

THE LEADER

VOICE OF

GRANITE BAY
Flycasters

MARCH 1995

GRANITE BAY FLYCASTERS
P.O. Box 1107
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FEDERATION of
FLY FISHERS



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CALENDAR OF EVENTS

March 4	Tips & Techniques - Clubhouse
9	General Meeting - Clubhouse 7:30
13	Pyramid Lake - (Bill Camazzo)
16	Board Meeting - Clubhouse 7:00
17	Youth Meeting - Clubhouse 7:00
25	Bonita Trip - (Frank Stolten)
25	Rancho Seco Fishout - (Joe Bania)
April 1	Casting Clinic - 9:00 AM to 1:00 PM
4	Rod Building Clinic
8	First Aid - 9:00 AM to 1:00PM
13	Club Meeting - Clubhouse 7:30
18	Rod Building Clinic
20	Board Meeting - Clubhouse 7:00
21	Youth Meeting - Clubhouse 7:00
25	Rod Building Clinic
May 6	Women's Casting Clinic
11	Club Meeting - Clubhouse 7:30
13	Picnic - Golden Trout Workshop
18	Board Meeting - Clubhouse 7:00

PRESIDENTS MESSAGE

FISHMASTER'S REPORT

February, 1995

Bill Carnazzo, Fishmaster

U pcoming Outings: For March, we have the following scheduled:

1. Pyramid Lake, March 13th (Monday). We'll have details and signups at the March 9th general meeting. If you plan to attend, gather up warm clothing, your fast sinking lines (or shooting heads) and your wooly buggers (white/red, brown/olive, etc.).

2. Rancho Seco, March 25th (Sat). Joe and Barbara Bania are heading up this outing; they have campsites for those who want to stay. This should be fun trip— there's a derby the week before, so there should be plenty of trout to catch. Joe passed out information at the February meeting and there is more elsewhere in the Leader. If you still need more, call Joe at 677-4263.

3. Bonita outing, also March 25th. This gives you a choice. Frank says this is a tentative, depending on up-to-date info on the conditions. He'll have more info at the March meeting, but call him at 725-6894 if you have questions.

Contact the Fishmaster: If you have questions on any of the outings, or want information, please call me at 264-5346 work or 663-2604 home.

Bill



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Citrus Heights, CA 95621

Its been said, that good things come to those who wait. Granite Bay Flycasters and the rest of the local flyfishing community, found out just how true that is by the appearance of Lefty Kreh at our Annual Dinner. Lefty lived up to billing in every way, from the information packed day program, to the entertaining dinner presentation. Those who attended these events were treated to a delightful mix of education and humor. Those that missed out, well we tried to tell you!

The 1995 Dinner will certainly go down as one of the best, if not the best, events that GBF has ever sponsored. A lot of people contributed to this success but none more than Marie Stull. Due to Marie's persistence (I think Lefty called it something else) GBF was able to bring Lefty out and really provide a treat for local flyfishers. This years raffle was again outstanding with numerous fly rods, trips, artwork, and other great items being given away. A huge thank you goes out to Marie and her primary assistants Warren Schoenmann and Rick Radoff. GBF would also like to thank the many local businesses, fly shops, and individuals who supported our raffle with generous donations. Thanks also to all those who attended, including members and friends alike.

I would like to take this opportunity to encourage members who have children to get them involved with our Youth Program. Ron and Jeanne English have done an excellent job in organizing meetings and events for our youth. This is a great chance to introduce fly fishing, and fly tying. I know we have quite a few new members who have children. Let's get these kids involved at an early age and watch as they mature and grow into the next generation of flyfishers.

Let's talk some fishing! Hopefully by now everyone has purchased their 1995 licenses and has made an excursion to their favorite early spring fishing location. There are still plenty of steelhead opportunities available and I've even heard some rumors of some pre-spawn bass being sighted in our local ponds. Rancho Seco is always a good bet this time of year and we will be having a fishout there on March 25th. Wherever you go, have a great time and remember to "let 'em go alive".

Michael Wasserman
President GBF

Fishing Report

Remember to stop and visit "FISH FIRST" when ever you are in the neighborhood of North Berkeley just off Interstate 80. Let them know how much The Granite Bay Flycasters appreciate the fish report they provide to us for inclusion in the Leader each month.

February Meeting

Didn't I tell you that we had a treat coming up last month. Well, what do you think? Can we package Bill and Terry up and chase them around the country like the Traveling Fly Fishers?

Nice job guys -- Thanks!

March Meeting Speaker by Robert Tamson Programs Chairman

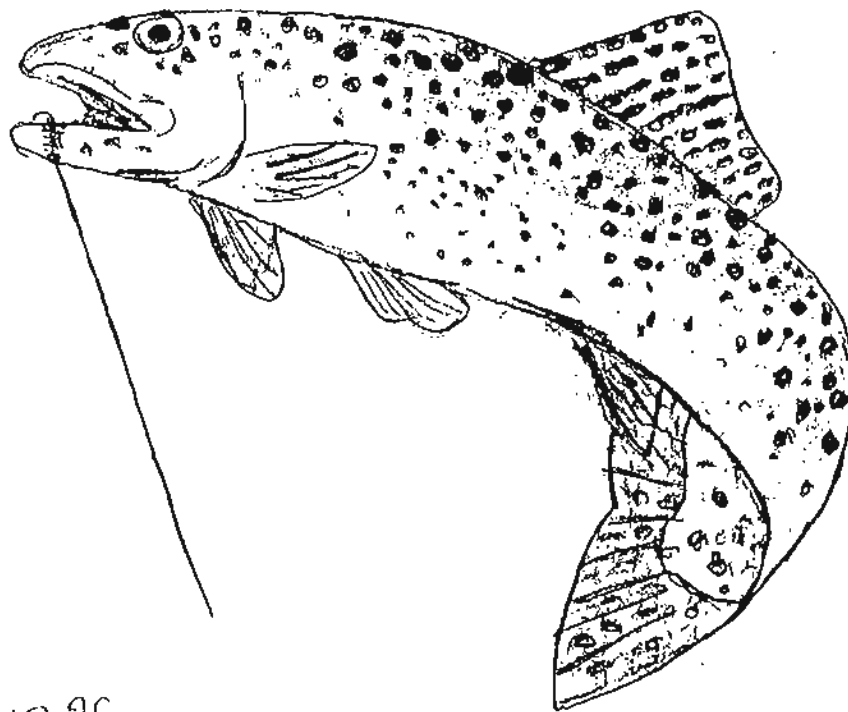
In the words of the late Ed Sullivan were going to have a "really big show!!" Our speaker for the March meeting will be **Ron Rabun** with a terrific program on the Upper Sacramento River.

Ron, a guide from Dunsmuir, will share with us his version of the short-line, upstream nymphing method. This technique is the traditional Ted Fay nymphing method taken to "the next lever" as he puts it! Aside from a great slide show, Ron is planning a hands-on demonstration that I'm sure we will all find very interesting and educational!

FYI - Ron has a toll free "FLYFISHING HOTLINE" number for current pre-recorded fishing reports on the upper Sacramento and Shasta area: 1-800-FLY-FSHN.

SALESPERSON WANTED

Now that we're talking about winners lets have another one stand up. We are looking for someone to take over the Granite Bay Flycasters merchandise. This task involves buying, storing and selling the various merchandise we have in our club. You know, all those caps, visors, shirts, flyboxes and etc. that we use to advertise ourselves. This is a very important part of our club and we need a new person to take on this fun job. Contact Marie or any one of the officers or board members if you would like to help out.



Philip Vasquez
Jan, 30, 1995

FLY TYING CONTEST RULES

Don't be reluctant to submit your entry ... ask for a critique if you want help, or to know what the winning fly has that yours doesn't.

Rules:

- Judging will be during the meeting
- Winner announced just before program
- Winner still gets a fly box
- Judge(s) will stay after meeting to give critique, if requested
- Each member entering a fly gets a free ticket, on which name and phone is placed
- Tickets deposited in a sealed box each meeting
- Drawing held at annual picnic (commencing in 1995)
- Winner gets \$100 gift certificate at fly shop of choice.

As you know, certain of the tyers in the club have voluntarily kept themselves out of the contest, that will continue to be the case. So, enter your flies, folks..... don't be shy!!!

Note: The fly must be tied in accordance with the instructions from the Leader (right or wrong, and irrespective of whether you find another version of the pattern in a book somewhere). In order to keep the "playing field" level. The judges need to make a choice based on a single pattern. THANKS.



LAST MONTH'S WINNER

Frank Stolten, who tied the best Green Rockworm, won the February contest and the fly box. Congrats to Frank !!! We had ten flies in February. Lets have more for March. Remember, each entrant gets to deposit a ticket into the jar, whether he/she wins that month or not. The grand prize is a \$100 gift certificate, to be awarded at the annual picnic in May.





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CONSERVATION REPORT

by: Jim Coleman
Conservation Chairman

Spring run-off in Bear Valley is 2 or 3 months away. Soon after that, we hope to restart the on-site work of our restoration project. The general plan is to have 2 work sessions each week (mid-week & weekends) through the summer and fall.

We need a few more members who are willing to sign on as workcrew leaders. Leaders should be available for 1 or 2 sessions a month, and also use the remaining time till work starts to get up to speed on the details of the project.

I recommend reading "Better Trout Habitat" by Hunter, available from the Anglers Art at 1-800-848-1020. Also, I have copies of the project plan for those leaders who do not have it.

Call me at 885-4128 with any ideas and suggestions.

Jim Coleman



----- GET READY -----
RANCHO SECO LAKE FISHOUT
MARCH 25

Where can you be far enough from home to stay overnight but be close enough to go home if you really need to, catch both naturalized and freshly planted trophy trout, and bass, and not be bothered by gas engine boats? Rancho Seco Lake!

That's where GBF will hold a fishout on March 25. The 160-acre lake contains trout, bass, bluegill, reed ear sunfish, crappie, and catfish. Fishing from the bank, any of 6 piers, a float tube, canoe, rowboat, or boat with an electric motor provides a diversity of opportunities to catch one of the **big ones**.

I recommend using the following flies; light cahills, elk hair caddis, adams, black gnats, yellow humphry sizes 10-14; terrestrials such as mosquitoes, beetles, bees, grasshoppers and crickets, olive matuka, muddler minnows and - my favorite - - a bead head crystal flash olive woolly bugger, size 6 or 8 for those **BIG** trout.

When you're not fishing, there's plenty of other things to do: there are 100 shaded, grassy picnic areas with tables and barbecues, a roped off swimming area along a 36,000 square foot sandy beach, plenty of ducks to feed, a horseshoe pit, and 400 acres of land surrounding the lake with trails for nature hikes. Day use fees are \$4 per vehicle.

There are also 18 RV campsites (each with electrical outlet, drinking water, picnic table, barbecue and firepit). and 10 lakeside tent sites complete with drinking water, barbecue and picnic table. Those of you who wish to start fishing at sunrise should stay overnight because the gates are closed at night and do not open until 7 AM. RV campsites are \$15 per night; tent campsites are \$10 per night. Phone (916) 452-3211 ext. 4408 Monday-Thursday 9AM - 3PM for your reservations as soon as possible since the sites fill quickly. RV site #18 has been reserved for GBF members to socialize and share information about the lake. We plan to have hot water for tea

Tying Instructions:

1. Tie in tail of partridge hackle fibers, just above the rear of the (now smashed) barb.
2. Strip a peacock quill taken from near the quill eye. One easy way to do this is to take an eraser and "scrub" the barbules off, going from tip to butt.
3. Tie the quill in where the tail was tied in, and wind it forward to a point 1/3 shank length behind the eye. Tie off at this point.
4. Take a 1/8" wide strip of gray evazote and tie it in hard against front of quill body, directly on top of the hook.
5. Dub a full thorax of olive rabbit fur, just in front of the tie in point of evazote. Leave one eye length behind eye open.
6. Clip tip section cut of a partridge feather. From remaining feather, strip off all but 5-6 barbules on each side.

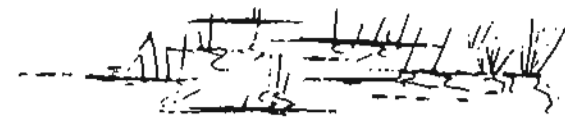


7. With remaining piece, tie it on tip of hook, just in front of thorax, with butt out over the eye.



8. Bring evazote over the top and tie it off just behind the eye. Cut excess and tie down evazote butt, forming a nice small head.

See ya on the creek!!!!



FLY TYER'S CORNER

by
BILL CARNAZZO

Scott's Floating Nymph

MARCH, 1995

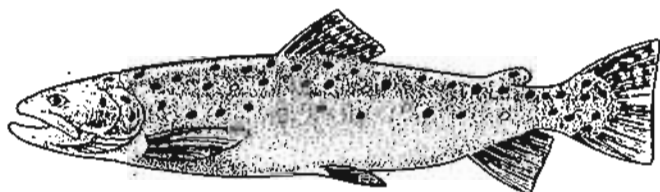
Note: The Pattern for the March Fly Tying Contest will be Ostrich Scud featured in the February Leader. Bring your best version to the March General Meeting. Remember -- The winner gets a free GBF flybox, and each person entering a fly gets a ticket to be deposited for the drawing at next year's picnic. Bring those flies in -- Don't be shy!!

Another Note: See the next article for a rundown on the rules and incentives for the contest.

This pattern is an excellent imitation of a mayfly "emerger" -- i.e., a mayfly nymph which has risen to the surface film, and is about to emerge into the next-to-final adult mayfly (dun) stage. The concept is to fish the fly just under the surface, when fish are engaged in "bulging" rises. When fish are taking emergers, their riseforms are often mistaken for surface-feeding rises, which tend to be splashier, or at times subtle, suck-in takes (especially if the fish is large). Learning to recognize what trout are doing by their riseforms will increase your success rate.

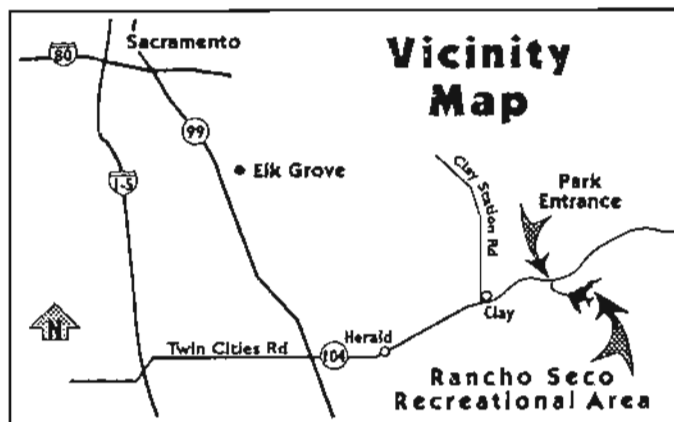
Materials:

Hook	TMC 200; Mustad 94845; #10 - 16
Thread	Olive 6/0 or 8/0
Tail	Gray partridge hackle fibers
Abdomen	Stripped peacock quill, from near eye
Wing case	Gray evazote
Thorax	Olive rabbit fur
Legs	Gray partridge hackle

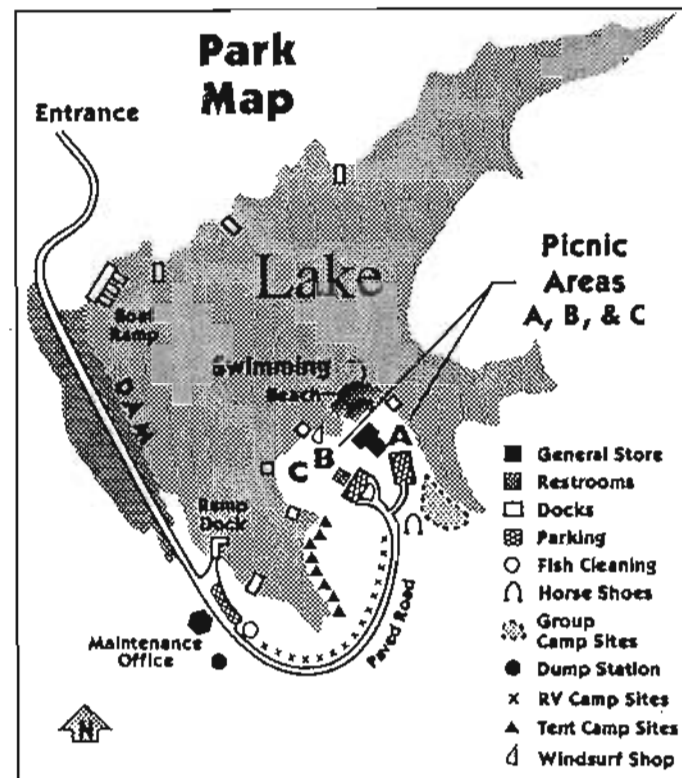


and instant decaf coffee available on Saturday, and maybe some hot soup since the weather in March can be somewhat cool. See you there, rain or shine!

Joe Bania



From Sacramento, take Highway 99 south to the Highway 104 exit. Go east on Highway 104; 15 miles, to the Rancho Seco Park exit.



The park is open year round from 7:00 a.m. to sundown. The park entrance gate is locked nightly.

WE NEEDED A LITTLE HELP!

As I mentioned in last months Leader, we needed some kind person to store our display booth backdrop. I'm happy to say that James Bennett has taken on that task so if you are the one that needs it next; don't forget, just give James a call. THANK YOU JAMES!



TRICKS, TIPS & TECHNIQUES A FLYTYING POTPORRI

Date: March 4th (Saturday)
Time: 9:00 A.M. to 1:00 P.M.
Instructors: Terry Eggleston, Bill Carnazzo and 2 others
Subjects: Tying small, proper dry fly construction, proper fly body construction; working with hair.

Call **Bill Carnazzo** (663-2604) if you wish to participate; this is a "hands on" seminar, so bring your tools, and an assortment of material.

Cost is \$15.00.

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Library Report **by: Kim Rocooforte**

Thank you to Tom Klinefelter for donating a beautiful book by Charles H. Traub; An Angler's Album, Fishing in Photography and Literature! I spent an entire rainy Sunday on this book, which is full of nostalgic looks at fishing days past and present. GBF has also just aquired 2 new books; On the Spine of Time, An Angler's Love of the Smokies by Harry Middleton. You don't have to be a geologist to love this wonderfully descriptive book about fishing in the Smokies, but I must admit that it did help your librarian pick up this great work.

The next new addition is long overdue.... after the great time at the GBF 1995 Annual Dinner I couldn't face the March meeting crowd without; Advanced Fly Fishing Techniques by Lefty Kreh. Hopefully the GBF Board members will be done checking this one out in time for the members at the March meeting to have a look.

Also - at the time of this writing we are ordering a great book that should help members prepare for fish habitat restoration projects. A relatively new book entitled; Better Trout Habitat by Christopher Hunter is on order and hopefully will arrive in time for the March general meeting. This book comes highly recommended by Cal Trout and Jim Coleman. I can't wait!



FLYRODDER'S LAMENT*

BY
DANNA GRIFFIN, III
Gainesville, FL
North Florida Fly Fishers

I've heard it remarked more than once
that the trout is truly a dunce,
when it comes to IQs he's short quite a few,
with a brain that's gone out to lunch.

So, could someone explain to me, please,
why it isn't really a breeze
to fool a brain the size of a pea?

Don't tell me I need to buy more of this stuff I've got everything in the
store:
the waders, the vest, the reels, all the rest, one more rod and my wife's
going to roar!

My casting? Is it quite all it could be? My loops are the tightest I know, I
can haul with the best, pass the most rigorous test, on the lawn I'm the star
of the show.

*From the FFF Newsletter Story File



RELIEF FROM INSECT BITES

by Carol Mc Allister, RN

Although insect bites rarely require medical attention, they are bothersome. There are some methods reported to minimize or repel contact with insects. Among them are applications of Avon's Skin-so-Soft, Alpha Keri lotion or commercial repellents containing DEET. Products containing DEET have a number of different trade names. Be sure to read the label and use sparingly on exposed skin - and keep it away from your eyes.

Some people have been successful by having diets high in B-vitamins (supplements of Brewer's Yeast will do the trick), onions or garlic. An application of strong-smelling Vick's VapoRub sometimes works, too. Apparently the insects don't like the odor either!

If you do come into contact with the nasty beasties, here are some tried-and-true ways to squash the pain (even if you can't squash the cause of it!) Few people are allergic, but if you are, you'll know by the reaction - vomiting, fever, difficulty breathing - refer to "When to see the Doctor" below.

Rub on Meat tenderizer - use one containing papain to take the ouch out of the bite. Adolph's or McCormick works fine, but don't try highly spiced Ac'cent. Make a paste with water and tenderizer and apply it directly on the bite area as soon as possible. Or,

Try some mud - No one is quite sure why this works, but it seems to bring some relief. Or,

Use commercial products - like Benadryl liquid spray, Lanocaine, or Calamine lotion.

Apply Ice - be sure to remove every 10 minutes or so, to avoid frostbite!

When to see the Doctor:

If you have trouble breathing, tightness in the throat or chest, dizziness, nausea or other symptoms of serious allergic reaction. If swelling spreads to a large area, or pain and swelling, continue for more than 72 hours without any relief its time to seek medical attention.

PILGRIMS PROGRESS

by J.P. Gildone
THE FIRST TIME

I took it. I didn't ask permission. Rather than run the risk of being told that I couldn't use it, I just took my Dad's fly rod. Stolen fruit is always sweeter. And I was buzzed with the excitement of this illegal operation. My imagination was becoming crowded with fish caught on flies. Never mind that I had never wet a fly in my life. I was becoming a legend in my own mind. Fly fishing glory was not far away. I took the rod down to The Sportsman, the most complete sporting goods store in Reno at the time and talked to Swede. I showed him the rod. He took it in his hands and shook it. Swede nodded and then shook his head and made the same kinds of sounds that the doctor had made when I had Scarlet Fever in the fifth grade. It didn't look good. My visions of fat little Truckee River trout were beginning to evaporate when he said, "I think we can get you started." My heart leaped and I was hooked.

Swede sold me a Pleuger Medalist reel that he loaded with a double taper floating line. I was grateful that he spoke mostly English to me. No yo hoblo flyfishese. And I was about to find out why. When I asked him what kind of flies he recommended, he said, "Your guess is as good as mine, I don't use em. I'm strictly a bait and lure man." My heart sank. "I've been had. The blind are leading the blind," I said to myself only half under my breath. He led me down the aisle and opened a wide, shallow drawer with a couple dozen small compartments each holding a few bits of fuzz or feather. I stared in disbelief. I looked at Swede. He shrugged. I picked out a couple that looked like grasshoppers. "I'll Take these," I said. "OK," He shrugged again. I was getting depressed.

I felt a little better when he put the whole outfit together, and tied on a tapered leader with skillful hands (a necessary skill for the job?). And with a smile Swede handed me the rod and my change. "Good luck," he said. I walked out of the store nearly broke but relieved that the torture was over.

Back in the privacy of my VW beetle I headed for the river, free to daydream once again about fat little Truckee River trout. This was my home water. I had taken hundreds of rainbows and a few dozen good browns over the years mostly on nightcrawlers and crawdads, but today I felt like I was seeing the place for the first time. For some reason I still



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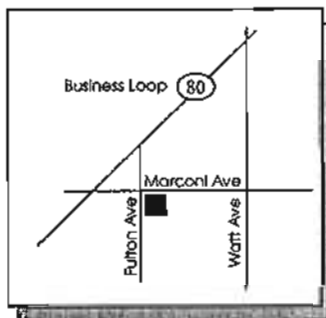
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We offer many educational opportunities including classes in fly tying, fly casting, rod building and entomology, the one day Kiene's Fly Fishing Schools, the three day Kiene's Fly Fishing Seminar, and the annual Kiene's Fly Fishing Expo.

Hours

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Saturday 9~5
Sunday 12~5

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can't explain, I ignored all the holding water that I usually fished and started to flog a long shallow slick. I had never caught a thing there, but I was fly fishing now. And I was sure the magic and mystery of the angler's art would produce fish where there had been none before. I spent the balance of the day thrashing the water, picking flies out of bushes, and generally fooling myself into thinking that I was fishing. I came up empty. I headed back to the car. I walked past a short stretch of pocket water that had always been good to me. "Why not?" With not more than twenty feet of line out I flipped the hopper above a large rock and let the current carry it around the near side. The current sucked it under. I lifted and to my complete surprise I felt that familiar living weight at the other end. My unfamiliar hands fumbled with the equipment. The reel crank was on the wrong side. I swore. It headed upstream and then turned and headed down. A couple of minutes later I was holding in my hands a handsome brown trout about thirteen inches long and three quarters of a pound. Holding water is holding water no matter how you fish for 'em.

I can't remember the first fish I ever caught on spinning tackle, but I can recall in living color the first time I ever caught a fish on a fly rod. More than twenty years later it still thrills me.

Next month in Pilgrim's Progress: "The Big Sleep"



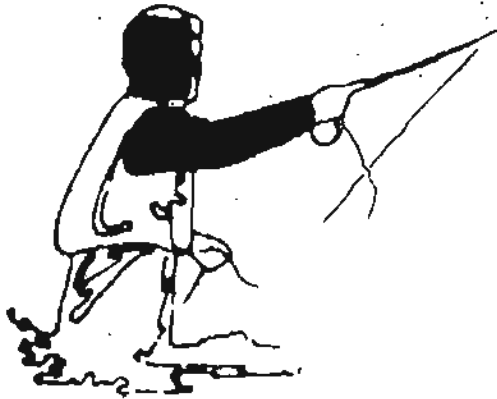
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We would like to express our thanks to the members of the Granite Bay Flycasters for the continued support they have shown our stores over these past years. Also a big thank you to those club members, both past and present, who have expended considerable effort and leadership in making the Granite Bay Flycasters the leaders in Northern California.

Fly Fishing Specialties

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Telephone: (916) 366-9252

I 80 and Antelope Store:

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Telephone: (916) 722-1055

GRANITE BAY FLYFISHERS ANNUAL DINNER UPDATE

As you read this take a minute to pat yourselves on the back. GBF has come a long way in its nine years of existence. As we enter the 10th year we have accomplished many things to be proud of as a Club. These accomplishments didn't just happen, it was because of our great membership who give so much of themselves and their time to make things happen for the Club.

The Dinner is a prime example, and I've been fortunate to chair this great event for the last five years, and watch it grow to the huge success it was this year.

I think everyone will agree that, Lefty Kreh is the greatest and we all enjoyed his programs throughout the day and evening.

I would like to thank our local Fly Shops, members, and other Business that helped support our wonderful raffle this year.

Also a huge thank you to Warren for putting up with me. I don't know which one of us has CRS the worst, but together we got it done. Rick, for doing a great job at MC and whatever else I asked of him throughout the year.

Lets not forget all the helpers that night, **F. Radoff, J. Bania, B. Bania, M. Radoff, K. Radoff, G. Arnold, M. Arnold, J. Bennett, J. English, G. Rowe, T. Burkes, J. Peterson, J. Bergman, B. Carnazzo, C. Impens, S. Lutz, M. Lutz, T. Eggleston** and last but not least, my family for being so understanding through all of these Dinners. I'm sure I've missed someone but not on purpose. Please forgive if I did, you know who you are and I do thank you.

I had a goal in '90 with the Dinner as everyone knows. It was to get Lefty out here. It took five years and a lot of calling and persistence, and now that everyone has helped me fulfill my goal, I'm going to step down. Rich Brown will be chairing the 96 Dinner. I'm sure everyone will give him all the support you have given me.

Thanks again for all your help and support through the years, it was fun

Marie Stull

Casting with a straight wrist has some difficulties. It is not a natural movement and must be learned, and is tiring. As the day goes by, I find my own wrist dropping to match the arc of the setting sun. And, it requires some effort to learn.

And what may be most difficult of all, is for one who has some casting experience is breaking some old habits while learning new ones. One technique to grasp the rod and straighten your wrist until the rod butt touches your forearm. Then, and with the aid of an assistant, tie the rod butt to your forearm with a strap or cord. You will immediately have the sensation of casting with a straight wrist, (coupled with some feeling of humiliation being literally tied to your rod). Cast should be with a very short line, about 20 feet, and concentration should be on the proper formation of a loop, not only on the forecast, but backcast as well.

Some tips on practicing. Always cast to a target, and vary your distances often. Many casts to the same target, without varying the distance, are not particularly useful because the cast soon becomes pre-measured, and the caster automatically compensates for any error made on the previous cast.

Vary your casts, especially if you are having trouble with one particular cast. When you tire of the basic cast, change to a roll cast. Cast from standing and kneeling positions. Throw some pile casts, curve casts, and reach casts. Throw that 40 foot cast, and immediately after, pull in all your line while false casting and try to drop one on a leaf 20 feet out.

I would suggest watching tapes of either Mel Kreiger or Joanne Wulffe both who cast with an absolute astounding economy of motion and apparent effort. And, you should video tape yourself. (Most casters cannot believe the sight of reality, versus self perception when it comes to casting). And, try GBF's Casting Clinics! Every person - students, coaches, and instructors all say they learn something new each time.

Tight lines, and handle 'em gently.



Advancing Your Casting The Caster's Wrist - Bent or Straight by John Hogg

All students of flycasting suffer comments about the position of their wrist: "You're bending your wrist." or "OK, now let's straighten up that wrist a little bit." and after suffering through these comments for many years, many casters still have become very competent, with bent wrist intact. In fact several prominent anglers feature a bent wrist including Lefty Kreh whose distance performances with a flyrod are simply amazing. Yet, you will seldom see a tournament trained target caster who casts with a bent wrist. From elbow, through forearm and wrist all the way to the rod tip is one straight line.

So what's the real scoop? Just what role does wrist position play for us? And, just what is a bent wrist versus a straight wrist as it applies to flycasting?

The second question is easier than the first.

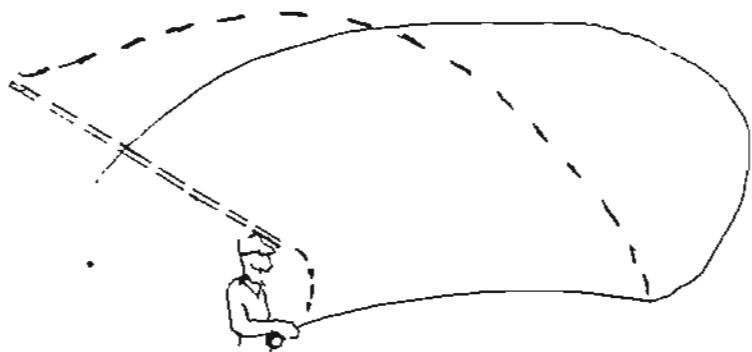
Hold your casting hand up in front of you and put your thumb out like a hitchhiker. Now turn your hand so that the thumb points toward your shoulder. Look at your wrist - that is what is meant by "bent".

Again, rise your casting hand in front of you and give the "thumbs up" sign. Look at your wrist. It is straight as defined for casting.

And the real scoop? When you cast a fly rod, there are many, many variables of movement, and position...where the rod is positioned when you start the pickup, how fast you do the pickup, how high and how far back you lift your arm, and yes, how much you bend your wrist.

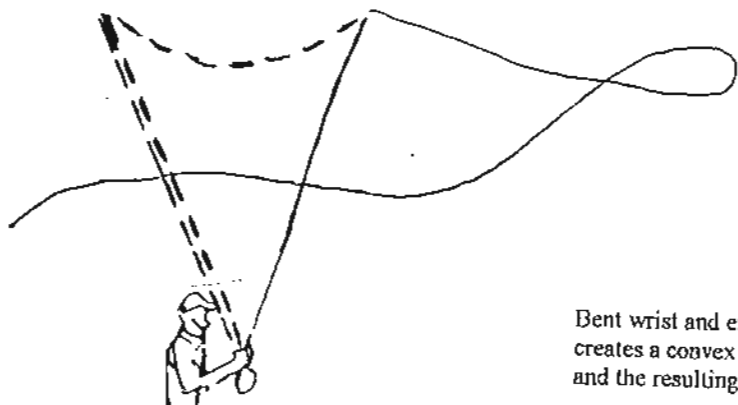
An expert caster is in tune with all of these motions, and knows how to separately adjust each of them for a desired result. For the expert, potential flaws in the cast that are normally associated with a bent wrist are offset by other motions so that an accomplished cast is still completed. And, for the most part, it is "all natural", and the expert is hard pressed to explain the actual mechanics of his or her cast.

For most however, the bent wrist introduces a huge variable of movement into the casting motion. For example, we've all been exposed to the clock concept of rod position, whereby the rod stops at one o'clock on the back cast, and 11 o'clock on the forecast. When the caster's wrist bends, the rod easily drops down to three o'clock, or further, and because the lowest position of the rod forms the bottom of the forward loop, a very wide loop is created which results, at best, in only a limited casting distance, and at worst, the line being blown back into the caster if its a cast into the wind.



Bent wrist and a rod tip that drops past the one o'clock position follows a concave path and creates an open loop and a resulting loss of distance as well as wind blowback.

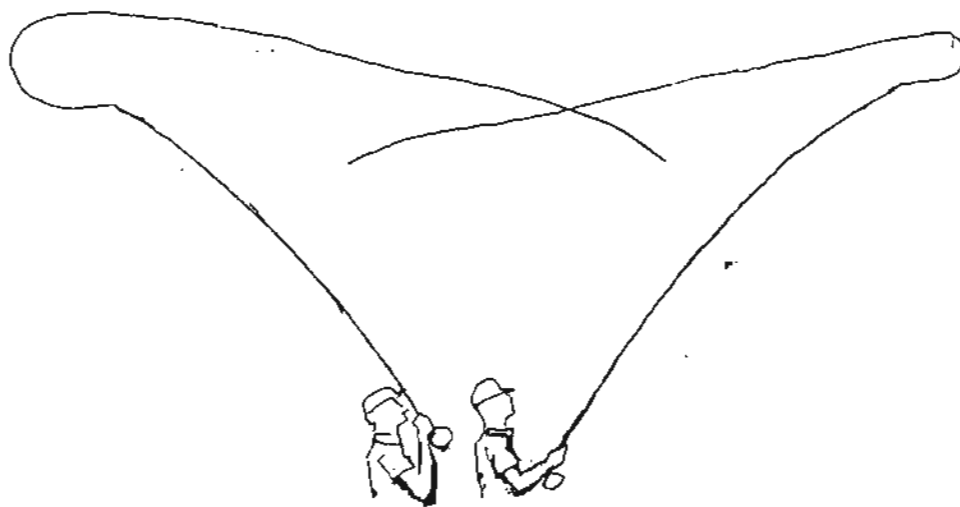
Frustrated casters then react by putting more power into their forward stroke which then puts them into the other end of the spectrum of casting problems - tailing loop. This problem is described by a formed forward loop but with the fly traveling below the line thus creating a "closed" loop. If you are finding unexpected overhand knots in your leader, (wind knots), they are the result of a tailing loop.



Bent wrist and excessive power creates a convex rod tip path and the resulting tailing loop.

These are not the only problems caused by a bent wrist however, as the plane of the cast is often changed from straight forward and back to one canted away from the shoulder thus resulting in casts that achieve the desired distance, but are inaccurate, hitting either to the left or right of the target.

Eliminating the bent wrist allows one to reduce a huge degree of uncontrolled movement. Students in our advanced clinics this summer overwhelmingly stated that their primary objective was "consistency", (This being a desire for consistently good casts I'm sure, not consistent problems), and thus the first thing we address is a straighter wrist. When mastered the straight wrist encourages a tighter loop, and a line path which travels above the rod tip, rather than to its side. The results are more accuracy and greater distance. Casting in the 40 to 50 foot range can be done with one hand, with no necessity for shooting line or doing a double or single haul. This greatly enhances the accuracy of the cast, which is otherwise diminished by shooting line, and/or double hauling.



Straight wrist and controlled rod tip position gives a tight loop on both forecast and backcast movements

Granite Bay Flycasters

1995 Events Planner

January						
S	M	T	W	T	F	S
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- June**
- 16 7:00 PM YOUTH MEETING
 - 18 Father's Day
 - 21 Summer begins

- October**
- 20 7:00 PM YOUTH MEETING
 - 21 Upper Sac Fishout
 - 28 9:00 AM - 5:00 PM Open House
 - 29 Daylight Savings—set back 1 hour
 - 31 Halloween

July						
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- July**
- 4 Independence Day
 - 13 7:30 PM CLUB MEETING

- November**
- 7 Election Day
 - 9 7:30 PM CLUB MEETING
 - 11 Veterans Day

August						
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- 15 Umqua Fishout (John Lewis)
- 20 7:00 PM BOARD MEETING
- 21 7:00 PM YOUTH MEETING
- 29 North Yuba Fishout

- 16 7:00 PM BOARD MEETING
- 17 7:00 PM YOUTH MEETING
- 18 O'Neil Forbay Stripper Fishout

September						
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- August**
- 5 Stream Techniques
 - 10 7:30 PM CLUB MEETING
 - 17 7:00 PM BOARD MEETING
 - 18 7:00 PM YOUTH MEETING

- 19 Golden Trout Day
- 2 10:00 AM - 2:00 PM Swap Meet

March						
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- September**
- 4 Labor Day
 - 14 7:30 PM CLUB MEETING
 - 15 7:00 PM YOUTH MEETING
 - 21 7:00 PM BOARD MEETING

- 14 7:30 PM CLUB MEETING
- 15 7:00 PM YOUTH MEETING
- 18 Hanukkah

October						
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- 23 Autumn begins
Robinson Creek Fishout
(Eggleston)
- 25 Rosh Hashanah
- 30 Kings Beach NCCFF Conclave

- 21 7:00 PM BOARD MEETING
- 22 Winter begins
- 25 Christmas
- 31 New Year's Eve

April						
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- October**
- 4 Yom Kippur
 - 9 Columbus Day (Observed)
 - 12 7:30 PM CLUB MEETING
 - 14 9:00 AM - 1:00 PM Rod & Line Eval. Clinic
 - 19 7:00 PM BOARD MEETING

November						
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Granite Bay Flycasters

1995 Events Planner

January						
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January

- 1 New Year's Day
- 12 7:30 PM CLUB MEETING
- 16 Martin Luther King, Jr.
- 19 7:00 PM BOARD MEETING
- 20 7:00 PM YOUTH MEETING
- 21 Stanislaus Fishout (Steffa)

February						
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February

- 2 Groundhog Day
- 9 7:30 PM CLUB MEETING
- 12 Lincoln's Birthday
- 14 Valentine's Day
- 16 7:00 PM BOARD MEETING
- 17 7:00 PM YOUTH MEETING
- 20 President's Day
- 22 Washington's Birthday

March						
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March

- 1 Ash Wednesday
- 4 9:00 AM - 1:00 PM Fly Tying (Tips, Techniques)
- 9 7:30 PM CLUB MEETING
- 13 Pyramid Lake Fishout
- 16 7:00 PM BOARD MEETING
- 17 7:00 PM YOUTH MEETING St. Patrick's
- 18 Bonito Trip (Redondo Beach) (Stolten)
- 20 Spring begins
- 25 Rancho Seco Fishout (Joe Bania)

April						
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April

- 1 9:00 AM - 1:00 PM Casting Clinic
April Fools Day
- 2 Daylight Savings--set ahead 1 hour
- 4 Rod Building Clinic

June						
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April

- 8 9:00 AM - 1:00 PM First-Aid Class
- 9 Palm Sunday
- 11 Rod Building Clinic
- 13 7:30 PM CLUB MEETING
- 14 Good Friday
- 15 Passover
- 16 Easter
- 18 Rod Building Clinic
- 20 7:00 PM BOARD MEETING
- 21 7:00 PM YOUTH MEETING
- 25 Rod Building Clinic

May

- 5 Cinco de Mayo
- 6 Women's Casting Clinic
- 11 7:30 PM CLUB MEETING
- 13 9:30 AM Annual Picnic-Golden Trout Day
- 14 Mother's Day
- 18 7:00 PM BOARD MEETING
- 19 7:00 PM YOUTH MEETING
- 20 Armed Forces Day
Upper Sac Fishout
- 25 Ascension Day
- 29 Memorial Day (Observed)

June

- 3 Indian Creek Fishout (One Fly) (Eggleston)
- 4 Pentecost
- 8 7:30 PM CLUB MEETING
- 10 Hat Creek Fishout (Stone Fly)
- 14 Flag Day
- 15 7:00 PM BOARD MEETING
Corpus Christi

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What's Hot and What's Not (updated 16 February 1995)

This fishing report is provided courtesy of *Fish First!*, a full-service fly shop. *Fish First!* is located at 1404 Solano Avenue (between Carmel and Santa Fe), Albany (North Berkeley). 510/526-1937. Visit us when you head out fishing. Access to the shop is easy from Interstate 80. Open 10-7 pm Mon-Fri, 10-5 pm Sat-Sun.

Fishery	Water Conditions	Fishing Conditions, Techniques, and Hatches	Flies	Comments
If you are receiving this report by fax and have an e-mail address, please call us and we will switch you over. It is more economical for us to e-mail the report than to fax it. Thanks!				
American River	High, off color. 4000 cfs.	Fishing is spotty. A good number of adult steelies to 10 lbs are showing at Nimbus dam. High water makes fishing tough, but some fish are being landed. 300 and 400 grain sinktip lines are needed to get your fly to the fish. Fish early and late in the day for best action.	Popsicle (1/0). Polar shrimp, skykomish sunrise, boss, purple perl (#4-8). Streamers - krystal bugger, matuka, articulated leech, marabou leech, clouser minnow, zonker, marabou muddler minnow, spruce fly, Kaufmann's mini-leech (#4-10).	Try fishing during the week to beat the crowds.
Baum Lake	Cold, clear, a few weeds starting to develop.	Fishing is fair. BWO nymphs and midge pupa fished under an indicator are producing midday for 10-16" rainbows. Midge hatch has some fish on surface in afternoon; keep moving to find working fish. BWO hatch is spotty. Fish areas where there is a current (inlet from Crystal Lake, Hat Creek inlet, the Tule Island, and the dam). Streamers on full sinking lines also producing some fish. Fish during the week, weekends are very crowded.	Midge pupa/larva - disco, red worm, gray midge pupa, brassie, headhead palamino, HB PT, pheasant tail (#20-24). Midge adult - griffith's gnat, palamino midge, CDC hatching midge, CDC midge adult, parachute adams, midge biot (#20-22). BWO nymph - HB PT, poxyback BWO, brassie, beadhead brassie, DB baetis nymph (#18-22). BWO adult - sparkle dun, Stalcup's CDC paradun, Shimazaki's CDC dun (#18-22). BWO emerger - Lawson's hallback emerger, shortwing emerger, CDC nymph/emerg, foam emerger, RS2 (#18-22). Streamers (see Feather River).	Bring plenty of warm clothing. Pram or float tube is needed to access the good water.
Chetco River (southern Oregon)	Moderately high, dropping.	Steelhead are in system. 300 and 400 grain sinktip lines are needed to get fly to bottom. Brighter flies are producing better than dark flies.	Popsicle (#1/0). Purple perl, gold comet, boss, skykomish sunrise, green butted skunk, Mack's canyon (#2-6). Articulated leech, marabou leech, krystal bugger (#4-8).	Access to river is along either North or South Bank roads.
South Fork Ecl River	Moderate flows, visibility is 3ft. 900 cfs at Leggett.	The river will be flyfishable by 18 Feb between Piercy and Leggett. 300 and 400 grain sinktip lines are the rule. Steelhead are in the system. Keep moving to find the fish. The lower river is blown out.	Popsicle (#1/0). Purple perl, gold comet, boss, skykomish sunrise, green butted skunk, Mack's canyon (#2-8). Articulated leech, marabou leech, krystal bugger (#2-8).	Good access is along Hwy 271.
Garcia River	Moderate flows, good visibility.	Fishing is fair to good, with steelhead spread throughout the system. Fast sinking lines are needed to get your fly to the fish. Fish the tidewater, especially on an incoming tide. Other access is walking downstream from Eureka Hill Rd.	Popsicle (#1/0). Purple perl, gold comet, boss, skykomish sunrise, green butted skunk, Mack's canyon (#2-8). Articulated leech, marabou leech, krystal bugger (#4-8). Glo bugs (pink, red, orange) (#4-8).	
Gualala River	Moderate flow, 3-4ft visibility.	Some steelhead are in system, you have to keep moving to find them. Weighted lines are needed to get fly down.	Purple perl, gold comet, boss, skykomish sunrise, green butted skunk, Mack's canyon (#4-10). Articulated leech, marabou leech, krystal bugger (#6-8). Glo bugs (pink, red) (#6-10).	Try the South Fork - hike upstream from the forks to get away from crowds.
Feather River (below Oroville Dam)	Off color. 45-48°F. 13,500 cfs.	Fishing is spotty. In the low-flow section, the water is off color, but fishable. Use a sinktip early in the day with bright steelhead flies. By 10 am, switch to glo bugs and caddis pupa under an indicator. Be sure to have enough weight to get your fly to the bottom. Below Thermalito Afterbay, water is blown out.	Glo bugs (pink, orange, red) (#12-16). Polar shrimp, skykomish sunrise (#6-8). Streamers - krystal bugger, matuka, articulated leech, marabou leech, clouser minnow, zonker, marabou muddler minnow, spruce fly, Kaufmann's mini-leech (#4-10). Caddis pupa (see Stanislaus River).	
Mad River	Water levels are moderate, muddy.	Lots of steelies in system. 6" of visibility makes fishing tough. Tecny 200 and 300 lines are needed to get to the fish. Be persistent; it is hard for the fish to see your fly. Large flies are best bet. Water is clearing slowly.	Popsicle (#1/0). Purple perl, gold comet, boss, skykomish sunrise, green butted skunk, Mack's canyon, articulated leech (#2-8).	Best concentration of steelies are below the hatchery.
Mattole River	Moderately high, visibility 3-4ft.	Fishing is good for steelies from 8-12 lbs. 200, 300, and 400 grain sinktip lines needed to get the fly to bottom. Fishing will remain good if the area does not get more rain. Areas to fish are behind the Honey Dew store, A.W. Way County Park, and Clark Rd access.	Popsicle (#1/0). Purple perl, gold comet, boss, skykomish sunrise, green butted skunk, Mack's canyon, articulated leech (#2-8). Glo bugs (pink, red, orange) (#4-8).	

What's Hot and What's Not (continued)

Fishery	Water Conditions	Fishing Conditions, Techniques, and Hatches	Flies	Comments
Mt Lassen Trout	Slightly off color Low 50's°F.	Fishing is very good. Both nymphs and streamers producing monster rainbows from 4-15+ lbs. Some midge and callibaetis dry fly action in afternoon. Expect 6 to 30 hookups per day.	Beadheads - Prince, zug bug, pheasant tail, danger baby, hares ear (#12-16), Callibaetis nymph - poxyback, leg nymph, hare's ear rubberleg, bird's nest (#14-16), Callibaetis adult - paranymp, CDC biot comparadun, cripple, sparkle dun, CDC nymph/emergent, AK's spinner (#14-16). Midges (see Baum Lake). Streamers (see Feather River).	Mt Lassen Trout is open from Oct - May. Contact Fish First! for booking.
O'Neill Forebay	Slightly off color.	Fishing is spotty. Deceivers and whistlers on fast sinking shooting heads are the ticket. Count your fly down to 25ft before you start your fast retrieve. If you find the fish, expect 1 to 5 strippers to 5 lbs per day. Best area is near the powerline islands.	Lefty's deceiver (cockroach, white/blue), Blanton's whistler (#20).	San Luis Reservoir is slow, fish are 150ft deep.
Pyramid Lake	Cold !	Fishing is fair. Shooting head systems with black and purple streamers are best bet for cutthroats from 15-25". Morning fishing is slow, action picks up mid-afternoon.	Streamers - krystal bugger, matuka, articulated leech, marabou leech, clouser minnow, zonker, marabou muddler minnow, spruce fly, Kaufmann's mini-leech (#4-10).	
Smith River	Clear, 2,400 cfs.	Fishing is fair. A mixture of fresh steelies and downstreamers reported. Shooting heads with dark steelhead patterns are producing. Glo-bugs under an indicator are also a good bet when water levels are low.	Popsicle (#10), Purple petal, gold comet, boss, green butted skunk, Mack's canyon, articulated leech (#2-8), Glo bugs (pink, red, orange) (#4-8).	
Stantibus River (below Tullock Dam)	240 cfs at Knights Ferry, slightly off color Low 50's F	Fishing is very good. Most productive method is the 2-nymph system (one large beadhead with a BWO or caddis pupa dropper) under an indicator. Rainbows are running from 8-14". Some midges and BWO hatching in the late afternoon.	Beadheads - Prince, zug bug, pheasant tail, danger baby, hares ear (#12-16) Caddis pupa/larva - beadhead life bright, Fabun terror caddis, bird's nest, z-wing, glasshead pupa, beadhead peeking caddis, beadhead Danger Baby (#12-18), BWO (see Baum Lake).	The Stan is a great day trip, it's less than 2 hours from the Bay Area.
Truckee River (in Nevada)	Clear, mid 30's°F	Fishing is spotty. Some larger trout being caught on streamers fished on floating lines. Large nymphs are also worth a try. The fish are very lethargic due to cold water. Best time to fish is mid-afternoon.	Beadheads - Prince, zug bug, pheasant tail, danger baby, hares ear (#8-12). Streamers (see Feather River). Stonefly nymphs (see Yuba River).	
Yuba River (below Englebright dam)	4,000 cfs. Visibility 2ft.	Fishing is spotty. High water makes fishing tough, but the stoneflies have started hatching. Fish the edges of the river and near bushes in the water. Large stonefly nymph with a caddis dropper is best bet. Some fish working the stonefly dries in the slick water during the afternoon.	Stonefly nymph - black rubberleg, brownstone rubberleg, Barr's dark stone, braided bitch creek, beadhead biot stone, Ted's stone, Steve's woven sparkle (#6-10). Stonefly dry - CDC stonefly, stimulator, madam X, irresistible stonefly, golden stone rubberlegs, sofa pillow (#8-10). Beadheads - Prince, zug bug, pheasant tail, danger baby, hares ear (#12-16). Caddis (see Stan River).	

Remember to pack a plastic bag and collect garbage along the stream while fishing. Also, try carpooling to save gas and cut back on pollution.

Call **Fish First!** to receive a copy of our Spring/Summer Outreach Programs.

Other fishing conditions - San Pablo Reservoir - opens on 17 Feb 95; water is off color, expect fishing to be fair with sinking lines and streamers. It will be crowded. Lafayette Reservoir - Fishing is fair with sinking lines and streamers; water is clearing slowly and with warmer weather, fishing should pick up. Lower Sac in Redding - flows have dropped to 9,000 cfs, and is suppose to keep dropping; fishing should be good when flows get down to 5,000 cfs. Russian River - high and muddy, dropping slowly. Use large steelhead flies on fast sinking lines. Klamath River - fair visibility, but high water makes fishing tough. Redwood Creek - a few fish in system, water is just coming into shape. Putah Creek - low, but construction work near the dam is keeping river muddy. Trinity River - clearing and fishable near Junction City; stonefly nymphs, skunks, and brindle bugs are the ticket. Topaz Lake - fishing is spotty, best technique is to get down 20ft and troll streamers near the Topaz Lake Marina. Lewiston Lake - muddy and very tough to fish; trout can't see your fly.

This fish report would not be possible without the help of Art Teter/Art Teter's Guide Service/Redding, The Fly Shop/Redding, Randy Johnson/Johnson's Guide Service/Russian, Gualala, Garcia Rivers, Power Fly Shop/Chico, Mike/Eureka Fly Shop, Roger Raynal/North Rivers Guide Service/Klamath River. Help keep this report updated - call in with your own experience!