymphs ready to fish during the April runoff.

The flies that we tie to represent aquatic insects should have all the parts of the real nymphs. After all we are presenting our fraudulent flies at the fishes eye level and if it doesn't look right to the fish they won't open their mouths and eat it. So let us go through a suitable nymph pattern that would entice a fish to eat it.

Stoneflies have two tails and we can easily imitate them with goose biots, stripped hack le stems or even rubber or silicone to add movement. They are a very noticeable extremity that we should take care to represent. Mayflies, on the other hand, usually have very slender tails (20r3) and we can use a variety of feather fibers to represent. Hackle barbules, pheasant, turkey, partridge or hen feathers can all be used effectively. A clump of five or six fibers is about right, as some may be pulled out by smaller minnows.

All the aquatic forms that we imitate have a segmented abdomen, so our flies should show this segmentation to be acceptable to the fish. This is very easily accomplished by some form of ribbing thru or over a thinly dubbed section ahead of the tails. Tinsel, wire or vinyl ribbing can all be used.

On larger stoneflies the number of actual turns should number more, as these insects have more segments as well as an oval shape. Putting lead, pins or mono along the hook shank can accomplish this effect.

Nymphs have wings, they just aren't visible, and they are folded like an accordion in the area known as the thorax. The wing case is on the top side while the legs of the nymph are on the bottom. Unless you are into tying very realistic flies and spend may hours constructing this configuration, there isn't the need for that much detail on fishing flies...The easiest method after doing the abdomen is to tie in some quill segment, goose, turkey or even a synthetic material to build up bulk and later be pulled over the thorax area. If you want to make your nymph look a bit more realistic, you can add an appropriate size hen feather next to be pulled over the thorax before the wing pad as this will represent legs. If this sounds like too much work, the legs can be added later. Just make sure that whatever materials you use to tie the thorax, don't be shy with it as you want to make the thorax bigger than the abdomen bulging with all the things that the bug is supposed to be carrying in the thorax area.

Lastly, don't crowd the eye of the hook. Leave enough area to make a decent size head on the fly as nymphs have sizeable head in proportion to the rest of the insect. The simplest way to represent this is with the tying thread but on bigger stonefly patterns a bit of dubbing can be added for bulk.

With all the parts assembled in the proper place you can tie the fly on with confidence and get it along the stream bottom to a hungry fish and hopefully it will open its mouth and suck it in just-like the real bug.

(by John J. Prokorym of the Capital District Fly Fishers of Voorheesville, NY courtesy of the Club-Wire)

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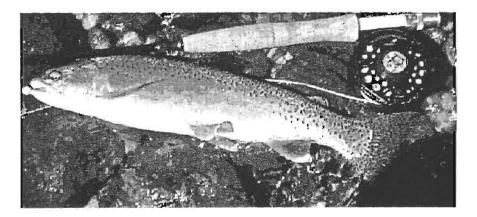
Denny

#### **Nevada City Anglers**

417 Broad Street, Nevada City, CA 95959 530-478-9301 <u>http://www.GOFLYFISHING.com</u> Tuesday through Saturday 10:00am-5:00pm

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#### Sacramento Regional Fly Tying Event

Hart Sr. Citizen's Center, 27<sup>th</sup> and "J", Sacramento April 12, 2003 9 AM to 3 PM Admission 10 Dollars

30 Tiers creating patterns that work from the American River to the Sierrea Tyers include:

#### **Gene Kaczmerick**

Jim Christensen Armand Carriveau

Presented by: Northern California Council, Federation of Fly Fishers

## Learn, improve, or get ideas for new patterns!

#### **CONSERVATION CORNER**

This year the annual Creek Week celebration is from April 5th through 12th. Come out and join other GBF members on work party in Roseville and/or Rocklin or join a group in your own neighborhood. If you wish to plant trees and/or install a fence at Breen Park in Rocklin on Saturday the 5th, call David Baker at (916) 315-0715. If you want to remove invasive, non-native plants in Roseville's Maidu Interpretive Center on Sunday April 6<sup>th</sup> from 1 - 4 pm, call John Carroz at (916) 783-0802.

To join other GBF members and clean-up one of numerous Roseville & Rocklin Sites on Saturday, April 12th from 9 am – noon, call David Baker. You will have to call to find out where to the GBF members are meeting on the 12th. Join GBF in supporting Creek Week.

GBF Conservation Committee meetings are at 7 PM on the first Thursday of the month and located at Round Table Pizza on Douglas near the Auburn Folsom Road. All GBF members are welcome. To receive the conservation meeting minutes send an email to jwcarroz@surewest.net

#### ----- PREPARATION

#### **Gearing Up for Spring**

It is time to check out your fly lines, clean them, and replace the old, rough, and cracked ones. Check your backing on your rods -- no use losing the trout of a lifetime to old back-ingl). Oil and lube your reels (yeah, you should have done it last fall, but you ought to do it again, even if you did oil them last fall).

Clean out your fly vests or packs. Reorganizel Throw away and replace old tippet under 3X - it will almost certainly be brittle and weak. Restock your vest and pack with missing items or those you are running short of. Get rid of rusty flies. Reorganize your fly boxes. Consider putting together a bass box, a panfish box, a coastal box, and a trout box or boxes (for the coming month and next year).

l personally prefer chest packs and fanny packs over a vest, so l have different packs for different purposes. Consider putting together a coastal pack and a fresh water pack. The coastal pack should have heavier leaders and tippet (say 8 lb to 12 lb.), room for a fly box that will hold ten to twenty flies - some of which may be fairly large - (I carry a larger assortment of flies on the boat and only carry the flies I think I will need/want in the pack), and a water bottle for long sessions wading the flats. The freshwater pack should have moderate to heavy weight tippet (5X to 1X), room for two fly boxes (one for bass and one for parfish, or one for dry flies and one for wet flies when fishing for trout). Both packs should have nippers, hook sharpener, lip balm, a bandana, and possibly spare sunglasses. The freshwater pack may include fly floatant, indicator yarn, and lead shot.

I also pack a small, but larger, boat bag with my fishing license, additional flies, line cleaner, sun screen, hats, spare sunglasses, a knife, paper towels in plastic bags and or lens cleaners, a towel in a plastic bag, line cleaner, fly floatant, small binoculars, GPS, etc.

This creates a system that allows me to be ready to fish any time. All I have to do is pick up the appropriate pack, the larger bag, and the appropriate rod tube (I keep my most used rods in cases with the reels attached) and I am set to go fishing.

Getting this done before our great spring fishing hits will have you ready for the coming season and maximize your fishing time!

(by Jay Forrest of the Alamo Fly Fishers of San Antonio Texas)

#### Sacramento Fly Tying Event

> On April 12th, the Northern California Council, Federation of Fly Fishers, will conduct a fly tying event at the Hart Senior Citizens Center at 27th and "J" Street in Sacramento. The Hart Center is a short block and a half off Business 80 in Sacramento. Approaching from the West take the "J" Street turnoff, follow 30th Street to a left back under the freeway on "I" Street to 27th and I. From the East, take the "E" Street turnoff from Business 80, stay straight ahead on 29th Street until a right on "I", following I street to 27th. The Hart Center building and grounds occupies a whole block. The site of the event is the Cyprus Room of this facility. The hours are from 9 AM until 3 PM. There will be at least thirty tyers tying flys that

work in regional waters for stripers, bass, trout, salmon and shad. Regional waters range from the American, Yuba and Feather rivers to the big lakes, the Delta and the Sierra mountain streams and lakes. Top regional tyers have accepted invitations to tie, and there will be seats where you can observe all the tricks the tyer uses. In addition, there will be a silent auction of flys donated by some of California's top tyers. The cost of the Hart

facility has been graciously under written by the area three fly shops, American, Kiene's and Fly Fishing Specialties. The cost of admission is \$10 which goes to fund NCCFFF's conservation and education activities. This will be a fun event and a chance to learn the tricks for tying flys that work. Look forward to seeing you there.

#### THOUSANDS OF YOUNG SALMON, STEELHEAD KILLED IN MOVE TO SAVE WATER

Federal water managers killed thousands of young salmon and steelhead after they cut back flows into Northern California's Northern American River from Folsom Dam. The Bureau of Reclamation reduced the flows to save water for later, inadvertently killing 10,000 juvenile fall-run Chinook salmon and steelhead. "You fix one thing and, whoops, something happens somewhere else," said a spokesman for the reclamation bureau.

-- Sacramento Bee

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#### \*certain mstrictions may apply

#### Quotes

"My biggest worry is that my wife (when I die) will sell my fly fishing gear for what I said I paid for it."

-- Koos Brandt

"There was a paradigm shift this year that exploded the conventional scientific thinking that ecosystems respond slowly and steadily to degradation, that we will see the line coming before we cross it. A new study concludes that humanity's assault on the environment has left many ecosystems in such a fragile state that the slightest disturbance may push them into catastrophic collapse, causing them to shift abruptly with little or no warning. Despite appearing viable, there comes a tipping point once their resilience has been sufficiently undermined. Such changes can be irreversible."

Santa Fe New Mexican

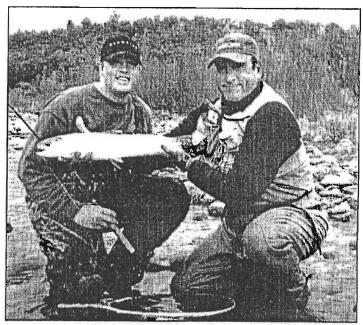
The Environment, Not Terrorism, is Our Biggest Problem By KENNY AUSUBEL

"...It's about respecting our heritage. In many ways, we don't respect our elders, both our human elders and nature, what came before us. I think we need to undertake a fundamental shift in our values, to recognize that everything is a subset of the environment, and if we do not respect the environment, we are contributing to our own demise."

-- John Quigley, protesting the cutting of a 400 year-old oak tree near Santa Clarita, Ca.

Editor Jack Ramos (916) 774-9972 jocowboy@msn.com Copy due to Editor no later than the 25th of the month

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#### **April Fish Out**

Again, Tony Hamamoto will host, what is becoming an annual event, Fish Out at Greenstone Country. The locals consider it, as one of the best Largemouth Bass fishing in El Dorado County. However, it's private! Many people have been asked to leave, including some of our members.

We have scheduled two fish outs to accommodate the Saturday only and the weekday only members. Unlike last year, with a limit of twenty members and a short notice, we will limit it to fifteen members for each day, this year. The dates are Friday, April 18 and Saturday, April 19.

Friday's agenda is to fish all three lakes: Indian Creek Reservoir, Picnic Lake and Gymhaka Lake and provide a fish count to the newly formed Greenstone Lakes Committee. The committee cleared the weeds, last fall!

Saturday's fishing will be limited to Indian Creek Reservoir. We strongly recommend this date for those, that never flyfished from a float tube or a small boat. A great place to begin and learn! If, you don't own a float tube you can fish with us. Many of us have extra tubes and fins. Check with us at the next meeting for more information. Also, Tony will be **BBQ'ing** for lunch (with your \$5.00 signup fee). Bring the family, have a picnic and enjoy what we hope is another beautiful day in the foothills!

Tony recommends a 5-wt or larger rod with a sinking line or a floating line with a long leader. The flies he recommends are damsel, white popper and clousser.

Tony says that we could start fishing at 8 in the morning. To get there from Sacramento, go east on Hwy 50 towards Placerville and take the Greenstone Road off ramp. Proceed north, by making a right turn, go under the freeway to Green Valley Road. Right turn, eastbound on Green Valley for 3⁄4 miles, make a left at entrance gate, (Tony will provide the access code). Follow Stagecoach Road to the third lake, Indian Creek Reservoir.

Sign up early, call Tony Hamamoto @ (530) 642-9132 or e-mail him hama-



#### Guided Striper and Shad Floats American River Dave Howard, Guide

Spend a morning or evening on the river chasing stripers and shad with Dave How

ard. Dave has been fishing and guiding the valley rivers for



years. He knows where they live And he knows how to get them!

You'll hit the river either right at dawn, or in the early afternoon and spend 5 or so hours angling. That way you'll be on the water during the low-light times of the day. That's when it's best for stripers. You'll have the opportunity to cast your

flies in front of stripers (all year) and shad (May through July).

The stripers range in size from 1 pound to over 50 pounds! They are fierce battlers, and aggressively chase flies. They are no dummies, however, so catching the big ones isn't always a snap

Shad, in contrast, are frequently easy to catch. They don't grow as big as stripers the biggest are 6 or so pounds—but they fight really hard and are far more numerous. In a morning or afternoon session an angler can catch more than 20 of the rascals!

### \$95 per person, 2 person minimum, or \$190 for the boat, (if you want to catch all the fish yourself.)



Fly Fishing Specialties 6412 Tupelo Dr., #C Citrus Heights, CA 95621 (916) 722-1055



#### FLY TYING SKILLS PROGRAM

Sponsored by American Fly Fishing Company

Pattern for April Program: (featured in the March Leader)

Don't be shy submit a fly! Ask for a critique from a more experienced tier; it will ultimately increase you chances at catching fish and winning certificates to help support your habit.

For the winner of each category, American Fly Fishing has generously donated the following prizes for each monthest:'s contest.

#### Beginner: \$15 Gift Certificate Non-beginner: \$25 Gift Certificate

\* The winner of the gift certificate in the non-beginner category will be determined by a drawing between those who have entered <u>that</u> specific contest.

#### **December Winners:**

Experienced: SORRY NO REPORT ON WINNERS \$25 Gift Certificate Bragging rights Beginner: \$15 Gift Certificate No Entry

#### **Program rules:**

\* judging will be during the meeting

\* best tied fly announced with instructions from the Leader (right or wrong, and irrespective of whether you find another version of the pattern in a book somewhere), in order to keep the playing field level. The judges need to make a choice based on a single pattern.

\* two categories: beginner and advanced. Anyone who has won the beginner category twice will have to compete in the advanced. lumps and wind tight turns over its center, using a figure-eight motion. Use plenty of turns, and then secure the eyes with a drop of super glue. Whip finish and paint the eyes red, with a black dot in the center of each eye. Do a number of these and set them aside to dry.

4. Re-attach the thread, leaving it directly behind the eyes. Cut a sparse section of white buck tail, and measure it to equal around 2  $\frac{1}{2}$  times the length of the shank. Don't stack the hair, and don't trim the butts.

5. Tie in the buck tail just behind the eyes. Be sure to keep the buck tail on top of the hook. The butts should now be pointing out over the eye of the hook. Move the thread forward so that it is directly in front of the eyes.

6. Bind the butts of the buck tail down in front of the eyes, and trim the remaining portion of the butts. Keep hair out of the hook eye.

7. Rotate the vise (or turn the fly over), so that the eyes are now on the bottom and the hook point is facing up. Tie in several strands of flash in front of the eyes, and trim it at random lengths so that it blends into the white buck tail.

8. Cut a small bunch of olive or chartreuse buck tail (don't stack it), and attach it in the same place as the flash. Tie down the butts securely, keeping the eye of the hook free of hair.

9. Apply super glue or head cement to the head, and whip finish. It is also a good idea to apply a flexible cement such as Dave's Flexament to the white buck tail where it bridges the bar bell eyes, as this is a weak point that won't survive a fish-attack. If you don't take this extra step, the fly will look like it has a spike hairdo after one or two fish. 10.

Hint: if you want to imitate a bluegill, try adding a tiny batch of yellow buck tail after tying in the flash, and before the upper wing is attached.

See ya on the creek.....

#### The Leader

#### **Flytier's Corner**

BY BILL CARNAZZO April, 2003 CLOUSER MINNOW

The Clouser minnow was created by Bob Clouser, an eastern fishing guide. He later collaborated with Lefty Kreh, and together they refined Bob's initial design, naming it the "Clouser Deep Minnow." Now it's called the "Clouser Minnow," or just "Clouser." Whatever name you give it, the Clouser catches

fish...Largemouth and Smallmouth Bass, Striped Bass, trout, and numerous saltwater species.

The Clouser's design causes it to ride with the hook bend upside down, creating a naturally "weedless" unit. It's also lean and mean...i.e., it should be tied sparsely with supple materials, to imitate a frantic bait fish. After tying a Clouser, fish it close in to observe its movement. The heavy "eyes" cause it to dip and rise with the strip, and the bucktail and flash undulate enticingly. Fish find it hard to resist this creature...so let's crank one or two. While the Clouser is relatively easy to tie, each step is important, and proper material selection, quantity, placement are critical to imparting fish-tempting action to the fly.

#### MATERIALS

Hook:	Eagle Claw L067U (shad hook), #6-2/0
Thread:	To match buck tail colors
Eyes:	Bar bell (matched to hook size), painted red
with black iris.	

Wing: White (usually) buck tail

<u>Middle wing</u>: Crystal flash, flashabou, or similar material <u>TYING INSTRUCTIONS</u>

1. Cover front 1/3 of hook with thread. At about the 1/3 point, make two slightly spaced "lumps" of thread to serve as banks to align the eyes.

2. It is important that the eyes be placed at the 1/3 point, or even a bit farther back on the hook, in order to allow tying room in front of them for attaching and securing the buck tail.

3. Place the bar bell on top of the hook between the 2 thread

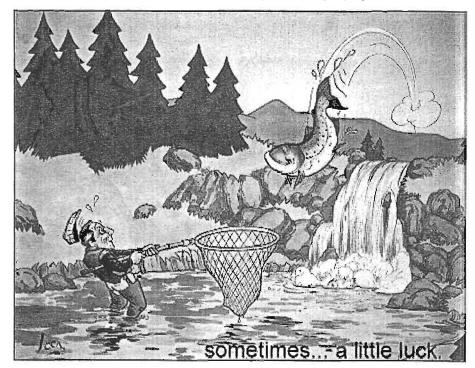
TECHNIQUE

#### **Shock Waves**

Shock waves are those peaks and valleys in the fly line that are observed when the fly is cast. They are caused by oscillations in tip of the rod. They rob the caster of distance and control. Consider, for instance, a cast wherein the line contains only six shock waves, the first of which is 18 inches from peak to valley, the second shock wave is half the height of the first, etc. to a final shock wave of about \_ inch. Adding these up results in nearly 3 feet of peaks and valleys that must be stretched out before the line straightens.

Since this article is written with reader participation in mind, I ask that you try the following to illustrate the reason for these oscillations. Hold an empty fly rod firmly in front of you, parallel to the ground. Next, move the rod as though making a sidearm forward cast. When you stop, count the number of times the tip oscillates before coming to rest. Try it again, except this time, start more slowly and speed up only at the instant before completing the forward rod movement. You should have noticed a significant decrease in the size and number of socillations in the rod tip. I urge you to work at this, attempting to achieve only one oscillation before the rod tip comes to rest. The trick is to start very slowly, adding speed only at the last instant of the casting motion. Work on it with the back cast as well.

Now that you can both create and correct the problem at will, string-up and experiment with variations in this slow-to-fast casting motion. Start by doing your best to create as many shock waves as possible in the fly line. You know how to do it; begin your casting stroke with too much speed. Next, apply the correction excessively by starting your casting stroke so slowly that you can barely stand it. The balance is between these two and is unique for each caster. When you discover this balance, you will have achieved a significant improvement in casting distance and control. Oh, one other thing, you should never experience tailing loops again.



#### **SAGE ROD FOR SALE**

I have a Sage SLT, 9 ½ foot four piece rod for a number 8 line, for sale. The rod is beautiful...like brand new. I have used it a few times for shad and steelhead. The retail price for a new one is \$610.00. I am willing to sell it for \$450.00. The SLT is a medium speed rod, very light, but with tremendous strength in the butt section. It casts smoothly and almost effortlessly, and handles heavy lines well. Bill Carnazzo (916) 663-2604 or (916) 295-9353 (cell).

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- \* The Sacramento
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